

# Relative as Provider NC Innovations Waiver

Presentation to Public Guardianship
Subcommittee Meeting
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# Background on the Policy

- CMS gives states the ability to choose whether relatives or legal guardians can provide services and under what conditions this may occur
- No federal or state entitlement that relatives or legal guardians must be employed
- North Carolina has chosen to allow relatives and legal guardians who live in the same home as the adult NC Innovations Waiver participant to provide services under specific conditions

# Definitions within the Policy

- Clinical Coverage Policy No: 8P defines
   Relative as individuals related by blood or marriage to the waiver participant
- Applies only to relatives/legal guardians who:
  - Live in the same home as the waiver participant
  - Are employed by a Provider Agency
- Does not apply to
  - Relatives/legal guardians of minors
  - Spouses of waiver participants

## MCO requirements

- Ensure compliance with the conditions of this policy through a prior approval process
- Provide an increased level of monthly monitoring by the assigned I/DD Care Coordinator for serviced delivered by relatives/legal guardians

## Service Provision Under this Policy

- In-Home Skill Building
- In-home intensive supports
- Residential Supports\*
- Personal Care
- \*exclusion

## Criteria for approval

Employment-based criteria must be met:

- No other non-relative staff is available to provide the service OR
- A qualified staff is only willing to provide the service at an extraordinarily higher cost than the fee or charge negotiated with the qualified family member or legal guardian

#### Relative as Provider

- Recommended that no more than 40 hours/week
- The relative or legal guardian will not be reimbursed for any activity that they would ordinarily perform or are responsible to perform
- Provider agencies employing relatives/legal guardians as paid staff must monitor this person on-site a minimum of once per month

#### **Provider Considerations**

- Is this about the participant's wishes, desires and needs or about supplementing a family member's income?
- As an adult, is it appropriate or best for the individual to still have mom and dad with the participant throughout the day?
- Is the individual missing the opportunity to adapt to different people and increase his/her flexibility and independence?

#### **Provider Considerations**

- What happens when the caregiver becomes unable, through age, disability or death, to care for the participant? Who else knows how to interact with and care for the participant?
- Can a family member be a barrier to increased community integration or friendship development?
- Does having a family member as direct support staff expand the participant's circle of support or risk shrinking it?

#### Advantages to Relative Provider

- Can ensure that the waiver participant receives services when they otherwise might not (i.e. families that live in rural areas)
- Can allow a waiver participant to remain in the family home longer.
- Often times having a relative as provider prevents the need for back-up staffing.

#### Disadvantages

- Family income can become a factor-families come dependent on the income creating a conflict of interest between income and the waiver participant's best interest.
- It can be harder to ensure that the waiver participant has a wide network of social connections and activities.
- The lines are blurred as to when a relative is acting in the capacity of a natural support and when they are paid staff.
- Once a relative as provider is approved as the direct care staff, it is hard to go back in the other direction.

#### Conclusion

- Each circumstance is unique and considered individually.
- The goal is to assure participants are offered as full and inclusive life as possible.
- The relative as provider really should be used as a last resort in situations where a non-relative staff truly cannot be found.