

Training for Today's Threat Picture

In Attendance...

Michael J Macario 'Mac' – Father, self-protection teacher, law enforcement officer/trainer

Eric J Preddy – Father, reality-based training leader, law enforcement command staff member

**Garrett L Macario – Citizen, student, trainer
(and awesome son)!**

Who are we?

Regional Proving Grounds

- Leader in First Responder Reality-Based Training
- Preparing Civilians to Become Police Officers
- Helping Current Officers Become Better!
- Trained all Wake County EMS in self protection
- Strong civilian arm preparing law-abiding citizens to handle every level of threat up to deadly force
- Committed, above all, to help people protect themselves, their families and our children

Civilian Training

How can you take a civilian and prepare them for a deadly force encounter?

- Willing Participant
- Mindset/Cognitive Readiness
- Basic Skills Evaluation
- Scenario-Based Reality Training – Put Them In The Moment!
- Semi-Annual Follow-up Training

Federal Flight Deck Officer Program

- Volunteer Basis
- Initial Training and Evaluation
- Threat-Specific Skillset
- Mandatory Follow-Up Training
- Anonymous Participation

Police Officer Training Model

- Career-Oriented Individuals with Civilian Mindset
- Less Than 7-Months to Prepare for Full Duty
- Focus on Mindset/Cognitive Readiness
- Basic Skillset Training
- Mandated Annual Training
- Great Variation in Capabilities, Generally Due To Individual Effort Past the Academy Setting

Wake EMS Training

- Mandated for ALL Wake Paramedics
- Initiated Because of Increased Assaults on EMS
- Once a Year Physical Training at Non-Weapon Level
- Debrief Internally Force Incidents of Note
- Again, Great Variation

CONCLUSION

- Civilians who volunteer for training and receive a combination of mindset, skillset and practical scenario training can be prepared to deal with a deadly force, threat-specific encounter
- This is but one-level of any readiness program, though in instances like active shooters in schools, it represents the crucial first line of defense
- **Live in the World of Possible – In Front of the Threat!**

Questions/Comments

Michael J Macario 'Mac'

selfdefense4everyone@outlook.com

Eric J Preddy

Eric@Regionalprovinggrounds.com

Garrett L Macario

Garrett@Regionalprovinggrounds.com