

# **NC CAP-I/DD Waiver Renewals 2011**

**Health and Human Services  
Legislative Oversight Committee**

**October 11, 2011**

**Steve Jordan  
Director North Carolina MHDDAS  
Department of Health and Human Services**

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## **CAP/MR Waiver**

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- **Renewal waivers have a 5 year duration  
Implementation November 1, 2011**
- **Comprehensive Waiver- Cost Limit \$135, 000**
- **Supports Waiver - Cost Limit is \$17,500  
Residential Supports is not an option**

## **CAP/MR Waiver**

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### **Factors Regarding the Changes**

- Alignment of some services to the Innovations Waiver
- Better meet the purpose of the waiver
- Alignment of some services to the Innovations Waiver
- 7000+ individuals on the wait list
- Cost overruns in the CAP Waiver
  - At one point on pace to exceed by \$31 million
  - Ended the year at \$5 million over
- Impending rate cuts due to DMA Budget

## **CAP/MR Waiver**

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### **Changes to Services**

## Personal Care Service Grid

(Support Needs Assessment Profile)

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Service	NC-SNAP Index 24-44	NC-SNAP Index 45-79	NC SNAP Index 80-94	NC SNAP Index 95-230
Personal Care	40 hours/ month	80 hours/ month	120 hours/ month	180 hours/ month

## Personal Care Services

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Additional Personal Care units may be approved if the participants health or safety would be at risk with out those hours.

Justification to determine medical necessity for additional hours is required.

## **Augmentative Communication**

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- **Augmentative Communication Definition was removed.**
- **Augmentative Communication Devices are covered by Durable Medical Equipment (DME).**
  - **No loss of services, just a coding change.**
- **Augmentative Communication Device Evaluations may still be covered under Specialized Consultative Services.**

## **Home Modifications**

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### **The modification**

- **is necessary to meet the needs of the participant that will prevent need for institutionalization.**
- **must relate to the developmental disability affecting the individual.**
- **is not for the convenience of the care giver**
- **may be used for fire safety adaptations.**

## **Specialized Equipment and Supplies**

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- **Removed items that are included on the Durable Medical Equipment (DME) list**
  - **No loss of services, just a coding change.**
- **Added custom molded shoes, specialized walkers and gait trainers for adults, bedrail coverings, and portable bath lifts**

## **Supported Employment**

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- **All recipients are encouraged to receive an assessment from Division of Vocational Rehabilitation prior to entering the workforce.**
- **This assessment is not required to receive Supported Employment or Long Term Vocational Supports.**

## Supported Employment

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- Participants need to show progress toward working in competitive employment.
- 10% independence is required yearly to continue in supported employment.
- Once individual has met potential in Supported Employment they may transition into Long Term Vocational Supports.

## Changes in Habilitation

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- CAP I/DD Habilitative Services are limited to 129 hours a month.
- Hours do not roll over from one month to the next.
- Children attending school (public school, private school or home school) may receive only 20 hours a week of habilitative services.
- On school days, children may receive a maximum of 3 hours a day of habilitation there is justification to exceed this limit.
- This does not apply to adults participating in continuing education classes.

## Changes in Respite

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- Respite can no longer be billed on the same day as Residential Supports
- Nursing Respite will not be available as services under 2011 CAP-I/DD waiver

### Private Duty Nursing:

- Private Duty Nursing (PDN) through North Carolina's Medicaid State Plan is only available for short-term acute care for individuals on the CAP-I/DD waiver who meet Private Duty Nursing requirements.
- If the individual requires ongoing Private Duty Nursing, in excess of 30 days, the individual must be re-evaluated for CAP-I/DD Level of Care by Murdoch Center.

## Crisis Services

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- Crisis Respite is to assist with an unexpected unique crisis event (unique to an episode versus typically reoccurring behavior).
- Crisis Service is **not** to be used as 2:1 staffing for individuals that require this level support on an ongoing basis.

## Parents Providing Services

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- No services may be provided to minor children by their parent, step parent or adoptive parent.
- Personal Care and Home and Community Supports may be provided by parents who reside with the adult participant.
- Parents or other individuals residing with adult participants in their natural home may provide up to 40 hours per week of approved, medically necessary services.

## Home Supports

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- **Home Supports will not be included as a service in the 2011 NC CAP-I/DD Waiver**

### **Reasons for the Change**

- Unable to provide respite on the same day as Home Supports
- Lead to creation of situations similar to one person group homes
- Was not providing service in the spirit of the waiver –
  - Being a part of the community
  - Self Direction

## **Transition for Home Supports**

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- A PCP revision will need to be submitted effective 11/1/11 for Home and Community Supports and Personal Care services
- Other services may be requested at this time such as Adult Day Health or Day Supports, but the family member cannot provide these services
- The PCP revision submitted needs to support the level of care requested
- Home and Community must be provided within the 129 hour per month limit for habilitative services

## **Alternative Services for Home Supports**

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- Personal Care and Home and Community Supports may be used instead of Home Supports
- Family members whose adult child resides with them may provide 40 hours of approved services
- In a situation where an adult child lives with his parents, the parents or other individuals living in the household may each provide up to 40 hours a week of approved services

## CAP-I/DD Participants Residing at Home

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Service	NC-SNAP Level 1 Index 24-44	NC-SNAP Level 2 Index 45-79	NC SNAP Level 3 Index 80-94	NC SNAP Level 4 Index 95-230
Respite	576 hours/year			
Personal Care	40 hours/ month	80 hours/ month	120 hours/ month	180 hours/ month
Residential Supports	N/A			
Home and Community Supports, Day Supports, Long- Term Vocational Supports, and Supported Employ.	129 hours/month for any combination of these services for adults and children who are not in school. For children in school, 20 hours per week is the maximum for habilitation.			

## Self-Direction

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### What is Self-Direction?

A philosophy and practice of services and supports -

- Whereby informed individuals assess their service needs,
- Determine how and by whom these needs should be met, and
- Monitor the quality of services received

## Self-Directed Services

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### **Within funding rules, the individual decides...**

- Whom to select to provide services/supports
- How, when and where services/supports are provided
- What equipment and supplies to buy
- From which supplier, store or vendor to purchase some items

## Self-Directed Services

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### **Services that can be self-directed are:**

- Personal Care
- Respite Services
- Transportation
- Home and Community Supports
- Individual Goods and Services
- Individual and (non paid) Caregiver training
- Long Term Vocational Supports
- Supported Employment

## **Anticipated Benefits**

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- Less turnover in staff because of self selection
- Strengthens and sustains natural support networks that will reduce paid supports
- Reduces movement into facility based services
- Increased satisfaction

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## **Questions**