

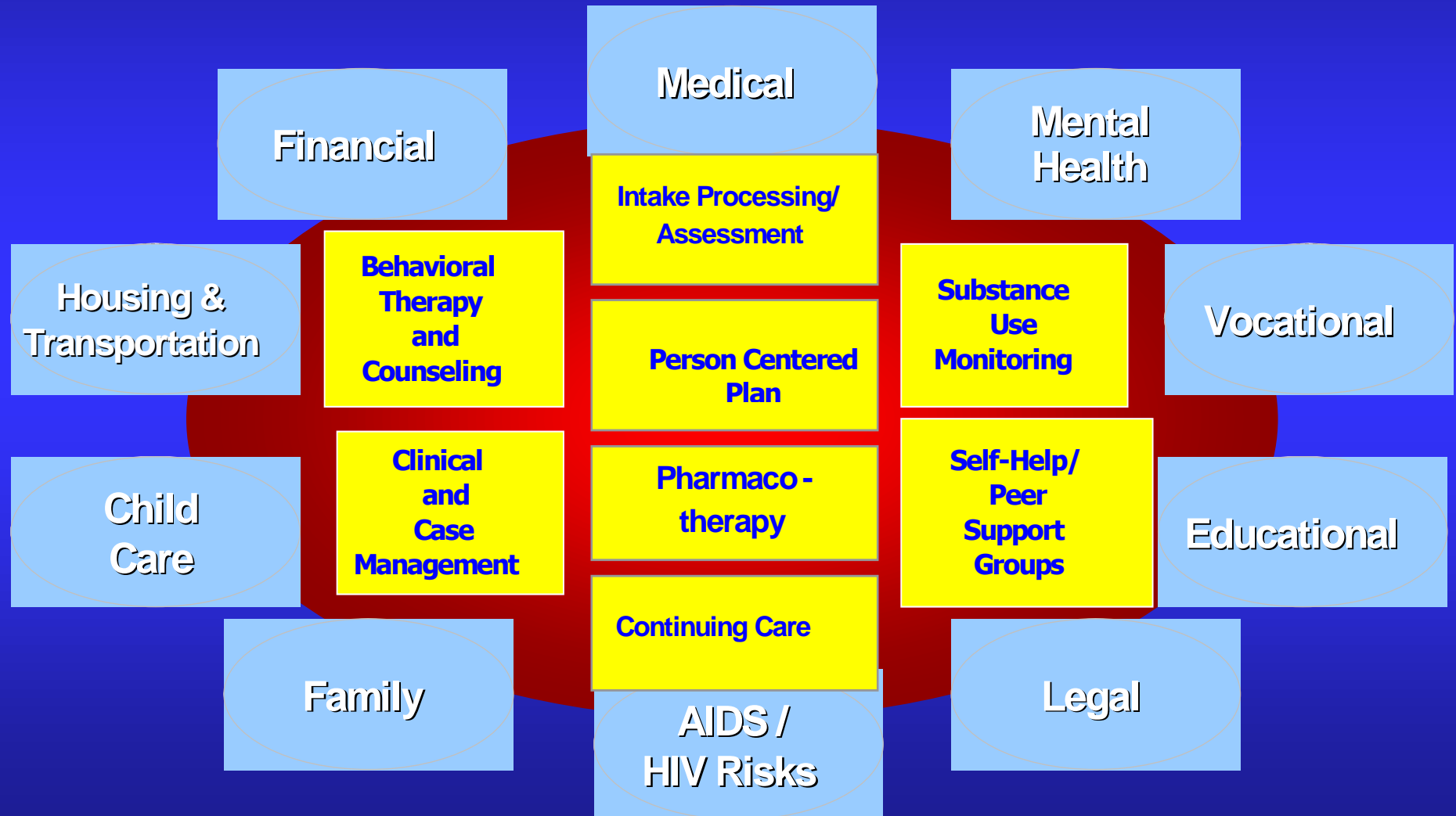
Substance Abuse Service Definitions

Presented by: North Carolina
DMH/DD/SAS
Community Policy Management Staff

February 2006

North Carolina

Substance Abuse Treatment Components and Comprehensive Services



New Opportunity

- **Opportunity to do SA business differently**
 - **New service delivery system includes more credentialed/ skilled workforce in partnership with those in recovery**
 - **Generate additional Medicaid funding stream by realigning State definitions with new federal definitions**
 - **Creation of SA specific continuum of care**

Adult SA Service Continuum of Care

- **Diagnostic Assessment**
- **Mobile Crisis Management**
- **Community Support - Adults**
- **Community Support Team**

Adult SA Service Continuum of Care

- **Detox (4 Levels)**
 - **Ambulatory**
 - **Social Setting**
 - **Non-Hospital Medical**
 - **ADATC Level Medically Supervised**
- **SA Intensive Outpatient Program (SAIOP)**
- **SA Comprehensive Outpatient Treatment (SACOT)**

Adult SA Service Continuum of Care

- **Opioid Treatment**
- **Residential Supports (4 Levels)**
 - **SA Halfway House**
 - **Non-Medical Community Residential**
 - **Medically Monitored Community Residential**
 - **Inpatient SA Treatment**

Meet the Recipients



Diagnostic Assessment

■ Definition

- Intensive, clinical and functional face to face evaluation.**
- Determines is in target population.**
- Recommendations for Services.**
- Basis of initial Person Centered Plan over next 30 days.**
- Must use the designated diagnostic tool for SA.**

Diagnostic Assessment

- **Provider Requirements**
- **Staffing Requirements**
 - Team must have minimum of two QP's.
 - One must be an MD, NP, PA, or PhD psychologist.
 - For SA assessments, the team must include a CCS or CCAS.
- **Service Type/Setting**
 - Any location.

Community Support - Adults



Community Support - Adults

■ Definition

- Services and supports**
- Achieve and maintain goals**
- Meet needs of recipient**
- Acquire skills and skill building**
- First responder**

Community Support Team



Community Support Team

■ Required Components

- Services documented on PCP and will include assistance & support in crisis situations, service coordination, psycho-education, development of community coping and independent living skills, symptom monitoring, medication monitoring and self-medication.**
- Monitoring of recipients status in relation to goals.**
- Consultation with other professionals, family and others.**

Community Support Team

■ Provider Requirements

- Providers first responder / Crisis response 24/7/365 - action is taken by Community Support Team (primary provider) for persons served to both prevent escalation and intervention in the crisis situation, following crisis plan.**

SAIOP



SAIOP

■ Required Components

- Services shall include a structured program consisting of, but not limited to the following:
 - Individual counseling and support
 - Group counseling (has to be provided each day services are offered) and support
 - Family counseling, training or support
 - Regular drug screening.

SAIOP

■ Required Components (cont.)

- Strategies for relapse prevention to include community and social support systems in treatment
- Life skills
- Crisis contingency planning
- Disease Management
- 3 hours per day 3 days per week
- Maximum of 19 hours per week

SAIOP

■ Required Components (cont.)

- Treatment support activities that have been adapted or specifically designed for persons with physical disabilities, or persons with co-occurring disorders of mental illness and substance abuse/dependence or mental retardation/developmental disability and substance abuse/dependence.

SAIOP

■ Required Components (cont.)

- Case Management to arrange, link or integrate multiple services as well as assessment and reassessment of the recipient's need for services.
- Inform the recipient about benefits, community resources, and services.
- Assist the recipient in accessing benefits and services.

SAIOP

■ **Staffing Requirements**

- **Program must be under the clinical supervision of a CCS or a CCAS on site a minimum of 50% of the hours the service is in operation.**
- **The maximum face-to-face staff-to-client ratio is not more than 12 adult consumers to 1 QP based on an average daily attendance. The ratio for adolescents will be 1:6.**

SACOT

■ **Definition**

- **SA Comprehensive Outpatient Treatment (SACOT)**
 - **Operate) 20 hours a week, 4 hours a day, 5 days per week with no more than two consecutive days without services.**
 - **A Service Order must be completed by a MD, Ph.D. psychologist, PA or NP prior to or on the day that the services are to be provided.**

SACOT

■ Required Components

- Services are included in the SACOT Program:
 - Individual counseling and support
 - Group counseling (Group counseling services must be offered each day the program operates) and support
 - Family counseling, training or support
 - Regular (random) drug screening.

SACOT

■ Required Components (cont.)

- Strategies for relapse prevention to include community and social support systems in treatment.
- Life skills.
- Crisis contingency planning.
- Disease Management.
- Assist the recipient in accessing benefits and services.

New Medicaid Service Definitions for Child Substance Abuse

- **Diagnostic Assessment.**
- **Community Support.**
- **Intensive Outpatient
Treatment**
- **Intensive In-Home.**

New Medicaid Service Definitions

- **Child and Adolescent Day Treatment.**
- **Multisystemic Therapy (MST).**
- **Mobile Crisis Management.**
- **Medically Monitored Community Residential**
- **Inpatient Hospitalization.**

North Carolina

SA Continuum of Care Model

Effective 3/20/2006

PROPOSED NC Modified ASAM Levels of Care

DETOX Levels

- **Level I-D**
 - **Ambulatory Detoxification**
- **Level II-D**
 - **Social Setting Detoxification**
- **Level III.7-D**
 - **Non-Hospital Medical Detoxification**
- **Level IV-D**
 - **Medically Supervised or ADATC Detoxification/Crisis Stabilization**

TREATMENT Levels

- **Level I**
 - **Diagnostic Assessment**
 - **SA Community Support Services-Adult & Team**
 - **Mobile Crisis Management**

TREATMENT Levels cont.

- **Level II.1**
 - **SA IOP**
- **Level II.5**
 - **SACOT**
- **Level III.1**
 - **SA HWH**
- **Level III.5**
 - **SA Non-Medical Community Residential Treatment**
- **Level III.7**
 - **SA Medically Monitored Community Residential Treatment**
- **Level IV**
 - **Inpatient Hospital SA Treatment**

**North Carolina
SA Adolescent Continuum of Care
Effective 3/20/2006**

**PROPOSED NC Modified ASAM Levels
of Care for Adolescents**

TREATMENT Levels

- **Level I**
 - **Diagnostic Assessment**
 - **SA Community Support Services-Adolescent**
 - **Mobile Crisis Management**
 - **Intensive In-home Services**
 - **Multi-Systemic Therapy (MST)**
- **Level II.1**
 - **Child & Adolescent Day Treatment**
 - **SAIOP**

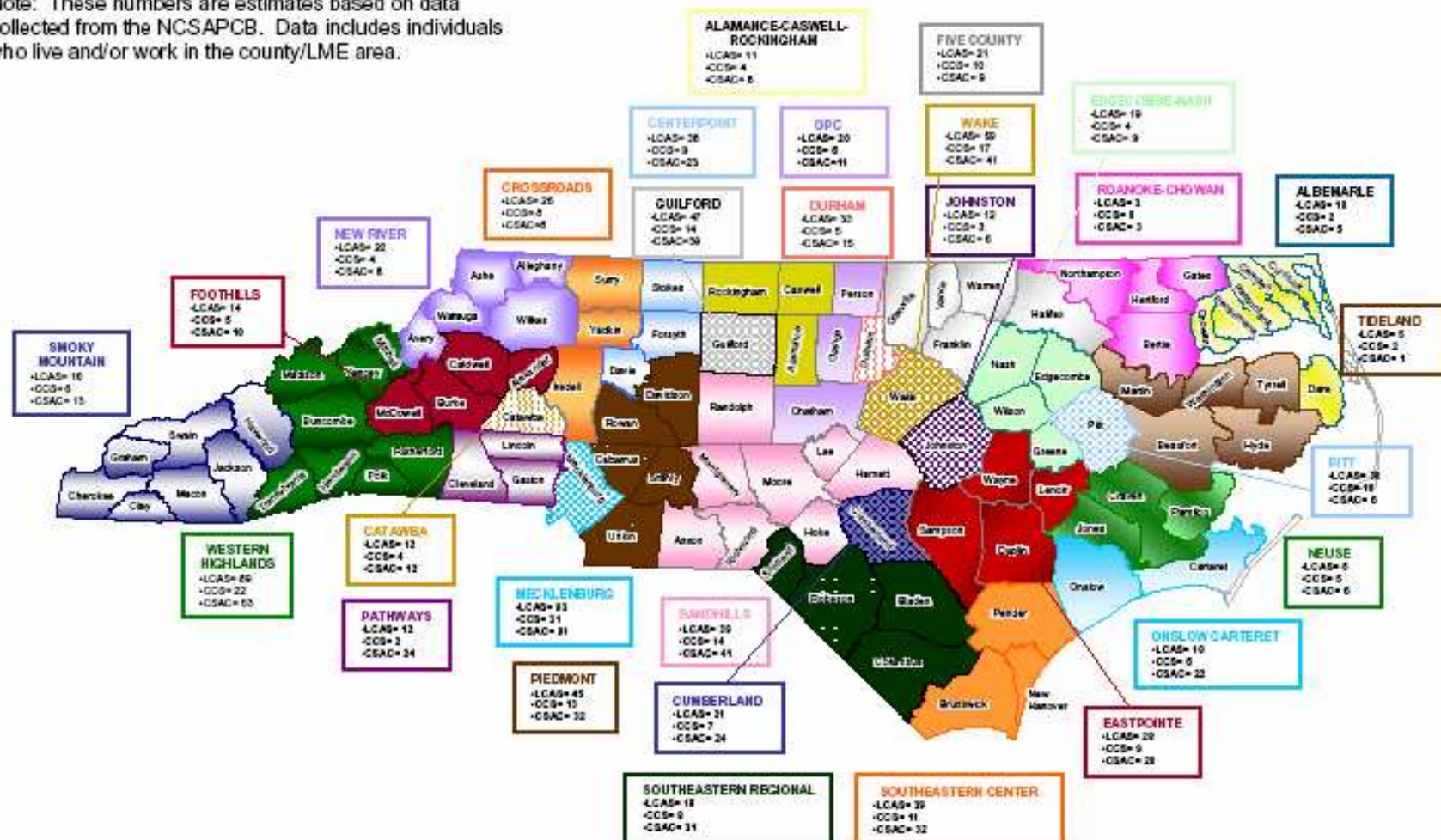
Treatment Levels cont.

- **Level III.5**
 - **SA Non-Medical Community Residential Treatment**
- **Level IV**
 - **Inpatient Hospital SA Treatment**

Federal SAPTBG Requirements & NC SA Target Populations

- **Impact of SAPTBG requirements**
- **NC SA Target Populations**
 - **Injecting drug users/Communicable Disease/Opioid Treatment**
 - **SA Pregnant women, women with children/DSS parents with SA issues**
 - **Children and Adolescents with primary SA disorders**
 - **High Management Adults including Co-Occurring and Homeless populations**
 - **SA Adults in the criminal justice system**

Note: These numbers are estimates based on data collected from the NCSAP/CB. Data includes individuals who live and/or work in the county/LME area.



LICENSED/CERTIFIED SUBSTANCE ABUSE PROFESSIONALS PER LME AREA



UNC

SCHOOL OF SOCIAL WORK
JORDAN INSTITUTE FOR FAMILIES
BEHAVIORAL HEALTHCARE RESOURCE PROGRAM

Legend
LCAS=843
CCS = 258
CSAC = 646

Information compiled by
Behavioral Healthcare
Resource Program
September 30, 2005