

Certified Nurse-Midwives: Prepared to Provide Quality Care

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ECU College of Nursing A Healthcare Power House for North Carolina



ECU College of Nursing Advanced Practice RN



What does a Certified Nurse-Midwife do?

- Certified Nurse-Midwives provide general women's health care throughout the lifespan.
- This care can include:
 - Pre-conception, pregnancy, birth, & postpartum care
 - Health check-ups and physical exams
 - Well-woman gynecologic care
 - Treatment of sexually transmitted infections
 - Care of the newborn in the first month

Certified Nurse-Midwife: PRACTICE

- CNMs prescribe a full range of substances, medications & treatments, including pain control medications.
- CNMs order & interpret laboratory & diagnostic studies
- CNM services are covered by third-party payers.
- CNMs work in many different settings, including hospitals, health centers, private practices, birth centers, and homes.

Certified Nurse-Midwife: PRACTICE

- Certified Nurse-Midwives provide safe, satisfying, high quality, evidence-based, patient-centered care with an emphasis on communication, relationships, and collaboration.
- Nurse-Midwifery care includes health promotion, disease prevention, wellness education and counseling.

Certified Nurse-Midwife: EDUCATION & CERTIFICATION

- CNMs are educated in two disciplines:
 - Nursing and Midwifery
- CNMs earn graduate degrees, complete a midwifery education program accredited by the Accreditation Commission for Midwifery Education (ACME)
- CNMs pass a national certification examination administered by the American Midwifery Certification Board (AMCB).

Nurse-Midwifery Education Program at East Carolina University

- The ONLY nurse-midwifery education program located in North Carolina
- One of only 39 accredited programs in the nation
- Accreditation Commission for Midwifery Education (ACME)
 - Assures that standards of midwifery education are maintained
 - Competencies and skills are learned
 - Graduates are appropriately qualified



Class of 2013

Criteria for Admission to Nurse-Midwifery Education Program

- Registered nurse with hospital experience
- Minimum GPA of 3.0 in a baccalaureate nursing program
- Close review of transcripts
- Acceptable score on the GRE
- Three professional letters of reference
- Statement of purpose

Requirements for ECU Nurse-Midwifery Program

- Rigorous didactic curriculum
- Expert Preceptors (primarily CNMs, but include Nurse Practitioners, PAs, and Physicians)
- 3 P's plus Reproductive Physiology
(Physiology, Pharmacology, Physical Assessment)
- A specific course on patient safety and quality assurance of patient safety
- Maintenance of CPR and NRP certifications
- ALSO training
- Certification in Advanced Fetal Monitoring

ECU Nurse-Midwifery

Interviewing



Physical Exam





Interprofessional training

- Physicians
- Nurses
- Nurse-Midwives





- Developed by the American Academy of Family Physicians
- Interprofessional training to learn to effectively manage potential obstetrical emergencies
 - Shoulder dystocia
 - PP hemorrhage
 - Eclampsia
 - Breech delivery



Fundamentals in Midwifery Education

- Anatomy and physiology, including pathophysiology
- Normal growth and development
- Psychosocial, sexual, and behavioral development
- Basic epidemiology
- Nutrition
- Pharmacokinetics and pharmacotherapeutics
- Principles of individual and group health education
- Bioethics related to the care of women, newborns, and families
- Clinical genetics and genomics

Requirement for ALL Nurse-Midwifery Programs

Taught to practice within a health care system that provides for consultation, collaboration or referral as indicated by the health status of the woman or newborn.

Collaboration & Teamwork

- Necessary for working in today's complex health care system.
- There is no fixed leader, “shared power” optimizes care.
- Team leadership is responsive to the needs of the patient & the situation

Certified Nurse-Midwives

- Contribute a philosophy of care to the team that recognizes and protects the normalcy of birth and other lifecycle events
- Provide expert individualized care using the best science available in partnership with patients
- Adhere to a well-defined scope of practice and consult, collaborate and refer based on the needs of the patient
- Essential to team-based care in women's health

Certified Nurse- Midwives....

Caring for
women
throughout
the lifespan!

