

DEPARTMENT OF HEALTH AND HUMAN SERVICES DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES

ROY COOPER GOVERNOR MANDY COHEN, MD, MPH

JASON E. VOGLER, PH.D., CSSBB INTERIM SENIOR DIRECTOR

February 10, 2017

SENT VIA ELECTRONIC MAIL

The Honorable Louis Pate, Co-Chair Joint Legislative Oversight Committee on Health and Human Services North Carolina General Assembly Room 311, Legislative Office Building Raleigh, NC 27603-5925 The Honorable Josh Dobson, Co-Chair Joint Legislative Oversight Committee on Health and Human Services North Carolina General Assembly Room 301N, Legislative Office Building Raleigh, NC 27603-5925

Dear Chairmen:

The Governor's Task Force on Mental Health and Substance Use was established under Executive Order No. 76 on July 14, 2015, and the Child Tiered Case Management Pilot is one of the funded recommendations. The Office of State Budget and Management approved the implementation plan for the Pilot on January 27, 2017, as required by Session Law 2016-94, Section 12F.3.(b). Pursuant to the provisions of law, the North Carolina Department of Health and Human Services is pleased to submit the legislative report on the implementation plan for the Child Tiered Case Management Pilot to the Joint Legislative Oversight Committee on Health and Human Services and the Fiscal Research Division.

Should you have any questions regarding this report, please contact Jason Vogler, PhD, Interim Senior Director, NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services. Dr. Vogler can be contacted at (919) 733-7011.

Sincerely,

Jason E. Vogler Interim Director

cc: Ben Popkin

Pat Porter

Marjorie Donaldson Jason Vogler

Susan Jacobs Denise Thomas

LT McCrimmon

reports@ncleg.net

Rod Davis Joyce Jones Pam Kilpatrick Marta Hester Theresa Matula Kolt Ulm Lindsey Dowling

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DEPARTMENT OF HEALTH AND HUMAN SERVICES DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES

ROY COOPER GOVERNOR MANDY COHEN, MD, MPH SECRETARY

JASON E. VOGLER, PH.D., CSSBB INTERIM SENIOR DIRECTOR

February 10, 2017

SENT VIA ELECTRONIC MAIL

Mark Trogdon, Director Fiscal Research Division North Carolina General Assembly Room 619, Legislative Office Building Raleigh, NC 27603-5925

Dear Director Trogdon:

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Reserve Fund for Governors' Mental Health and Substance Use Task Force Recommendations

Child Tiered Case Management Pilot Program

Session Law 2016-94, Section 12F.3 (b)



Report to the
Joint Legislative Oversight Committee
on Health and Human Services
and
Fiscal Research Division

By

North Carolina Department of Health and Human Services

February 10, 2017

Executive Summary

Reserve Fund for Governors' Mental Health and Substance Use Task Force Recommendations

Child Tiered Case Management Pilot

February 10, 2017

Background:

Session Law 2016-94, Section 12F.3(a) and (b), provide guidance on the funding and reporting requirements to implement the recommendations generated by the Governor's Task Force on Mental Health and Substance Use. The task force was established pursuant to Executive Order No. 76.

Under Session Law 2016-94, Section 12F.3 (b), the North Carolina General Assembly charged the Department of Health and Human Services (DHHS), through its Division of Mental Health, Developmental Disabilities, Substance Abuse Services (DMH/DD/SAS), with the following:

- 1) The Department of Health and Human Services shall obtain the prior approval of the Office of State Budget and Management (OSBM) on a detailed implementation plan with key milestones and due dates.
- 2) The Department of Health and Human Services shall report to the Joint Legislative Oversight Committee on Health and Human Services and the Fiscal Research Division within 10 days after obtaining the approval required by the subdivision (1) of this subsection. The report shall include (i) an explanation of the specific amounts and uses of these funds and (ii) a detailed implementation plan with key milestones, due dates, and expected outcomes.

A detailed implementation plan with key milestones, dues dates, and specific amounts and uses of these funds was submitted to the Office of State Budget and Management (OSBM). This plan can be found in Appendices A, B, and C. **Appendix A** is the Budget for the Child Tiered Case Management Report and this item reflects the total expenditures for the child tiered case management pilot for 12 months, which is \$2,830,291. **Appendix B** is a table of the expected child and system outcomes from this pilot. **Appendix C** contains the key milestones and due dates.

Project Recommendation:

DMH/DD/SAS is seeking up to two Local Management Entities/Managed Care Organizations (LME/MCOs) to implement a successful Child Tiered Case Management Pilot. This tiered child case management model connects two at-risk populations of youth and their families to

behavioral health services. Youth and families involved in child welfare and juvenile justice have high rates of exposure to trauma and high behavioral health needs. Assessing, treating, and coordinating their behavioral health and life domain needs will assist social services in maintaining and reunifying youth with their families and will assist youth involved in juvenile justice from moving deeper into the corrections system. This tiered case management pilot will focus on youth ages 6-21 years of age in one to two judicial districts.

The tiers for child case management:

- Tier 1: LME/MCO Liaisons and Family Navigator co-located at juvenile justice and child welfare offices.
- Tier 2: Targeted Case Management for Youth with low to moderate level needs. Access to family and youth peer support.
- Tier 3: Intensive Case Management (High Fidelity Wraparound) with evidence based service planning model and family/youth peer support for youth exiting out-of-home placements--Primary focus population for the pilot

Additional critical components include:

- Access to trauma informed comprehensive clinical assessments.
- Access to specialized assessments for youth with problematic sexual behavior.
- Access to specialized consultations for youth with co-occurring mental health and intellectual/developmental disabilities.

OSBM provided approval for the implementation plan on January 27, 2017, which is a prerequisite to the submission of this report to the Joint Legislative Oversight Committee on Health and Human Services and the Fiscal Research Division.

Appendix A Budget for Child Tiered Case Management Project

Awardee-Alliance Behavioral Healthcare

| Budget for Child Tiered Case Management Pilot (12 months) | |
|--|--------------|
| Allocations to Selected Local Management Entity/Managed Care Organization (LME/MCO) | |
| Personnel | |
| Salary/Wages/Benefits LME/MCO staff (30% benefits plus Two Department of Social Services/Juvenile Justice Liaisons and One Family Navigator) | \$207,306 |
| Contracted Salary expenses for Provider (3 Wraparound Teams and start-up for Two Targeted Case Managers plus 3.5 Administrative costs on salary) | \$1,699,367 |
| Intellectual/Developmental Disabilities (IDD) Specialized Consultations (15 consultations at rate of \$1,200 per 8 hour consultation) | \$18,000 |
| Local Management Entity/Managed Care Organization (LME/MCO) Administrative Cost on Personnel Expense (3.5%) | \$ 64,722 |
| Total Personnel Services | \$ 1,989,395 |
| Supplies and Materials | |
| Instruments for Trauma Informed Assessments (200 assessments x \$25.50) | \$5,100 |
| Total Supplies and Materials | \$5,100 |
| Operational Expenses | |
| Travel for contracted provider for 3 Wraparound Teams | \$262,440 |
| Communications (Telephone for Wraparound Teams) 30 phones x \$65 x 12 mo. | \$23,400 |
| Provider training: Wraparound Training and Certification Process | \$34,360 |
| Training for targeted case managers and supervisors | \$74,000 |
| Provider Training: Trauma Informed Assessments and Certification for 15 clinicians | \$49,500 |

| Budget for Child Tiered Case Management Pilot (12 months) | |
|--|-------------|
| | |
| Provider Training: Training in Intellectual/Developmental Disabilities for all levels of Care Coordination/Case Management | \$4,950 |
| Provider Training: Assessments for Problematic Sexual Behaviors | \$15,000 |
| Total Operational Expenses | \$463,650 |
| Capital Outlay | |
| Computer Equipment (\$835 x 30 Wraparound Staff) | \$25,050 |
| Total Capital Outlay | \$25,050 |
| | |
| Total Local Management Entities/Managed Care Organization (LME/MCO) Allocation | \$2,483,195 |
| Division of Mental Health/Developmental Disabilities/Substance Abuse Services (DMH/DD/SAS) Expenses | |
| Project Manager | \$103,548 |
| Wraparound Implementation Specialist | \$103,548 |
| Contract for Evaluation (estimate) | \$100,000 |
| Contract for Implementation Consultation (estimate) | \$40,000 |
| Total Division of Mental Health/Developmental Disabilities/Substance Abuse Services DMH/DD/SAS Expenses | \$347,096 |
| Total Expenditures for the Tiered Case Management pilot (12 months) | \$2,830,291 |

Appendix B

Expected Outcomes

| Individual (Youth) | System |
|---|---|
| Engaged in School | Reduction in behavioral health cost of care |
| Improved clinical outcomes | Identified benefits for Social Service and |
| | Justice system partners (costs, quality). |
| No new legal involvement | Shorter times from screening to assessment |
| | and start of behavioral health services |
| Reduced use of crisis services | Improved rates of completion of services |
| Improved caregiver engagement in services | Improved rates of linkage to resiliency |
| and youth successfully living at home | building community programs |

Appendix C: Project Title: Tiered Child Case Management Pilot (Governor's Task Force on Mental Health and Substance Use)

Brief Description of Project: Provide three tiers of case management for children involved with social services and juvenile court in one judicial district. 1) Improved clinical and functional outcomes for children served. 2) Improved system outcomes: a. Reduction in behavioral health cost of care, b. Identified benefits for Social Service and Justice system partners (costs, quality), c. Shorter times from screening to assessment and start of behavioral health services, d. Improved rates of completion of services, and e. Improved rates of linkage to resiliency building community

Project Performance Goals: Execute pilot, track outcomes (clinical and functional improvements, cost effectiveness), and develop reports for multiple stakeholders.

Division/Office: DMHDDSAS

DHHS Stakeholders: Division of Social Services, DPS/Juvenile Justice **Target Completion Date:** June 30,2018 or until funds are expended.

Project Plan Completed By: Eric Harbour, DMHDDSAS

<u>Status</u>

Green - On track.

Yellow - Issues or problems may adversely impact completion date, cost, or scope.

Red - Activity/task won't be completed by scheduled date, will exceed projected cost, or won't meet scope.

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|--|---------------------|-----------------------|----------------------|---------------------|--------------------|--------------------------------------|--|------------------------------------|--|
| Milestone #1: INITIATE | | | | | | | | | |
| Task 1 Post RFAs | Eric Harbour | 9/1/16 | 9/1/16 | 10/21/16 | 10/21/16 | 37 | 0 | Complete | 0% |
| Activity 1 Obtain approval from OSBM to post RFAs | Jessica Herrmann | 9/1/16 | 9/1/16 | 10/20/16 | 10/20/16 | 36 | 0 | Complete | 0% |
| Task 2 Select LME-MCO for pilot | Eric Harbour | 9/1/16 | 9/1/16 | 10/15/16 | 10/15/16 | 32 | 0 | Complete | 0% |
| Activity 1 LME-MCO applicants submit applications | LME-MCOs | 10/21/16 | 10/21/16 | 11/14/16 | 11/14/16 | 17 | 0 | Green | 0% |
| Activity 2 Review committee reviews applications and makes recommendation | Eric Harbour | 11/15/16 | 11/15/16 | 11/15/16 | 11/15/16 | 1 | 0 | Complete | 0% |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|---|---------------------|-----------------------|----------------------|---------------------|--------------------|--------------------------------------|--|------------------------------------|--|
| Task 3 Submit report to Joint Oversight Committee on Health and Human Services and Fiscal Research Division (10 days after approval from OSBM) | DHHS | 1/20/17 | | 2/2/17 | | 10 | 0 | Not Started | 0% |
| Activity 1 Obtain approval of implementation plan from OSBM | Eric Harbour | 1/10/17 | | 1/19/17 | | 8 | 0 | | 0% |
| Activity 2 Submit draft report to DHHS | DMH staff | 1/20/17 | | 2/10/17 | | 16 | 0 | | |
| Task 4- Hire or contract for project manager and implementation specialist positions | Eric Harbour | 12/1/16 | | 3/31/17 | | | | | |
| Activity 1: Develop proposal and seek DMH leadership approval | Eric Harbour | 12/20/16 | | 1/3/17 | | | | Complete | |
| Activity 2: Submit proposal to OSBM for approval | Eric Harbour | 1/10/17 | | 1/19/17 | | 8 | 0 | | 0% |
| Activity 3: Post and hire for positions | Eric Harbour | 1/20/17 | | 2/25/17 | | 26 | 0 | | 0% |
| Milestone #2: PLAN | | | | | | | | | |
| | | | | | | | | | |
| Task 1 Send allocation letter to Alliance | DMHDDSAS Finance | 1/19/17 | | 2/20/17 | | 23 | 0 | | 0% |
| Activity 1 Obtain approval of implementation plan from OSBM | Eric Harbour | 1/10/17 | | 1/19/17 | | 8 | 0 | | 0% |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|---|---------------------|-----------------------|----------------------|---------------------|--------------------|--------------------------------------|--|------------------------------------|--|
| Activity 2 Announcement to Alliance | Eric Harbour | 1/20/17 | | 1/23/17 | | 2 | 0 | | |
| Activity 3 Negotiate allocation letter with Alliance | Eric Harbour | 1/20/17 | | 2/2/17 | | 10 | 0 | | |
| Activity 4- Draft allocation letter to Budget and Finance | Eric Harbour | 2/2/17 | | 2/2/17 | | 1 | 0 | | |
| Activity 5-Draft allocation letter to DHHS | DMHDDSAS Finance | 2/2/17 | | 2/13/17 | | 8 | 0 | | 0% |
| Task 2 Alliance contracts with Youth Villages | Alliance | 2/2/17 | | 2/27/17 | | 18 | 0 | | 0% |
| Task 3-Hire High Fidelity Wraparound and Targeted Case Managers | Youth Villages | 2/27/17 | | 4/24/17 | | 41 | 0 | | |
| Activity 1 Complete readiness assessment with Youth Villages for hiring | Eric Harbour | 2/27/17 | | 3/20/17 | | 16 | 0 | | 0% |
| Activity 2 DMH staff consults with Youth Villages and participates in hiring process | Eric Harbour | 2/27/17 | | 4/24/17 | | 41 | 0 | | 0% |
| Activity 3: Initial hires: 2 targeted case managers and 6 wraparound staff hired | Youth Villages | 2/27/17 | | 4/24/17 | | 41 | 0 | | |
| Activity 4: 2nd Wave of hires, 14 staff | Youth Villages | 4/24/17 | | 7/24/17 | | 66 | | | |
| Activity 5: 3rd wave of hires, 10 staff | Youth Villages | 7/24/17 | | 10/23/17 | | 66 | | | |
| Task 4 Referral process in place | Alliance | 1/20/17 | | 3/31/17 | | 51 | 0 | | |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|---|-----------------------------------|-----------------------|----------------------|---------------------|--------------------|--------------------------------------|--|------------------------------------|--|
| Activity 1-Meeting with DSS, Alliance, Juvenile Justice, Youth Villages to develop process | DMHDDSAS | 1/20/17 | | 3/3/17 | | | 0 | | |
| Task 5- Develop monitoring plan for referral flow and outcomes | Alliance | 3/3/17 | | 4/28/17 | | | | | |
| Activity 1: Ensure consent process to share information is in place | Alliance | 3/3/17 | | 4/28/17 | | | | | |
| Task 6- Train 75% of Durham DSS CPS workers in Project Broadcast Tool | Division of Social Services | 3/3/17 | | 4/28/17 | | | | | |
| Task 7-Hire LME-MCO Liaisons and Family Navigator | Alliance | 2/20/17 | | 4/17/17 | | | | | |
| Task 8- 1st Round of High Fidelity Wraparound (HFW) Foundation Training Completed | Alliance | 2/3/17 | | 5/19/17 | | | | | |
| Task 9-1st Round of HFW Coaching Training Completed | Alliance | 2/3/17 | | 5/26/17 | | | | | |
| Activity 1: Develop system of monitoring progress toward certification completion for each HFW member | Youth Villages | 2/27/16 | | 5/26/17 | | | | | |
| Task 10: Train targeted case managers. | Alliance | 2/27/17 | | 5/26/17 | | | | | |
| Task 11- Training for Clinicians in Trauma Informed Assessments | Alliance | 2/20/17 | | 6/30/17 | | | | | |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|--|-------------------|-----------------------|----------------------|---------------------|--------------------|--------------------------------------|--|------------------------------------|--|
| Task 12- Consultation for local team in implementation science | Eric Harbour | 2/3/17 | | 4/28/17 | | | | | |
| Task 14-Evaluation Plan Developed | Eric Harbour | 2/3/17 | | 4/28/17 | | | | | |
| Task 15-Developing Recommendations and Protocol for Training on Assessments for Youth with Problem Sexual Behavior | DMHDDSAS | 2/3/17 | | 2/2/18 | | | | | |
| Task 16- Development of referral process for Specialized IDD Consultations | Alliance | 2/20/17 | | 4/28/17 | | | | | |
| | | | | | | | | | 0% |
| Milestone #3: EXECUTE | | | | | | | <u> </u> | | |
| Task 1-First Child Referred for High Fidelity Wraparound | Alliance | 5/1/17 | | 5/26/17 | | 20 | 0 | | 0% |
| Task 2-First Child Referred to Targeted Case Management | Alliance | 5/1/17 | | 6/1/17 | | 24 | 0 | | 0% |
| Task 3- First Child Referred to Liaison or Family Navigator | Alliance | 3/31/17 | | 4/24/17 | | 17 | 0 | | 0% |
| Task 4- Local team starts CQI Process | Alliance | 3/31/17 | | 6/30/17 | | 66 | 0 | | 0% |
| Task 5- HFW Coaches start 2nd round of HFW Foundational Training | Youth Villages | 7/24/17 | | 8/11/17 | | 15 | 0 | | 0% |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|--|-------------------|-----------------------|----------------------|---------------------|--------------------|---|--|------------------------------------|--|
| Task 6: Targeted Case Management Supervisors submit progress toward core competencies to Alliance. | Youth Villages | 4/24/17 | | 6/30/17 | | 50 | 0 | | 0% |
| | | | | | | | | | 0% |
| Milestone #4: CONTROL | | | | | | | | | |
| Task 1-Youth Villages utilizing state service definition for HFW | Youth Villages | 11/1/16 | | 7/1/17 | | 174 | 0 | | 0% |
| Activity 1 approval of state services definition for HFW | Eric Harbour | 11/1/16 | | 4/1/17 | | 109 | 0 | | 0% |
| Task 2-Local and statewide implementation teams receive quarterly evaluation on process and outcome indicators | Eric Harbour | 2/3/17 | | 7/15/17 | | 116 | 0 | | 0% |
| Activity 1 | | | | | | 0 | 0 | | 0% |
| Activity 2 | | | | | | 0 | 0 | | 0% |
| Task 3-Revisions to targeted case management training and supervisory coaching tools are completed | Eric Harbour | 5/26/17 | | 10/27/17 | | 111 | 0 | | 0% |
| Task 4-Development of process for monthly tracking of FSR submission | Eric Harbour | 2/20/17 | | 3/30/17 | | 29 | 0 | | 0% |
| Activity 2 | | | | | | 0 | 0 | | 0% |

| Project Plan | Assigned To | Planned Start Date | Actual Start Date | Planned End Date | Actual End Date | Work Days Planned (Auto Calculation) | Work Days Over (Auto Calculation) | Status (Select from Menu) | Completion Rate (Enter % Value) |
|---|-----------------|-----------------------|----------------------|---------------------|--------------------|---|--|------------------------------------|--|
| Milestone #5: CLOSE | | | | | | | | | |
| Task 1-Develop sustainability plan to continue services as allocation ends | Eric Harbour | 2/20/17 | | 10/30/17 | | 181 | 0 | | 0% |
| Activity 1 | | | | | | 0 | 0 | | 0% |
| Activity 2 | | | | | | 0 | 0 | | 0% |
| Task 2 Develop plan for selection of 2nd pilot site | Eric Harbour | 1/10/17 | | 4/1/17 | | 59 | 0 | | 0% |
| Activity 1 | | | | | | 0 | 0 | | 0% |
| Activity 2 | | | | | | 0 | 0 | | 0% |
| Task 3End of pilot evaluation report. | Eric Harbour | | | 7/30/18 | | 0 | 0 | | 0% |