### ADULT DAY SERVICES FACT SHEET

### What is Adult Day Care & Adult Day Health?

- ADULT DAY CARE (ADC) PROVIDES SUPERVISION TO ADULTS WITH COGNITIVE OR PHYSICAL DISABILITIES FOR LESS THAN 24 HOURS IN A PLACE OTHER THAN THEIR USUAL RESIDENCE.
- ADULT DAY HEALTH SERVICES (ADHS) PROVIDES SUPERVISION AND HEALTH CARE MONITORING BY A NURSE TO ADULTS WITH COGNITIVE OR PHYSICAL DISABILITIES FOR LESS THAN 24 HOURS IN A PLACE OTHER THAN THEIR USUAL RESIDENCE.

#### How Many Programs Are There in North Carolina & Where Are They Located?

- THERE ARE 100 ADULT DAY PROGRAMS ACROSS THE STATE
  - o 40 ARE ADC (SOCIAL MODEL ONLY PROGRAMS)
  - o 56 ARE ADC/ADH (COMBINATION OF SOCIAL & HEALTH MODEL PROGRAMS)
  - o 4 ARE ADHS (HEALTH MODEL ONLY PROGRAMS)
- THEY ARE LOCATED IN 55 OF THE STATE'S 100 COUNTIES.

### What is the Current Daily Certified Capacity for Adult Day Services?

CERTIFIED ADULT DAY SERVICES PROGRAMS MAY SERVE A MAXIMUM OF 3,536 NORTH CAROLINIANS PER DAY.

# How are Adult Day Services Funded by State Dollars?

HOME AND COMMUNITY CARE BLOCK GRANT (HCCBG); STATE ADULT DAY CARE FUND (SADCF); MEDICAID – COMMUNITY ALTERNATIVES PROGRAM (CAP) CAP/DA & CAP/MR-DD.

# Who is Eligible for HCCBG and SADCF Dollars?

Fund Type	Age Requirement	Service Needs
HCCBG	Age 60 +	Adult Day Services
SADCF	Age 18 +	Adult Day Services

#### What are the Current Reimbursement Rates?

Fund Type	Program Model	Daily Reimbursement Rate	
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HCCBG/SADCF	ADC	\$33.07
HCCBG/SADCF	ADHS	\$40.00
CAP/DA	ADHS	\$41.51
CAP/MR-DD	ADHS	\$41.51

# **Does Medicaid Pay for Adult Day Services?**

- UNDER CAP/DA & CAP/MR-DD WAIVERS, MEDICAID COVERS ADULT DAY HEALTH SERVICES.
- IN 2007, UNDER CAP/DA THE NC DIVISION OF MEDICAL ASSISTANCE SPENT \$1,878,858\* FOR ADULT DAY HEALTH SERVICES.

# HCCBG and SADCF Expenditures for FY '07-'08

#### **HCCBG**

	# of Clients	Total Expenditures
Adult Day Care	473	\$1,873,337
Adult Day Health Care	535	\$2,120,324
Total	1,008	\$3,993,661

# **SADCF**

	# of Clients	Total Expenditures
Adult Day Care	919	\$2,692,144
Adult Day Health Care	461	\$1,793,389
Total	1,380	\$4,485,533

# **SADCF Rate Increases for Reimbursement**

Fiscal Year	Program Type	Starting Rate	New Increased Rate	Total Amount of State Funding Increase
FY '04-'05				
	ADC	\$23.07	\$28.07	
	ADH	\$30.00	\$35.00	
				\$520,00
FY '06-'07	_			
	ADC	\$28.07	\$33.07	
	ADH	\$35.00	\$40.00	
				\$564,00

# Currently, How Many Persons are on the HCCBG Waiting List for Adult Day Services?

THERE ARE 115 NORTH CAROLINIANS WAITING FOR ASSISTANCE TO ATTEND ADULT DAY SERVICES.

DAAS (10-2008)

<sup>\* 2007</sup> DRIVE Claims Data from NC Division of Medical Assistance

# What is the Average Daily Unit Cost for Adult Day Services in North Carolina?

Program Model	Average Daily Unit Cost (FY '07-'08) based on Provider Reported Cost
ADC ONLY	\$52.00
ADH ONLY	\$91.00
ADC/ADH	\$50.00