

Victoria Allred



- Returned to ECU in August 2015 with injured SI Joint diagnosed by Novant Spine Center. Provided medical records to ECU stating 5 months to recover fully.
- Aug. 23, 2015 she was immediately cleared to participate and would need to schedule appointment to see ECU team doctor about back injury.
- Sept. 9, 2015 Visited ECU team doctor Dr. Mills. He recorded for her to modify activity to avoid golf and avoid any extension type exercises in weight room.
- Sept. 24, 2015 Trainer sends email stating, "She (Victoria) is red shirting this year so she's really not participating in a rigorous golf regimen."
- Oct. 15, 2015 Dr. Mills cleared to participate in golf as tolerated.
- Nov. 18, 2015 Dr. Mills stated, "She has had 6 months of pain. None of these modalities are helping. Most recently refrained from golf for 2 months and played 9 holes a few days ago with 'the same pain as before.'" Dr. requested x-rays.
- Nov. 24, 2015 Dr. Armen recommended MRI and symptom tolerated activity in the interim. Coach notified on Dec. 1 she was cleared to do any activity as tolerated.
- Dec. 3, 2015 After MRI, Dr. Armen noted, "Possible facet related pain with underlying mild scoliosis. Would like her to follow-up with Dennis McGee for chiropractic manipulation. Modified activity through Christmas break and follow-up with me or Dr. Mills at start of spring semester."
- Dec. 7, 2015 Trainer's notes illustrated: limited/modified for golf & str/cond as tolerated. Continue rehab. and chiropractor over break. Intent for Jan. return after 3-4 weeks rest & will re-eval w/MD to determine golf participation status.
- Dec. 7, 2015 Trainer sent email to coach stating, "Given that she reports the pain with golf and there has been little to no golf for 8 weeks or more, I am at a loss. I told her that as far as I was concerned she would be fully green lighted once she came back in January, particularly since she will have had 3-4 more weeks of no golf. ... Again, I have no way to reconcile or explain why those exercises are able to be performed basically without pain but golf activities as so painful."

Fri
Mon
Wed

12/7/15

V. Ahmed

reviewed all results + Armen plan
of care

- set status over bual: limited / modified
for golf + str/cond as tolerated
- cont rehab @ home + most days/wk
- chiro care x1 before bual +
a described plans for chiro care @
home over break
- initial for Jan: return after 3-4 wks
rest + will re-eval w/ MD to
determine golf part status

**The instructions
for the trainer
after meeting
with Dr. Armen
(ECU Team Doctor)**

Coach responded back to the trainer with the following

From: [Williams, Kevin](#)
To: [Moore, Sharon Rogers](#)
Subject: Re: update: V. Allred
Date: Monday, December 07, 2015 1:18:07 PM

Thanks Sharon!

We will talk to Victoria about this further as well. I don't have any questions because I know what is going on. It is her mind and her will.

I'm sorry for all the time spent on this.

We will require her to participate fully in all activities for the spring semester.

Thanks for exploring thoroughly!!

Kevin Williams

Head Coach - Women's Golf

PGA Professional

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Coach Williams sends Victoria the following email:

From: Williams, Kevin <WILLIAMSK@ecu.edu>
Sent: Tuesday, December 8, 2015 11:47 AM
To: Allred, Victoria Leigh
Cc: Gunter, Courtney
Subject: MRI

Hello Victoria,

Received an email from Sharon yesterday detailing her conversation with you and the findings of the MRI.

She has green lighted you for all golf and conditioning activities. Obviously, we are currently in our off season exam period but we encourage you to continue to push yourself in the conditioning and stretching area during the off season in an effort to strengthen your back and body.

If there has been nothing new to cause this green light to change at beginning of spring semester then we will be expecting you to participate in all of the golf and conditioning activities required of your teammates.

Hopefully, the findings have given you a piece of mind regarding your back and will allow you to attack your preparation for tournament golf during late spring and the summer in advance of the 2016-17 school year.

Good luck on your exams! Have a great holiday break if I don't see you before you return home!

Kevin Williams

Head Coach - Women's Golf

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- On Dec. 8, 2015, the same day the coach sends Victoria the green lighting email, ECU Chiropractor McGee rates her lower back disability index 40/100, **severe disability**, and a pain level at 7, **severe pain level**. (Description: you are unable to engage in your normal activities. The patient is considered disabled.) This is recorded in Victoria's ECU medical files.
- On Dec. 15, 2015 Victoria discusses with ECU Psychologist. ECU Psychologist noted, "Client spent time talking about her experience with the coach, her feelings of being **"bullied,"** her feelings of **not being supported as a person by her coach or the athletic training staff,** and her thoughts of quitting golf."
- On May 25, 2016 assistant coach stated in email, **"If the psychologist did in fact determine that the "verbal abuse" from her coaching staff were the cause of her anxiety, I would like to know why we weren't made aware of that so that we could make the situation better for her."**
- Dr. Birkedal at WFU Spine center noted: **"Her exam on 12/13/17 was consistent with right side facet joint mediated pain. An inflammatory process was initiated that was likely chronically exacerbated by continued activity including continuing to play golf at a collegiate level.** She had various appropriate treatment since this injury that unfortunately has been ineffective. She recently received a series of facet joint medial branch blocks for which Ms. Allred has had a good initial response." RFA surgery in Jan. 2018. She has amassed over \$26,000 in medical bills since then and will need continued RFA surgery to treat the chronic pain. (From Dec. 3, 2015 ECU's Dr. Armen noted Possible facet related pain)
- During ECU's investigation June 2018, neither medical doctors, psychologist, chiropractor, nor athletic director were interviewed. What appears to be an interview with former assistant coach stated (which appeared talking about the head coach), **"_____ does believe Allred was dealing with some pain as most athletes do. _____ did not think she was tough enough or the desire to play through the pain."** ECU denied that team doctors were overruled.
- Chancellor's office were made aware of shortcomings of investigation. Claimed due to investigation being conducted by ECU Internal Audit all working papers confidential under N.C.G.S. 143-748 and records are not open to the victim.
- Prior to internal audit investigation, ECU attorneys sent a Tort Claim form and suggested filing claim against the state.