



# TPC

Integrative Psychotherapy  
& Pastoral Counseling

**At TPC we provide integrative psychotherapy and pastoral counseling from a strengths-based perspective. We specialize in general therapy for all ages.**

### **Common issues we address:**

- Anxiety & Stress
- Depression & Bipolar Disorder
- Faith & Spirituality
- Life Transitions
- Parenting
- Sexuality
- Sexual Issues
- Trauma

### **Types of services we offer:**

- Individual Therapy
- Couples Therapy
- Family Therapy
- Child & Adolescent Therapy
- Pre-Marital Counseling
- Psychosynthesis
- Counseling in Spanish
- EMDR

### **Other services we offer:**

- Consultation
- Education/ Seminars/ Workshops
- Public Speaking Engagements
- Facilitation
- Supervision

# Office Locations:

## North Raleigh

Main office  
312 W. Millbrook Road, Suite 109  
Raleigh, NC 27609

## Midtown Raleigh

White Memorial Presbyterian Church  
1704 Oberlin Road  
Raleigh, NC 27608

## Chapel Hill

Southern Village  
101 Market Street  
Chapel Hill, NC 27516

## Clayton

Church @ Clayton Crossings  
11407 US 70 Bus Hwy W  
Clayton, NC 27520

**Referrals are welcome.**

**We accept some insurance plans.**

**When appropriate, we may offer an  
adjustable fee schedule  
based on income.**

**919.845.9977**

**[www.tpccounseling.org](http://www.tpccounseling.org)**



@TriPastoral



Triangle  
Pastoral  
Counseling

