



TPC

Integrative Psychotherapy
& Pastoral Counseling

At TPC we provide integrative psychotherapy and pastoral counseling from a strengths-based perspective. We specialize in general therapy for all ages.

Common issues we address:

- Anxiety & Stress
- Depression & Bipolar Disorder
- Faith & Spirituality
- Life Transitions
- Parenting
- Sexuality
- Sexual Issues
- Trauma

Types of services we offer:

- Individual Therapy
- Couples Therapy
- Family Therapy
- Child & Adolescent Therapy
- Pre-Marital Counseling
- Psychosynthesis
- Counseling in Spanish
- EMDR

Other services we offer:

- Consultation
- Education/ Seminars/ Workshops
- Public Speaking Engagements
- Facilitation
- Supervision

Office Locations:

North Raleigh

Main office

312 W. Millbrook Road, Suite 109
Raleigh, NC 27609

Midtown Raleigh

White Memorial Presbyterian Church
1704 Oberlin Road
Raleigh, NC 27608

Chapel Hill

Southern Village
101 Market Street
Chapel Hill, NC 27516

Clayton

Church @ Clayton Crossings
11407 US 70 Bus Hwy W
Clayton, NC 27520

Referrals are welcome.

We accept some insurance plans.

**When appropriate, we may offer an
adjustable fee schedule
based on income.**

919.845.9977

www.tpccounseling.org



@TriPastoral



Triangle
Pastoral
Counseling

