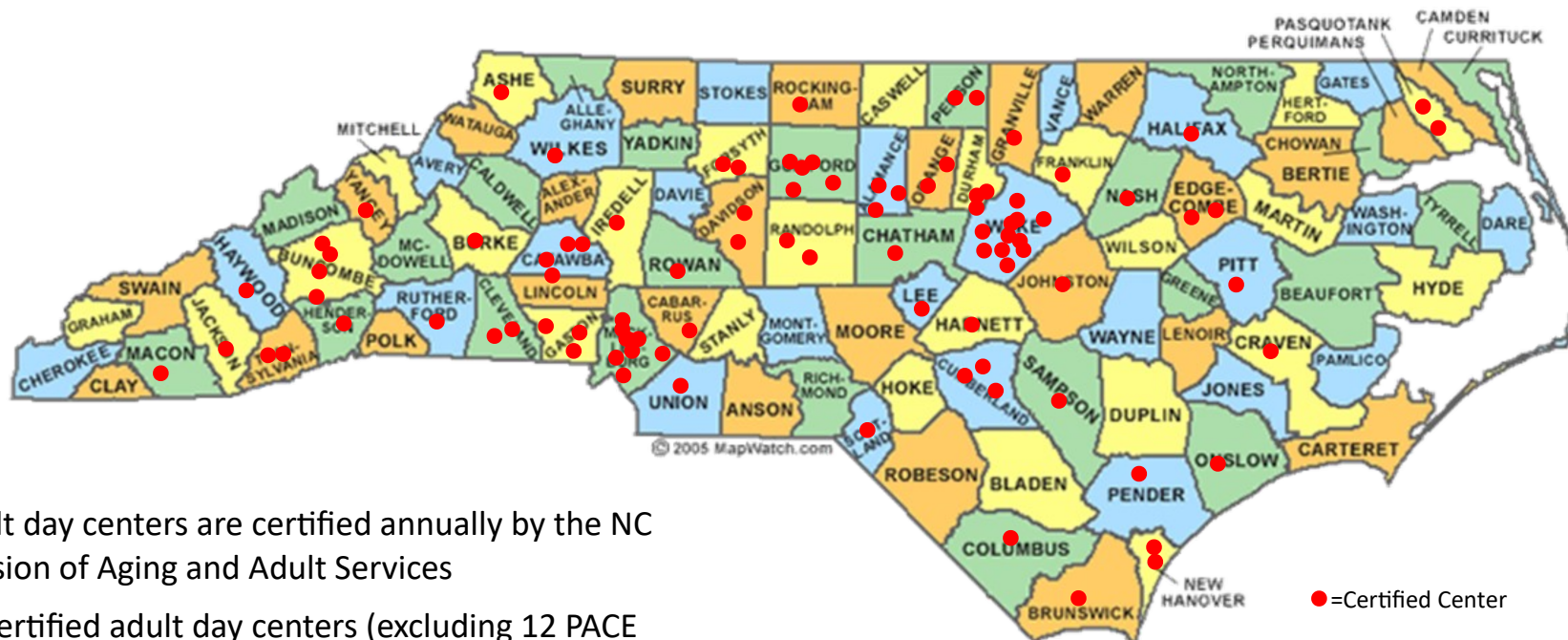


Profile of NC Adult Day Centers



- Adult day centers are certified annually by the NC Division of Aging and Adult Services
- 85 certified adult day centers (excluding 12 PACE sites) among 50 counties
- Certified daily capacity: 4,998 adults
- 86% are nonprofit
- 66% in operation 10+ years
- 64% of certified centers employ RN or LPN daily (health centers)
- Average hours open per day: 10 hours
- Average operating cost: \$67.67 per day
- 52% diagnosed with Alzheimer's disease or other dementia
- Average length of enrollment: 24 months

Services Provided in Adult Day Centers

- ✓ Skilled nursing (in day health centers)
- ✓ Individualized plan of care designed by a multidisciplinary team and updated at least every six months
- ✓ Health monitoring
- ✓ Nutritious lunch and snacks
- ✓ Medication supervision
- ✓ Personal care services (toileting, eating assistance, showers)
- ✓ Recreational and Therapeutic Activities
- ✓ Modified Exercise Programs
- ✓ Transportation (usually contracted service)
- ✓ Contracted Services: Speech, occupational and physical therapy