



Real Partnerships for Substance Abuse Treatment and Recovery

Cross Area Service Program
(CASP) Initiative: SFY 09-10

Substance Abuse Services Regionally Funded and Locally Hosted

*Joint Legislative Oversight Committee on Mental Health, Developmental Disabilities,
and Substance Abuse Services*

December 9, 2009

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H.B. 1473, S.L. 2007-323

Increase Availability of Substance Abuse Treatment: (Section 10.49)

“...funds appropriated in this act to the DHHS, DMH/DD/SAS for regionally funded, locally hosted substance abuse services shall be allocated for the purpose of developing and enhancing the American Society of Addiction Medicine (ASAM) continuum of care at the community level.” ...

New Cross Area Service Programs (CASPs)

1. Increase **adult SA** comprehensive community treatment capacity and supportive housing services
2. Increase **adolescent SA** comprehensive community treatment capacity and residential program services
3. Increase community capacity for SA **Prevention Coalitions**
4. Increase community capacity for SA services specific to **pregnant women or women with children** utilizing gender-specific treatment
5. Develop expanded residential **SA programs with a vocational component** treatment capacity



Cross Area Service Program

- **A Cross Area Service Program (CASP) is a program that has been designated by the Division to receive specially earmarked funding to provide comprehensive regional or statewide services across multiple Local Management Entities (LMEs).**
- **LME Services are directed through a designated LME to a provider entity to serve the needs of an identified client population.**
- **Services are targeted to eligible clients and their families in an identified region or regions, but are available to all eligible clients and their families statewide as program capacity allows.**



Three-Way Partnerships

- **NC has created three-way partnerships of the Division, designated LMEs, and selected Provider Organizations to provide comprehensive regional treatment and recovery programs.**
- **Funds provided by the NC General Assembly on recommendation of the Legislative Oversight Committee on Mental Health (LOC).**

Model Programs

- **Model reviewed by the North Carolina Institute of Medicine (IOM) and discussed in the Institute's report on substance abuse.**
- **Partnerships include DMH/DD/SAS, the Treatment Research Institute (TRI), formerly led by Thomas McClellan, selected LMEs and providers.**
- **The Division has provided training and consultation.**

Model Description

- **Focus on comprehensive clinical assessment, treatment, and recovery services and supports.**
- **Emphasis on continuous, seamless transitional services from one ASAM level to next in continuous step-down process**
- **Target population of clients referred from state and private hospitals, ADATCs, detox programs, TASC, and prisons.**



Recovery-Oriented Systems of Care

- **Comprehensive**
- **Person-Centered**
- **Self-Directed**
- **Strength-Based**
- **Flexible and Readily Adjustable**
- **Evidence-Based**
- **Coordination with Multiple Systems**
- **Outcomes-Driven**



Recovery-Oriented Services and Supports

- Linkages to primary care for medical and dental
- Medication-assisted therapies
- Housing supports
- Transportation
- Employment supports
- Faith-based supports
- Peer supports
- Case Management
- Recovery clinical checkups
- Telephone recovery support calls
- Continuous measurement, monitoring, and use of outcomes to improve care (NC-TOPPS)

Adult Regional CASPs for Substance Abuse

| Provider | Location | LME |
|---|----------------------|----------------------------|
| October Road N=140 | Asheville | Western Highlands |
| Partnership for Drug-Free North Carolina N=140 | Winston-Salem | CenterPoint |
| Freedom House (includes Oxford House) N=240 | Chapel Hill | O-P-C |
| Coastal Horizons N=140 | Wilmington | Southeastern Center |

Adult Regional CASPs for Substance Abuse (continued)

| Provider | Location | LME |
|--|--------------|--------------------------|
| Southeastern Recovery Alternatives N=140 | Lumberton | Southeastern Regional |
| Tri-County Community Health Council N=140 | Newton Grove | Eastpointe |

Adolescent CASPs for Substance Abuse

| Provider | Location | LME |
|--------------------------------|---------------|------------------------|
| Vision Quest N=20 | Durham | Durham |
| PORT Human Services N=40 | Pender County | Southeastern Center |

Women's CASPs for Substance Abuse

| Provider | Location | LME |
|--|-------------|---------------------------------|
| UNC-Horizons N=16 | Chapel Hill | Orange-Person-Chatham |
| Community Choices N=16 | Durham | Durham |
| Robeson Health Care Corporation (Expansion) N=6 | Greenville | East Carolina Behavioral Health |
| Community Choices (Expansion) N=6 | Charlotte | Mecklenburg |

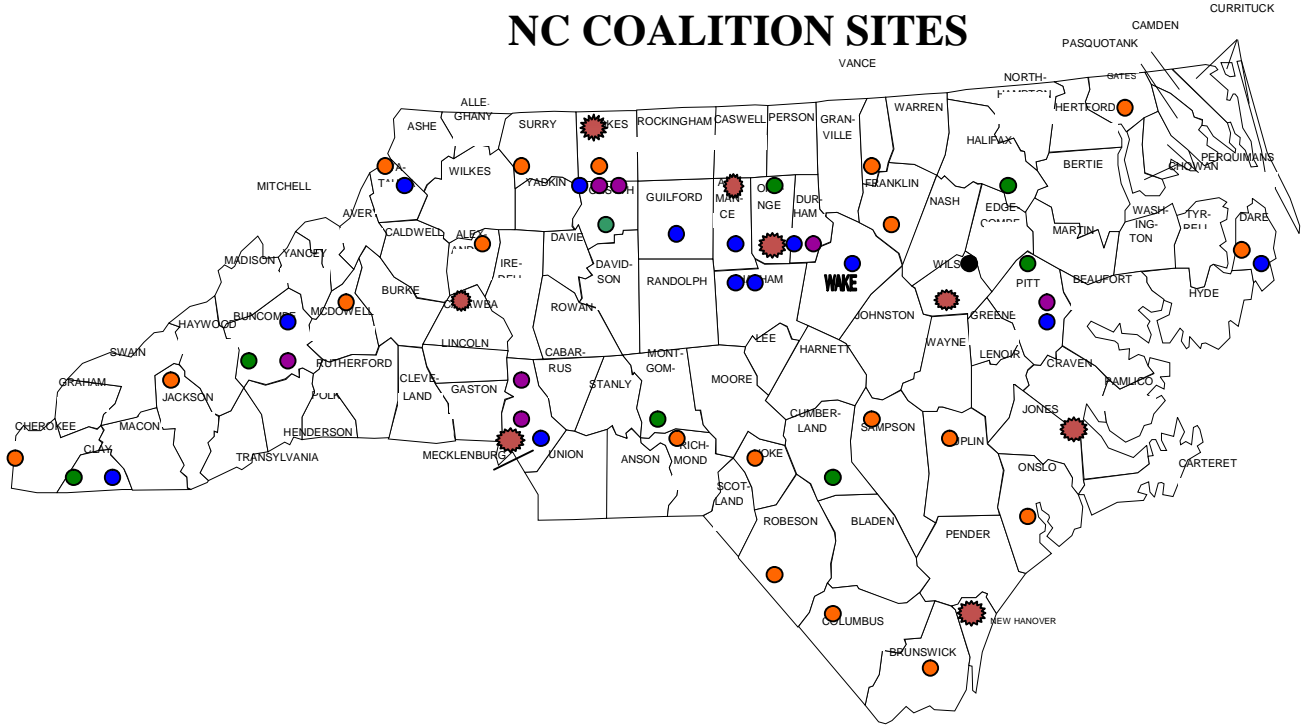
Residential SA Treatment with a Vocational Component

| Provider | Location | LME |
|--|----------------------------|--------------------------|
| First Step Farm N=100 | Candler (Asheville) | Western Highlands |
| TROSA N=100 | Durham | Durham |

Prevention Coalitions for Substance Abuse

| Contractor | LME |
|-------------------------------|--------------------|
| Wake Forest University | CenterPoint |

North Carolina Coalition Sites





Adult SA CASPs Highlighted at December 2, 2009 NC Council of Community Programs Conference

- **Outstanding recovery-oriented systems and practices**
 - **Freedom House (OPC) – Community linkages and natural and peer supports for recovery**
 - **Coastal Horizons (SEC) – Sober housing options and medication-assisted therapies**
 - **Partnership for Drug-Free NC (CenterPoint) – Client outreach, engagement, and seamless transitions between inpatient and intensive outpatients levels of care and medication assisted therapies**