CABHA Update

Legislative Oversight Committee on MH/DD/SAS Beth Melcher, Ph.D. January 19, 2011

CABHA Requirements

- Active National Accreditation of at least 3 years
- Medical Director
- Clinical Director
- Quality Management/Staff Training Director
- Continuum of care for population served

Must provide the core services of:

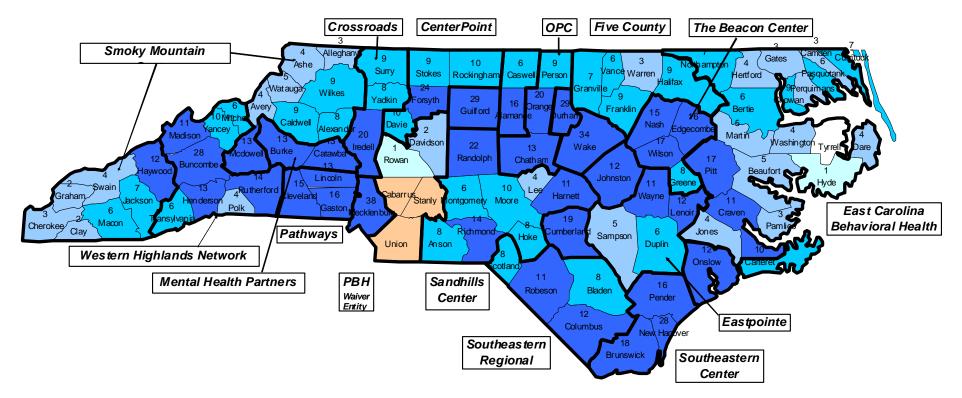
- Comprehensive Clinical Assessment
- Medication Management
- Outpatient Therapy

Must deliver at least two enhanced services in the same location where it provides the three core services to create a continuum of care

The Numbers

- 175 agencies have been certified as CABHAs. http://www.ncdhhs.gov/mhddsas/cabha/index.htm
- A total of 603 applications were received prior to August 31, 2010
- 104 applications came in after the deadline. 53 of those have had some sort of review/response and remainder will be processed based on date of submission

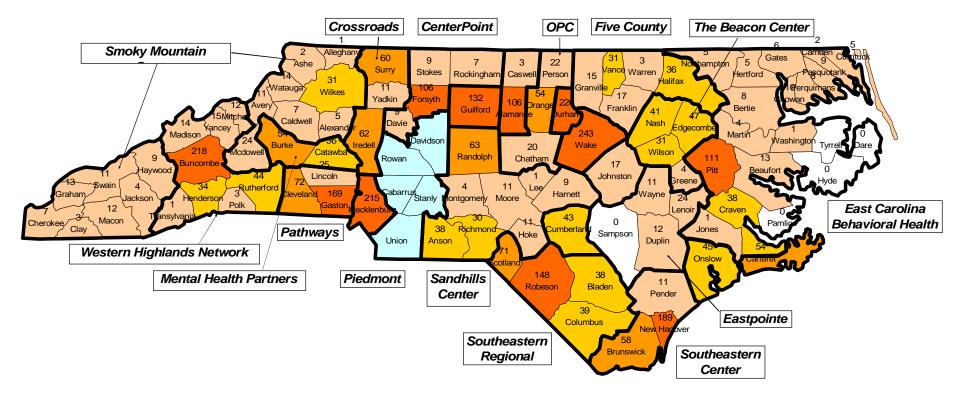
Home Counties of Individuals Served by Fully Certified CABHAs with Community Support Team, Day Treatment and/or Intensive In-Home Services as of December 3, 2010



Number of CABHAs Serving Individuals	
0 🗆	1 county
□ 1	2 counties
🗖 2 to 5	22 counties
🗖 6 to 10	34 counties
📕 11 plus	38 counties
No data	3 counties

Unless otherwise indicated, the LME name is the county name(s). Reflects LMEs as of July 2010 Based on authorizations provided by ValueOptions, except for PBH.

Individuals Authorized to Receive Community Support Team Services in Home County by a Fully Certified CABHA during the month of November 2010

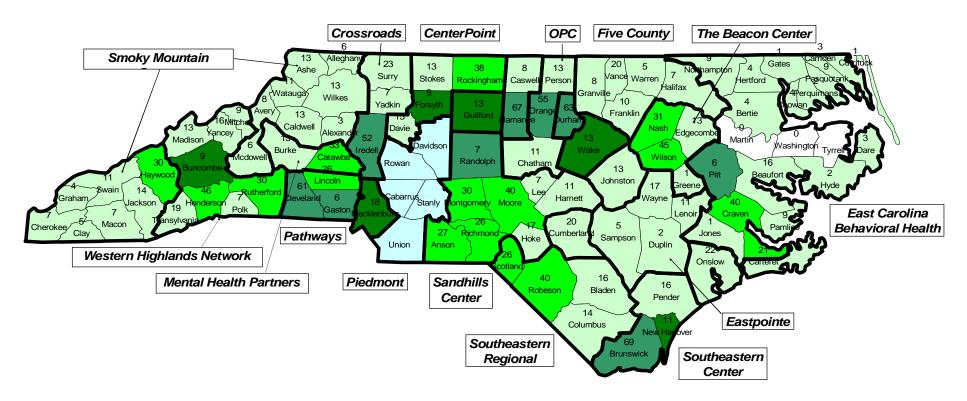


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Individuals receiving CST from a CABHA

- \Box 0 individuals, 4 counties 6.3%
- 1 to 25 individuals, 54 counties 56.3%
- 26 to 50 individuals, 16 counties 16.7%
- 51 to 75 individuals, 9 counties 9.4%
- 76 or more individuals, 11 counties 11.5%
- PBH no data available

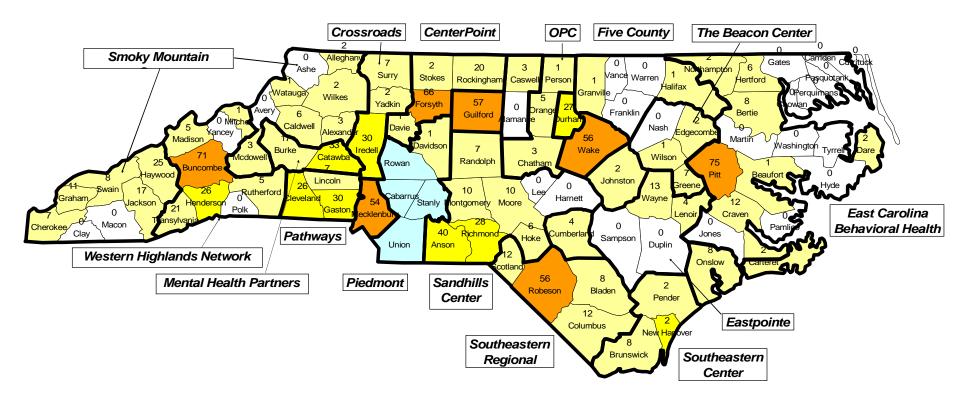
Individuals Authorized to Receive Intensive In-Home Services in Home County by a Fully Certified CABHA during the month of November 2010



Unless otherwise indicated, the LME name is the county name(s). Reflects LMEs as of July 2010

- # Individuals receiving IIH from a CABHA
- \Box 0 individuals, 4 counties
- 1 to 25 individuals, 62 counties
- 26 to 50 individuals, 15 counties
- 51 to 75 individuals, 6 counties
- 76 or more individuals, 0 counties
- PBH no data available

Individuals Authorized to Receive Day Treatment Services in Home County by a Fully Certified CABHA during the month of November 2010



Unless otherwise indicated, the LME name is the county name(s). Reflects LMEs as of July 2010

- # Individuals receiving Day Tx from a CABHA
- □ 0 individuals, 27 counties 28.4%
- □ 1 to 25 individuals, 53 counties 55.8%
- □ 26 to 50 individuals, 8 counties 8.4%
- 51 to 75 individuals, 7 counties 7.4%
- 76 or more individuals, 0 counties 0.0%
- PBH no data available

Notes

- Information presented in the maps through November. Have increased numbers of CABHAs since then and anticipate increase in numbers of individuals served by CABHAs following January 1st
- Fewer day treatment providers as many agencies have found is more effective to offer in-home services

Next Steps

- In collaboration with the LMEs, follow transition of individuals to CABHAs to assure is successful and appropriate
- Expectation that will be fluctuation in number of CABHAs and services they offer as market responds to demand
- Review the CABHA cost model and regulatory requirements to support fiscal stability
- Regional meetings with CABHAs and LMEs

Next Steps

CABHA Monitoring

- Billing and authorization data
- Quality reports from UM vendors
- Program Integrity efforts
- Monitoring Protocol review personal outcoms, leadership, referral patterns, quality management, integration with physical health care, core services, regulatory compliance. Reviews to begin in Spring.

Questions?