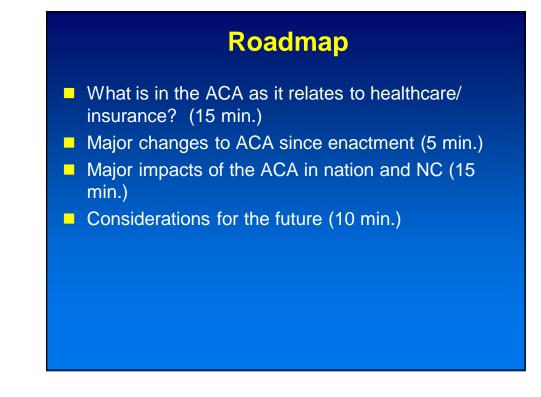
# The Affordable Care Act and North Carolina

#### Christopher J. Conover, PhD

Center for Health Policy and Inequalities Research Duke University March 12, 2014



## Outline

What is in the ACA related to healthcare/ insurance?

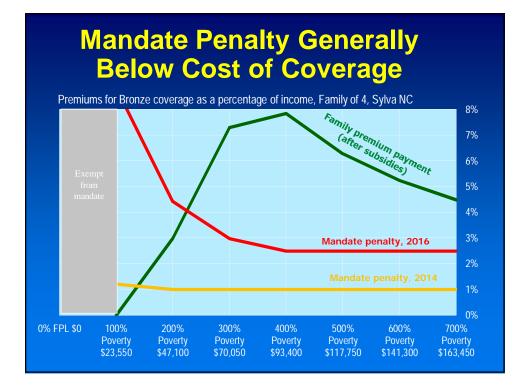
- Expanded coverage
- Medicaid changes
- Medicare changes

#### **Expanded Coverage**

- Breadth and depth of coverage to be expanded using carrots and sticks
- Individual mandate
- Principal sources of expanded coverage
  - Medicaid
  - Health exchanges (marketplaces)
  - Employer sponsored insurance (ESI)

### **Individual Mandate**

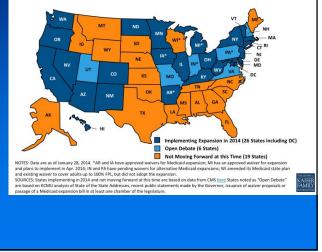
- Exemptions (~40% of uninsured)
  - Members of certain religious groups
  - Native American tribes
  - Undocumented immigrants
  - Incarcerated individuals
  - People below poverty
  - People for whom health insurance is considered unaffordable (where insurance premiums after employer contributions and federal subsidies exceed 8% of family income)
- Individual mandate penalty
  - 2014: Greater of \$95/adult & \$47.50/child or 1% of income
  - 2015: Greater of \$325/adult & \$162.50/child or 2% of income
  - 2016: Greater of \$695/adult & \$347.50/child or 2.5% of income
  - Sole enforcement mechanism: deduct from tax refunds



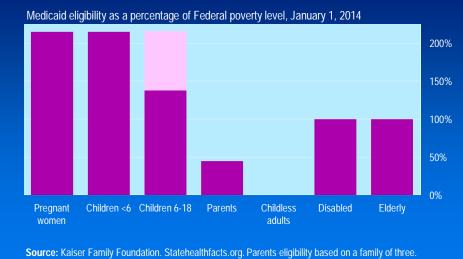
## **States Expanding Medicaid**

- Cover all nonelderly below 138% poverty
- Categorical distinctions eliminated
- Enhanced Federal matching funds
  - 100% (2014-16)
  - 95% (2017)
  - 94% (2018)
  - 93% (2019)
  - 90% (2020-???)

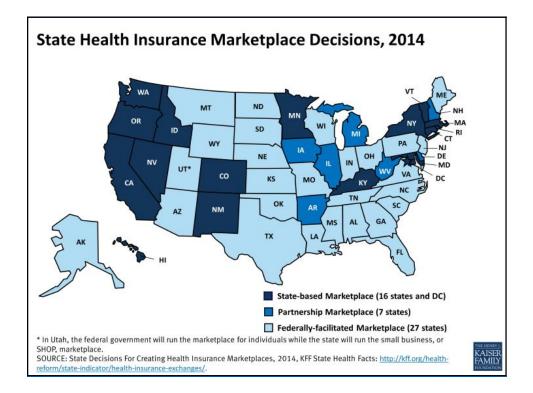
Current Status of State Medicaid Expansion Decisions, 2014



## **NC Medicaid Eligibility Standards**



Figures include 5% income disregard. Available at: <u>www.statehealthfacts.org</u> (accessed March 12, 2014).



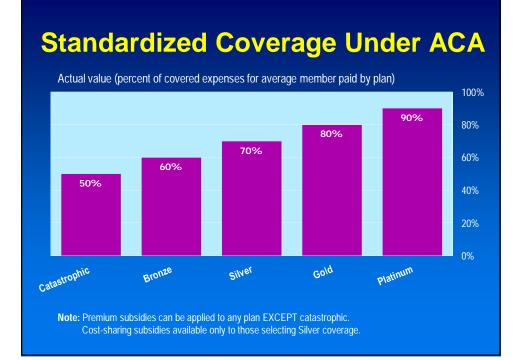
## Health Insurance Exchanges (Marketplaces)

Individuals without other coverage and small groups will be able to purchase coverage through Exchanges starting 2014

- Separate Exchange for individuals and small groups (SHOP)
- Self-employed may use either Exchange
- Eligibility to use SHOP Exchanges
  - States may define small group as up to 100 employees in 2014-2015
  - States *must* define small employers as up to 100 starting 2016
  - States may expand exchanges to even larger businesses starting 2017
  - In 2014, small firms can only offer employees 1 plan through SHOP
- Private exchanges may operate in parallel to state- and federally-run Exchange

### **Standardized Benefits**

- Essential health benefits (10 categories of services)
- Free preventive health services
- Maximum limits on cost-sharing
- No lifetime or annual dollar limits on benefits
- Minimum actuarial value=60%

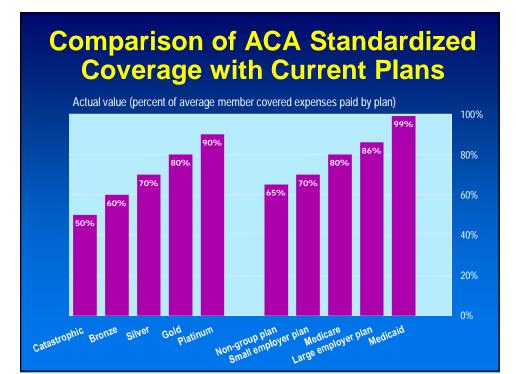


## Illustrative Plan Designs for Single Coverage (2014)

| Tier     | Actuarial<br>Value | Deductible | Patient<br>Coinsurance | Out-of-Pocket<br>Limit |
|----------|--------------------|------------|------------------------|------------------------|
| Bronze 1 | 60%                | \$4,375    | 20%                    | \$6,350                |
| Bronze 2 | 60%                | \$3,475    | 40%                    | \$6,350                |
| Silver 1 | 70%                | \$2,050    | 20%                    | \$6,350                |
| Silver 2 | 70%                | \$650      | 40%                    | \$6,350                |

Note: Gold (AV=80%) and Platinum (AV=90%) plans also would have OP limits of 6,350. Also, individuals under 30 may purchase a "catastrophic" plan that covers only 3 primary care visits and required preventive services before the deductible of 6,350; actuarial value for such plans typically would be < 60%.

NOTES: http://www.kff.org/healthreform/upload/8303.pdf SOURCE: Kaiser Family Foundation



### Subsidies Available Exclusively Through ACA Exchanges

- Premium subsidies
  - Pegged to 2<sup>nd</sup> lowest cost Silver plan; can be used for any plan (except catastrophic)
  - Advance premium tax credits for incomes 100-400% of poverty
  - Subsidies reduce net cost of premiums to 2%-9.5% of family income
- Cost sharing subsidies (restricted to Silver plans)
  - Limited to families from 100-250% FPL
  - Increases plan actuarial value from 70% to between 73%-94%
- Temporary small business tax credits

#### Cost of Premiums on HIX for Family of Four (2016)

| Percent of<br>Federal Poverty<br>Level (FPL) | Income Level | Percent of Income | Maximum Annual<br>Premium |
|--|--------------|-------------------|---------------------------|
| 400%   | \$96,000     | 9.93%             | \$9,530                   |
| 300%   | \$72,000     | 9.93%             | \$7,148                   |
| 200%   | \$48,000     | 6.58%             | \$3,160                   |
| 100%   | \$24,000     | 2.09%             | \$502                     |

NOTES: Estimated average premium for  $2^{nd}$  lowest cost Silver plan = \$14,100. SOURCE: Urban Institute calculations

#### Employer-Sponsored Insurance: Small Employers

- No employer mandate for <50 (individual mandate still applies)</li>
- Employees can buy subsidized coverage on non-group Exchanges
- If firm offers coverage, standardized benefits mandated
- Employers can buy on SHOP Exchanges. Recall:
  - States may define small group as up to 100 employees in 2014-2015
  - States *must* define small employers as up to 100 starting 2016
  - States may expand exchanges to even larger businesses starting 2017

### Employer-Sponsored Insurance: Large Employers

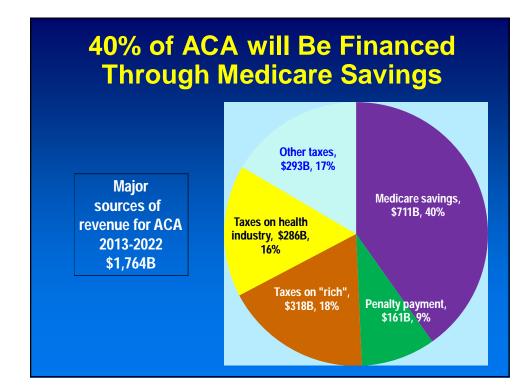
- Employer mandate to offer affordable coverage to FT workers (30+ hrs.) in firms with 50+ FTE workers
- Penalties if employees buy subsidized plan on non-group Exchange
  - ~\$2,000/worker if firm does not offer coverage
  - ~\$3,000/worker receiving subsidized Exchange coverage if firm's coverage either is inadequate (AV<60%) or unaffordable</li>
- Modest added benefits requirements
- States may permit larger employers to buy on SHOP Exchanges

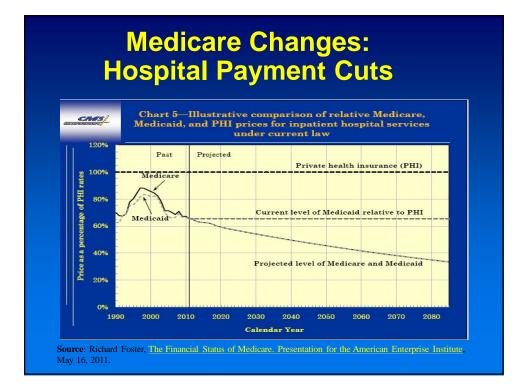
## **Medicaid Changes**

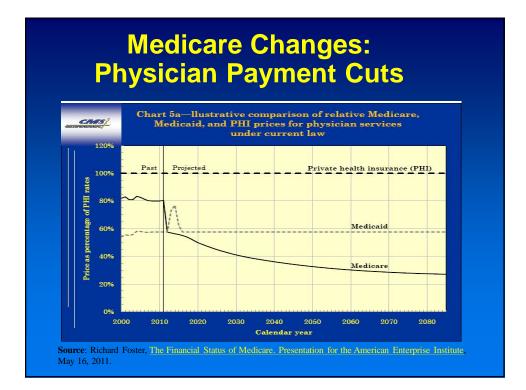
- Enhanced payments for primary care doctors (2013-2014 only)
- Cuts in Disproportionate Share (DSH) payments to hospitals
- Patient-centered medical care homes for chronically ill
- Demonstration projects
  - Bundled payments
  - Global capitated payments to safety net hospitals
  - Pediatric accountable care organizations
- Various changes to LTC (e.g., new options for home and community-based care waivers)

#### Medicare Changes: Benefits Enhancements

- Eliminate cost-sharing for preventive services
- Annual comprehensive risk assessment
- Eliminate donut hole in Part D prescription drug coverage





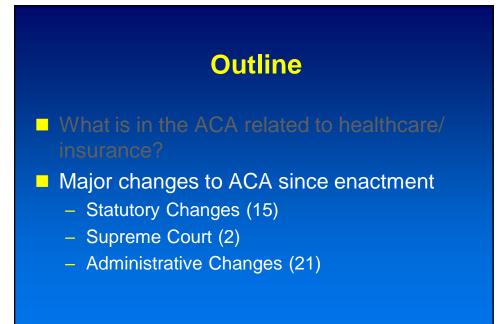


#### Medicare Changes: Medicare Advantage Plan Cuts

- Cuts ~\$200 billion from Medicare Advantage plans over next decade
- Cuts = \$13,000 per MA enrollee over 10 years
- Cuts will increase premiums by \$65-145 per month for some MA enrollees
- Medicare actuary projects ~half of MA plan members in 2017 will lose coverage due to cuts
  - MA covers 15 million (~25% of Medicare enrollees)
  - MA members are disproportionately low income minorities

### Medicare Changes: Other Potential Cost-saving Measures

- Note: Medicare cuts amount to >10% of projected Medicare spending over next decade
- Demonstration projects
  - Accountable care organizations (Medicare Shared Savings Program)
  - Pay for performance
  - Bundled payments
  - Independence at home
- Comparative effectiveness research
- IPAB-Independent Payment Advisory Board



## **Statutory Changes**

- CLASS Act eliminated (long term care program)
- 1099 reporting requirement scrapped
- Various components defunded (Consumer Operated and Oriented Plan=COOPs) or funding reduced

## **Changes Made by Supreme Court**

Individual mandate violates Commerce Clause

- However, it can be construed as a tax, which is constitutionally permissible
- Tax means optional (read: lower) compliance with mandate
- Threat to take away ALL federal Medicaid funds from states refusing Medicaid expansion is unconstitutionally coercive
  - Medicaid expansion is optional for states
  - Only 27 states currently moving forward

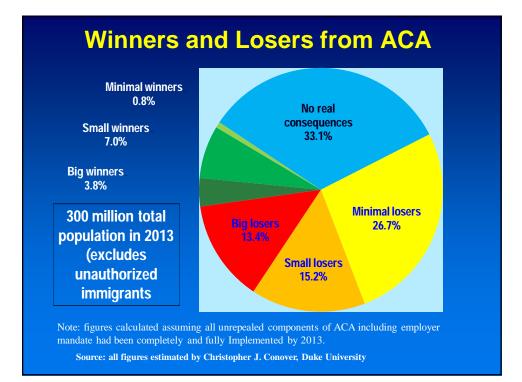
## **Administrative Changes**

#### Employer mandate delayed

- Large employers (>100 workers) 1 yr. delay (until 2015)
- Large employers can cover only 70% of workers in 2015; 95% in 2016 and after
- Medium employers 50-99 workers) 2 yr. delay (until 2016)
- Non-qualified health plans extended 2 years (through 2016)
- Cancelled plan members qualify for catastrophic hardship waiver until 2016
- Substantial loosening of individual mandate requirements until 2016
- SHOP exchanges: choice of plans delayed until 2015

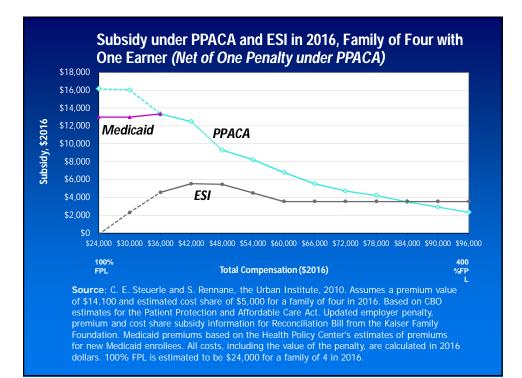
### Outline

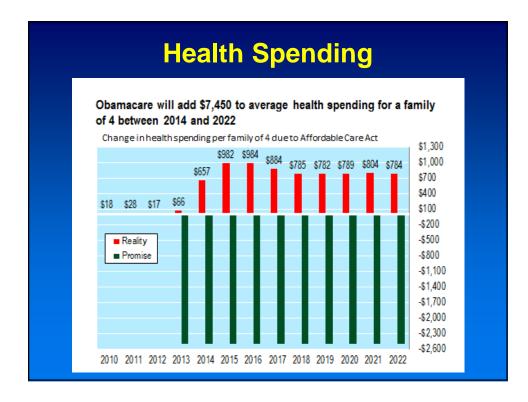
- What is in the ACA related to healthcare/ insurance?
- Major changes to ACA since enactment
- Major impacts of the ACA in nation and NC
  - Coverage
  - Health spending
  - Quality/health status
  - Employment
  - Federal budget deficit



#### Impact on Coverage: Uninsured Risk

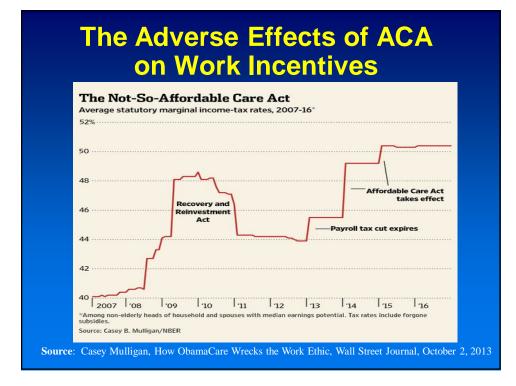
- Reduction in uninsured
  - Long Run: By design, ACA only reduces # uninsured by 45%
  - 2014: Latest CBO projections show 23% reduction in uninsured in 2014
  - Today: Chances are 50:50 whether the law has actually reduced the number of uninsured.
- About half of uninsured reduction due to Medicaid expansion
- In NC:
  - 1.5 million daily uninsured
  - ACA could reduce # by about 200,000 by end of 2014
  - ACA could reduce # by about 400,000 by end of 2016





## **Quality/Health Status**

- Evidence on mortality benefits from expanded coverage is thin, especially as it relates to Medicaid
- Various quality initiatives unproven to date:
  - Bundled payments
  - Independence at Home
  - Value-based purchasing (pay for performance)
- Potential adverse effects on health/mortality
  - Every \$1,000 reduction in Medicare reimbursements to hospitals was associated with a 6-8% increase in hospital mortality rates
  - 1 million lost life years annually due to tax on medical devices



## **Employment**

- Up to 10 million FT workers shifted to PT status
- 2.9 million fewer FTE workers
- Approximate NC impact
  - ~300,000 FT workers shifted to PT status
  - ~90,000 FTE workers

#### **Federal Budget Deficit**

- ACA will add \$2T to deficit in its first 2 decades
- Federal government share of GDP will rise 59% over next 75 years
- Health spending will account for 85% of that increase
- Federal unfunded liabilities = \$200 trillion
- Implications for NC
  - May portend policymakers will stick with draconian Medicare cuts rather than abandon ACA coverage promises
  - Federal ability to maintain enhanced Medicaid match in serious doubt

## Outline

- What is in the ACA related to healthcare/ insurance?
- Major changes to ACA since enactment
- Major impacts of the ACA in nation and NC
- Considerations for the future
  - Legal challenges to ACA
  - Viability of Exchanges after 2014
  - Medicaid expansion dilemma



#### Contraception mandate

- Does requirement to offer contraception, including abortifacients violate religious freedom?
- 2 cases scheduled for hearing 3/25 before U.S. Supreme Court
- Won't materially affect ACA no matter how decided

#### Exchange subsidies

- Are subsidies permitted in 33 states with federally-run Exchanges?
- Halbig v. Sebelius Scheduled for hearing 3/25 before U.S. Court of Appeals for the D.C. Circuit
- Ruling against ACA would eliminate subsidies on federally-run Exchanges, effectively eviscerating the law

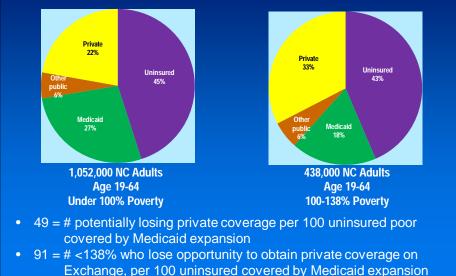
## Viability of Exchanges After 2014

- Adverse selection due to lower-than-hoped enrollment of young adults
  - Compounded by repeated delays of employer mandates/penalties/exceptions
  - Large premium increases in 2015 would compounded problem further
  - Higher mandate penalties offset by weak enforcement tools

#### If insurance carrier bailouts denied by Congress, either:

- Large premium increases in 2015 or
- Many plans will abandon Exchanges

# Medicaid Expansion Creates a Sophie's Choice in NC



## **Medicaid Expansion Dilemma**

- Benefits of Medicaid too often overstated:
  - Economic impact studies use 1-sided book-keeping
  - Medicaid increases ER use by 40%
  - Evidence that Medicaid improves health is thin especially if the alternative is private coverage
- Highly uncertain Federal government will retain enhanced match for expansion states
  - TennCare case study: >200,000 lost coverage when state ran out of \$
  - If NC elects to expand, it should do scientifically

