



Strategic Plan for the Improvement of Behavioral Health Services

Mark Benton & Dave Richard

Department of Health and Human Services

January 16, 2018

Requirements

SECTION 12F.10.(b) By January 1, 2018, the Department of Health and Human Services shall develop and submit to the Joint Legislative Oversight Committee on Health and Human Services, the Joint Legislative Oversight Committee on Medicaid and NC Health Choice, and the Fiscal Research Division a strategic statewide plan to improve the efficiency and effectiveness of State-funded behavioral health services. The plan shall include at least all of the following:

- (1) Identification of the Division that will (i) assume lead responsibility for the organization and delivery of publicly funded behavioral health services and (ii) define the current and future roles and responsibilities of local management entities/managed care organizations (LME/MCOs) with respect to the organization and delivery of publicly funded behavioral health services.
- (2) A process for ensuring that all State contracts with behavioral health providers and managed care organizations responsible for managing Medicaid behavioral health services (including LME/MCOs) contain goals for overall behavioral health services, along with specific measurable outcomes for all publicly funded mental health, developmental disabilities, substance abuse, and traumatic brain injury services.
- (3) A statewide needs assessment for mental health, developmental disabilities, substance abuse, and traumatic brain injury services by county and type of service, broken down by the source of funding. The needs assessment must include a defined service continuum to address identified needs for targeted populations.
- (4) Specific solvency standards to be incorporated into State contracts with LME/MCOs that define appropriate cash balances, predictors for sustainability, and measures for performance that the LME/MCOs will monitor and report to the Department on a monthly, quarterly, and annual basis.
- (5) Any other component the Department deems necessary to achieve the goal of improving the effective and efficient delivery and coordination of publicly funded behavioral health services across the State.

Requirements

SECTION 12F.10.(b1) In the development of the strategic statewide plan, required under subsection (b) of this section, the Department of Health and Human Services shall consider policy issues pertaining to the delivery of services for people with intellectual and developmental disabilities. Consideration shall be given to all of the following:

- The causes and potential solutions for the growing waitlist for NC Innovations Waiver slots. Potential solutions to be studied include the following:
- Increasing the funding for the 1915(c) Innovations Waiver to result in more individuals served.
- Creating new support waiver slots as recommended in the March 2015 Study Additional 1915(c) Waiver report from the Department of Health and Human Services, Division of Medical Assistance, to the Joint Legislative Oversight Committee on Health and Human Services.
- Utilizing a 1915(i) waiver option and exploring how the 1115 waiver required for Medicaid transformation may assist in addressing current waitlist for services.
- Issues surrounding single-stream funding and how single-stream funding is used to support services for people with intellectual and developmental disabilities.
- Multiple federal mandates that will directly impact current services and supports for people with intellectual and developmental disabilities, including Home and Community
- Based Services changes, the Work Force Innovations and Opportunities Act, and changes under section 14(c) of the federal Fair Labor Standards Act.
- The coverage of services for the treatment of autism, including any State Plan amendment needed to address guidance issued by the Centers for Medicare and Medicaid Services.

Stakeholder Input

- More than 300 people attended public listening sessions across the state
- In-person meetings with:
 - State Consumer and Family Advisory Council
 - LME/MCOs
 - Disability Rights
 - Various consumer, provider, and disability advocacy groups
- Public comment period with input received via in-person, email, mail, and telephone
- High-quality feedback received on wide range of topics

BHSP Development Process

Behavioral Health Steering Committee with representatives from DHHS including:

Mental Health/Developmental Disabilities/Substance Abuse Services	Budget & Analysis	Health Benefits	Public Health
State Operated Healthcare Facilities	Health Services Regulation	Social Services	Medicaid
Vocational Rehabilitation	Aging and Adult Services	Rural Health	Policy

Statewide Listening Sessions

- July 12 New Hanover County DSS, Wilmington
- July 13 Forsyth Technical CC, Winston-Salem
- July 19 Carolinas Medical Center, Charlotte
- July 20 Jackson County DSS, Sylva
- July 27 Pasquotank County DSS, Elizabeth City
- July 31 The Frontier @ RTP, Raleigh

Report Outline

- Executive Summary
- Challenges Facing the System
- Vision and Goals
- Current State
- Future State
- Appendices