

## Licensed Professional Counselor

Thank you committee members and chairs for giving me the opportunity to provide input on the proposal.

### **Becoming an Licensed Professional Counselor**

- **Possession of a Master's or Doctoral degree in Counseling from a Nationally or Regionally accredited institution of higher education.**
- **Completion of an Internship and coursework on human behavior and development, effective counseling strategies, ethical practice and other core areas.**
- **Completion of a minimum of 3,000 hours of post-master's degree supervised clinical experience, performed within two years, and periodic completion of continuing education credit/hours after obtaining licensure.**
- **Passage of the National Counselor Exam (NCE).**
- **Adherence to a strict code of ethics and recognized standard of practice.**

### **What Do LPC's do?**

- **The practice of Professional Counseling includes, but is not limited to the diagnosis and treatment of mental and emotional disorders, including addictive disorders, psychoeducational techniques aimed at the prevention of such disorders**
- **Consultation to individuals, couples families, groups and organizations and research into more effective therapeutic treatment modalities.**
- **Training includes the etiology of mental illness and substance abuse disorders and the provision of well-established evidenced based treatment of cognitive behavioral, interpersonal, and psychodynamic therapy.**
- **LPC education and training is oriented toward the adoption of a truly client-centered approach to therapy.**

### **Third Party Reimbursement**

- **Medicaid, Tricare as well as private insurance companies like the LPC model and reimburse LPC based on their background, license, and skill.**

**The current board structure works, I would recommend leaving the current structure as it is, without transferring licensing requirements from other boards to the LPCANC board.**

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