

An Assessment of Funding for Older Adults in Henderson County

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LIVABLE AND SENIOR-FRIENDLY
C O M M U N I T I E S

HENDERSON COUNTY

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Introduction

Beginning in 2005, the Council on Aging for Henderson County (COA) became actively involved with the Livable and Senior Friendly Communities Initiative issued by the North Carolina Division of Aging and Adult Services.¹ Charged with conducting a Livable and Senior Friendly Communities Survey, one of the first such surveys in the state, the Council on Aging felt it imperative to ask for the unique perspective of older adults on the experience of successful aging in an effort to make effective choices regarding increasing needs.

A steering committee was formed of over 40 agencies, organizations, businesses and individuals with an interest in healthy aging which eventually came to be known as the Healthy Aging Coalition of Henderson County (see Appendix 1) and nearly 2000 surveys were distributed at locations around the county.

By the end of March 2006, over 500 surveys had been returned and tabulated. Seven focus groups for older adults were held and approximately 60 older adults participated in discussions concerning their perceptions of successful aging and the challenges they face in the community. The resulting “A Report on Healthy Aging in Henderson County” is available online at www.coahc.org.

As part of the process of determining community needs, service providers for older adults were also questioned about perceptions of healthy aging, based on their work with clients. Two focus groups were held with agencies in Henderson County, including the Council on Aging, the Housing Assistance Corporation, Department of Social Services, Park Ridge Home Health, and Four Seasons Hospice and Palliative Care. Many other agencies answered and returned questionnaires that were sent to them.

Members of the Healthy Aging Coalition feel that considering the perceptions of older adults is just one step towards better planning for aging. In order to make good choices, however, a snapshot of resources currently being used for the elderly is necessary. It is essential that policy makers understand the funding stream so that they can answer the questions “How much do we spend, where does it come from, and where do we spend it?” With those answers in mind, available resources can be maximized and planning optimized.

Research Indicates

Ninety-three percent of older adults around the country report that they want to remain in their own homes as they grow older.² A Livable and Senior Friendly Community provides the resources and environment necessary to achieve their goal of healthy aging.

Research around the country, through a variety of resources, supports a common definition of a livable community. AARP, in its report on livable communities states:

“A livable community is one that has appropriate and affordable housing, adequate options for mobility, and the various community features and services that can facilitate personal independence and the continued engagement in the community’s civic and social life. Each of these elements contributes to successful aging.”³

The National Governor’s Association regards a senior friendly community as having “at a minimum, three elements of community design [which] are essential to helping older people retain their independence:

- Point-to-point public transportation that is efficient and accessible.
- Affordable, quality housing that accommodates people of all ages with disabilities.
- Opportunities for older people to remain active in their community.”⁴

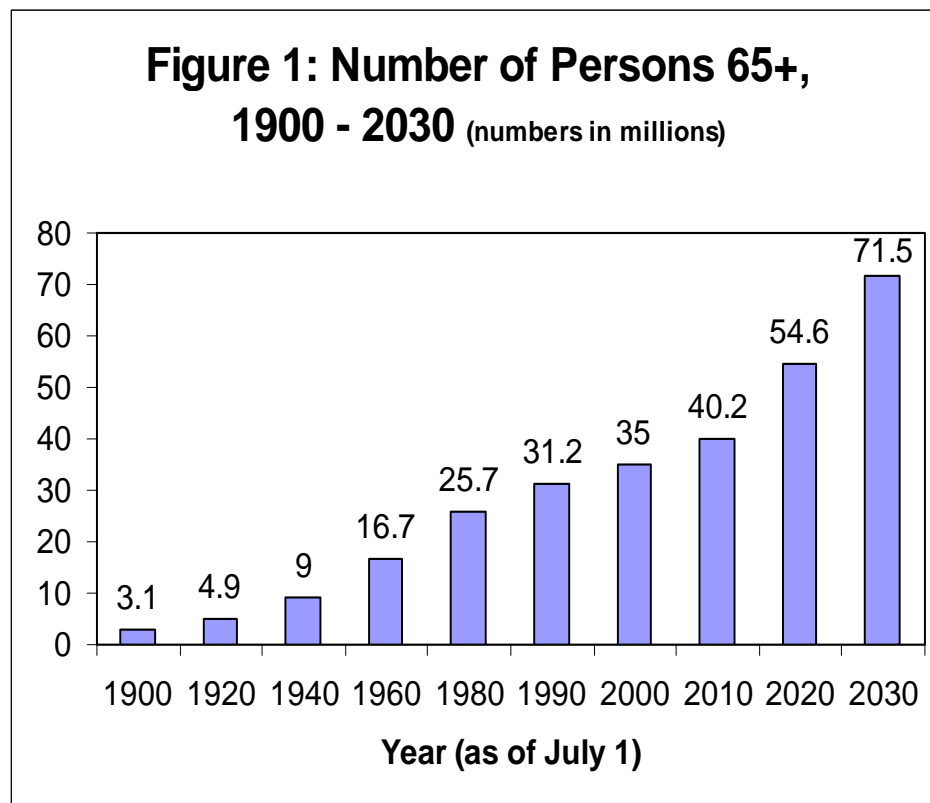
Besides improving quality of life for older adults, helping seniors stay at home is one of the most cost-effective ways to take care of the elderly. By comparing the cost of caring for more than 500,000 older adults on Medicaid, researchers at the University of California found that “Medicaid saved an average of \$15,000 a year for each person who received care at home, instead of at a nursing home.”⁵ Reports indicate that the majority of care older adults need as they age is “personal care, not medical care”⁶. Yet, based on a Congressional Budget Office analysis in 2004, only 23% of Medicaid spending supports home care.⁷

According to the Federal Administration on Aging 2004 factsheet⁸:

- Over 40% of family caregivers provide some type of “nursing care” (giving medications, changing bandages, etc.)

- The average unpaid family caregiver is 60 years old.
- The average length of time spent caregiving is 8 years (President' Council on Bioethics – 2005).
- The average care is 18 hours per week. For a person with two or more disabilities, the average rises to 40 hours per week (President' Council on Bioethics – 2005).
- Approximately 80% of community care is provided by family caregivers at an estimated value of \$257 billion.

According to the National Alliance for Caregiving, the average out-of-pocket cost for a caregiver is \$200/month.⁹

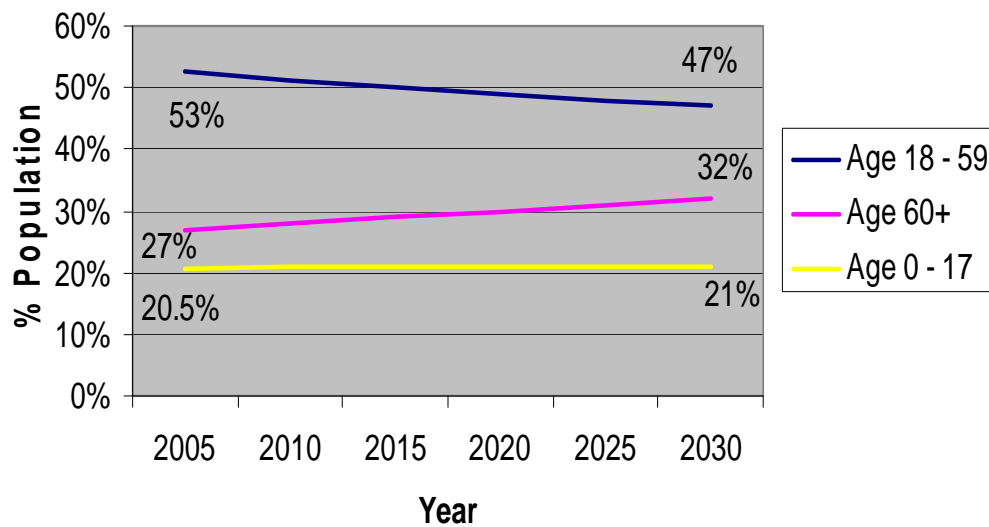


US Administration on Aging – 2004

Henderson County Characteristics¹⁰

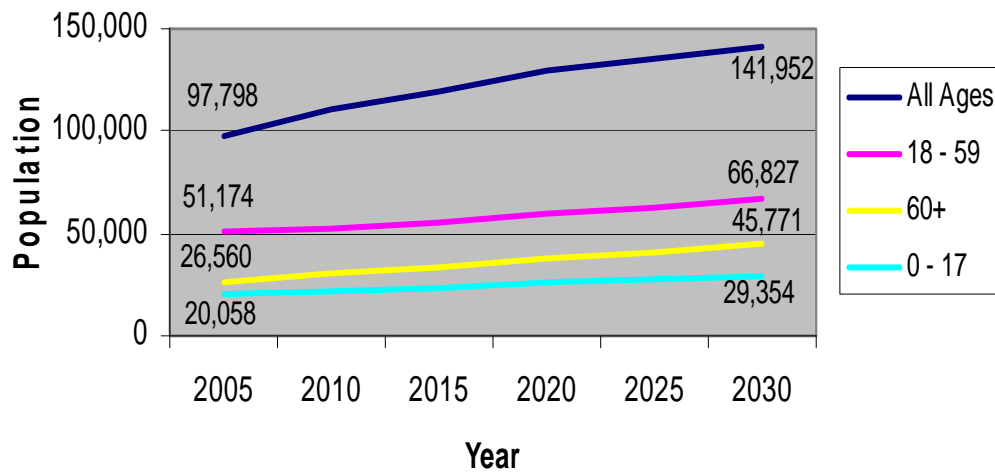
- Total population (2006 estimate) – 100,107
- Population age 65 and above (2006 estimate) – 21,268 (21.2%)
- Baby Boomer population (2002) – 24,174 (24.6%)
- Projected total population in 2020 – 126,628
- Projected growth 2000 to 2010 – 20.7%
- Projected growth 2010 to 2020 – 17.2% (majority expected in-migration)
- Projected population in 2010, ages 65 and over – 27,030 (25% of total population)

Projected Shifts in Age Group Populations in Henderson County (2005 - 2030)



- Median Household Income ages 75 and over (1999) - \$26,957
 - Poverty threshold for two person household (2007) - \$17,120
 - Poverty threshold for single person household (2007) - \$10,210
 - Percent of persons age 65+ receiving Social Security – 93.6%
 - Percent of persons age 65 + with one or more disabilities (2005) – 36%
- (based on non-institutionalized population)

Projected Population Growth by Age Group in Henderson County (2005 - 2030)



Methodology

The North Carolina Division of Aging and Adult Services maintains service utilization data related to adults 60 years or older from sources such as Medicaid, the Home and Community Care Block Grant, Division of Social Services, and the Department of Transportation, among others. The Social Security Administration and Veterans' Administration also have systems which allow data for Henderson County to be reported. Presently, there is no common database for aging services and expenditures from the multitude of funding sources at either state or county level.

To augment existing data, a form, "Questions for Service Agencies & Organizations" was sent to over 25 public and private agencies covering housing, medical, nutrition, social, transportation, crisis intervention, and funding. The questions were basic, asking;

1. How many clients are served annually?
2. What percent are 65 years or older?
3. What is the annual budget?
4. What percent of the annual budget is spent on clients 65 years or older?
5. Is funding public or private?
6. What are those funding sources?

Optional questions were included, but often not answered;

1. Is funding adequate to meet current needs?
2. If not, how much more is needed?
3. What do you see as unmet or under-funded needs?
4. What innovative ways to address unmet needs can you conceive of?

Most often the answer to these open-ended questions was the general statement, “Never enough funding to meet current needs.”

Data collected directly from service providers, although limited and at times dissimilar to state reports, was instructive and has been included in this report. Data reporting was hampered by a number of factors;

- Many private service providers were hesitant to share financial information in a public manner.
- Many providers which serve the broader population often do not collect and report data designed to provide age-specific information.
- Age categories are not consistently defined among agencies.
- Many agencies serve disabled adults, regardless of age, making it difficult to segregate costs and services by age alone.
- A number of service providers, such as WCCA, serve several counties and find it difficult to generate a report based on figures for Henderson County alone.
- Reports that were collected were not consistent with reference to the year reported. Agencies generated reports either from FY 05/06 or calendar year 2006.
- Depending on the funding source, agencies may be required to match contributions with 10% – 25% in-kind or cash donations. Funding amounts reported by different agencies may cause confusion.

Funding Categories

For the purposes of this assessment, services paid for out of pocket by the recipient and/or through private insurance were not included. Funding streams were divided into categories consisting of transportation, nutrition, housing, social, crisis, and medical care.

The Home and Community Care Block Grant (HCCBG) is comprised of federal, state, and local funding for in-home and community based services. HCCBG funding is federally mandated through the Older Americans Act and is channeled through the North Carolina Department of Health and Human Services Division of Aging and Adult Services (DAAS) to the local Area Agencies on Aging to the County's Board of Commissioners.¹¹ County Commissioners, through recommendations from the Block Grant Advisory Committee, have maximum discretion in deciding how funds will be administered. In Henderson County, the HCCBG contributed \$758,595 for FY 05/06, an increase from \$742,591 in FY 04/05.

Social Security benefits (Older Adults, Survivors, and Disability Insurance, (OASDI) for 19,785 adults 65 years or older in Henderson County totaled \$19,557,000 in 2005.¹² Supplemental Security Insurance (SSI), a federal program, was provided to 388 older adults in 2006 in the amount of \$684,000. Veterans' benefits for approximately 150 older adults (46% of local veterans) totaled roughly \$11,500,000.¹³ Medicare totals were reported as \$137,410,000 for Henderson County.¹⁴ Total Medicaid spending for adults 60 years or older for FY 05/06 was \$31,859,075, down from \$34,055,004 in 04/05. The Division of Social Services funding for older adults for FY 05/06 totaled \$1,632,432 and funding from the Division of Mental Health, Developmental Disabilities, and Substance Abuse totaled \$1,697,778.

The United Way invested \$1,128,358 in the community during FY 06/07. Just over 9% of funds, \$104,672, were directly allocated for developing elder services at the Council on Aging, \$97,172, and Pisgah Legal Services, \$7,500. Other agencies which received funding and serve older adults as part of their total client population included Dispute Settlement Center, Blue Ridge Community Health Services, MANNA Food Bank, Housing Assistance, and Interfaith Assistance Ministry (IAM).

Transportation (see Table 1):

Apple Country Transportation, which is run by Western Carolina Community Action (WCCA), provides transportation for Henderson County, including Head Start, Public Transit, County Schools, and rides for Vocational Solutions clients. They reported approximately 25% of their funding for FY 05/06 was spent on adults 60 years and older.

General transportation for shopping and congregate meals for 140 older adults was provided by Apple Country and funded through HCCBG at \$139,558.

Medical transport for older adults by Apple Country was funded through HCCBG at \$29,484, DSS at \$75,000, and the USDOT Elderly and Disabled Transportation Assistance Program (EDTAP) at \$68,143. DSS allocated a total of \$577,000 for medical transportation for FY 06/07 with services contracted through WCCA, Arc'Angel Trans'support Service, Carolina Taxi, and Errand-Boy, Inc. Arc'Angel reported the majority of their clients as 65 years or older, but Carolina Taxi and Errand Boy were not able to report the number of older adults they served.

Meals (see Table 2):

Council on Aging for Henderson County (COA), Western Carolina Community Action (WCCA), and the Department of Social Services (DSS) are the primary agencies responsible for feeding the elderly with the cost exceeding \$1 million.

Meals were delivered to over 300 homebound elderly each day at a cost of over \$360,000 for the year. Funded primarily through the HCCBG, the USDA, county government, and donations from United Way and Hunger Coalition, the program was also made possible through community contributions and the hundreds of miles and hours donated each week by volunteers.

HCCBG, United Way, and the USDA provided \$61,451 for congregate meals which were served, on average, to 34 older adults each day.

Liquid nutrition for 70 older adults in the form of Ensure was funded by HCCBG and the USDA at \$18,764.

DSS reported 1106 older adults received electronic benefit cards (formerly food stamps) from the Division of Social Services in the amount of \$524,604. An additional \$54,646 from the Federal Food Commodities Program was used for food distribution through MANNA, the Storehouse, DSS, and COA.

Housing (see Table 3):

Most assistance for the housing needs of older adults is being addressed through the Housing Assistance Corporation (HAC), Western Carolina Community Action (WCCA), the Hendersonville Housing Authority, and Henderson County Planning Department totaling nearly \$1 million for the year reported.

HAC served 65 older adults, 35% of their total clients, predominately through \$32,591 in Home Repair assistance. \$10,564 was received from the HCCBG for home improvements for older adults. 63% of home repair clients were over 65 years old but accounted for 30% of total home repair spending. HAC was also awarded \$400,000 through HOME Federal Block Grant for the construction of Sugar Hill Apartments, a subsidized apartment complex for older adults.

The Henderson County Planning Department received \$400,000 over three years (2005-2008) from the Community Development Block Grant for scattered site housing rehabilitation. An average of four older adults per year is served.

WCCA distributes HUD rent subsidy vouchers through three counties. Roughly 92 of the 440 Henderson County clients were older adults and received approximately \$40,026 worth of vouchers. Twenty-nine older adults were projected to receive an estimated \$49,514 in weatherization assistance with funding from the US Department of Energy.

Hendersonville Housing Authority operates subsidized housing for 750 to 800 clients in 383 apartments. Ninety-seven of those clients are 65 years or older. HUD furnishes the Operating Subsidy and Capital Fund Grant for capital improvements. Older adults receive an estimated \$320,681 through these programs.

Within the county, subsidized apartments for seniors only are currently available at Hillside Commons in the Village at King Creek and Parkside Commons in East Flat Rock with 36 and 25 units available respectively. Sugar Hill Apartments will open in 2008 with 40 units available for older adults.

Nursing Homes/Assisted Living/In-Home Care (see Tables 4, 5, and 6):

A recent report published by the Land of Sky Regional Council indicated that over 70% of residents in nursing homes receive Medicaid while less than 5% are covered by Medicare.¹⁵ In 2006, of the 1618 licensed beds in Henderson County, 952 were nursing home beds and 666 beds were at Adult

Care Homes (ACH), also know as Assisted Living Facilities, Family Care Homes or Rest Homes (see Table 8).

Adult Care Homes serve older adults who may not be able to live independently, but do not require a skilled nursing facility, or nursing home. Adult care homes are licensed to provide assistance with activities of daily living, such as dressing and bathing, provide meals, and supervise medications. Skilled nursing staff is not required for licensing at Adult Care Homes, but many provide enhanced personal care services when needed. Medicaid provided \$1,028,177 for Assisted Living Facilities with another \$663,566 covered by the Social Services Block Grant.

Nursing Homes provide 24 hour nursing care and other health services including rehabilitation programs, social activities, basic room and food services. Most are certified for Medicare and Medicaid. Henderson County DSS reported 894 nursing home beds (as of 2006) at an estimated cost of \$5410/bed/month and an annual estimated cost of \$58,038,480. Medicaid paid \$16,825,016 for 678 beds during FY 05/06.

The Home and Community Care Block Grant (HCCBG) provided funding for in-home aides for 52 clients during FY 05/06 at a cost of \$178,778. The Division of Social Services funded \$108,293 for in-home aides for 94 clients and \$79,688 for special assistance in-home for 31 clients. Home Health services for 140 older adults were provided with \$408,133 and Regular Person Care (RPC) for 106 clients with \$489,747 from Medicaid.

Recreational, Educational, and Social (see Table 7):

Services are provided through a number of agencies and organizations. The assessment was primarily concerned with those which receive public funding.

The Henderson County Parks and Recreation Department listed 170 older adults from Henderson County participated in Senior Games in 2006. The Senior Games, including Silver Arts, are supported through registrations fees, Henderson County, NC State Games sponsorship, and community sponsors. Fitness and dance classes are provided throughout the year and are paid through class fees.

The Council on Aging for Henderson County offers many social, educational, and recreational opportunities for older adults at the Sammy Williams and Edneyville Centers for Active Living. Card games, dancing and exercise classes, health assessments, and driver safety courses are just a few of the activities provided on a continuing basis. COA was provided \$31,850 from HCCBG for operations, and DAAS through the Land of Sky Regional Council provided \$13,849 for outreach and development. The center sites are provided by in-kind donations by the Hendersonville Housing Authority and Fruitland Methodist Church. Some classes are also supported through registration fees.

The Opportunity House provides educational activities to approximately 900 older adults. They operate solely from membership dues.

The Blue Ridge Literacy Council only served two older adults during their last reported year at an estimated cost of \$1,478. Funds for literacy programs come from community contributions, United Way, grants, and fundraising events.

Land of Sky Regional Council administers programs such as Senior Companion, Foster Grandparents, and Senior Community Service. \$43,392 in funds was used for these programs in FY 05/06, predominately from federal grants and the HCCBG.

Figured separately for the report, respite care and family caregiver support is funded through DAAS/LOSRC, DSS, and the HCCBG. During FY 05/06, \$102,377 in funds was received by COA, Pardee Pavilion, and DSS to help with cost of caring for a family member in the home. Of those funds, \$16,811 was used to help support information and assistance (I&A) services for community members.

Crisis Assistance (see Table 8):

Crisis assistance is offered through the Interfaith Assistance Ministry (IAM), American Red Cross, Salvation Army, Pisgah Legal Services, DSS, COA, and WCCA.

IAM reported approximately 77 older adults received crisis assistance with rent, heat, and utilities in a six month period, funded through community donations. No dollar amount was available. DSS assisted 552 older adults with energy costs with \$31,553 from the Division of Social Services.

The American Red Cross, DSS, and the Henderson County Health Department offered disaster relief in the form of shelter and meals for 316 persons in the year reported, with 126 of those being older adults. The Red Cross is funded entirely from fundraising and donations. No federal, state, or county funds are used. No figures were available with regard to older adults. The Red Cross also provides community screenings (such as blood pressure screenings and low cost blood labs) and classes (such as CPR) to roughly 1000 older adults throughout the year. Nearly 80% of participants in the screenings and only 9% of classes are older adults. United Way and tuition fees cover much of the cost for classes.

Pisgah Legal Services provided free legal counsel to about 534 clients of all ages in Henderson County during 2006 at a cost of around \$300,000. Just over \$22,000 was allocated for 60 older adults funded by the HCCBG and United Way.

Council on Aging and Western Carolina Community Action provide heat relief each year in the form of electric fans for at risk elderly. The agencies received \$2,292 from the Division of Aging and Adult Services through Land of Sky Regional Council in FY 05/06 for that purpose.

Medical (see Table 9):

The assessment looked at public funds used for medical expenses among adults 65 years or older in Henderson County, including hospital stays, nursing homes, prescriptions, and psychiatric care. Assisted Living, adult daycare, in-home aid and home care constitute a sub-heading. No figures are available for out-of-pocket or private insurance. Funding information reported was estimated at over \$46 million for FY 05/06. The overwhelming majority of public funds used for medical care were received from Medicare and Medicaid.

It is worth noting that both the Henderson County Department of Public Health and the Henderson County Free clinic see almost no older adults (1 or 2 per year). The Health Department is primarily responsible for the care of pregnant women and small children, although they do sponsor flu vaccination clinics. The Free Clinic is in place to serve clients who have no insurance and are not eligible for Medicare or Medicaid, basically precluding adults over the age of 65.

Sixteen percent of adult Medicaid recipients at the Henderson County Department of Social Services were 65 years or older and received over \$31 million for medical costs (including medical transportation).

Dental care was mostly provided at Stokes Dental Clinic. Medicaid provided \$90,686 for dental care to 527 older adults.

Psychiatric care is provided by both Pardee and Park Ridge hospitals and Sixth Avenue Psychiatric Rehab Partners. Pardee Hospital reported 36% of psychiatric patients were 65 years or older during FY 05/06 with 83% funded by Medicare and 56 patients funded by Medicaid. Sixth Avenue reported only 7 of their estimated 90 clients as older adults. All clients at Sixth Avenue are either uninsured or receiving Medicaid.

Interfaith Assistance Ministry (IAM) administers Medi-Find, a prescription assistance program which served 673 clients in 2006. Around 200 clients were 65 years or older and had their prescriptions subsidized by pharmaceutical companies at approximately \$518,000. Medicaid provided prescriptions for 1735 older adults at a cost of \$4,163,466. Figures for prescription assistance are changing radically in 2007, however, as a result of Medicare Part D which began in mid 2006. IAM predicts a decrease of about half of Medi-Find clients in 2007.

Economic Impact:

It is worth mentioning that when considering funding spent for older adults, it is important to remember that the economic benefits to the greater community as a direct result of that funding are significant. Beyond the more obvious example of an increased tax base and retail spending by older adults who retire to the area, dollars received through public funding are dollars spent locally. These funds support a much broader section of the county's population than just adults 65 years and older.

Conclusion

Because of the regional attraction for retirees, Henderson County is a leader in the state, both in the number of older adults currently residing here as well as projected growth for the county for the next 20 years. In 2005, Henderson County was in the top three of 28 counties in North Carolina that had more persons age 60 and older than persons 17 and younger.¹⁶

In 2006, adults 65 years or older made up more than 21% of the county's total population and over 30% of city residents. Baby Boomers comprised nearly 25% of the county. Henderson County is expected to grow at a rate of 17.2% from 2010 to 2020 placing us in the top 20 out of 100 counties for projected growth, the majority of which will be in-migration, mostly retirees.

With nearly half of the county's population 50 years old or older, the need to plan and maximize resources is critical. North Carolina has been selected as one of eight states to work with the U.S Administration on Aging through the Division of Aging and Adults and the Area Agencies on Aging to develop a comprehensive planning model for aging with an emphasis on local planning.¹⁷ And Henderson County is one of the seven counties targeted by the state legislature. The Division has outlined state goals as:

- Empower older persons and their families to make informed decisions
- Enable older persons to remain in their setting of choice
- Empower older persons to stay healthy and active
- Promote civic engagement of older persons
- Ready older persons and their communities for emergencies, especially those with special needs
- Assure stewardship of Aging resources
- Promote creation of Livable and Senior Friendly Communities
- Eliminate disparities among older persons and
- Ensure the rights of older persons and necessary protections for their well-being.

A primary challenge is the use of financial and human resources in the most effective way possible in support of older adults who choose to remain in their own homes. Only limited funding is available for family caregivers to assist with personal care in the home. Medicare only covers skilled home care and Medicaid is biased towards institutional care. Compounding this is the fact that medical technology has increased life spans with the possibility of more and longer chronic disabilities. In addition hospitals are discharging people sooner than ever, a leading source of referrals for institutional care.

In order to actively support aging at home and ease the number of elderly entering institutions, the community can:

- support older adults in the living arrangement of their choice,
- encourage “consumer-directed” services in programs which allows seniors and families more control of their own care,
- make information and assistance services more available,
- increase assistance to modify existing homes so they are safer and more accessible,
- provide more support for family caregivers, including financial compensation,
- and encourage Medicaid funding directed toward home-based services.

Table 1
TRANSPORTATION FUNDING

AGENCY	CLIENTS/ YEAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Apple Country Transportation	Total budget includes Head Start, Public Transit, County Schools, Vocational Solutions				(60 years and over)	
526 7th Ave. East Hendersonville, NC 28792		59		\$29,484	Medical Transport	HCCBG
698-8571				\$75,000	Medical Transport	DSS
				\$70,049	Medical Transport	EDTAP (USDOT)
		140		\$139,558	General Transport	HCCBG
Carolina Taxi			\$250,000		Medical Transport	DSS
693-3221						
Errand Boy, Inc.			\$250,000		Medical Transport	DSS
698-0133						
Arch'Angel Trans'support	5682	[4800]	\$2,000		Medical Transport	DSS
696-0533						
TRANSPORTATION TOTAL				\$314,091		

Table 2
MEALS FUNDING

AGENCY	CLIENTS/ YEAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Council on Aging for HC	471	315 meals		\$245,963	Meals on Wheels	HCCBG
102 King Creek Blvd Hendersonville, NC 28792				\$49,208	MOW	USDA
692-4203				\$27,300	MOW	United Way, Hunger Coalition
				\$39,000	MOW	Henderson County
	95	34 meals/day		\$39,411	Congregate Meals	HCCBG
				\$4,528	Congregate Meals	USDA
				\$17,512	Congregate Meals	United Way
				\$22,489	MANNA Food Distribution	Federal Commodities Program
WCCA		70		\$10,206	Liquid Nutrition	HCCBG
220 King Creek Blvd. Hendersonville, NC 28792				\$8,558	Liquid Nutrition	USDA
693-1711						
DSS	2836	1106		\$524,604	Food Stamps	Federal Government
1200 Spartanburg Hwy. Hendersonville, NC 28792				\$32,157	MANNA Food Distribution	Federal Commodities Program
694-6216						
MEALS TOTAL				\$1,020,936		

Table 3
HOUSING FUNDING

AGENCY	CLIENTS/Y EAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Housing Assistance Corporation 602 Kanuga Rd. Hendersonville, NC 28739 692-3009	185	65	\$4,054,300	\$32,591	Home Repair	United Way 40.1%
				(Direct Assistance)		Alliance 9.5%
						HCCBG \$10,694
						Urgent Repair Program 22.6%
				\$400,000	Sugar Hill Apts.	HOME Federal Block Grant
Henderson County Planning Dept. 101 East Allen St. Hendersonville, NC 28792 697-4564	varies	4	\$400,000 (05- 08)	\$133,333	Scattered Site	Community Development
	(primarily a regulatory body)				Housing Rehabilitation	Block Grant (CDBG) from the
						NC Division of Community
						Assistance (NCDCA)
WCCommunitiy Action 220 King Creek Blvd. Hendersonville, NC 28792 693-1711	440	92	\$1,914,000 estimated	\$40,026 est.	Rent Subsidy Vouchers	HUD
						Rent figured @ 30% of income
		29	\$178,107	\$49,514 est.	Weatherization/ HARRP	US Dept. of Energy
		(projected)				
Hendersonville Housing Authority 203 N. Justice St. Hendersonville, NC 28739 692-6175 693-0497	750 - 800	97	\$1.9 million	\$182,681 est.	Subsidized Housing	HUD Operating Subsidy
			\$794,264		(383 apts.)	\$1.1 million from rent
			\$600,000	\$138,000 est.	Capital Improvements	HUD Capital Fund Grant
	(Operating Subsidy and Capital Fund Grants are expected to decline with funding expected at 78% of need for the upcoming year.)					
TOTAL				\$976,145		

Table 4
ADULT CARE AND FAMILY CARE FACILITIES

Facility	Location	Beds	Medicaid	Ins./ Private Pay	Alz.	Respite
Adult Care						
Blue Ridge Retirement Center	1003 9th Ave. West	43			No	Yes
Cardinal Care Center	1000 W. Allen St.	60	22		Yes	Yes
Carillon Assisted Living	3851 Howard Gap Rd.	96	30%		Yes	Yes
		(24	dementia)			
Carolina Village	600 Carolina Village Rd.	28		CV PLAN	No	Yes
		all but 2 rooms are for CV community members				
Cherry Springs	358 Clear Creek Rd.	55	16		No	Yes
Country Meadows Rest Home	108 Hazelton Dr.	15	75%	25%	No	Yes
Druid Hills Rest Home #1	1745 Meadowbrook Terrace	10	100%		No	Yes
Druid Hills Rest Home #2	1745 Meadowbrook Terrace	30	100%		No	Yes
Henderson's Assisted Living	602 Brookside Camp Rd.	25	8		No	Yes
Heritage Lodge	2500 Heritage Circle	24	5 to 6		No	Yes
McCullough's Rest Home	720 Orrs Camp Rd.	13	10	3	No	Yes
Mtn. View Assisted Living	260 Centerway Dr.	30	60%		No	Yes
Pisgah View Rest Home	42 Old Farm Circle	9			Psych	
Spring Arbor of HVL	1820 Pisgah Dr.	61	few	mostly	No	Yes
Spring Arbor West	1825 Pisgah Dr.	48		100%	No	Yes
Family Care						
Carolina Living Centers	1308/1310 Hebron St.	12			No	Yes
Country Meadows Family Care Home	106 Hazelton Dr.	5	95%		No	Yes
Fletcher Family Care	80 Forge Valley Dr.	6			No	Yes
Fletcher View Inn	51 Fletcher View Dr.	6	2		No	No
Robinsons Family Care Home	719 First Ave. West	6	6		No	Yes
Soundview Family Care Homes	70 Oxbow Lane	36	100%		No	No
Valentine Family Care Homes (3)	178 Kendrick Court	18	14	4	No	
Wright's Family Care Center	21 Briar Hollow Dr.	6			No	Yes

**Table 5
NURSING HOME FACILITIES**

Facility	Location	Beds	Medicare	Medicaid	Ins./ Priv.Pay	Alz.	Respite
Beverly Healthcare	1510 Hebron	150	10%	85%	5%	Yes	Yes
Beystone Health & Rehab Center	80 Brownsberger Circle	50				No	Yes
Brian Center of Hendersonville	1870 Pisgah Dr.	120		72 beds		Yes	Yes
Carolina Village	600 Carolina Village Rd.	58			CV Plan	No	No
		only 3 beds are usu. available for patients from outside CV					
Mountain Home Health & Rehab	200 Heritage Dr.	134	15 beds	105 beds	3 beds	No	Yes
			dually certified for both Medicare and Medicaid				
The Laurels of Hendersonville	290 Clear Creek Rd.	100	44 beds	56 beds	20 (ACH)	No	Yes
Life Care Center	400 Thompson St.	80	33%	33%	33%	No	Yes
			dually certified for both Medicare and Medicaid				
Pardee Care Center	104 College Dr.	130	40	50 -60	15	No	Yes
			110 beds dually certified				
Universal Health Care Center	86 Old Airport Rd.	90	16	31		Yes (24)	Yes
			dually certified for both Medicare and Medicaid				

*Medicare/Medicaid designations change weekly. Figures given are estimates.

**Table 6
HOME HEALTH AGENCIES**

Agency	Phone	ADC	Medicare	Medicaid	Insurance/ Private Pay	Skilled
Advantage Home Care	696-2449	75		50%		
Bayada	696-1900	40	NONE	24		Yes
Carepartners (VHP)	692-3174					Yes
Comfort Keepers	687-1199	30			100%	
Compassionate Home Care	696-0946	20			97%	
Henderson County Sitting Agency	697-6204	35			100%	
Home Helpers	694-0000	143			99.90%	
Kelly Home Care Services	692-9387	70	NONE	33%		
Mountain Home Care	684-6444	45			100%	No
Park Ridge Home Health	687-5261	826	479	223	124	Yes
Pardee Home Care	692-1846					Yes
Visiting Angels of WNC	665-9944					
Four Seasons Hospice & Palliative Care		200				Yes

*Average Daily Census

Table 7
RECREATIONAL, EDUCATIONAL, & SOCIAL FUNDING

AGENCY	CLIENTS/Y EAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Henderson County Parks & Rec. 801 Glover St. Hendersonville, NC 28792 697-4884		170			Senior Games	Registration fees (\$15)
				\$8,000	(cut to \$5500 for 2008)	County Funds
				\$600	(none for 2008)	NC State Games
				\$1,000		Sponsorships
Sammy Williams Center 301 N. Justice St. Hendersonville, NC 28739 692-3320				\$13,849	Outreach/Develop.	LOSRC/DAAS
				\$50,315	Operations	HCCBG
					Facility	Site provided by in- kind donation from
						HVL Housing Auth.
Opportunity House 1411 Asheville Hwy. Hendersonville, NC 28791 692-0575	1200	900			Continuing Ed.	Membership Dues
						(no public funding)
Blue Ridge Literacy Council PO Box 1728 Hendersonville, NC 28793 828-696-3811	268	2	\$147,892	\$1,478	Literacy Programs	Contributions,
						United Way,
						Fed./Co. grants,
						Fundraising Events
						Foundation grants
Land of Sky Regional Council 25 Heritage Drive Asheville, NC 28806 251-6622		13		\$8,122	Senior Community Serv.	Federal Grant
				\$17,185	Foster Grandparent	Federal Grant
				\$13,473	Senior Companion	Federal Grant
				\$5,124	Senior Companion	HCCBG
TOTAL				\$119,146		
COA				\$2,350	Family Caregiver Support	LOSRC/DAAS
				\$16,811	I&A	HCCBG
				\$10,782	Service Advocate for the Elderly (SAFE)	
Pardee Pavilion				\$13,015	Respite Care	LOSRC/DAAS
	6320 visits			\$27,847	Adult Daycare	HCCBG
				\$11,685	Adult Daycare	SSBG
DSS				\$19,887	Respite Care	LOSRC/DAAS
TOTAL				\$102,377		

**Table 8
CRISIS FUNDING**

AGENCY	CLIENTS/Y EAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Interfaith Assistance Ministry 210 Eringhaus St. Hendersonville, NC 28739 697-7029	1535	77	\$180,439	dollar amount n/a	Crisis Assistance	Community Donations
		(first 6 months of 2007)			(rent, heat, utilities)	Faith Community
						Corporate Donations
DSS		522		\$31,553	Energy Assistance	SSBG
American Redcross 203 2nd Ave. East Hendersonville, NC 28792 693-5605	902	630			Community Service	United Way 20%
					(BP screenings, etc.)	Fundraising/Donations
	4461	400			Classes (CPR, etc.)	Tuition from classes
	316	126			Disaster Relief	NO FED, STATE,
					(shelters & meals)	or COUNTY Funds
Salvation Army 239 3rd Ave. East Hendersonville, NC 28792 693-4181						
Pisgah Legal Services 89 Montford Ave. Asheville, NC 28802 210-3408	55-60		\$300,000 Henderson County	\$22,100		HCCBG \$14,600
						United Way \$7,500
	over 7 counties served					
COA/ WCCA				\$2,292	Heat Relief/Fans	LOSRC/DAAS
TOTAL				\$55,945		

Table 9
MEDICAL CLIENTS AND FUNDING

AGENCY	CLIENTS/ YEAR	CLIENTS 65+	ANNUAL BUDGET	\$ SPENT FOR 65+	PROGRAM	FUNDING SOURCE
Pardee Hospital 800 N. Justice St. Hendersonville, NC 28791	7835	4787			Pardee Hospital	90.5% Medicare
				\$537,710	Pardee Hospital	Medicaid
	694	659		\$8,550,000	Pardee Care Center	82% Medicare/ 9.8% Medicaid
				\$128,923	Psychiatric	Medicaid
	931	330			Psychiatric	83% Medicare
Park Ridge Hospital 100 Hospital Dr. Fletcher, NC 287 684-8501	88,700	37,631		32,040,500		Medicare
Sixth Avenue Psychiatric Rehab Partners 714 6th Ave. West Hendersonville, NC 28739 697-1581	90	7	\$102,000,000	\$79,326 est.	Clubhouse	Donations (\$30,000)
	Clients are Medicaid or uninsured				Community Support	Henderson Co. (\$100,000)
					ACTT	Medicaid
Blue Ridge Community Health Services US 64 E. at Howard Gap Hendersonville, NC 28792 692-4289	13,000	1511			Healthcare	HRSA Federal Grant (40%)
		325			Dental	United Way (\$51,350 total for
		25			Rx Assistance	all programs, all patients)
						Medicaid
Henderson County Dept. of Social Services 1200 Spartanburg Hwy. Suite 300 Hendersonville, NC 28792 694-6216	4113 adults	658	\$107,000,000	\$31,859,075		Medicaid
	(over 12,000 adults & children)				includes Rx (\$4,163,466) and medical transport.	
	(Medicaid covers older adults who are not covered adequately by Medicare, up to 100% poverty level.)					
Henderson County Dept. of Public Health 1200 Spartanburg Hwy. Suite 100 692-4223		none served				
Interfaith Assistance Ministry	*673	[200]	\$1,725,874	\$518,000 est.	Medi-Find	Drug Co. PAPs
						United Way (\$28,000 total)
SUBTOTAL				\$73,713,534		

Pardee Home Care 800 N Justice St. 692-1846	80 allocation	41		\$1,300,000 est.	CAP/DA	Medicaid
				\$75,651	In-home Aide	HCCBG
	1329	1196		\$3,150,000	Pardee Home Care	90% Medicare, 2% Medicaid
Park Ridge Home Health Howard Gap Rd. Fletcher, NC 28732 687-5261		479		\$1,792,237		Medicare
		223		\$198,017		Medicaid
		124		\$226,196		other/private pay
Compassionate Home Care 622 Kanuga Rd. Hendersonville, NC 29739 696-0946	425					Mostly self-pay
				\$12,495		3% Alzheimer Assoc. grant
Care Partners (VHP) 95 Francis Rd. Hendersonville, NC 28792 692-3174				\$79,452	In-home aide	HCCBG
						Medicare/Medicaid
Four Seasons Hospice & Palliative Care 741 6th Ave. West Hendersonville, NC 28790 696-1234	997	857		\$11,497,204		Medicare
				\$1,653,254		Medicaid
						Private Pay/Insurance (3%)
SUBTOTAL				\$19,984,506		

Table 10

MEDICAID FUNDS THROUGH DSS		
PROGRAM	CLIENTS/0 5-06	\$ SPENT FOR 60+
Adult Care Homes	191	\$1,028,177
Transportation to ACH	190	\$31,122
CAP/DA	71	\$1,207,431
CAP/MR	2	\$82,074
Clinics	288	\$314,341
Dental	527	\$90,686
Home Health	779	\$408,133
Hospice	140	1,653,254
ICF-MRC	4	\$423,464
Hospital Inpatient	198	\$698,876
Hospital Outpatient	953	\$467,729
Inpatient, Mental Hospital	1	\$22,928
Lab/X-rays/Physicians	1885	\$897,969
Medicare Supplements Part A & B	2100	\$2,223,035
Medicare Supplements Part D	1521	\$609,670
Nursing Homes	678	\$16,825,016
Other Care	867	\$130,909
Other Practitioners	754	\$91,051
Prescriptions	1,735	\$4,163,466
Regular Personal Care	106	\$489,747
MEDICAID TOTAL		\$31,859,075

HOME AND COMMUNITY CARE BLOCK GRANT FUNDS		
PROGRAM	CLIENTS/0 5-06	\$ SPENT FOR 60+
Adult Day Care	25	\$22,457
Adult Day Health	4	\$5,390
Congregate Nutrition	95	\$39,411
Home Delivered Meals	471	\$245,963
Housing and Home Improvement	16	\$10,694
In Home Aide Level 2	50	\$178,788
Information & Assistance		\$16,811
Legal		14,600
Senior Center		\$50,315
Senior Companion	6	\$5,124
Transportation, General	140	\$139,558
Transportation, Medical	59	\$29,484
HCCBG TOTAL		\$758,595

DIVISION OF SOCIAL SERVICES FUNDS		
PROGRAM	CLIENTS/0 5-06	\$ SPENT FOR 60+
ACH Case Management/Screening	38	\$12,051
Adult Day Care	4	\$8,207
Adult Day Health	1	\$3,478
Adult Placement	2	\$121
Adult Protective Services	103	\$55,548
At-Risk Case Management	49	\$29,514
Energy Assistance	552	\$31,553
Food Stamps	846	524,604
Guardianship	30	\$18,806
In-Home Aide	94	\$108,293
Other	100	\$96,331
Special Assistance: ACH	190	\$663,566
Special Assistance: In- Home	31	\$79,688
Transportation	4	\$672
SSBG TOTAL		\$1,632,432

MENTAL HEALTH FUNDS		
PROGRAM	CLIENTS/0 5-06	\$ SPENT FOR 60+
Alcohol Rehab Center	1	\$6,064
Developmental Disabilities	9	\$55,575
Mental Health	151	\$37,538
Mental Retardation Centers	1	\$156,127
Psych. Hospitals	27	\$1,432,631
Substance Abuse	6	\$9,844
TOTAL		\$1,697,778

VOCATIONAL REHAB TOTAL	\$5,223
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Appendix 1

List of agencies and organizations on the Henderson County Healthy Aging Coalition:

AARP	National Silver Haired Congress
Alzheimer's Association	Opportunity House
American Red Cross	Pardee Health Education Center
Apple Country Transportation	Pardee Home Care
Blue Ridge Community Health Services	Pardee Hospital
Blue Ridge Community College	Pardee Pavilion Adult Daycare
Care Partners	Park Ridge Home Health
Carolina Village	Partnership for Health
Clergy	Pisgah Legal Services
Compassionate Home Care	Salvation Army
Council on Aging for Henderson County	Sammy Williams Center for Active Living
Four Seasons Hospice & Palliative Care	Senior Tarheel Legislators
Henderson County Department of Public Health	SHIIP
Henderson County Department of Social Services (DSS)	Sixth Avenue Psychiatric Rehabilitation Partners
Housing Assistance Corporation	UNC Healthy Aging Research Network
Interfaith Assistance Ministry (IAM)	USDA Rural Development
Land of Sky Regional Council	WCCA
MAHEC	WCU
NC County Extension Services	YMC

Appendix 2

List of agencies which responded to the assessment:

American Red Cross	Henderson County Planning Department
Apple Country Transportation	Hendersonville Housing Authority
Blue Ridge Community Health Services	Housing Assistance Corporation
Compassionate Home Care	Interfaith Assistance Ministry
Council on Aging for Henderson County	Land of Sky Regional Council
Henderson County Department of Parks & Recreation	Opportunity House
Henderson County Department of Public Health	Pardee Corporation
Henderson County Department of Social Services	Park Ridge Hospital System
	Pisgah Legal Services
	WCCA

Appendix 3

Abbreviated terms:

CAP – Community Alternatives Program
CAP/DA – Community Alternatives Program/Disabled Adults
CDBG – Community Development Block Grant
DAAS – Division of Aging and Adult Services (a division of DHHS)
DSS – Department of Social Services
DHHS – Department of Health and Human Services
EDTAP – Elderly and Disabled Transportation Assistance Program
HCCBG – Home and Community Care Block Grant
HUD – Housing and Urban Development
IAM – Interfaith Assistance Ministry
LOSRC – Land of Sky Regional Council
NCDCA – North Carolina Division of Community Assistance
OASDI – Older Adults, Survivors, and Disabled Insurance
PAP – Prescription Assistance Program
SSBG – Social Services Block Grant
SSI – Supplemental Security Insurance
USDA – United States Department of Agriculture
USDOT – United States Department of Transportation
WCCA - Western Carolina Community Action

Endnotes

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US Bureau of Census, <http://www.census.gov>
NC County Health Data Book, <http://linc.state.nc.us>
NC Division of Aging, www.dhhs.state.nc.us
NC Division of Aging, www.ncdhhs.gov/aging
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