



2015 – 2018 STUDENT-ATHLETE SAMPLING OF RESULTS



	Sport	# Reporting			Categories
		Exhausted Eligibility	Returning	Total	
Total					
1	Men's Baseball				The ECU Experience
2	Men's Basketball				Facilities
3	Men's Cross Country				Equipment
4	Men's Football				Strength & Conditioning Training
5	Men's Golf				Sports Medicine
6	Men's Swimming				Nutrition
7	Men's Tennis				Academic Support Services
8	Men's Track				Faculty Support
9	Women's Basketball				Coaches
10	Women's Cross Country				Rules, Education & Resources
11	Women's Golf				Comparison to Other Conference Schools
12	Women's Lacrosse				Time Commitment
12	Women's Soccer				Gender Equity
13	Women's Softball				Impact of Athletics Participation
14	Women's Swimming				Overall
15	Women's Tennis				
16	Women's Track				
17	Women's Volleyball				

THE ECU EXPERIENCE

The following were important to my experience at ECU? (Scale is 1 to 5 with Very Important = 5; Very Unimportant = 1)		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)														
Location		3.8	3.92	3.8														
Reputation of institution		3.7	4.08	4.0														
Academic program		4.3	3.92	4.0														
NCAA Division I status		4.2	4.75	4.8														
Athletics program		4.5	4.50	4.8														
Financial aid/Scholarship offer		4.6	4.0	3.3														
Coach		4.6	4.17	4.0														
Friendly atmosphere		4.4	4.33	4.0														
Friends at institution		3.5	4.25	4.0														
Different culture than home		3.1	3.0	3.5														
The campus		4.0	3.91	4.3														
Reasonable cost/affordability		4.1	3.92	4.5														
Family member attended the institution		1.9	2.42	2.0														
Athletic Facilities		4.5	3.67	4.8														
Recreational Facilities		3.7	3.17	4.3														
If you have any additional thoughts please elaborate																		

FACILITIES																		
Please rate your level of agreement with the following statements about your sports facilities. (Scale is 1 to 5 with Strongly Agree = 5; Strongly Disagree = 1)		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)														
The facilities for my sport were safe		4.6	3.8	4.6														
The facilities for my sport were in accordance with regulations		4.4	4.1	4.6														
The locker room facilities were satisfactory		4.2	3.3	3.5														
If you have any additional thoughts please elaborate																		

STRENGTH & CONDITIONING TRAINING

Please rate your level of agreement with the following statements about the weight training services.

(Scale 1 to 5 with Strongly Agree = 5; Strongly Disagree = 1)

Strength & Conditioning personnel were available when needed

Strength & Conditioning personnel were supportive

Strength & Conditioning center
was adequately maintained

The hours of operation for the Strength & Conditioning center were compatible with my class/study schedule

The hours of operation for the Strength & Conditioning center were compatible with my practice schedule

The Strength & Conditioning staff helped me develop sport-specific fitness

If you have any additional thoughts please elaborate

SPORTS MEDICINE

Please rate your level of agreement with the following statements about the sports medicine services.		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)															
(Scale 1 to 5 with Strongly Agree = 5; Strongly Disagree = 1)																			
Sports medicine personnel were available when needed		3.5	4.42	4.6															
Injury rehabilitation did not interfere with my ability to attend class and study		4.0	4.55	4.4															
The sports medicine staff was knowledgeable about my personal medical needs		3.7	4.42	4.6															
The sports medicine staff was knowledgeable		3.8	4.5	4.8															
The sports medicine staff was sensitive to the need to refer complicated problems to a physician		3.5	4.08	4.6															
The sports medicine staff was helpful when working with a physician		3.8	4.5	4.6															
All sports medicine staff kept private information confidential		4.4	4.58	4.8															
If you have any additional thoughts please elaborate																			

NUTRITION

Please rate your level of agreement with the following statements about the sports nutrition services.

(Scale 1 to 5 with Strongly Agree = 5; Strongly Disagree = 1)

Nutrition staff were available when needed

2017-2018 (10%)

2016-2017 (6.5%)

2015-2016 (3%)

3.2

2.3

4.4

The nutrition staff was knowledgeable regarding my personal nutrition needs

2.9

2.33

4.4

Travel meals provided good food in adequate amounts to support competition

2.3

3.67

4.6

The coaching staff was concerned about the team's nutritional needs

2.8

2.83

4.0

The coaching staff utilized the nutritionist

2.1

2.45

3.4

Meeting with the nutritionist was beneficial

2.6

2.63

4.0

I would be more likely to meet with the sports nutritionist if the office was located in the athletic facilities

3.7

4.1

3.8

If you have any additional thoughts to share regarding sports nutrition, please elaborate.

ACADEMIC SUPPORT SERVICES

[illegible]

I was able to choose a major(s) of my choice		4.3	4.67	4.6														
If you have any additional thoughts to share regarding academic support services, please elaborate:																		

FACULTY SUPPORT																			
<p>Please rate your level of agreement with the following statements about your interactions with faculty.</p> <p>(Scale 1 to 5 with Strongly Agree = 5; Strongly Disagree = 1)</p>		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)															
The faculty was sensitive to the special demands placed upon student-athletes		3.6	4.17	4.3															
When I missed class due to competitions, I did not encounter difficulties in submitting missed work/make-up exams		3.5	3.82	4.0															
If you have any additional thoughts to share regarding faculty support, please elaborate:																			

COACHES

[illegible]

[illegible]

[illegible]

Yes		1	5	5															
No		15	7	0															
If you answered yes to any of the items listed in the above question, please provide additional details about the situation(s)																			
If you experienced any of the situations listed in the previous question, or any other inappropriate coaching techniques, did you talk with an athletics administrator or anyone else that could be helpful about the situation?																			
Yes		0	4	0															
No		6	4	3															
If you answered yes, was it resolved?																			
If you answered no, why were you reluctant?																			

Were you aware of other avenues to address your concerns about the administration of the sport(s) in which you participated?																		
Yes		12	7	3														
No		2	4	1														

[illegible]

RULES, EDUCATION & RESOURCES

[illegible]

[illegible]

How effective were the following methods in informing you of institutional, conference and NCAA rules? (Scale is 1 to 5 with Effective = 5; Ineffective = 1)																			
Periodic rules education meetings with the compliance staff		4.1	3.83	4.4															
Periodic rules education meetings with your coach(es)		3.8	3.73	4.4															
Periodic rules education meetings with your Student-Athlete Advisory Committee (SAAC) representative		3.9	3.36	4.4															
Online student-athlete handbook		3.5	3.55	4.2															
Periodic e-mails		4.2	3.83	4.25															
Periodic publications		3.5	3.55	3.7															
Other methods:																			

COMPARISON TO OTHER CONFERENCE SCHOOLS

How does the athletics department rate in the following areas compared to other conference schools you competed against on their campus? (Scale is 1 to 5 with Better = 5; Equal = 3; Worse = 1)		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)														
Competition facility in your sport		1.7	3.17	2.6														
Locker room for your sport		3.0	1.83	2.2														
Equipment condition		2.5	1.83	4.2														
Uniforms		2.5	2	4.6														
Sports medicine services		2.9	3	4.2														

TIME COMMITMENT

[illegible]

Out-of season, were you required to watch video		4.8	4.33	5															
Were you ever required to miss class due to practice?																			
Yes		0	3	0															
No		14	9	5															
Were you ever pressured to falsify activity hour logs?																			
Yes		0	1	0															
No		15	11	5															

GENDER EQUITY

[illegible]

Access to on-campus dining		4.2	3.92	4.6															
Access to the weight room		4.1	3.92	4.6															
Access to weight room personnel		4.1	3.92	4.6															
Sports information coverage		4.1	3.92	4.6															
Recruiting resources		3.8	3.92	4.6															

IMPACT OF INTERCOLLEGIATE ATHLETICS PARTICIPATION

My participation in intercollegiate athletics positively impacted: (Scale is 1 to 5 with strongly agree = 5 and strongly disagree = 1)		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)															
My ethical code		4.1	4.17	4.4															
My work ethic		4.3	4.25	4.4															
My leadership skills		4.3	4.33	4.4															
My teamwork skills		4.3	4.33	4.4															
My passion for success		4.1	4.33	4.4															
My respect for sportsmanship		4.1	4.08	4.4															
My value of community service		4.1	4	4.4															
My efforts to integrate into campus life		3.5	4	4.2															
Even though I participated in intercollegiate athletics, I was still able to form friendships with non-athletes		3.9	4.25	4.4															
I had time for extracurricular activities other than athletics		3.1	3.17	4.4															

	Overall	Female	Male
OVERALL			

How many of your goals in the following areas have you achieved?

(Scale is 1 to 4 with All = 4, Most = 3, Some = 2, None = 1)

Athletic goals
Academic goals
Social goals

		2017-2018 (10%)	2016-2017 (6.5%)	2015-2016 (3%)															
If you were being recruited today, would you choose to attend ECU again?																			
Yes		5	3	5															
No		10	9	0															
Would you encourage other student-athletes to attend ECU?																			
Yes		8	6	5															
No		7	6	0															
If you answered no to either of the two questions above, please indicate why.																			

TENNIS

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information:

Name: _____
Student ID: _____
Email Address: _____
Telephone: _____
Major(s): _____
College (Select One):

- ☐ College of Business Administration
- ☐ College of Education
- ☒ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

- ☒ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 ☒ 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☐ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☒ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

- ☒ Yes
- ☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

The first two years but the third year my award money went away.

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes
☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes
☐ No

Was your practice and competition scheduling a hindrance to you socially?

Never.

☐ Yes

☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct ☒ Yes

☐ No

Amateurism ☒ Yes

☐ No

Financial Aid ☒ Yes

☐ No

Employment

☒ Yes
☐ No

Academic Standards

☒ Yes
☐ No

Athletic Boosters

☒ Yes
☐ No

Eligibility standards

☒ Yes
☐ No

Drugs & Alcohol

☒ Yes
☐ No

Gambling

☒ Yes
☐ No

Recruitment

☒ Yes
☐ No

Non-permissible Benefits

☒ Yes
☐ No

Hosting student-athletes

☒ Yes
☐ No

Practice Time Limitations (on and off-season)

☒ Yes
☐ No

How and from whom did you receive this information?

(Camille Blake)

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

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Student Information:

Name: 1

Student ID#:

Email Address:

Telephone:

Major(s): 1

College (School):



- ☒ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

☐ Tennis

☒ Men's Basketball

☐ Women's Basketball

☐ Track & Field

☐ Cheerleading

Sports (Select All That Apply):

☐ Bowling

☒ Cross Country

☐ Football

☐ Golf

☐ Softball

☐ Volleyball

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

☒ Graduation

☐ Transferring

☐ Suspended

☐ Ineligible

☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes

☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes

☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes

☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes

☐ No

Please list any financial aid you were awarded:

Are you satisfied with the financial aid services that you have received?

☒ Yes

☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes

☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes

☐ No

Please describe:

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes

☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes

☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☐ Yes

☒ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

☐ Yes

☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

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Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

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Student Information:

Name: AL
Student Nu
Email Addr
Telephone:
Major(s):
College (S)

- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☒ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Basketball
- ☐ Cross Country
- ☒ Football
- ☐ Golf
- ☐ Softball

- ☐ Tennis
- ☐ Track & Field
- ☐ Volleyball

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team? Yes

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes

☐ No

Please describe any such experiences:

Time Conflicts

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

☐ Yes

☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL**Purpose and Confidentiality:**

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Student Information

Name: _____

Student ID# _____

Email Address _____

Telephone: _____

Major(s): ES

College (S) _____



- ☐ College of Business Administration
- ☒ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☒ Softball
- ☐ Volleyball

Years Participating in Athletics (Circle One):1 2 3 4**Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):**

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☐ Yes☒ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes, met with the coach when I was deciding to transfer and took a visit. He took me to the SOE building to meet with an advisor & talk about my academics

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes
☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes
☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

N/A

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

BRONCO, Camp Init Trut Inc Need
Base, Camp Init Inc Non Need, Fed
Direct Sub Stafford, Fed Direct Unsub
Stafford, Fed Pell Grant, Athletic SB
Scholarship, CIAA General, JW Seabrook
Memorial, External Scholarship x 2

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

I just wish there were better
ways to pay back loans.

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes
☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

She emphasized that our priorities
were school first. Sports came second.
We have to prepare for life after
our athletic careers.

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☒ Yes
☐ No

Please describe:

The former AD did not stand behind a
coach's decision. They would listen
to athletes and parents complain about
playing time instead of players being held
account

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

The majority of the professors
worked with the schedule of
games. I did my part and
made sure to keep them updating
and I stayed on top of my work.

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

The athletic trainers are awesome. They truly care about us as people and ensure we're taken care of. They work hard and take care of whatever we need in order to be at the top of our game.

Injury Rehabilitation Facilities and Services:

The training room isn't the greatest. It's too small and quickly becomes crowded with athletes from various sports. This makes it harder on the trainers to focus.

Athletic Practice Facilities:

It is clear the revenue providing sports get preferential over the other sports. Tennis, bowling, and softball don't have the facilities needed. For softball there is not even a batting cage.

Athletic Competition Facilities:

The change to the downtown fields was pretty nice since we cannot work on the Seabrook field (dirt, grass, landscaping, etc.) as needed.

Strength and Conditioning Facilities/Services:

Before the new weight room, it was ridiculous that a D2 didn't have the proper facilities to put equipment in. We can't be successful during season if we don't have the means of getting stronger during the off season.

The coaches are not all treated equally. They're all important because they bring students. Each coach needs to be able to do what they need to in order to make the program successful.

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

Being an athlete is great because we all feel as if we're one big family even if we've only seen one another in the training room.

Would you encourage a prospective student athlete to attend FSU?

Yes, because it's a smaller school with a close community feel.

The faculty truly cares about you as a person and will help you as much as they possibly can.

→ The negative I have experienced is feeling as if some of the sports are not important at all. A few sports are allowed to travel, but we never could for Spring Break. With softball that's a HUGE part of the season. It's the time to play other schools from around the country in a tournament. It could be as close as SC where we would play. The reason Spring Break play is so important is because it's usually right before the season officially starts.

11/28/16 by
bnd by
E-mailed
Luther

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

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Name: _____

Student ID#: _____

Email Address: _____

Telephone: _____

Major(s): _____

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- ☒ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☒ Softball
- ☐ Volleyball

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 **3** 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☐ Yes

☒ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes, met with the coach when I was deciding to transfer and took a visit. He took me to the SOE building to meet with an

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes
☐ No

Please describe any such experiences:

It was my choice because of my
major. In order to complete my fourth
year of ball.

Social Life:

Were you able to participate in a full social life in the university community?

☐ Yes
☒ No

Was your practice and competition scheduling a hindrance to you socially?

No, I just didn't live on
campus.

☐ Yes
☐ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes
☐ No

Amateurism

☒ Yes
☐ No

Financial Aid

☒ Yes
☐ No

Employment

☐ Yes
☐ No

Academic Standards

☒ Yes
☐ No

Athletic Boosters

☒ Yes
☐ No

Eligibility standards

☒ Yes
☐ No

Drugs & Alcohol

☒ Yes
☐ No

Gambling

☒ Yes
☐ No

Recruitment

☒ Yes
☐ No

Non-permissible Benefits

☒ Yes
☐ No

Hosting student-athletes

☒ Yes
☐ No

Practice Time Limitations (on and off-season)

☒ Yes
☐ No

How and from whom did you receive this information?

From our head coach and
from Norwood.

Fayetteville State University Faculty Athletics Representative Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Info

Name: _____

Student ID#: _____

Email Address: _____

Telephone: _____

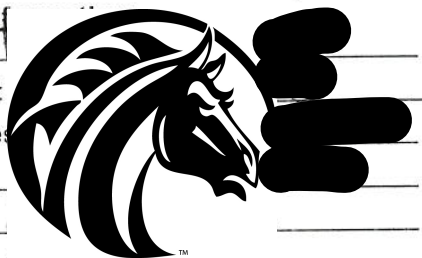
Major(s): _____

College (Select One):

- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball



- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☒ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

Yes

No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☐ Yes
☒ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☒ Yes
☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

My cheer coach was also
an Advisor to me and
the team.

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

Chancellor's Talent Scholarship
BRONCO Award

Are you satisfied with the financial aid services that you have received?

☐ Yes
☒ No

Please describe any opinions/experiences concerning financial aid services at FSU:

It was struggle for my parents
to pay for both my sister
and I to afford college.

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes

☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

We are students first, then
athletes!

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes

☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Having the opportunity to register
for classes first, as athletes,
due to avoid practice conflict.

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes

☐ No

Please describe any such experiences:

As an athlete, I was able to
register for classes early to
avoid the conflict.

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

No

☒ Yes

☐ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

The Athletic Handbook
distributed from my
coach.

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

Trainers were always available during the day.

Injury Rehabilitation Facilities and Services:

N/A

Athletic Practice Facilities:

Our team never had trouble with practice facilities. An area was always available for us.

Athletic Competition Facilities:

Competition Facilities was always set up and prepared for Game Days.

Strength and Conditioning Facilities/Services:

The weight room, the Capel and outside track was always available for conditioning.

Coaching:

Coaches were accessible, and if they could not be reached at the moment, athletes were informed.

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

The University and Athletic Dept. are highly concerned about the Athletes here and all needs were met.

Would you encourage a prospective student athlete to attend FSU?

Yes!

FOOTBALL

Fayetteville State University

Faculty Athletics Representative

Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information:

Name _____
 Student ID _____
 Email _____
 Telephone _____
 Major(s) _____
 College _____



☐ College of Business Administration

☐ College of Education

☒ College of Humanities & Fine Arts

☐ College of Natural Sciences

☒ College of Social & Behavioral Sciences

Sports (Select All That Apply):

☐ Bowling

☐ Cross Country

☒ Football

☐ Golf

☐ Softball

☐ Volleyball

☐ Tennis

☐ Men's Basketball

☐ Women's Basketball

☐ Track & Field

☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

☒ Graduation

☐ Transferring

☐ Suspended

☐ Ineligible

☐ Other

Recruitment:

Were you formally recruited by the F-SU Athletics Program?

☒ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☐ Yes
☒ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☒ Yes
☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☒ No

Please list any financial aid you were awarded:

Scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes
☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes
☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes

☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

☒ Yes

☐ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

Great

Injury Rehabilitation Facilities and Services:

Great

Athletic Practice Facilities:

Better upon New AD

Athletic Competition Facilities:

Great

Strength and Conditioning Facilities/Services:

Great upon new AD

Coaching:

Great

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

N/A

Would you encourage a prospective student athlete to attend FSU?

yes

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information:

Name: lv

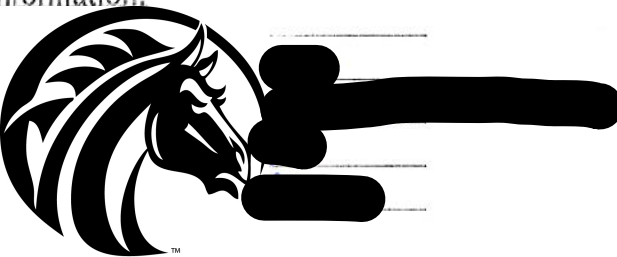
Student ID#

Email Address

Telephone:

Major(s): lv

College (S)



- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☒ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes
☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes
☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes
☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes
☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes
☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☐ Yes
☒ No

Was your practice and competition scheduling a hindrance to you socially?

☐ Yes
☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct
☒ Yes
☐ No

Amateurism
☒ Yes
☐ No

Financial Aid
☒ Yes
☐ No

Employment

☒ Yes
☐ No

Academic Standards
☒ Yes
☐ No

Athletic Boosters
☒ Yes
☐ No

Eligibility standards
☒ Yes
☐ No

Drugs & Alcohol
☒ Yes
☐ No

Gambling
☒ Yes
☐ No

Recruitment
☒ Yes
☐ No

Non-permissible Benefits
☒ Yes
☐ No

Hosting student-athletes
☒ Yes
☐ No

Practice Time Limitations (on and off-season)
☒ Yes
☐ No

How and from whom did you receive this information?

Hand book

Fayetteville State University

Faculty Athletics Representative

Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

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Student Information:

Name: _____

Student ID _____

Email Address _____

Telephone _____

Major(s): _____

College (s) _____



- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☒ Volleyball

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes

☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes

☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes

☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

volleyball scholarship

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes

☐ No

Please list any financial aid you were awarded:

volleyball scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes

☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

no issues

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes

☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes

☐ No

Please describe:

Coach putting education first and then sports

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes

☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes

☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☐ Yes

☒ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

no

☐ Yes

☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☒ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☐ Yes

☐ No

Practice Time Limitations (on and off-season)

☐ Yes

☐ No

How and from whom did you receive this information?

coach Johnson and Merrwood
they talk with us every
beginning of the season

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

they was always available and make plans for my rehab

Injury Rehabilitation Facilities and Services:

very supportive and make sure i have my doctor appointment

Athletic Practice Facilities:

love the gym so much, but just i will see better locker room.

Athletic Competition Facilities:

the floor always clean and in good condition

Strength and Conditioning Facilities/Services:

i love the new training weight room, but wish they have more conditioning equipment, always nice and clean.

Coaching:

love my coach, she supportive, she look forward for all her student athletic, my coach was like a parent for me and wish my coach the best for the future.

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

no

Would you encourage a prospective student athlete to attend FSU?

yes.

Fayetteville State University

Faculty Athletics Representative

Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

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Student Information:

Name: _____
 Student ID: _____
 Email Address: _____
 Telephone: _____
 Major(s): _____
 College (

- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☒ Cross Country
- ☐ Football
- ☐ Golf
- ☒ Softball
- ☐ Volleyball

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes
☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes
☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

I wasn't aware of one.

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

Unsub. sub + scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

The service given is very rude.

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes
☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

We have to maintain a 3.0, no D's or F's are allowed

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes
☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes

☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

Yes,

☒ Yes

☐ No

Please describe any experiences:

Parties & drinking weren't allowed

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Mr. Norwood

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

My senior year we (softball) were given the best trainer we had ever, Kenneth Cassiter, always available & helping

Injury Rehabilitation Facilities and Services:

Was available

Athletic Practice Facilities:

Softball had to share a field with the Seabrook recreation

Athletic Competition Facilities:

Softball used fields downtown which were way better than practice fields

Strength and Conditioning Facilities/Services:

Weren't as available for our scheduling

Coaching:

Changed coaches my sophomore year

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

Softball should be granted the attention & fielding as other sports. We aren't.

Would you encourage a prospective student athlete to attend FSU?

No,

TENNIS

Fayetteville State University

Faculty Athletics Representative

Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

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Student Inform

Name: _____

Student ID#: _____

Email Address: _____

Telephone: _____

Major(s): _____

College (Select One):

- ☒ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

TENNIS

☒ Tennis

- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☐ Yes

☒ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes
☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes
☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☒ Yes
☐ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☒ Yes
☐ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes

☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

☒ Yes

☐ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

Injury Rehabilitation Facilities and Services:

Athletic Practice Facilities:

Athletic Competition Facilities:

Strength and Conditioning Facilities/Services:

Coaching:

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

Would you encourage a prospective student athlete to attend FSU?

WOMEN'S
BASKETBALL

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information:

Name: _____
Student ID#: _____
Email Address: _____
Telephone: _____
Major(s): _____
College (Select One): _____

- ☐ College of Business Administration
- ☐ College of Education
- ☒ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

- ☐ Tennis
- ☐ Men's Basketball
- ☒ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

- ☒ Yes
- ☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes

☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes

☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☒ Yes

☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes

☐ No

Please list any financial aid you were awarded:

Scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes

☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Refunds have to come quicker

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☒ Yes

☐ No

If so, please explain any problems or conflicts you experienced:

Some professors weren't understanding

Did your coach stress the importance of education and academic success?

☒ Yes

☐ No

Please describe:

Study hall

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☒ Yes

☐ No

Please describe:

I got jumped with the whole Athletic department in there

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☐ Yes

☒ No

Please describe:

We didn't eat when we were supposed to

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes
☐ No

Please describe any such experiences:

I got jumped it took me
out mentally

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes
☐ No

Was your practice and competition scheduling a hindrance to you socially?

No

☒ Yes
☐ No

Please describe any experiences:

I still became homecoming
queen

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct
☒ Yes
☐ No

Amateurism
☒ Yes
☐ No

Financial Aid
☒ Yes
☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes
☐ No

Athletic Boosters

☒ Yes
☐ No

Eligibility standards

☒ Yes
☐ No

Drugs & Alcohol

☒ Yes
☐ No

Gambling

☒ Yes
☐ No

Recruitment

☒ Yes
☐ No

Non-permissible Benefits

☒ Yes
☐ No

Hosting student-athletes

☒ Yes
☐ No

Practice Time Limitations (on and off-season)

☒ Yes
☐ No

How and from whom did you receive this information?

AD & Coaches

Facilities:

Please Comment on the availability and quality of the following:

Always Available

Athletic Trainers and Physicians:

To many athletes so little trainers

Injury Rehabilitation Facilities and Services:

Great I won Female Comeback Player of the year

Athletic Practice Facilities:

Good

Athletic Competition Facilities:

Good

Strength and Conditioning Facilities/Services:

Good

Coaching:

Ehh

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

Great School don't wish for anyone to play here.

Would you encourage a prospective student athlete to attend FSU?

No.

FOOTBALL

Fayetteville State University
Faculty Athletics Representative
Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information:

Name: _____

Student ID# _____

Email Address: _____

Telephone: _____

Major(s): _____

College (Select One):

- ☒ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Sports (Select All That Apply):

- ☐ Bowling
- ☐ Cross Country
- ☒ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes

☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes

☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☒ Yes

☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Alright

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes

☐ No

Please list any financial aid you were awarded:

NA

Are you satisfied with the financial aid services that you have received?

☒ Yes

☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Good

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes

☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes

☐ No

Please describe:

Go to class

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes

☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes

☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☐ Yes
☒ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes
☐ No

Was your practice and competition scheduling a hindrance to you socially?

No

☐ Yes
☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct
☒ Yes
☐ No

Amateurism
☒ Yes
☐ No

Financial Aid
☒ Yes
☐ No

Employment

☒ Yes
☐ No

Academic Standards

☒ Yes
☐ No

Athletic Boosters

☒ Yes
☐ No

Eligibility standards

☒ Yes
☐ No

Drugs & Alcohol

☒ Yes
☐ No

Gambling

☒ Yes
☐ No

Recruitment

☒ Yes
☐ No

Non-permissible Benefits

☒ Yes
☐ No

Hosting student-athletes

☒ Yes
☐ No

Practice Time Limitations (on and off-season)

☒ Yes
☐ No

How and from whom did you receive this information?

Coaches

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

N/A

Injury Rehabilitation Facilities and Services:

N/A

Athletic Practice Facilities:

N/A

Athletic Competition Facilities:

N/A

Strength and Conditioning Facilities/Services:

N/A

Coaching:

N/A

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

N/A

Would you encourage a prospective student athlete to attend FSU?

Yes

Fayetteville State University

Faculty Athletics Representative

Student-Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

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Student Information:

Name: _____
 Student ID#: _____
 Email Address: _____
 Telephone: _____
 Major(s): _____
 College (Select One): _____

- ☐ College of Business Administration
- ☐ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☒ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☒ Bowling
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☐ Softball
- ☐ Volleyball

- ☐ Tennis
- ☐ Men's Basketball
- ☐ Women's Basketball
- ☐ Track & Field
- ☐ Cheerleading

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☐ Yes

☒ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes

☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes

☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☐ Yes

☒ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes

☐ No

Please list any financial aid you were awarded:

Bowling Scholarship, Academic Scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes

☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes

☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes

☐ No

Please describe:

Maintain a good GPA to participate

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes

☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes

☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☐ Yes

☒ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes

☐ No

Was your practice and competition scheduling a hindrance to you socially?

☐ Yes

☒ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes

☐ No

Amateurism

☒ Yes

☐ No

Financial Aid

☒ Yes

☐ No

Employment

☒ Yes

☐ No

Academic Standards

☒ Yes

☐ No

Athletic Boosters

☒ Yes

☐ No

Eligibility standards

☒ Yes

☐ No

Drugs & Alcohol

☒ Yes

☐ No

Gambling

☒ Yes

☐ No

Recruitment

☒ Yes

☐ No

Non-permissible Benefits

☒ Yes

☐ No

Hosting student-athletes

☒ Yes

☐ No

Practice Time Limitations (on and off-season)

☒ Yes

☐ No

How and from whom did you receive this information?

Coach / Athletic Director / A

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

Always available when needed

Injury Rehabilitation Facilities and Services:

N/A

Athletic Practice Facilities:

N/A

Athletic Competition Facilities:

N/A

Strength and Conditioning Facilities/Services:

Always available

Coaching:

Always available

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

N/A

Would you encourage a prospective student athlete to attend FSU?

Yes

Fayetteville State University

Faculty Athletic Representative

Student Athlete Exit Interview

CONFIDENTIAL

Purpose and Confidentiality:

Each year, Division I institutions are required by NCAA regulations to interview student-athletes in all sports who will no longer be participants in the athletic program (e.g., graduation, transfers). The purpose of the interview is to find out how student-athletes perceive their experience at the Fayetteville State University. The information is used to help the University determine the strengths and weaknesses of programs and to help decide where changes or improvements should be made.

Actual responses on this questionnaire will be kept confidential, to be read only by athletic administrators. The information will be discussed in general terms with the Intercollegiate Athletic Advisory Council Committee.

Student Information

Name: VA

Student Number: _____

Email Address: _____

Telephone: _____

Major(s): _____

College (s): _____



- ☐ College of Business Administration
- ☒ College of Education
- ☐ College of Humanities & Fine Arts
- ☐ College of Natural Sciences
- ☐ College of Social & Behavioral Sciences

Sports (Select All That Apply):

- ☐ Basketball
- ☐ Cross Country
- ☐ Football
- ☐ Golf
- ☒ Softball

- ☐ Tennis
- ☐ Track & Field
- ☐ Volleyball

Years Participating in Athletics (Circle One):

1 2 3 4

Reason for Exiting Program (i.e., graduation, transfer, quit, etc.) (Select One):

- ☒ Graduation
- ☐ Transferring
- ☐ Suspended
- ☐ Ineligible
- ☐ Other

Recruitment:

Were you formally recruited by the FSU Athletics Program?

☒ Yes

☐ No

Were you provided with accurate information about the University, the athletic program, and the role you would play on the team?

yes

Admissions:

Did you receive accurate information about your admission to FSU in a timely fashion?

☒ Yes
☐ No

Were you given any assistance with admission by coaches or the athletic department?

☒ Yes
☐ No

Advising Services:

Have you utilized the Athletic Department's Advising and/or Tutoring Services?

☒ Yes
☐ No

What is your opinion of the quality and usefulness of the Advising/Tutoring Services?

Very satisfied

Financial Aid:

Have you ever received financial aid at FSU?

☒ Yes
☐ No

Please list any financial aid you were awarded:

Unsub loan
Sub loan
Pell Grant
Athletic Scholarship
Academic Scholarship

Are you satisfied with the financial aid services that you have received?

☒ Yes
☐ No

Please describe any opinions/experiences concerning financial aid services at FSU:

Faculty Cooperation:

Have you ever experienced any academic problems or conflicts resulting from your participation in athletics?

☐ Yes
☒ No

If so, please explain any problems or conflicts you experienced:

Did your coach stress the importance of education and academic success?

☒ Yes
☐ No

Please describe:

Were there situations in which you wished to question or appeal a decision made by a coach, faculty member, or administrator?

☐ Yes
☒ No

Please describe:

Do you feel that you were treated fairly both as a student and as an athlete during your time at FSU?

☒ Yes
☐ No

Please describe:

Were your academic needs ever compromised by practices or athletic competitions?

☒ Yes
☐ No

Please describe any such experiences:

Social Life:

Were you able to participate in a full social life in the university community?

☒ Yes
☐ No

Was your practice and competition scheduling a hindrance to you socially?

NO

☒ Yes
☐ No

Please describe any experiences:

Regulation Awareness:

Were you informed of NCAA, conference, and FSU regulations in the following areas?

Ethical conduct

☒ Yes
☐ No

Amateurism

☒ Yes
☐ No

Financial Aid

☒ Yes
☐ No

Employment

☒ Yes
☐ No

Academic Standards

☒ Yes
☐ No

Athletic Boosters

☒ Yes
☐ No

Eligibility standards

☒ Yes
☐ No

Drugs & Alcohol

☒ Yes
☐ No

Gambling

☒ Yes
☐ No

Recruitment

☒ Yes
☐ No

Non-permissible Benefits

☒ Yes
☐ No

Hosting student-athletes

☒ Yes
☐ No

Practice Time Limitations (on and off-season)

☒ Yes
☐ No

How and from whom did you receive this information?

athletic department
and coaches

Facilities:

Please Comment on the availability and quality of the following:

Athletic Trainers and Physicians:

We had great athletic trainers. The facility needs improvement.

Injury Rehabilitation Facilities and Services:

Trainers worked very hard to get me back on the field.

Athletic Practice Facilities:

We had a great new game facility for softball.

Athletic Competition Facilities:**Strength and Conditioning Facilities/Services:**

The new weightroom and chapel area is amazing. Nicest in conference.

Coaching:

No comment.

Closing:

Please describe any other areas of your experience as a FSU student athlete, positive or negative, that you feel we should know about:

Would you encourage a prospective student athlete to attend FSU?

Yes.

DistributionChannel
Distribution Channel

Q1
In which sport(s) at North
Carolina Agricultural and
Technical State University do
you participate?

Q2
What type of athletic
scholarship have you
received?

{"ImportId":"distributionChannel"}
anonymous
anonymous
anonymous
anonymous

{"ImportId":"QID1"}
Men's Basketball
Volleyball
Women's Track & Field
Volleyball

{"ImportId":"QID2"}
Athletic
Athletic
Athletic
Athletic

anonymous

Women's Track & Field

Athletic

Q3

What is your gender?

Q4

How many years have you been a student athlete at North Carolina A&T?

Q5

I have adequate time for my studies and extracurricular activities.

{"ImportId":"QID3"}

Male

Female

Female

Female

Female

{"ImportId":"QID4"}

One year

Three years

Four years

Four years

One year

{"ImportId":"QID5"}

Yes

Yes

Yes

Yes

No

Q5a
If "no," please explain briefly in the box below.

Q6
Do you believe athletics helped your academic growth?

Q6a
If "no," please explain briefly in the box below.

{"ImportId":"QID15_TEXT"}

{"ImportId":"QID6"}
Yes
Yes
Yes
Yes

{"ImportId":"QID18_TEXT"}

I had a bad schedule this year. Yes

Q7

Do you believe athletics helped
with your social growth?

Q7a

If "no," please explain briefly
in the box below.

Q8

Do you believe athletics helped
with your emotional growth?

{"ImportId":"QID7"}

Yes.

Yes.

Yes.

Yes.

Yes.

{"ImportId":"QID20_TEXT"}

{"ImportId":"QID8"}

Yes.

Yes.

Yes.

Yes.

Yes.

Q8a

If "no," please explain briefly in the box below.

Q9

Do you believe athletics helped with your physical growth?

Q9a

If "no," please explain briefly in the box below.

{"ImportId":"QID21_TEXT"}

{"ImportId":"QID9"}

{"ImportId":"QID22_TEXT"

Yes.

Yes.

Yes.

Yes.

Yes.

Q10

Do you believe you are integrated into the overall student body at N.C. A&T?

Q11

Do you feel the Center for Academic Excellence and Athletic Academic Advisors provide helpful guidance in the pursuit of your academic degree?

Q12

Professors at N.C. A&T do an adequate job of minimizing cheating in their classes.

{"ImportId":"QID10"}

Definitely yes

Definitely yes

Definitely yes

Probably not

Probably yes

{"ImportId":"QID11"}

Definitely yes

Definitely yes

Definitely yes

Probably yes

Definitely yes

{"ImportId":"QID12"}

Yes

Yes

Yes

Yes

Yes

Q12a

If "no," please explain briefly
in the box below.

Q13

To your knowledge,
have students cheated
in any of your classes?

Q14

I know of students, faculty and/or
staff who helped others cheat.

{"ImportId":"QID23_TEXT"}

{"ImportId":"QID24"}

{"ImportId":"QID25"}

No

No

No

No

No

No

No

No

No

No

Q15

If you were aware of systematic cheating, would you be willing to report it?

Q16

Do you believe the athletic administration treats/treated your sport fairly?

Q16a

If "no," please explain briefly in the box below.

{"ImportId":"QID26"}

Yes

Yes

Yes

Yes

No

{"ImportId":"QID27"}

Yes

Yes

Yes

Yes

No

{"ImportId":"QID28_TEXT"}

We don't get as many privileges as teams like football and basketball.

Q17

Would you compete or be part of a team led by your current head coach, if you were asked to make that choice again?

Q18

Did you/do you have adequate access to athletic trainers, medical facilities and medical equipment?

Q19

If you used the services of an athletic trainer, medical facility or medical equipment provided by the university, did those services or that equipment meet your needs?

{"ImportId":"QID29"}

Yes

Probably Yes

Definitely yes

Yes

Definitely yes

{"ImportId":"QID30"}

Yes

Yes

Yes

Yes

Yes

{"ImportId":"QID31"}

Yes

Yes

Yes

Yes

Yes

Q20

Have N.C. A&T staff
shared information with you
regarding NCAA rules and
regulations?

Q21

Would additional information regarding
NCAA rules be helpful to you?

Q22

In
your estimation, did your
coaches fully understand
and abide by NCAA, MEAC
and university
regulations?

{"ImportId":"QID33"}

Yes

Yes

Yes

Yes

Yes

{"ImportId":"QID34"}

Yes

No

Yes

No

Yes

{"ImportId":"QID35"}

Yes

Yes

Yes

Yes

Yes

Q23

If you ever knew of any NCAA, MEAC or university rules violations, would you be willing to report them?

Q24

At N.C. A&T, have you been subjected to coaching that involved physical abuse?

Q24a

If yes, please briefly describe the physical abuse without identifying individuals' names or the specific sport in reference.

{"ImportId":"QID36"}

Yes

Yes

Yes

Yes

Yes

{"ImportId":"QID38"}

No

No

No

No

No

{"ImportId":"QID39_TEXT"}

Q25

Have you been subject to coaching that involved verbal abuse?

Q25a

If yes, please briefly describe the verbal abuse without identifying individualsâ€™ names or the specific sport in reference.

Q26

Have you been subject to coaching that involved mental abuse?

{"ImportId":"QID40"}

No

No

No

No

No

{"ImportId":"QID41_TEXT"}

{"ImportId":"QID42"}

No

No

No

No

No

Q26a

If yes, please describe the mental abuse without identifying individuals's names or the specific sport in reference.

Q27

"Interpersonal violence" is commonly described as intimate partner violence, dating violence, domestic violence and relationship violence and encompasses a broad range of abusive

behavior. Did you receive information about the university's policies on interpersonal violence at any point this academic year?

Q28

Have you experienced any instances of interpersonal violence while at N.C. A&T?

{"ImportId":"QID43_TEXT"}

{"ImportId":"QID32"}

{"ImportId":"QID44"}

Yes

No

No

No

Yes

No

Yes

No

Yes

No

Q28a

If you answered "yes" please describe the circumstance(s) without identifying individual names.

Q28b

If you answered "yes" did you seek assistance or help?

Q28c

If you answered "yes" was assistance or help provided?

{"ImportId":"QID45_TEXT"}

{"ImportId":"QID47"}

Yes

No

No

{"ImportId":"QID48"}

Yes

No

No

Q29

Is information provided in your student-athlete handbook about university policies on interpersonal violence?

Q30

I have been the target of racial slurs or other racist behavior during athletic competition or practice while at N.C. A&T.

Q30a

If you answered "yes," please briefly describe the situation/s in which that behavior took place.

{"ImportId":"QID49"}

Yes

Yes

Yes

Yes

Yes

{"ImportId":"QID50"}

No

No

No

No

No

{"ImportId":"QID51_TEXT"}

Q31

I have been the target of homophobic slurs or other anti-LGBTQ behavior during athletic competition or practice while at N.C. A&T.

Q31a

If you answered "yes," please briefly describe the situation/s in which that behavior took place.

Q32

I have been the target of sexist or gender-based slurs during athletic competition or practice while at N.C. A&T.

{"ImportId":"QID52"}

No

No

No

No

No

{"ImportId":"QID53_TEXT"}

{"ImportId":"QID54"}

No

No

No

No

No

Q32a

If you answered "yes," please
briefly describe the situation/s in
which that behavior took place.

Q33

I have been the target of
religious slurs during
athletic competition or
practice while at N.C. A&T.

Q33a

If you answered "yes," please
briefly describe the situation/s in
which that behavior took place.

{"ImportId":"QID55_TEXT"}

{"ImportId":"QID56"}

{"ImportId":"QID57_TEXT"}

No

No

No

No

No

Q34

I have been the target of ethnic slurs or slurs based on my cultural background during athletic competition or practice while at N.C. A&T.

Q34a

If you answered "yes," please briefly describe the situation/s in which that behavior took place.

Q35

I have witnessed others being the target of racist, homophobic, sexist, religious or ethnic slurs or related discriminatory behavior during athletic competition or practice while at N.C. A&T.

{"ImportId":"QID58"}

No

No

No

No

No

{"ImportId":"QID59_TEXT"}

{"ImportId":"QID60"}

No

No

No

No

No

Q35a

If you answered "yes," please briefly describe the situation/s in which that behavior took place.

Q36

If I answered yes to any question regarding experiencing or witnessing discriminatory behavior, I have communicated those incidents to my coach or other N.C. A&T Athletics officials.

{"ImportId":"QID61_TEXT"}

{"ImportId":"QID62"}

Yes

No

Yes

Q37

If you knew of a teammate with an alcohol or substance abuse problem, would you suggest they get help (through counseling, support from Athletics staff or some other way)?

Q38

Do you know of any teammates or other N.C. A&T student athletes who are struggling with alcohol or substance abuse?

Q39

Have you experienced sexual harassment or assault (e.g., rape or other unwanted sexual contact) at N.C. A&T?

{"ImportId":"QID63"}

Yes

Yes

Yes

Yes

Yes

{"ImportId":"QID64"}

No

No

No

No

No

{"ImportId":"QID65"}

No

No

No

No

No

Q40

If you answered "yes" to the previous question, did you seek out help or support?

Q41

If you experienced stalking (in real life or electronically) or domestic violence, would you report it to university staff and/or law enforcement?

Q42

Did you receive hazing education this year from N.C. A&T athletics staff?

{"ImportId":"QID66"}

Yes

No

{"ImportId":"QID67"}

No

Yes

Yes

Yes

Yes

{"ImportId":"QID37"}

No

Yes

Yes

Yes

No

Q43

Have you been the target of hazing at any time as part of your athletic career at N.C. A&T?

Q43a

If you answered yes to the previous question, did you report it to a university official?

Q44

I have witnessed hazing as part of my athletic career at N.C. A&T.

{"ImportId":"QID72"}

No

No

No

No

No

{"ImportId":"QID73"}

Yes

No

{"ImportId":"QID68"}

No

No

No

No

No

Q44a

If I answered "yes," please briefly describe the incident/s in question.

Q45

If you were to ever experience hazing or witness others being hazed, would you be willing to report it?

{"ImportId":"QID69_TEXT"}

{"ImportId":"QID70"}

Yes

Yes

Yes

Yes

Yes

Q46

Is there anything else related to your experience as a student athlete that you feel the Student Athlete Welfare Committee should be made aware of beyond the questions asked above? If so, please briefly describe that issue below.

{"ImportId":"QID74_TEXT"}

No

Practice sessions are effective.	Protects the health of student-athletes.	Provides a safe environment.	Exhibits fairness, openness and honesty.	Demonstrates sport specific knowledge and strategies.	Promotes sportsmanship and ethical conduct.	Is an effective coach during competition.	Motivates participants effectively and positively.	
	1	3	5	1	2	2	1	1
	4	4	4	2	3	3	2	3
	5	5	5	4	5	5	4	5
	5	5	5	4	5	5	5	5
	2	4	4	4	2	5	2	3
	5	4	5	5	5	5	5	5
	5	4	4	3	5	3	4	2
	4	4	4	4	3	2	2	2

3

3

3

1

2

5

1

1

Demonstrates good listening skills.	Creates an environment that fosters a balance between academic and athletic responsibilities.	Communicates goals and expectations of the program.	Clearly communicates requirements for earning a varsity letter.	Estimates your personal commitment to this sport.	Would the player like to play for this Head Coach again?	How much did you learn from your coach? (e.g. techniques, conditioning, game strategy, etc.)
	2	2	2	3	I really do NOT want to play for the same coach.	I learned a few new things from my coach.
	3	4	3	3	I would most likely want to play for the same coach.	I didn't learn very much from my coach.
	5	5	5	5	I would definitely want to play for the same coach.	I learned a lot from my coach.
	5	5	4	5	I would definitely want to play for the same coach.	I learned a lot from my coach.
	4	5	4	3	I would prefer to play for a different coach.	I didn't learn very much from my coach.
	5	5	5	5	I would definitely want to play for the same coach.	I learned a lot from my coach.
	4	4	5	1	I would most likely want to play for the same coach.	I learned a few new things from my coach.
	2	2	4	2	I would prefer to play for a different coach.	I didn't learn very much from my coach.

1

3

4

4

4

I didn't learn very much
from my coach.

Is your coach's behavior appropriate during games?	Ability to conduct effective practice sessions that improve our team.	Ability to demonstrate proper techniques/skills (dribbling, shooting, etc.)	Understanding of game strategy and tactics.	Ability to communicate with the team on a level in which the team understands.	Ability to motivate the team in becoming better players.	My coach places a high priority on developing each player's ability rather than just winning.	
My coach occasionally yells during games but it is usually something that helps the team.	2	4	2	1	2	FALSE	
My coach occasionally yells during games but it is usually something that helps the team.	6	5	8	5	5	TRUE	
My coach is a great role model and communicates appropriately to the team.	9	9	10	10	9	TRUE	
My coach is a great role model and communicates appropriately to the team.	9	10	10	10	9	TRUE	
My coach is a great role model and communicates appropriately to the team.	3	4	4	7	5	TRUE	
My coach occasionally yells during games but it is usually something that helps the team.	8	9	9	8	8	TRUE	
My coach occasionally yells during games but it is usually something that helps the team.	9	8	8	10	10	FALSE	
My coach is a great role model and communicates appropriately to the team.	6	6	7	2	7	FALSE	

My coach occasionally
yells during games but it
is usually something that
helps the team.

6

7

7

6

1

TRUE

My coach demonstrated good team organization on and off the field.	My coach interacted and communicated effectively with the parents.	I feel that my coach is a good role model.	What is your coach's greatest strength?	What areas does your coach need to improve?
TRUE	TRUE	TRUE	Commitment	Winning
TRUE	FALSE	TRUE		
TRUE	TRUE	TRUE	explains what we are doing good and what we need to work on very well.	More personal relationships
TRUE	TRUE	TRUE		
TRUE	TRUE	TRUE	Is an understanding person. Easy to talk to	Making the team more disciplined and practicing and playing at our best. Can be a pushover which does not help the whole team improve, players can get away with not practicing at their best.
TRUE	TRUE	TRUE	Practice	Game time decisions
TRUE	TRUE	TRUE		
FALSE	FALSE	TRUE	Idk	Better communication

TRUE

TRUE

FALSE

Not labeling each player by
their scholarship amount how
much their "worth" stop
bringing up the past stop
talking about all the schools
you COULDVE gone too stick
to your word

Comments	Select the choice that accurately responds to each of the question below.	List comments, issues and concerns about your assistant coach or coaches.	Transportation
	I would definitely want to play for the same assistant coach(es).		4
	I would prefer to play for a different assistant coach.		3
	I would definitely want to play for the same assistant coach(es).	Great assistant coaches	5
	I would definitely want to play for the same assistant coach(es).		4
To be a more successful team there is a need for a more involved coach who keeps us in check.	I would definitely want to play for the same assistant coach(es).	Coach :Is an incredible coach with technical and strategic help. Is motivating and makes everyone play at their best and most effort level.	4
	I would definitely want to play for the same assistant coach(es).		4
	I would prefer to play for a different assistant coach.		4
	I would definitely want to play for the same assistant coach(es).	I love her! Best coach ever	3

N/A role model don't know much about him as a person	I would definitely want to play for the same assistant coach(es).	I love and they're better than the head coach.	3
--	---	--	---

Hotel Accomodations	Amount of Food to Eat	Variety/Selection of food to eat	Home game meals	Length of Road Trips	Conduct of Coaches	Conduct of Athletic Trainer	Conduct of Other Athletic Staff Members	Study Hall Hours	
	4	3	3	1	3	5	5	5	5
	3	3	3	3	3	3	4	4	4
	5	5	5	5	5	5	5	5	5
	5	5	5	4	4	5	5	5	5
	5	5	4	4	4	4	5	5	4
	4	4	3	3	2	5	5	4	4
	5	5	3	4	3	4	5	5	3
	5	5	4	5	5	5	4	4	4

5

3

1

2

2

2

4

5

5

Tutors and/or Tutoring Services	If you gave a score of 2 or 1 for any aspect, please explain why you were not satisfied and give suggestions for improvement:	Did you develop to expectations?	Did you develop a greater understanding of the game and its tactics?	Did you become more proficient in most elements of the game?	Did you enjoy the season?	Were you satisfied with the rate and scope of your development?
	5	Yes	Yes	Yes	Yes	No
	4	Yes	Yes	Yes	Yes	Yes
	5	Yes	Yes	Yes	Yes	Yes
	5	Yes	Yes	Yes	Yes	Yes
	4	No	Yes	Yes	Yes	No
	3 Bus rides	Yes	Yes	Yes	Yes	Yes
	3	Yes	Yes	No	Yes	Yes
	4	No	No	No	Yes	Yes

5

Yes

No

No

No

No

Comments on
Overall
Satisfaction

I have not
improved or
performed to my
own expectations
of myself but I am
working hard to
have a better
season next year.

Good

SA End-of-the-Year Report FY 2017-18

Select your sport from the list below.

Answer	Count
Baseball	32
Basketball (Men)	11
Basketball (Women)	13
Cheerleading	55
Cross Country/Track & Field (Men)	16
Cross Country/Track & Field (Women)	35
Football	113
Golf (Men)	9
Golf (Women)	8
Gymnastics	18
Rifle	8
Soccer (Men)	26
Soccer (Women)	25
Softball	18
Swimming & Diving (Men)	29
Swimming & Diving (Women)	30
Tennis (Men)	10
Tennis (Women)	8
Volleyball	20
Wrestling	27

Athletic Performance

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I received the amount of playing time I expected this year.	3.86	1.27	474	6%	29	12%	59	14%	66	24%	113	44%	207
2	I am satisfied with my individual athletic performance this season.	3.39	1.24	476	7%	35	20%	96	22%	104	27%	130	23%	111
3	I am satisfied with the athletic success my team achieved this season.	3.84	1.25	495	7%	34	11%	54	13%	65	29%	144	40%	198
4	My athletics performance is enhanced by the expertise of my coaches.	4.03	0.99	490	3%	13	5%	26	16%	77	39%	189	38%	185

Practice

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	The length of practice is effective for optimal training and conditioning.	3.87	1.05	499	3%	16	11%	54	10%	52	47%	234	29%	143
2	The practice times are compatible with my academic needs.	3.99	0.93	500	1%	3	9%	46	12%	60	47%	233	32%	158
3	The practices are well organized and challenging.	4.14	0.96	499	2%	9	7%	34	9%	45	40%	199	42%	212

Travel

#	Question	Mean	Std Deviation	Count	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1	The schedule while traveling allows adequate time for my academic work.	4.06	0.86	474	0% 1	7% 32	13% 61	47% 225	33% 155

The **travel experience** in each of the following areas allowed for **optimal athletic performance**:

#	Field	Mean	Std Deviation	Count	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1	Transportation	4.38	0.74	471	1% 3	2% 10	6% 27	42% 198	49% 233
2	Hotel	4.55	0.57	469	0% 0	0% 1	3% 15	38% 179	58% 274
3	Meals	4.19	0.98	474	2% 9	6% 30	10% 46	35% 164	47% 225

Time Demands														
#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I received a schedule that outlines my team's practice, competition, travel and all required team activities.	4.28	0.84	499	1%	3	5%	26	6%	31	41%	207	46%	232
2	At least seven days notice was provided when significant changes were made or new events were added.	3.35	1.27	499	9%	44	21%	104	19%	95	29%	145	22%	111
3	My days off are free from practice, competition, travel and all required team activities.	3.83	1.12	498	4%	22	10%	50	16%	80	37%	186	32%	160

Academic Support Program for Student Athletes (ASPSA)

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	My academic coordinator is accessible.	4.36	0.82	495	1%	6	3%	13	7%	34	38%	188	51%	254
2	My academic coordinator provides me with accurate information.	4.26	0.87	490	1%	4	4%	18	12%	60	35%	171	48%	237
3	I am aware of the academic support services available to me.	4.44	0.73	496	1%	4	2%	9	4%	19	40%	199	53%	265
4	The tutorial support I receive meets my subject matter needs.	4.05	1.07	411	3%	13	7%	28	16%	65	30%	123	44%	182
5	The tutoring appointments available meet my needs.	4.03	1.08	399	3%	11	8%	31	17%	68	29%	116	43%	173
6	The Case Academic Center provides an optimal atmosphere to study or complete assignments.	4.20	0.92	482	2%	9	4%	19	11%	53	39%	186	45%	215
7	The hours of Case Academic Center meet my needs.	4.26	0.85	472	1%	5	4%	17	9%	42	41%	193	46%	215
8	When I request class supplies (clickers, webassign, calculators), those items are provided in a timely fashion.	4.29	0.82	423	1%	5	1%	4	13%	57	37%	155	48%	202

Student Athlete Engagement

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I know how to contact the Office of Student Athlete Engagement.	3.41	1.25	497	6%	28	26%	127	15%	74	30%	151	24%	117
2	I receive programming information from this staff (e.g., employment opportunities, career fairs, other development workshops and community service opportunities).	4.00	0.91	491	2%	9	6%	27	14%	71	48%	234	31%	150
3	Student Athlete Engagement programming and events are beneficial.	3.88	0.87	471	1%	6	3%	13	28%	134	42%	196	26%	122

What do you think about the amount of programming in each of the following areas?

#	Question	Want More		Just Right		Want Less		Total
1	LGBTQ Education	8%	40	66%	328	26%	126	494
2	Diversity and Inclusion	16%	78	71%	351	13%	66	495
3	Alcohol and Drug Education	8%	38	77%	379	16%	78	495
4	Mental Health	35%	175	59%	294	6%	28	497
5	Career Development	46%	229	50%	247	4%	18	494
6	Financial Literacy Education	40%	198	54%	265	6%	30	493
7	Sexual Assault Awareness Training	13%	66	70%	347	17%	83	496

Student-Athlete Advisory Committee (SAAC)

I am my team's Student-Athlete Advisory Committee (SAAC) representative.

#	Answer	%	Count
1	Yes	11%	54
2	No	89%	445

If Yes is selected:

As your team's SAAC Representative, please respond to the following statements using the choice that most clearly represents your view.

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	My coach provides adequate opportunities to share SAAC updates with my team.	3.87	1.08	53	2%	1	11%	6	21%	11	30%	16	36%	19
2	SAAC meetings are productive and have value.	4.41	0.59	54	0%	0	2%	1	0%	0	54%	29	44%	24
3	My involvement and engagement with SAAC meets my expectations.	4.46	0.66	54	0%	0	2%	1	4%	2	41%	22	54%	29

If No is selected:

Please respond to the following statements using the choice that most clearly represents your view.

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I am aware of the role of the SAAC and know who my team representatives are.	3.90	1.06	437	3%	15	10%	44	11%	47	44%	194	31%	137
2	The SAAC Reps for my team share information with the team in a timely manner.	3.85	1.03	436	4%	16	6%	27	21%	90	40%	175	29%	128
3	When the SAAC rep shares information with the team, this information is helpful and interesting.	3.79	1.00	431	3%	13	7%	30	24%	104	40%	173	26%	111

Strength & Conditioning (S&C)

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	The S&C staff provides clear instruction and supervision during training.	4.72	0.50	492	0%	0	0%	2	1%	5	25%	124	73%	361
2	The S&C staff utilizes safe and effective training or rehab techniques.	4.73	0.51	491	0%	0	1%	3	1%	5	23%	115	75%	368
3	The S&C staff utilizes sport-specific training techniques.	4.66	0.64	493	0%	1	2%	10	2%	10	23%	114	73%	358
4	The S&C staff develops challenging off-season programs with clear individual goals.	4.54	0.81	477	1%	3	4%	18	5%	24	22%	106	68%	326
5	My athletics performance is enhanced by my S&C program.	4.58	0.75	490	0%	2	2%	12	6%	30	21%	101	70%	345

Sports Medicine

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	My team's athletics trainer effectively manages my injury concerns and overall care.	4.31	0.99	494	2%	10	6%	32	7%	33	28%	140	56%	279
2	If other members of the Sports Medicine staff assisted, the treatment provided met my needs.	4.44	0.75	483	1%	3	2%	9	7%	32	35%	167	56%	272
3	Athletic training room hours meet my needs.	4.30	0.90	495	1%	7	5%	24	7%	33	37%	181	51%	250
4	My athletic trainer(s) provide consistent and effective coverage at practices and competitions.	4.35	0.93	493	2%	10	4%	20	8%	38	29%	143	57%	282
5	The team doctor(s) effectively managed my care.	4.40	0.80	468	1%	6	1%	6	9%	41	34%	157	55%	258
6	The on-campus clinic hours for team doctors meet my needs.	4.31	0.79	465	1%	3	2%	9	11%	51	39%	181	48%	221
7	Off-campus doctor appointments are scheduled in a timely fashion.	4.34	0.77	446	1%	3	0%	2	13%	59	35%	157	50%	225

Sports Psychology

Are you aware of Sports Psychology services offered through Sports Medicine?

# Answer	%	Count
1 Yes	86%	428
2 No	14%	71

If No, Skips to next section.

Have you utilized Sports Psychology services individually?

# Answer	%	Count
1 Yes	32%	136
2 No	68%	291

If Yes is selected:

Regarding Sports Psychology services received individually, please respond to the following statements using the choice that most clearly represents your view.

# Question	Mean	Std Deviation	Count	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1 I am satisfied with the overall services I received.	4.30	0.92	115	1% 1	7% 8	6% 7	33% 38	53% 61
2 The appointments available with the sport psychologist meet my needs.	4.26	0.90	117	1% 1	7% 8	5% 6	39% 46	48% 56
3 The services available align with my individual goals.	4.30	0.86	116	1% 1	4% 5	9% 10	36% 42	50% 58
4 My athletics performance is enhanced by these services.	4.03	1.04	113	1% 1	8% 9	24% 27	22% 25	45% 51

Have you utilized these services in a team setting?

# Answer	%	Count
1 Yes	30%	127
2 No	70%	298

If Yes is selected:

Regarding Sports Psychology services received in a team setting, please respond to the following statements using the choice that most clearly represents your view.

# Question	Mean	Std Deviation	Count	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1 I am satisfied with the overall services my team received.	4.32	0.79	113	1% 1	3% 3	7% 8	42% 48	47% 53
2 My team's performance is enhanced by these services.	4.11	0.88	113	1% 1	4% 4	18% 20	40% 45	38% 43
3 The sport psychology services align with our team goals.	4.26	0.77	113	0% 0	4% 4	10% 11	44% 50	42% 48

Athletics Communication & Marketing

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I know how to contact my sport's Communications staff.	3.89	1.13	493	3%	17	13%	65	10%	49	38%	187	36%	175
2	This staff was helpful when I interacted with the media.	4.06	0.92	437	2%	8	2%	10	22%	95	37%	160	38%	164
3	Stories, rosters, statistics and other team information are accurate on GoPack.com.	4.13	0.96	489	2%	8	6%	31	11%	56	39%	189	42%	205
6	My sport's official social media sites tells the story of my team and our season.	4.31	0.80	491	1%	4	2%	10	10%	50	40%	195	47%	232
4	Schedule cards, posters, and other marketing materials for my sport are widely distributed.	3.97	1.08	485	4%	18	8%	39	13%	63	38%	183	38%	182
5	The marketing materials (printed and digital) for my sport are impactful.	4.11	0.92	488	1%	6	5%	26	14%	70	40%	194	39%	192

Rank the social media apps in the order you use most often? (1=Most Often) *Drag & Drop to change ranking.*

#	Question	#1 Ranking		#2 Ranking		#3 Ranking		#4 Ranking		#5 Ranking	
1	Twitter	26%	126	20%	98	34%	169	19%	94	1%	3
2	Facebook	4%	19	8%	38	27%	130	60%	295	2%	8
3	Instagram	41%	200	42%	207	14%	68	3%	14	0%	1
4	Snapchat	29%	143	30%	146	24%	120	16%	79	0%	2
5	Other	0%	2	0%	1	1%	3	2%	8	97%	476

Facilities & Operations

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	My team's practice facilities enhance our ability to compete for championships.	4.10	1.11	498	4%	21	8%	41	7%	36	34%	169	46%	231
2	My team's competition facility enhances our ability to compete for championships.	4.24	1.00	494	2%	12	7%	33	6%	29	34%	168	51%	252
3	The weight room facilities and equipment allow me to reach my physical fitness goals.	4.52	0.71	497	1%	3	1%	7	5%	25	31%	155	62%	307
4	The locker room meets our team's needs.	4.03	1.19	466	5%	25	9%	43	9%	43	30%	139	46%	216
5	I take pride in the facilities and grounds of NC State Athletics.	4.55	0.70	497	1%	4	1%	6	4%	20	30%	148	64%	319

Equipment & Apparel													
#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree
1	I know how to reach my equipment room contact.	4.49	0.85	492	1%	7	4%	20	3%	14	27%	133	65% 318
2	The athletic equipment/apparel issued to me enhances my ability to compete for championships.	4.41	0.86	497	2%	8	3%	13	8%	38	30%	148	58% 290
3	My team's equipment room contact is knowledgeable, accessible and helpful.	4.28	1.01	489	3%	13	5%	25	10%	48	27%	131	56% 272
4	My equipment and apparel needs are met in a timely fashion.	4.22	1.06	495	3%	17	7%	33	7%	34	31%	153	52% 258
5	The distribution and collection of equipment/apparel is well organized.	4.28	1.02	496	3%	17	5%	25	6%	29	32%	157	54% 268

Case Evening Meal

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	The days and hours of the Case Evening Meal work for my schedule.	4.17	0.99	462	3%	13	6%	28	7%	32	40%	185	44%	204
2	Case Evening Meal menu provides quality options to meet my dietary needs.	3.85	1.17	457	6%	28	9%	42	12%	57	38%	175	34%	155
3	Case Evening Meal enhances my ability to compete for championships.	3.91	1.09	456	5%	21	6%	26	20%	89	34%	157	36%	163

Nutrition

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I know how to reach my team's nutritionist.	4.23	0.90	492	1%	6	7%	32	5%	23	43%	212	45%	219
2	My team's nutritionist is responsive to my needs.	4.10	0.98	462	3%	12	4%	19	15%	71	37%	170	41%	190
3	I have been educated on how nutrition impacts athletic performance and overall health.	4.20	0.90	492	2%	10	3%	17	10%	51	41%	203	43%	211
4	The fueling stations have improved my fuel and recovery habits.	4.19	0.89	489	1%	7	4%	21	10%	49	42%	207	42%	205
5	I understand how my campus meal plan works.	4.35	0.74	478	1%	3	2%	10	6%	28	44%	212	47%	225
6	My athletic performance is enhanced by my nutritional habits.	4.25	0.82	492	1%	4	4%	18	9%	43	44%	215	43%	212

Compliance

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	I know how to reach our team's compliance contact.	4.01	1.06	488	3%	14	10%	48	9%	44	40%	197	38%	185
1	My team's compliance contact is knowledgeable, accessible, and helpful.	4.16	0.87	473	1%	7	3%	14	13%	62	43%	204	39%	186
2	I have a good understanding of NCAA rules.	4.25	0.82	485	1%	6	2%	12	9%	46	44%	213	43%	208
3	Student athletes, coaches, parents and boosters associated with my team follow NCAA rules.	4.40	0.73	484	1%	5	1%	5	5%	25	43%	206	50%	243
4	I know how to report a potential violation of NCAA rules.	4.01	1.03	485	3%	13	8%	40	11%	55	41%	198	37%	179

General

#	Question	Mean	Std Deviation	Count	Strongly disagree		Disagree		Neither agree nor disagree		Agree		Strongly agree	
1	My Sport Supervisor is accessible to discuss questions and concerns.	4.29	0.79	484	1%	3	2%	9	12%	57	39%	189	47%	226
2	Athletic staff members engage in only appropriate physical contact with me (e.g., no pushing, no shoving, and/or no inappropriate touching).	4.55	0.67	498	1%	5	0%	1	3%	17	34%	168	62%	307
3	The atmosphere in the Athletics Department is positive and supports diversity with respect to religion, race, ethnicity, gender, gender expression, and sexual orientation.	4.52	0.64	498	0%	1	1%	4	4%	22	36%	179	59%	292

Demographics**Are you a member of a men's team, women's team or co-ed team?**

#	Answer	%	Count
1	Men's Team	52%	258
2	Women's Team	31%	155
3	Co-ed Team	17%	83

What class are you?

#	Answer	%	Count
1	Freshman	25%	124
2	Sophomore	24%	121
3	Junior	25%	126
4	Senior	20%	98
5	Graduate Student/Post Baccalaureate	6%	28

Are you a starter?

#	Answer	%	Count
1	Yes	54%	270
2	No	46%	227

Are you on scholarship?

#	Answer	%	Count
1	Yes	71%	350
2	No	29%	146

Do you want to be contacted by your Sport Supervisor regarding one or more of your responses? (If yes, please provide your name)

#	Answer	%	Count
1	Yes	5%	25
2	No	95%	468

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____ Date: April 24, 2018

Sport: Gymnastics Major: PRT-Program Management

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018:	<u>Yes</u>
2016-2017:	<u>Yes</u>
2015-2016:	<u>Yes</u>
2014-2015:	<u>Yes</u>
2013-2014:	<u>No</u>
2012-2013:	<u>No</u>

Were you recruited? **Yes** No

Did you receive an athletic scholarship? **Yes** No

If yes, in what amount? (circle one) **Full** / Partial

Survey Questions

1. What factors led to your decision to attend NC State University?

- a. In state, close to home
- b. Coaching staff
- c. Always felt right

2. Given your experience at NC State, would you do anything differently if you had the chance?

I would not have done anything different if I had the chance. I loved my school, sport, and athletics department.

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

I had the opportunity to meet a variety of new people that encouraged me to become more social and confident in myself. This has transferred well into job interviews and my life. I have matured in my attitudes towards others, my mental health, and my devotion to accomplish set goals.

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? 20 (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? 20

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

5. Was your practice and competition schedule ever a hindrance to you? Yes No
Academically? Yes No If so, how?

Socially? Yes **No** If so, how?

If so, was this: rare? _____ Occasional? _____ Routine? _____

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

Yes, all four years we found ways to work with my academic schedule including class conflicts and other outside requirements of school.

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

Yes, of course it was harder than I ever imagined, but it was worth it.

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

The favoritism of SEC schools is unfair to other universities across the country. They are rewarded more for the same gymnastics we are doing.

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

Yes

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

Less required hours of sport. It brought us success, but we could have used more rest for our overall wellbeing including physical, mental, and social.

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes

No

Please elaborate.

I competed every year for the team and contributed what I imagined I would.

12. Did the coaching staff treat you as an individual?

Yes

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

Yes

14. Please comment on the quality of the following support areas:

- A. Sports Medicine: I had mixed experiences with Sports Medicine throughout my career. Senior year was great, past years I did not receive the care I believed I needed. This was made known to my athletic trainer and changes were made to meet my needs as an athlete.
- B. Academic Support (ASPSA): I did not use academic support services very often, but when I did, they were beneficial to me.
- C. Student-Athlete Enhancement and Leadership: I do not know what this is.
- D. Equipment/Facilities/Travel: Equipment was great, we received a lot of gear and got it switched out if needed for sizing purposes.
- E. Sports Marketing: Marketing got better throughout my four years. Senior year it was great.
- F. Compliance Unit: Compliance was informational and useful.
- G. Athletics Communication (Sports Information Office): Did not use this.
- H. Strength & Conditioning: Strength and conditioning was very different every year, but now I believe the program will continue to use methods of strength and conditioning from this past year because we were successful.

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? **Yes** No Did your teammates? **Yes** No
Did your coach(es)? **Yes** No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

No

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

No

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

Colleen Johnson

Bob Starkell

Felipe (Strength)

19. How can the athletics department assist you in your career goals?

I have a job setup post-graduation.

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

No, I do not know.

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____

Date: 4/26/18

Sport: M. Swim & Dive

Major: Com - Media

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018: ✓
2016-2017: ✓
2015-2016: ✓
2014-2015: ✓
2013-2014: ✓
2012-2013: ✓

Were you recruited?

Yes

No

Did you receive an athletic scholarship?

Yes

No

If yes, in what amount? (circle one)

Full

/

Partial

NC State Athletics
Student-Athlete Exit Interview Survey

Survey Questions

1. What factors led to your decision to attend NC State University?

- a. Coaching Staff
- b. Teammates
- c. Team culture

2. Given your experience at NC State, would you do anything differently if you had the chance?

NO

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

~~Patience~~, patience, Determination

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? 20 (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? 24

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

5. Was your practice and competition schedule ever a hindrance to you? Yes No

Academically? Yes No If so, how?

Socially? Yes No If so, how?

If so, was this: rare? _____ Occasional? _____ Routine? _____

NC State Athletics
Student-Athlete Exit Interview Survey

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

Yes

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

Yes

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

N/A

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

Yes

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

Recruiting + Mental Health awareness

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes

No

Please elaborate.

12. Did the coaching staff treat you as an individual?

Yes

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

Yes

NC State Athletics
Student-Athlete Exit Interview Survey

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

Great

B. Academic Support (ASPSA):

Great

C. Student-Athlete Enhancement and Leadership:

Great

D. Equipment/Facilities/Travel:

Great

E. Sports Marketing:

Great

F. Compliance Unit:

Great

G. Athletics Communication (Sports Information Office):

Great

H. Strength & Conditioning:

Great

NC State Athletics
Student-Athlete Exit Interview Survey

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? ☒ Yes No Did your teammates? Yes No
Did your coach(es)? ☒ Yes No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

No

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

No

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

Braden Holloway, Gary Taylor, Michelle Lee,

Megan Albidrez

19. How can the athletics department assist you in your career goals?

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- ☒ • Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

No

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: [REDACTED]

Date: May 3, 2018

Sport: softball

Major: education

Permanent Address: [REDACTED]

Permanent Phone or Cell Phone: [REDACTED]

Permanent Email: [REDACTED]

Years of Participation on an NC State Team:

2017-2018: _____ 2016-2018 _____
2016-2017: _____
2015-2016: _____
2014-2015: _____
2013-2014: _____
2012-2013: _____

Were you recruited? **Yes** No

Did you receive an athletic scholarship? **Yes** No

If yes, in what amount? (circle one) **Full** / Partial

Survey Questions

1. What factors led to your decision to attend NC State University?

a. The coaching

b. Education program

c.

2. Given your experience at NC State, would you do anything differently if you had the chance?

I had a pretty good experience, just too far from home

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

new people, new culture

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? ____ (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

adequate

not enough

too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season?

Do you feel this amount of time was: (circle one)

adequate

not enough

too much

5. Was your practice and competition schedule ever a hindrance to you? Yes **No**

Academically? Yes **No** If so, how?

Socially? Yes **No** If so, how?

If so, was this: rare?

Occasional?

Routine?

NC State Athletics
Student-Athlete Exit Interview Survey

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

yes

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

yes

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

nothing

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

yes

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

recruiting later

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes **No** Please elaborate.

12. Did the coaching staff treat you as an individual?

yes

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

yes

NC State Athletics
Student-Athlete Exit Interview Survey

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

good

B. Academic Support (ASPSA):

good

C. Student-Athlete Enhancement and Leadership:

good

D. Equipment/Facilities/Travel:

good

E. Sports Marketing:

good

F. Compliance Unit:

good

G. Athletics Communication (Sports Information Office):

good

H. Strength & Conditioning:

good

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? **Yes** No Did your teammates? **Yes** No

NC State Athletics
Student-Athlete Exit Interview Survey

Did your coach(es)? **Yes** No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

no

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

no

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

19. How can the athletics department assist you in your career goals?

n/a

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- **Other**

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

no

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____ Date: 06/14/18

Sport: Track and Field Major: Business Administration

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018: x
2016-2017: x
2015-2016: x
2014-2015: x
2013-2014: x
2012-2013: _____

Were you recruited? Yes No

Did you receive an athletic scholarship? Yes No My Final Year

If yes, in what amount? (circle one) Full / Partial

Survey Questions

1. What factors led to your decision to attend NC State University?

- a. **Renown Engineering Program**
- b. **Relatively Inexpensive**
- c. **"Perfect" Distance: not too close, not too far from home**

2. Given your experience at NC State, would you do anything differently if you had the chance?

I would have started out in my current major, as opposed to being in FYC and trying to CODA into engineering.

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

- 1. **Confidence – through setting remarkable goals and achieving them by my own grit and determination**
- 2. **Discipline – In order to rise to the level of athlete that I was, I had to be disciplined in my craft.**
- 3. **Resilience – as an athlete and student, I had setbacks and had to overcome them. Not being accepted into engineering was a huge challenge**

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? _____ (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

- adequate
- not enough
- too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? _____

Do you feel this amount of time was: (circle one)

- adequate
- not enough
- too much

5. Was your practice and competition schedule ever a hindrance to you? Yes No

**NC State Athletics
Student-Athlete Exit Interview Survey**

Academically? Yes No If so, how?

Graduate School was exceptionally tough with competition, and my internship. To be fair, I knew what to expect.

Socially? Yes No If so, how?

With weekends filled up with meets from Jan – May, I did not have much time on the weekends to certain things. However, this is just the nature of college athletics, and me answering the question honestly, and not as a complaint.

If so, was this: rare? _____ Occasional? X Routine? _____

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

Yes, definitely. Coach Wood worked with me especially during Graduate School, and throughout my undergrad by shifting things around for me when I had heavy academic weeks.

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

They were honestly even better. Between life experiences, recognition, and friendships made, I got more than I ever asked for.

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

I would make international transfer standards stricter. I have seen many athletes who were former champions in their country come to the states at age 23 (Kevin Arreaga from Miami University for example) and have the eligibility of a Freshman.

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

Yes.

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

I really like the RARA calendars, and the amount of transparency behind the communication between the NCAA and student athletes. As far as my sport, I would like to see fairer allocation of scholarships across the different event areas (DISTANCE, sprints, jumps, throws).

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes No Please elaborate.

**NC State Athletics
Student-Athlete Exit Interview Survey**

Yes, I became a 3xAll American which only 1 other male thrower has done, and set an ACC Record, along with becoming an ACC champion and 6 x All-ACC, with 2 school records along the way. My first goal when I got to NCSU was to score at conference. I definitely reached my athletic potential.

12. Did the coaching staff treat you as an individual?

Yes

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

Yes. While I did not have to contact them, and wish that I chose to anyway just to establish a regular dialogue, they were very clear that they were accessible to us and encouraged us to do so.

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

I believe that this was top quality as far as Division I athletics goes, they have plenty of resources and normally a decent response time.

B. Academic Support (ASPSA):

In my personal case ASPSA has been good quality, as far as Case Academic, my Academic Advisor, etc. But I have seen other students who have had huge mishaps regarding ASPSA. Also, the strict nature of communication was frustrating for students like me who have achieved academic success (6xScholar athlete) and are in Case by choice. I am aware that this is a place for studying and rigorous academic activities, as it should be, but having the administrators having to come and constantly tell everyone to be quiet and put cell phones away was quite annoying and even deferred me from going to case. I know the reasons behind this, and I agree with them, but being scared to change a song, use a calculator on my phone, research a simple fact check while typing a paper, or even respond to a text message for 8 seconds because I did not want to be scolded by an administrator was too much.

I understand that there are "bad apples" and athletes who abuse such things, which is why the rules exist, and I'm fine with that, but I wish there was a better way to manage.

C. Student-Athlete Enhancement and Leadership:

This was good quality. I feel like this has grown during my time at state, and would like it to grow more.

D. Equipment/Facilities/Travel:

**NC State Athletics
Student-Athlete Exit Interview Survey**

This was exceptionally good quality, again, top of the top as far as Division 1 facilities go in my opinion. However, the throwers have an issue finding a place to practice the indoor events when the weather exceptionally cold or it rains for an entire week. Twice my pre-nationals practice has been jeopardized because of the weather. Luckily we were able to practice at UNC Chapel Hill, but a less dependent option would be much better.

E. Sports Marketing:

This was good quality, and I was really impressed with the timeliness of media releases, posts, etc.

F. Compliance Unit:

Although I never had to seek out these resources, this was good quality in my opinion, because at least this department was always visible and encouraged us to seek them out for whatever we needed help with. Also, I strongly recommend a universal banned list, or common substances on the banned list being shared regularly with athletes. For example, Nyquil. I almost took this when I had bronchitis my sophomore year and it was a last minute text from Bianca Broughton (previous athletic trainer) that stopped me. This knowledge is too unknown/gray for it to have as severe penalties as it does.

G. Athletics Communication (Sports Information Office):

This was the good quality in my opinion

H. Strength & Conditioning:

This was also top quality for Division I in my opinion. As a thrower, my coach oversaw my strength and conditioning and this has proved very successful, but I have heard and seen many other teammates (of other events) complaining about their workouts (in terms of literal strength) as being not core to their events. I have witnessed some of these exercises myself, and questioned the effectiveness. I am not saying that their workouts were bad, but I feel that the majority of the athletes should feel that the weightroom is effective, in whatever form of workout that takes.

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? **Yes** No Did your teammates? **Yes** No
Did your coach(es)? **Yes** No

**NC State Athletics
Student-Athlete Exit Interview Survey**

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

No.

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

No.

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

Thomas Wood was a great coach, and has created a place of respect and sincerity in my heart that will last forever. He has always sought out to do what was best for his athletes even if that means sticking his neck out, or risking catching heat. He was critical to my success as I wanted to achieve goals for him for being right there with me and working just as hard as me throughout the years. And it is not just me, most if not all of his throwers have felt this way. The throwers of past and present (regardless of the time) have always had a bond which was created by this man. If he could be recognized or rewarded in any way, I am 100% for it. I know that he may be a little "gruff" on the outside, but he is a good man, and a great coach.

Jackie Brooks was amazing as well. She is a mother to everyone on the team, and I mean that in the most positive and appreciative way. Not only that, she is great at her job. If there is an issue, she already has contingencies planned, and has formulated a workaround. She is also passionate about track and field, and everyone of the athletes that walks through those office doors and makes Track and Field feel like a family.

19. How can the athletics department assist you in your career goals?

I can't think of a way, currently. But, while as an athlete, Wolfpack 1st and Goal is great, as well as the Aftersports Group. I would encourage more workshops throughout the entire year in regards to resume writing, interviewing, etc.

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept

NC State Athletics
Student-Athlete Exit Interview Survey

- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

I am not clear in how exactly my scholarship was funded. I know that there are buckets, or allotments, for different purposes. This is something I would encourage to be more transparent in general, as in "Based on X, Y, and Z, this is how you get a scholarship." For example, I was really trying to earn one in the beginning of my career, not really understanding how it worked. I did not know that you can have Financial Aid or Athletic Aid, but not both. I did not understand this until halfway through my undergraduate Career. I feel that there needs to be a communicate that discusses the particulars of a scholarship, and how you can or can't get one based on your personal situation. This will also make things clearer for recruits and their parents, instead of leaving this as a "gray area".

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____ Date: 5/11/18

Sport: W. Basketball Major: Social Work

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018: Junior
2016-2017: Sophomore
2015-2016: Freshman
2014-2015: _____
2013-2014: _____
2012-2013: _____

Were you recruited? ☒ Yes ☐ No

Did you receive an athletic scholarship? ☒ Yes ☐ No

If yes, in what amount? (circle one) ☒ Full / ☐ Partial

Survey Questions

1. What factors led to your decision to attend NC State University?

- a. The Coaches
- b. Academics
- c. Location

2. Given your experience at NC State, would you do anything differently if you had the chance?

I would have participated in school activities outside of basketball more

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

Time management. Responsibility.
Being on time

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? 16 (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

- ☒ adequate
- ☐ not enough
- ☐ too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? 8

Do you feel this amount of time was: (circle one)

- ☒ adequate
- ☐ not enough
- ☐ too much

5. Was your practice and competition schedule ever a hindrance to you? Yes ☒ No

Academically? Yes ☒ No If so, how?

Socially? Yes ☒ No If so, how?

NC State Athletics
Student-Athlete Exit Interview Survey

If so, was this: rare? _____ Occasional? _____ Routine? _____

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

Most of the time, yes it wasn't a problem.

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

Yes, I expected the long practices and meetings and being busy.

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

I wouldn't change anything.

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

Yes they did.

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

I don't have any

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes ☒ No Please elaborate.

I feel as though I still have growing to do towards my potential.

12. Did the coaching staff treat you as an individual?

After my freshmen year they did.

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

Yes, they were always available.

NC State Athletics
Student-Athlete Exit Interview Survey

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

Great, always took care of me.

B. Academic Support (ASPSA):

Gave me the right advice to advance in the classroom.

C. Student-Athlete Enhancement and Leadership:

I was never really apart of anything with this.

D. Equipment/Facilities/Travel:

Always great, Can't Complain

E. Sports Marketing:

Great, Can't Complain

F. Compliance Unit:

Was always helpful.

G. Athletics Communication (Sports Information Office):

Great, Can't Complain

H. Strength & Conditioning:

Great, knew everything to make me a better player on the Strength & Conditioning end.

NC State Athletics
Student-Athlete Exit Interview Survey

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? Yes No Did your teammates? Yes No
Did your coach(es)? Yes No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

NO

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

NO

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

Cosi Dailey

Nate Brookerson

19. How can the athletics department assist you in your career goals?

I honestly don't know what I want to do yet.

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

NO, I didn't know specifics.

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____

Date: 04/25

Sport: Women's golf

Major: sport management

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018: ✓
2016-2017: ✓
2015-2016: Red shirt
2014-2015: ✓
2013-2014: _____
2012-2013: _____

Were you recruited?

Yes

No

Did you receive an athletic scholarship?

Yes

No

If yes, in what amount? (circle one)

Full

/ Partial

NC State Athletics
Student-Athlete Exit Interview Survey

Survey Questions

1. What factors led to your decision to attend NC State University?

- a. Golf team
- b. School
- c. Weather in NC

2. Given your experience at NC State, would you do anything differently if you had the chance?

No. I had a great experience in NC state. I ~~was~~
~~the~~

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? 20 (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? 8

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

5. Was your practice and competition schedule ever a hindrance to you? Yes No

Academically? Yes No If so, how?

Socially? Yes No If so, how?

**NC State Athletics
Student-Athlete Exit Interview Survey**

If so, was this: rare? _____ Occasional? _____ Routine? _____

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

Yes, both of the coaches understand academic come first.

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

Yes.

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

~~the way~~ NO.

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

~~no~~ Yes.

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

The hours in tournament should count 4 hours instead of 3 hours.

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes

No

Please elaborate.

~~no~~ I have a hard time to reach my athletic potential while I was a student athlete.

12. Did the coaching staff treat you as an individual?

Yes.

It was just hard for me to balance both not because the coaches.

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

Yes.

NC State Athletics
Student-Athlete Exit Interview Survey

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

Dr. O is a great! She helped me a lot in this
4 Years.

B. Academic Support (ASPSA):

Maria always help me in the academic part and
provide information for my tutoring.

C. Student-Athlete Enhancement and Leadership:

good

D. Equipment/Facilities/Travel:

Great!

E. Sports Marketing:

Great!

F. Compliance Unit:

They are easy to communicate and provide great
information.

G. Athletics Communication (Sports Information Office):

good

H. Strength & Conditioning:

good.

NC State Athletics
Student-Athlete Exit Interview Survey

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? Yes No Did your teammates? Yes No
Did your coach(es)? Yes No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

No

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

No

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

~~Coach~~ R Coach Rise

Dr. O

Michelle Joshua

19. How can the athletics department assist you in your career goals?

My sport is a individual sport

and I think is hard to help in the future.

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

Yes. ~~from~~ ~~the~~ ~~an~~ ~~donor~~ donator from university club.

NC State University
Student-Athlete Exit Interview Survey
(Required by any student who discontinues participation)

General Information

Student-Athlete: _____

Date: 4/26/18

Sport: W SW

Major: Nutrition Science

Permanent Address: _____

Permanent Phone or Cell Phone: _____

Permanent Email: _____

Years of Participation on an NC State Team:

2017-2018: ✓
2016-2017: ✓
2015-2016: ✓
2014-2015: _____
2013-2014: _____
2012-2013: _____

Were you recruited? Yes No

Did you receive an athletic scholarship? Yes No

If yes, in what amount? (circle one) Full / Partial

NC State Athletics
Student-Athlete Exit Interview Survey

Survey Questions

1. What factors led to your decision to attend NC State University?

a. *I transferred for better coaching*

b.

c.

2. Given your experience at NC State, would you do anything differently if you had the chance?

*I would have been more
social junior year*

3. What personal traits and/or characteristics have been enhanced as a result of your athletic experience at NC State that can assist you in achieving your future goals professionally or personally?

*I am more confident
I can lead.*

4. (a.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities during the season? 4 (It does not include academic meetings, study hall, tutoring, rehab, compliance meetings, voluntary workouts, voluntary film sessions, etc.)

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

(b.) How many hours per week, on average, would you estimate that you engaged in countable athletically related activities outside the season? 4

Do you feel this amount of time was: (circle one)

adequate
not enough
too much

5. Was your practice and competition schedule ever a hindrance to you? Yes No

Academically? Yes No If so, how? *I can't study as much*

Socially? Yes No If so, how?

If so, was this: rare? _____ Occasional? _____ Routine? ✓

NC State Athletics
Student-Athlete Exit Interview Survey

6. Was the coaching staff understanding when your academic obligations conflicted with your athletic commitment (class, group project, exam review)?

yes Gary was

7. Were your experiences as a varsity athlete at NC State what you expected them to be?

yes

8. If you could change anything in your sport (rules, NCAA tournament, etc.), what would it be?

~~more~~ Q

9. Did your coach(es) and the institution fulfill the commitments made to you in the recruiting process?

yes

10. What type of changes do you believe would be beneficial for the overall intercollegiate athletics program or in your sport?

more mental health training

11. Do you believe you reached your athletic potential while enrolled as a student athlete?

Yes

No

Please elaborate.

12. Did the coaching staff treat you as an individual?

yes

13. Were the athletic administrators available to you if you contacted them for any type of assistance?

yes

NC State Athletics
Student-Athlete Exit Interview Survey

14. Please comment on the quality of the following support areas:

A. Sports Medicine:

average

B. Academic Support (ASPSA):

good

C. Student-Athlete Enhancement and Leadership:

good

D. Equipment/Facilities/Travel:

great

E. Sports Marketing:

average

Instagram needs improvement

F. Compliance Unit:

great

G. Athletics Communication (Sports Information Office):

good

H. Strength & Conditioning:

great

NC State Athletics
Student-Athlete Exit Interview Survey

15. To the best of your knowledge, did you fully understand and abide by NCAA, Conference, and Institutional regulations? Yes No Did your teammates? Yes No
Did your coach(es)? Yes No

16. Did you or another student-athlete you know participate in gambling activities during your career as a student-athlete at NC State? If yes, please explain?

no

17. Did you or another student-athlete ever accept any gifts or cash from an agent or a person representing an agent or a booster of the Athletics program?

no

18. If you had a particularly effective/helpful coach, support staff member or administrator, please list provide their names below.

Gary Taylor

19. How can the athletics department assist you in your career goals?

Recommendations

20. What best describes your plans or situation after graduation? (circle one)

- Doing a year or more of service work (such as Peace Corps)
- Self-employed or working in a family-owned business
- Looking at options: seeking employment and applying to graduate/professional school
- Currently seeking employment, but don't yet have a job offer
- Have a job offer(s), but have not yet decided to accept
- Have a job offer(s), and have accepted or will accept
- ☒ Plan to attend graduate/professional school (or other additional education) full-time, but details not firm yet
- Have accepted full-time admission to graduate/professional school (or other additional education)
- Plan to play professional sports
- Other

21. If you were on an athletic scholarship, do you know how your scholarship is funded?

no

Part 1: Academic Experiences (2017-18)	
	Average (1-5)
I am pleased with my academic experience at UNC (Exiting)	
I was able to balance my academic and sport responsibilities while at UNC. (Exiting)	
My participation in athletics did not prevent me from selecting the academic major that I initially preferred. (Exiting)	
Instructors vary, but overall, instructors understood the challenges I faced as a student-athlete (i.e. missed class for competition). (Exiting)	
I have been able to balance my academic and sport responsibilities while at UNC. (Staying)	
My participation in athletics has not prevented me from selecting the academic major I desire. (Staying)	
The academic transition from high school to UNC has been manageable. (Fr/So)	

Part 2: Academic Support (2017-18)	
The following academic support components have been helpful to me:	Average (1-5)
ASPSA Academic Counselors	
ASPSA Tutors	
ASPSA Learning Specialists	
Campus Academic Advising located in Loudermilk (not your ASPSA Counselor) Professional Schools mark N/A	
Loudermilk 2nd Floor Facilities	
Having an individualized support program (MAP) has been beneficial to me. (Fr/So)	
The UNC Honor Code has been upheld by everyone who has supported me with my academics (Exiting)	

Part 3: Student-Athlete Development (2017-18)	
I am satisfied with the impact these student-athlete development programs had on my learning:	Average (1-5)
Carolina Navigate (CREED)	
Carolina Cultivate (CREED Mentors)	
Carolina Accelerate (Rising Stars)	
Carolina Incubate (Leadership Lab)	
Carolina Activate (Veteran Leaders)	
Community Service	
Life Skills/Personal Development workshops	
Career Development Programs in Loudermilk	
Student-Athlete Advisory Council (SAAC)	

Part 4: Compliance (2017-18)	
	Average (1-5)
I feel confident in my understanding of when to seek guidance about the rules.	
I know who to contact if I have questions or concerns regarding NCAA rules.	

Part 5: Coaching (2017-18)	
My Head Coach...	Average (1-5)
Has treated me fairly	
Has supported my academic interests and commitments	
Has fostered a team atmosphere that encourages academic achievement	
Has been interested in my development as a person	
Is committed to NCAA compliance	
Has helped me improve my technical sport-related skills	
Has maintained good communication with me	
Has maintained good communication with the team as a whole	
Has had a positive influence on me	
I am confident in the future of our sport program under our head coach.	

Part 5: Coaching (2017-18)	
My Primary Assistant Coach...	Average (1-5)
Has treated me fairly	
Has supported my academic interests and commitments	
Has fostered a team atmosphere that encourages academic achievement	
Has been interested in my development as a person	
Is committed to NCAA compliance	
Has helped me improve my technical sport-related skills	
Has maintained good communication with me	
Has maintained good communication with the team as a whole	
Has had a positive influence on me	

Part 6: Facilities, Apparel & Equipment (2017-18)	
<i>(Fixed error causing only 4 survey options)</i>	
Please rate your satisfaction with the following:	Average (1-4)
My team's practice and competition facilities	
My team's locker room facilities	
The sport-related equipment provided to my team	
The sport-related apparel that I have received	
Laundry arrangements for practice/competition apparel (FR/SO)	
The scheduling of practice times (FR/SO)	
The availability of video, filming, and other special audio/visual equipment (JUN)	
The timing and location of home competitions (JUN)	

Part 7: Travel, Meals & Accommodations (2017-18)	
Please rate your satisfaction with the following:	Average (1-5)
Transportation to/from competitions provided	
Hotel/housing accommodations	
Meals and/or per diem provided during away competition	

Part 8: Marketing (2017-18)	
Please rate your satisfaction with the following:	Average (1-5)
Marketing and media relations for your team (e.g. posters, press guides, social media, website, etc.)	
Media coverage for your sport	
Attendance at home competitions	

Part 9: Sports Medicine, Nutrition & Psychological Services (2017-18)	
Team Physician(Exiting SA's)	Average (1-5)
He/She was an expert in the field	
He/She was highly available to me and responsive to my concerns	
The quality of care/service provided to me was excellent	
I have been satisfied with the communication between my team physician and my coach(es)	
He/She handled my medical issues and records with the appropriate level of confidentiality	

Part 9: Sports Medicine, Nutrition & Psychological Services (2017-18)	
Head Athletic Trainer (Juniors/Seniors)	Average (1-5)
He/She was an expert in the field	
He/She was highly available to me and responsive to my concerns	
The quality of care/service provided to me was excellent	
I was satisfied with this provider's level of coverage at off/in-season practices and during competitions	
I was satisfied with the communication between this provider and my coach(es)	
He/She handled my medical issues and records with the appropriate level of confidentiality	

Part 9: Sports Medicine, Nutrition & Psychological Services (2017-18)	
GA Athletic Trainer (Freshmen/Sophomores)	Average (1-5)
He/She was an expert in the field	
He/She was highly available to me and responsive to my concerns	
The quality of care/service provided to me was excellent	
I was satisfied with this provider's level of coverage at off/in-season practices and during competitions	
I was satisfied with the communication between this provider and my coach(es)	
He/She handled my medical issues and records with the appropriate level of confidentiality	

Part 9: Sports Medicine, Nutrition & Psychological Services (2017-18)	
<i>Primary Sports Nutritionist (Freshmen/Juniors)</i>	Average (1-5)
He/She was an expert in the field.	
He/She has been highly available to me and responsive to my concerns	
The quality of service/instruction provided to me has been excellent	

Part 10: Strength and Conditioning (2017-18)	
<i>Please rate your satisfaction with the following:</i>	Average (1-5)
Strength and conditioning equipment	
Size and layout of the weight room	
Weight room supervision (FR/SO)	
Individualized attention available to me (FR/SO)	
Safety of training techniques (FR/SO)	
Up-to-date methods of training (FR/SO)	
I have always been able to access particular equipment when I need it (JUN/SEN)	
My strength coach has helped me prevent injury (JUN/SEN)	
My strength coach has helped me become a better athlete (specific to my sport) (<i>Exiting</i>)	
My strength coach helped me improve my general physical condition (<i>Exiting</i>)	

Part 11: Overall Impressions (2017-18)	
Please rate the extent to which you agree with the following statements about UNC Athletics Staff:	Average (1-5)
They are Responsible - they do what is right	
They are Innovative - they find a better way	
They are Service-oriented - they put others first	
They are Excellent - they work hard, play smart, and win together	
Knowing what I know now, if I were making the decision again, I would still choose to attend UNC. (<i>Exiting</i>)	
	Average (0-10)
How likely is it that you would recommend the student-athlete experience on your team to a friend or relative? (<i>Non-Freshmen</i>) (<i>All numbers 0-10 available</i>)	

[+ New Report](#)[Publish](#)

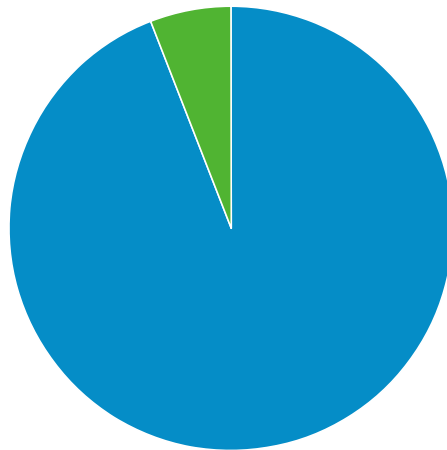
Select Report

All Submissions - All Fields - All Time

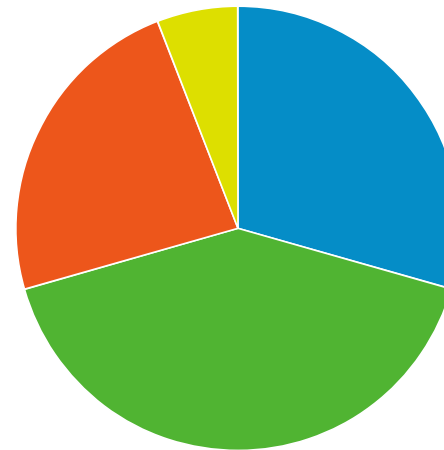
All Submissions - All Fields - All Time

[Edit Report](#)[Save as PDF](#)**Submissions**
17

This is the default version of your form report. You can customize it according to your needs and preferences. Reports can be generated for all the dropdown lists, radio buttons and checkboxes in your form. You can also add filters to your report, in order to see only the information that interests you at one point.

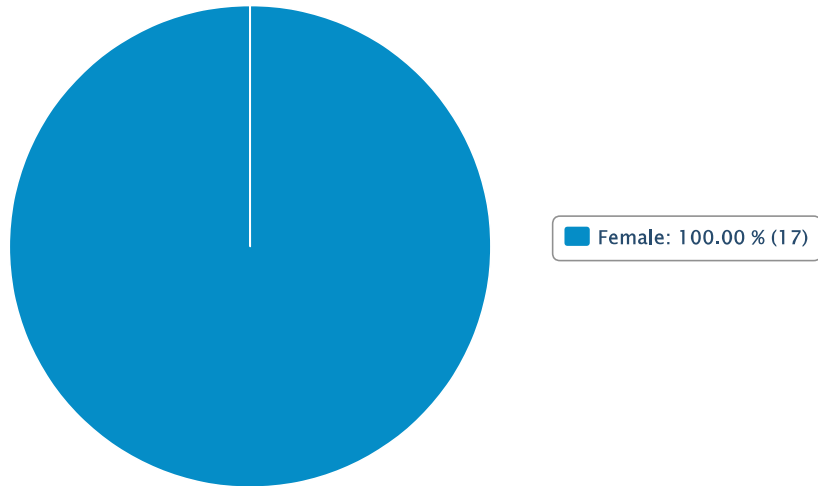
Will you be participating in varsity athletic's next season

yes: 94.12 % (16)
no: 5.88 % (1)

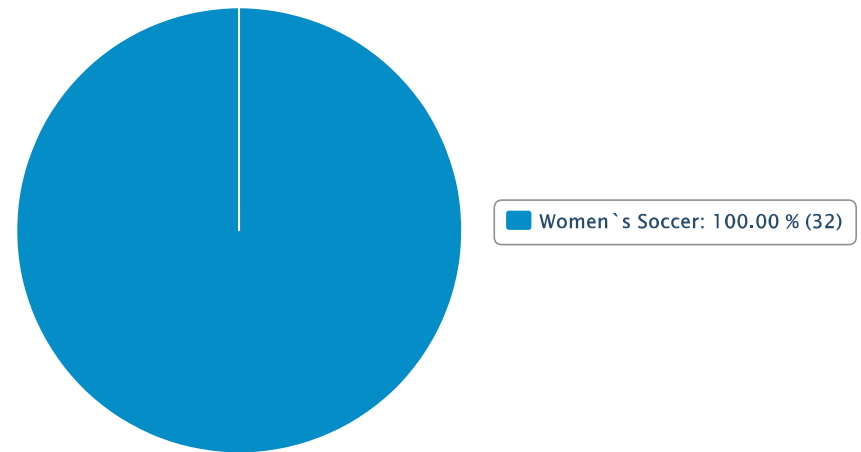
Sports Classification [Ex. If you are a redshirt Freshmen then you are a Freshmen]

Freshman: 29.41 % (5)
Sophomore: 41.18 % (7)
Junior: 23.53 % (4)
Senior: 5.88 % (1)

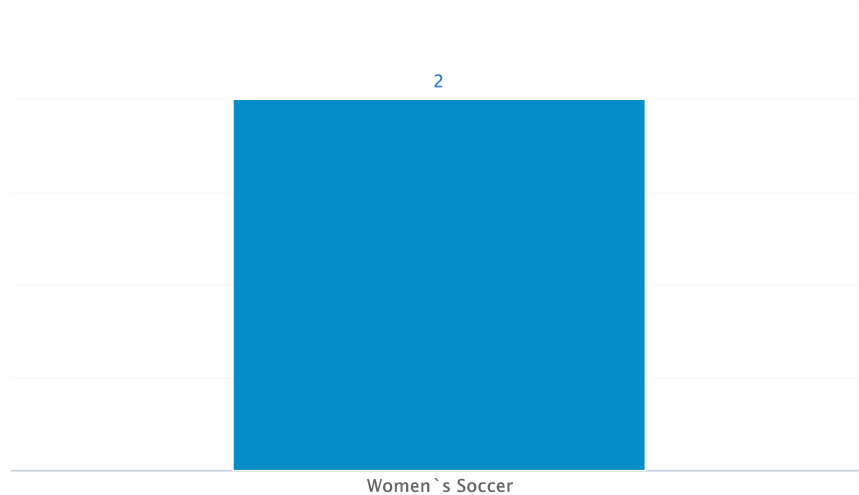
Gender



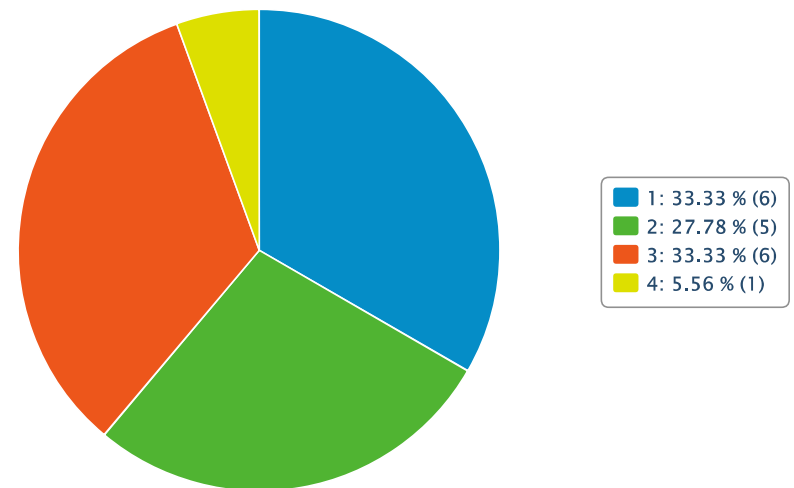
Varsity Sport



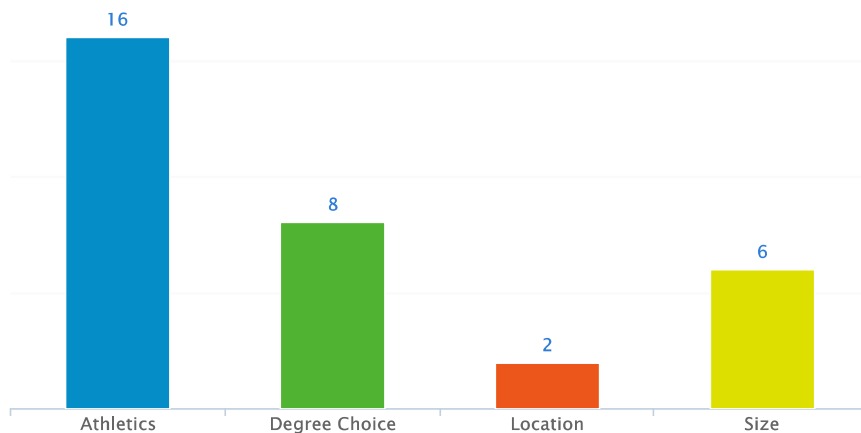
Select other varsity sport(s) you have participated in besides the one indicated above:



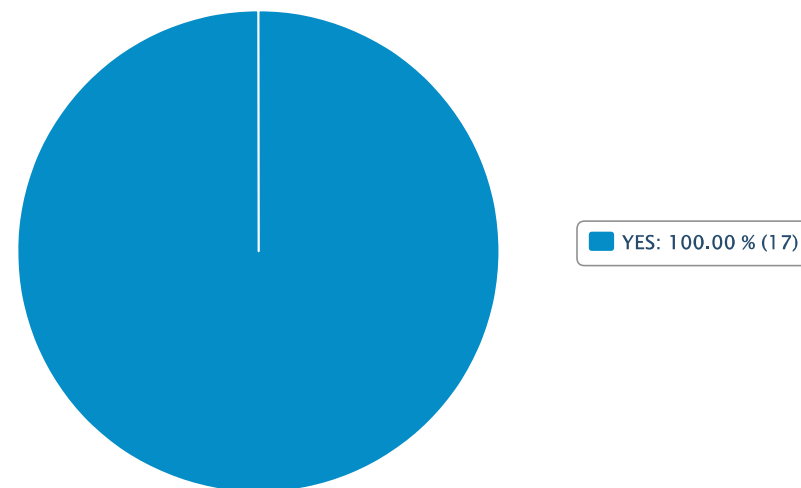
Varsity years completed



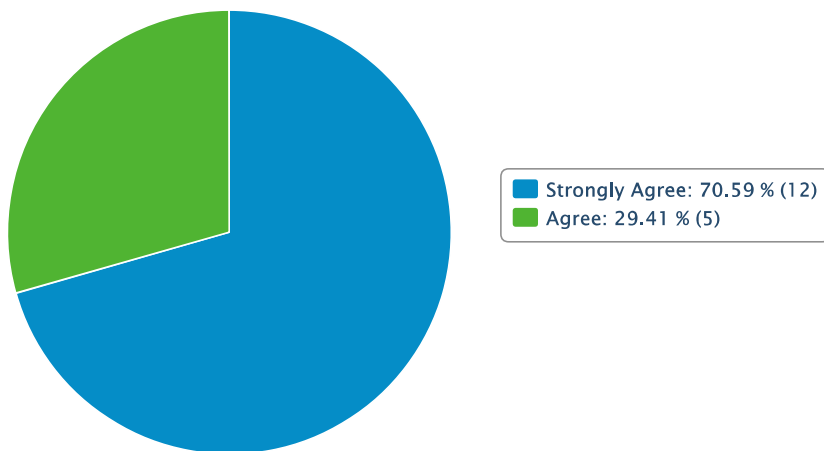
Why did you choose to attend University of North Carolina at Pembroke? (check all that apply)



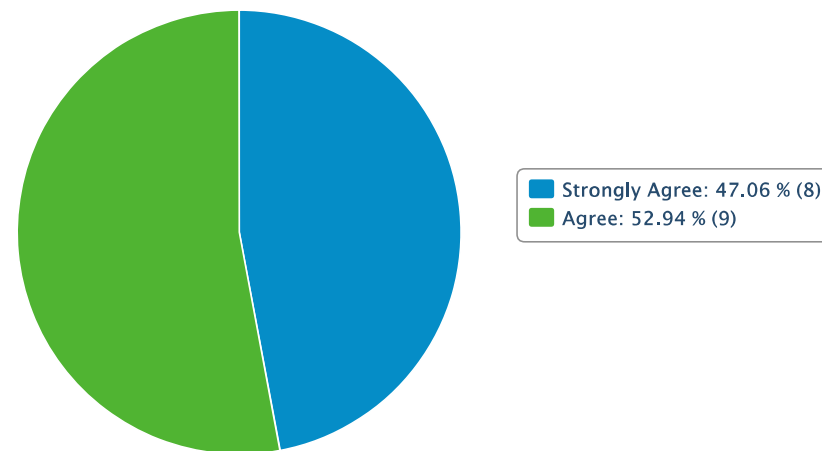
Are you on Athletic Scholarship



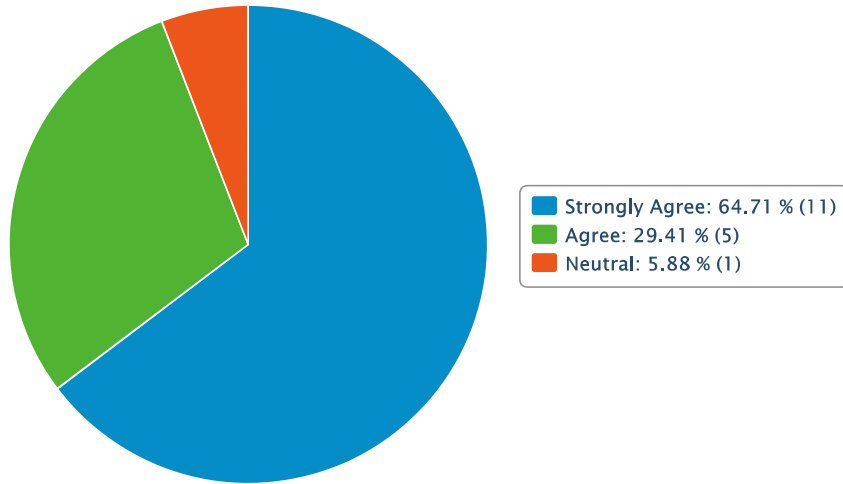
My head coach conducts our program in an atmosphere supportive of my academic goals.



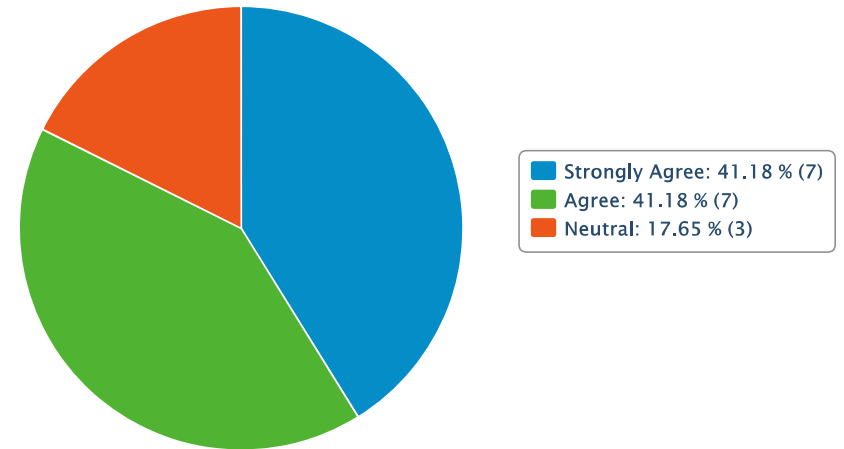
My head coach helps the team develop, pursue and evaluate academic goals for the season



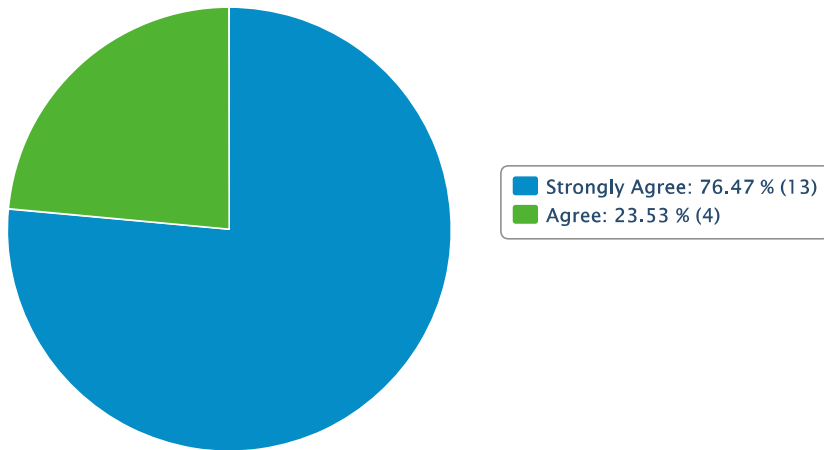
My head coach enforces team rules consistently.



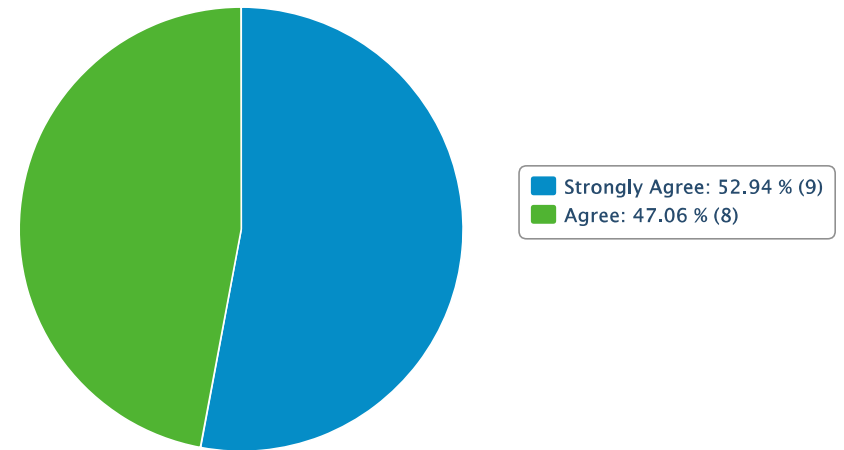
My head coach displays a clear understanding of the sport (e.g. skills, strategies, rules).



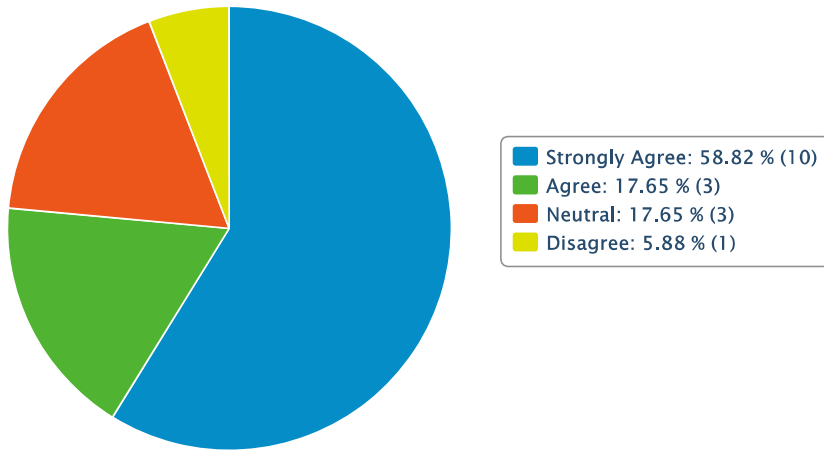
My head coach seems well prepared for practices and games.



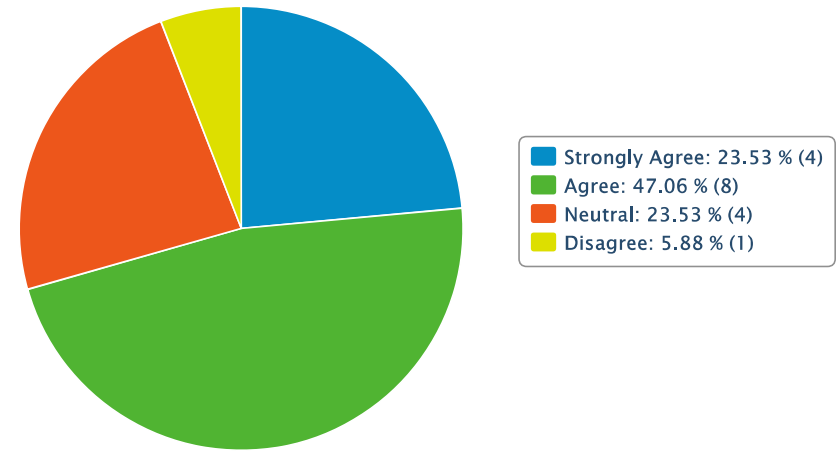
My head coach helps the team develop, pursue and evaluate athletic goals for the season.



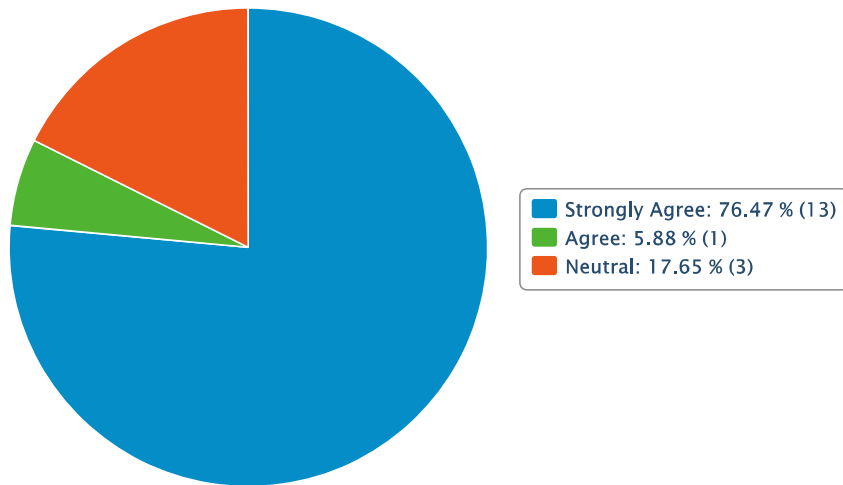
My role on the team has been clearly communicated to me by my head coach.



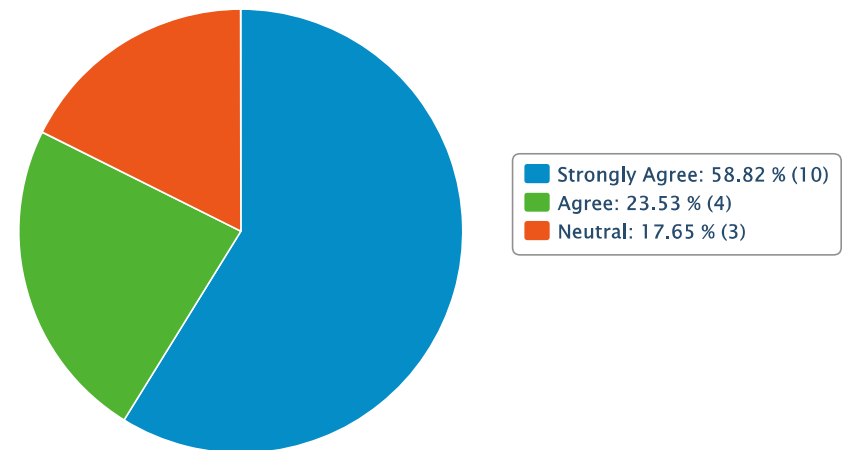
My head coach effectively critiques my performance to assist in developing athletic skills.



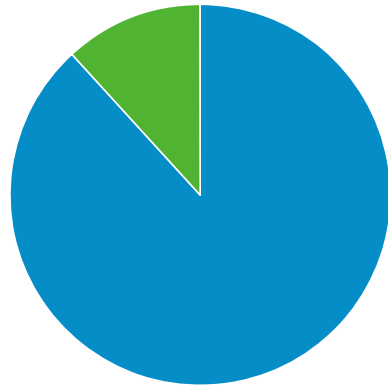
My well-being is a priority to my head coach.



My head coach serves as a positive role model and instills self-confidence.

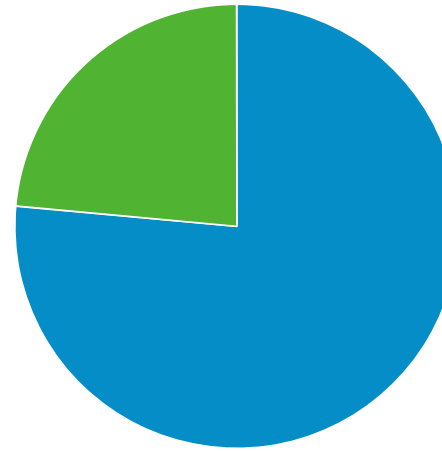


My head coach has our team sign our team rules at the beginning of the year and has communicated the behaviors and conduct expected of me and my teammates.



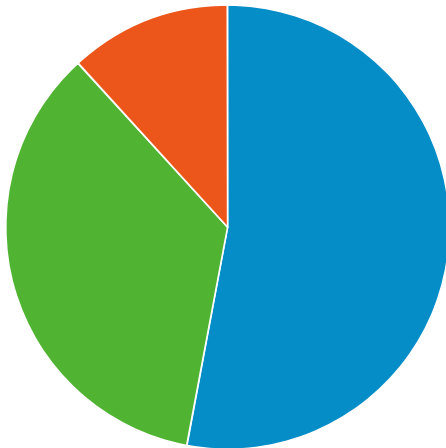
Strongly Agree: 88.24 % (15)
Agree: 11.76 % (2)

My scholarship aid is what was communicated to me by my head coach during the recruiting process.



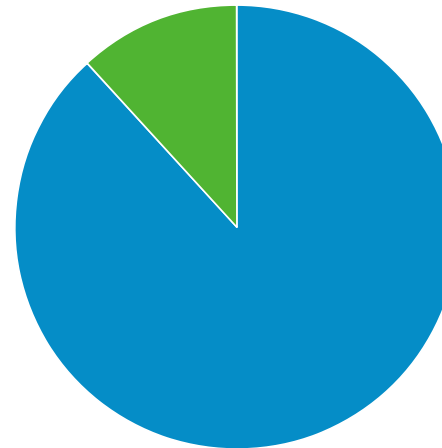
Strongly Agree: 76.47 % (13)
Agree: 23.53 % (4)

My head coach helps me develop qualities which will be useful in my life after graduation.



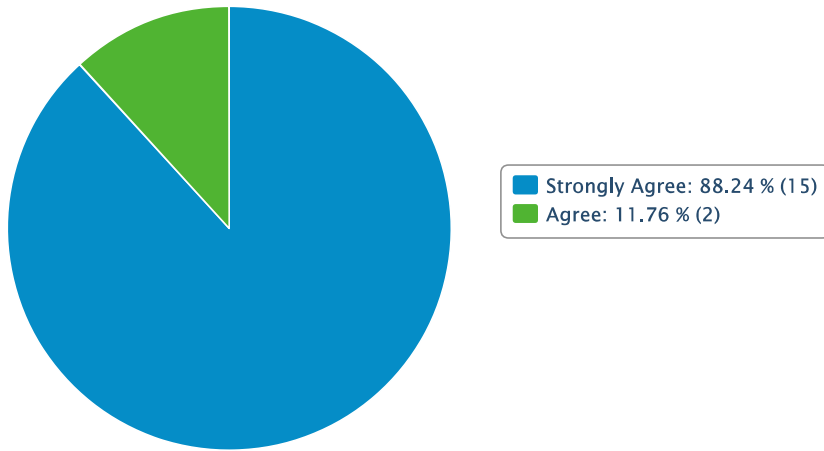
Strongly Agree: 52.94 % (9)
Agree: 35.29 % (6)
Neutral: 11.76 % (2)

My head coach displays a positive commitment to NCAA, UNC Pembroke Athletics and University's rules.

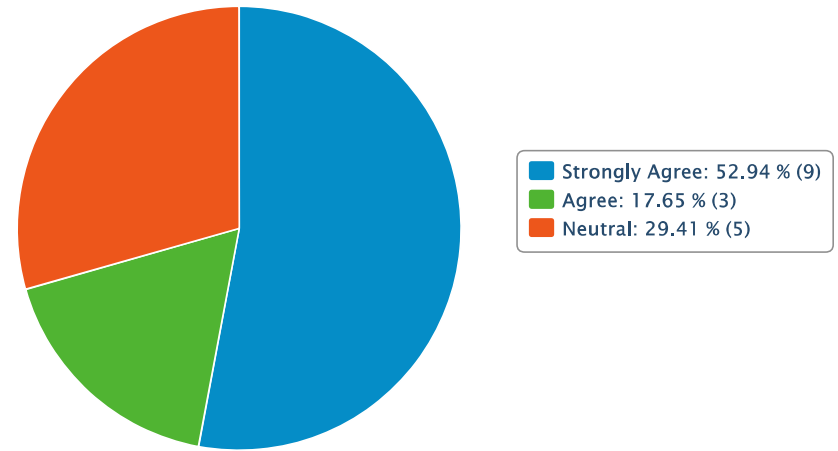


Strongly Agree: 88.24 % (15)
Agree: 11.76 % (2)

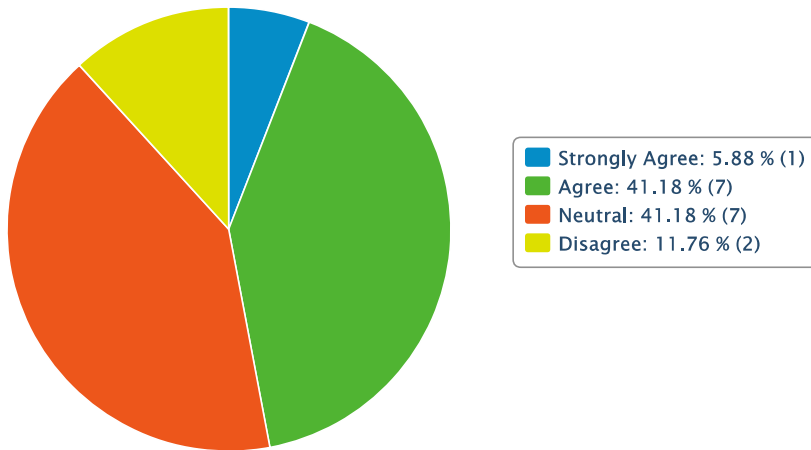
My head coach demonstrates awareness and compliance of NCAA and university rules and policies



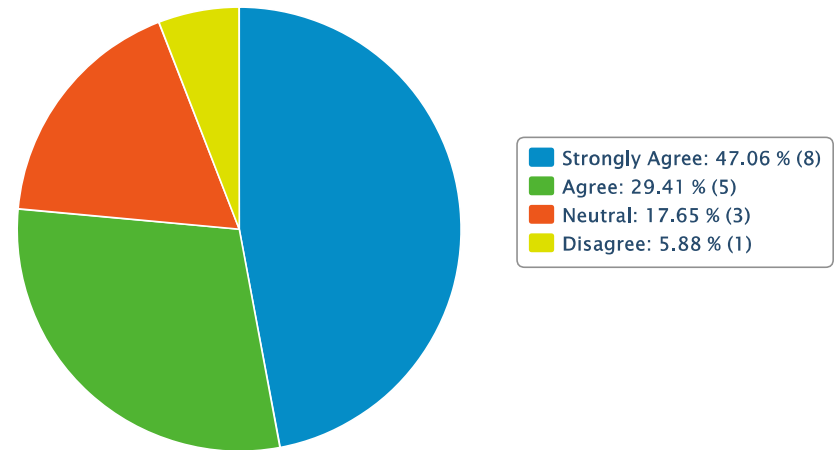
Assistant coaches are integral to the success, development and welfare of our team.



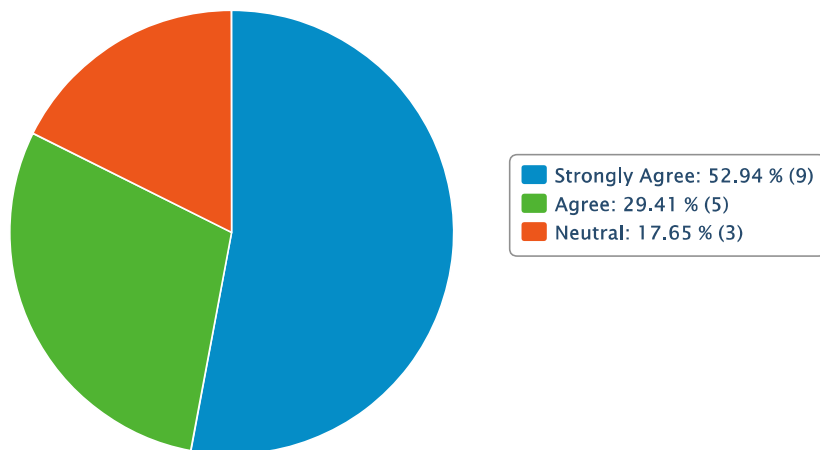
Team members feel a strong sense of respect for assistant coaches.



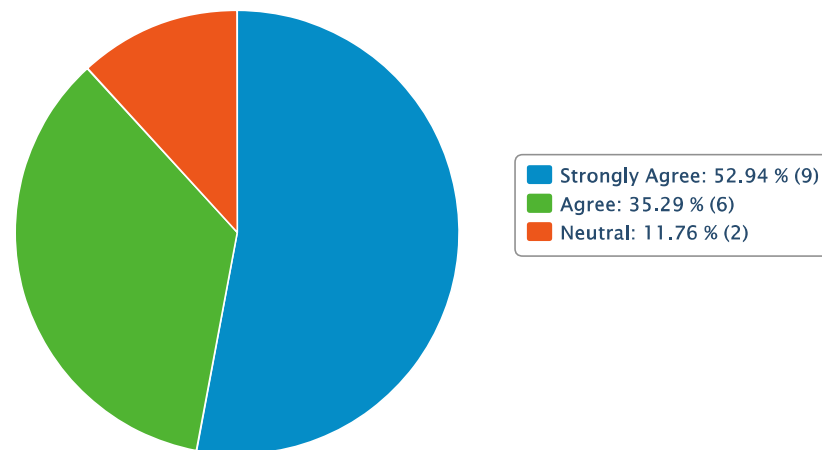
Information from assistant coaches is clear and understandable.



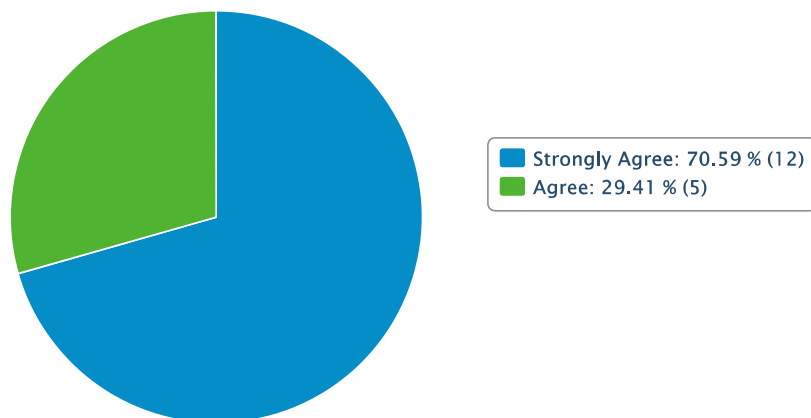
The coaching staff is up to date with developments in my sport.



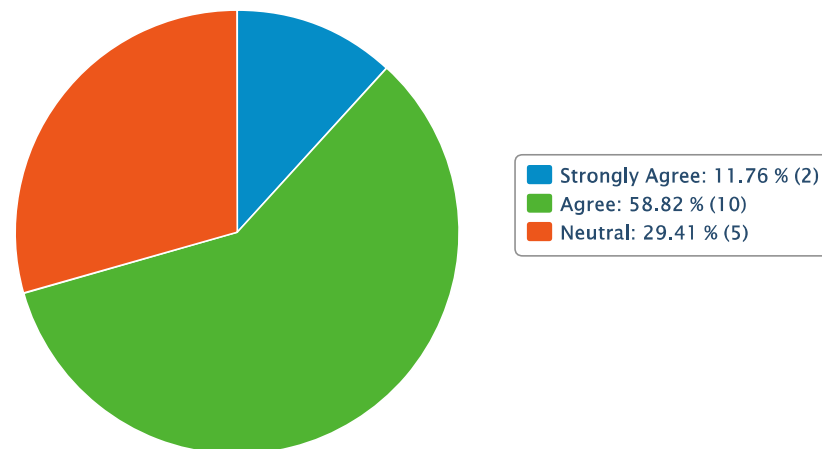
My head coach and assistant coaches work well together.



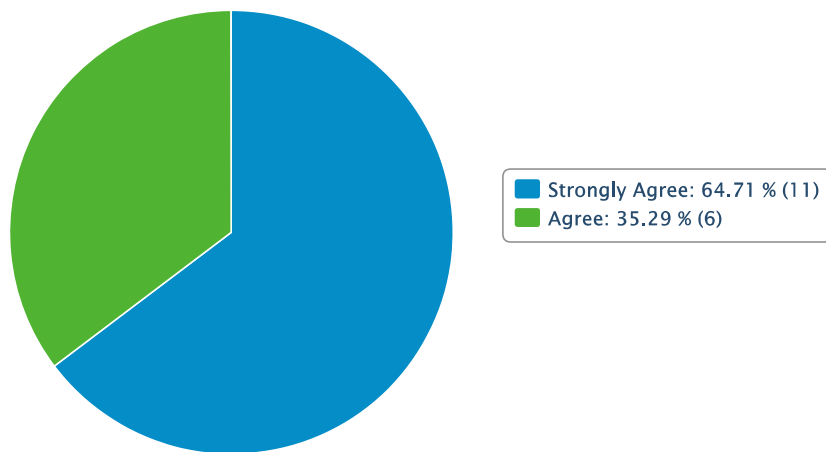
The coaching staff prepares my team for competition and provides us with the information necessary to be competitive.



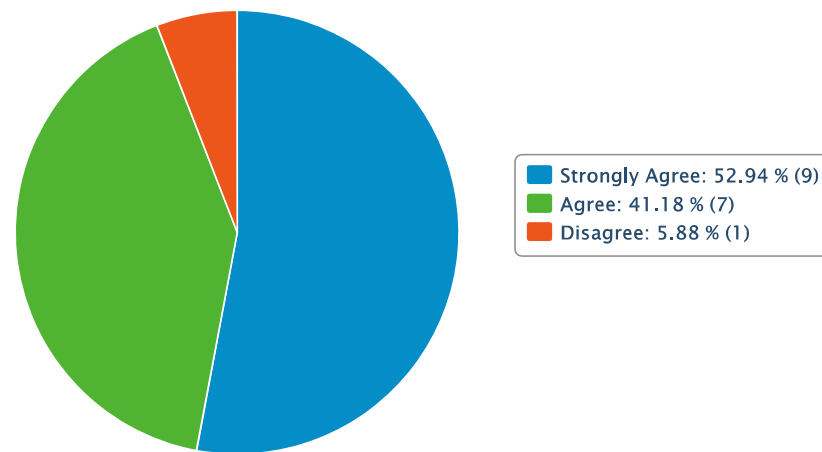
I am satisfied with my individual athletic performance this season.



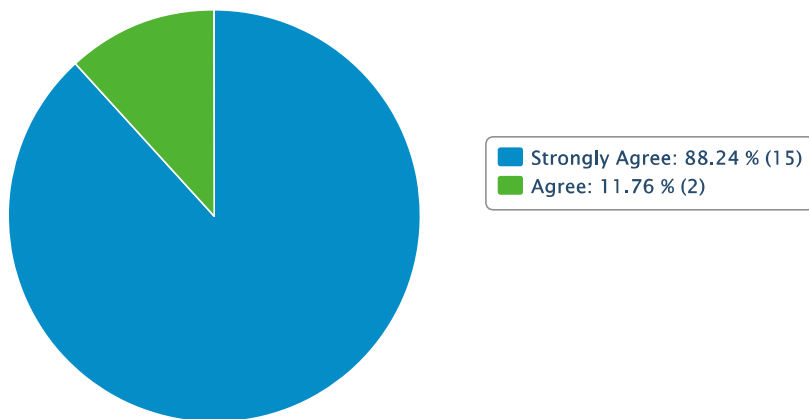
I am satisfied with the athletic success my team achieved this season.



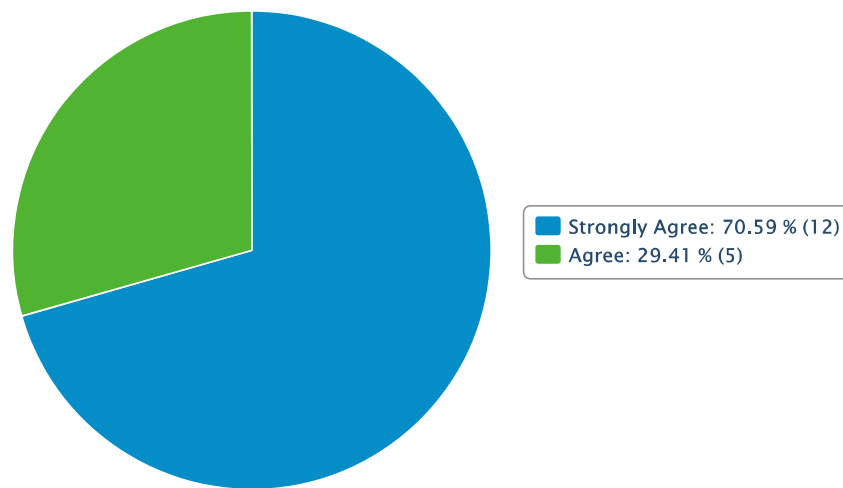
The practice times are compatible with my academic needs & effective for training.



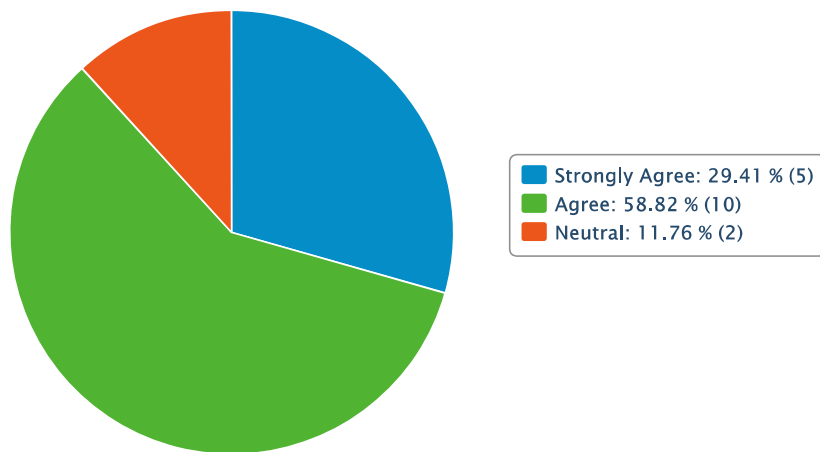
We receive at least one day off per week from practice during championship segment (except during vacation periods).



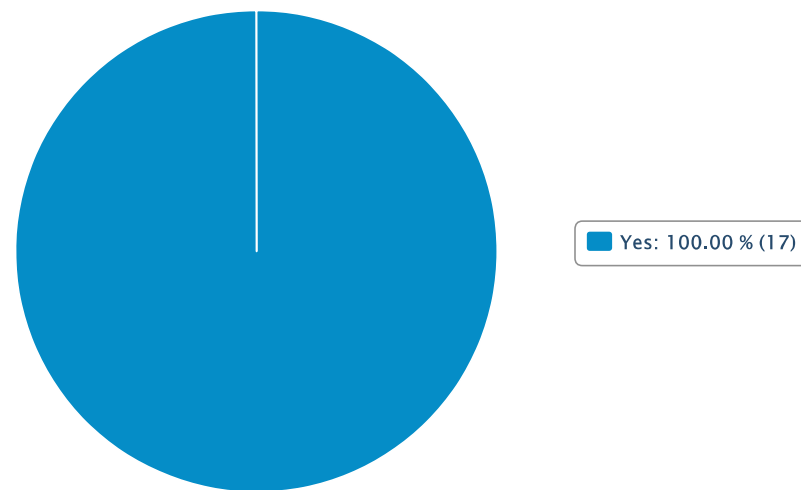
The level of competition scheduled is appropriate.



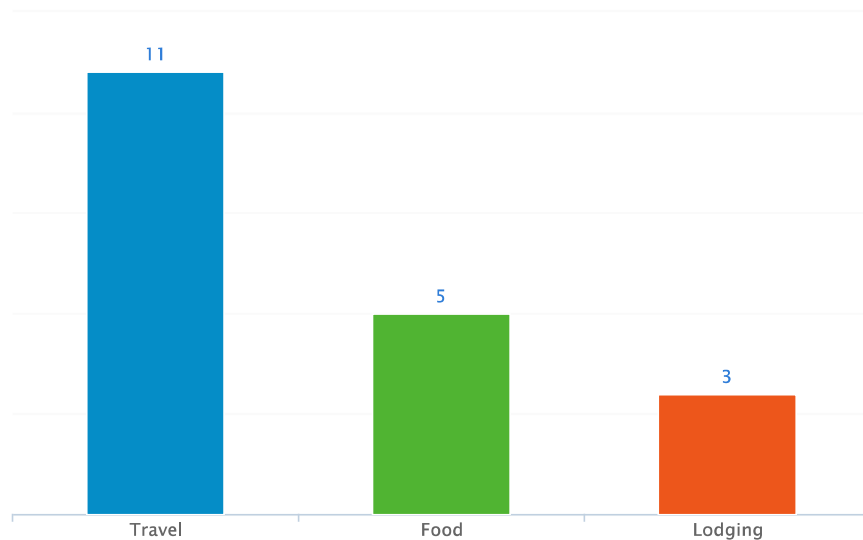
Travel arrangements allow adequate time for my academic work.



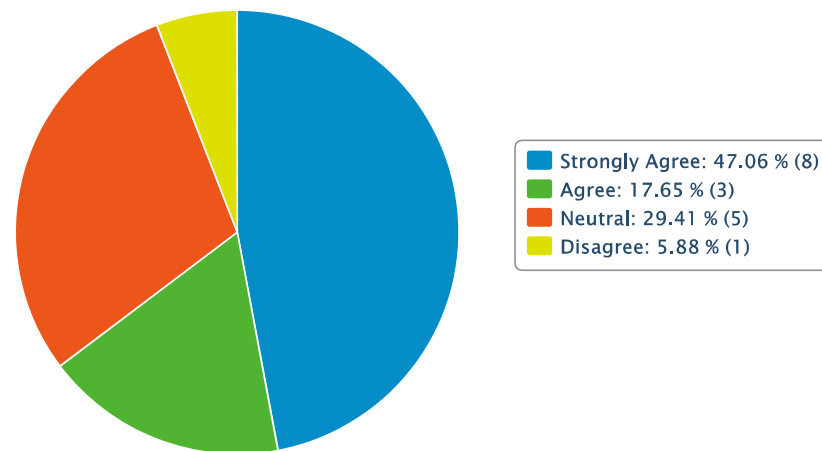
My travel experience has been positive.



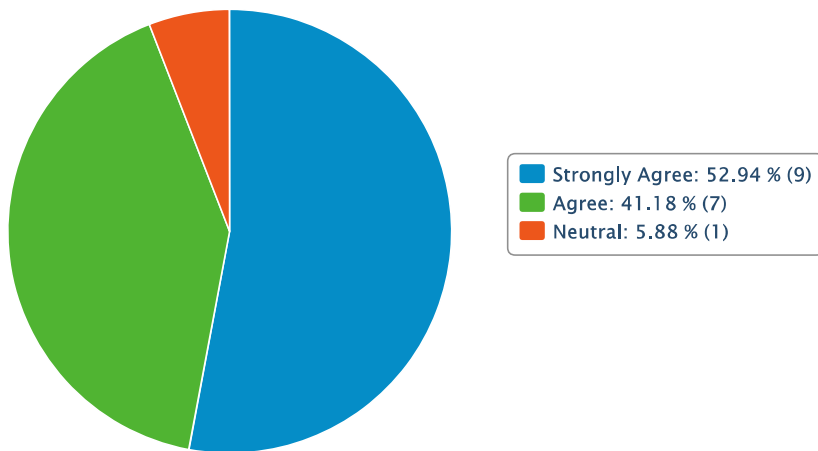
If, No



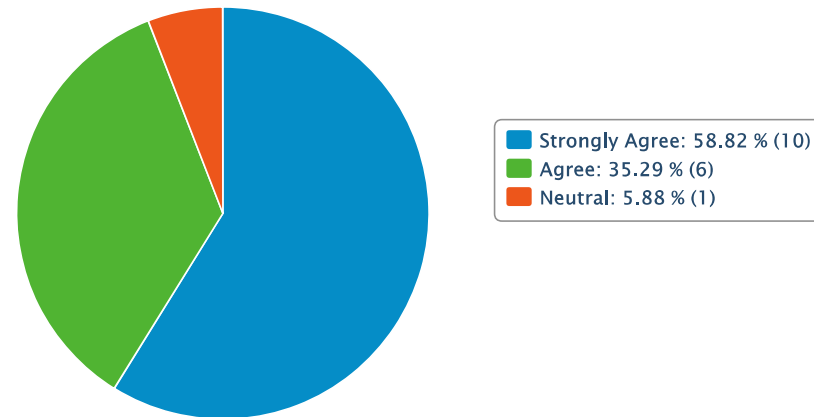
My professor and academic advisors were sensitive to the demands placed upon me as a student-athlete



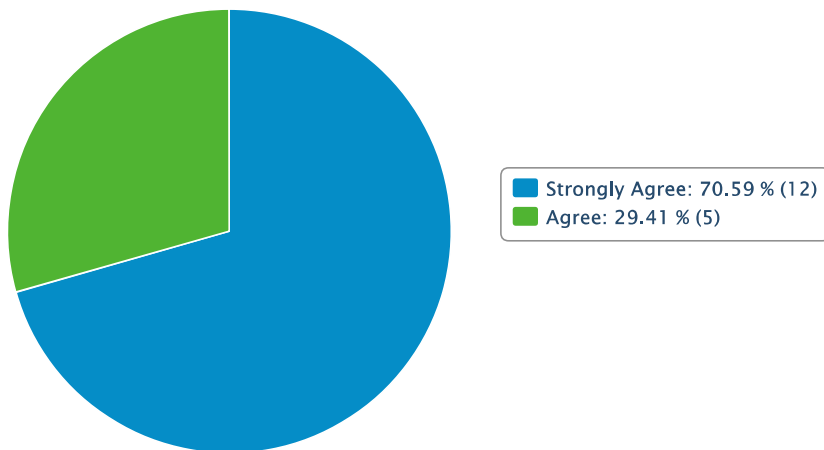
I am aware of the academic support and career development services available for me.



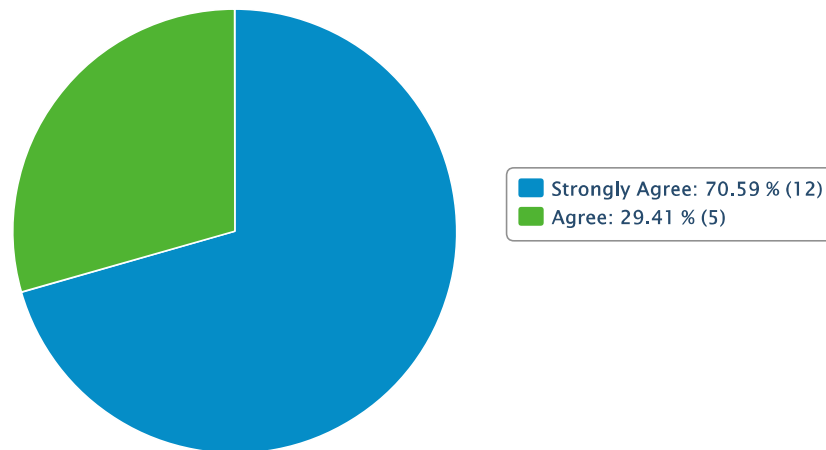
My professors and academic advisors worked with me to make up assignments or tests that were official University excused.



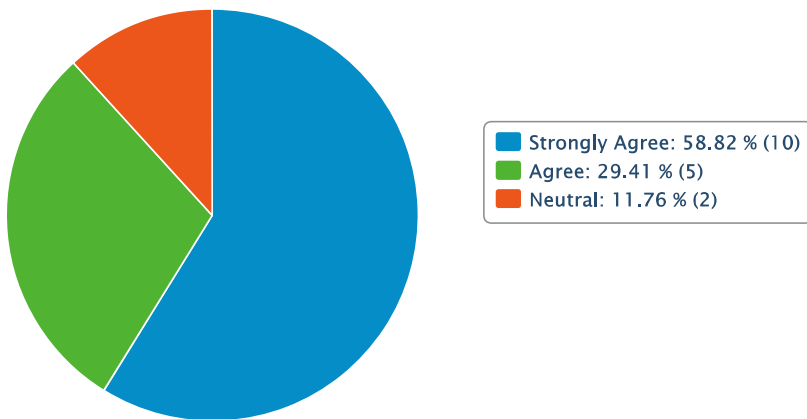
As a student-athlete I feel I have been treated fairly and equally by my teachers and academic advisor



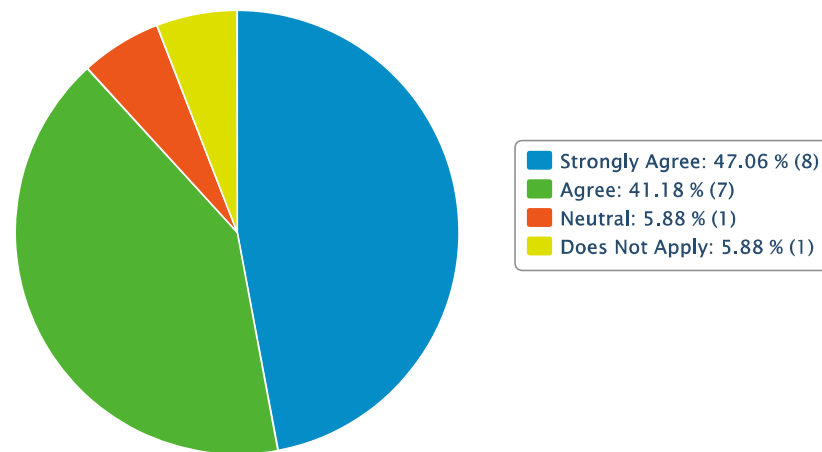
Study hours and academic opportunities were adequate.



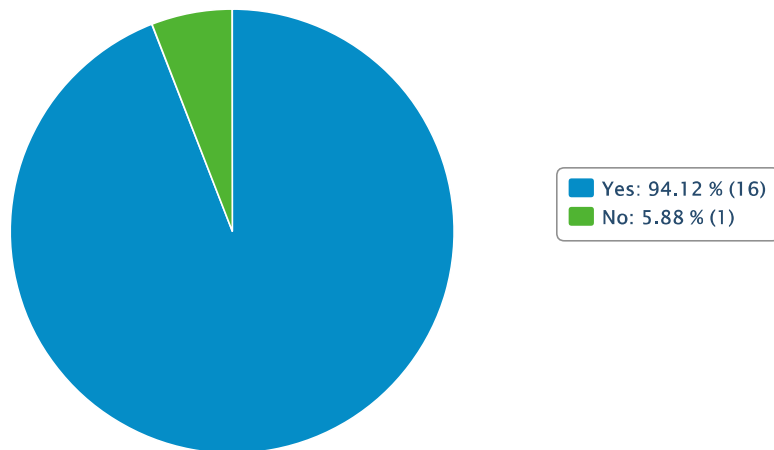
As a student-athlete I feel I have received good services from The Center for Student Success and the tutoring staff



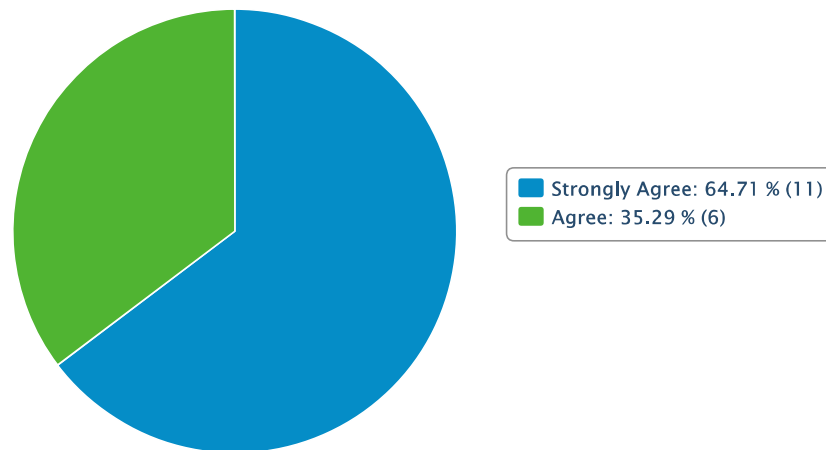
As a student-athlete I feel I have received good services from The Registrar/Financial Aid Office staff



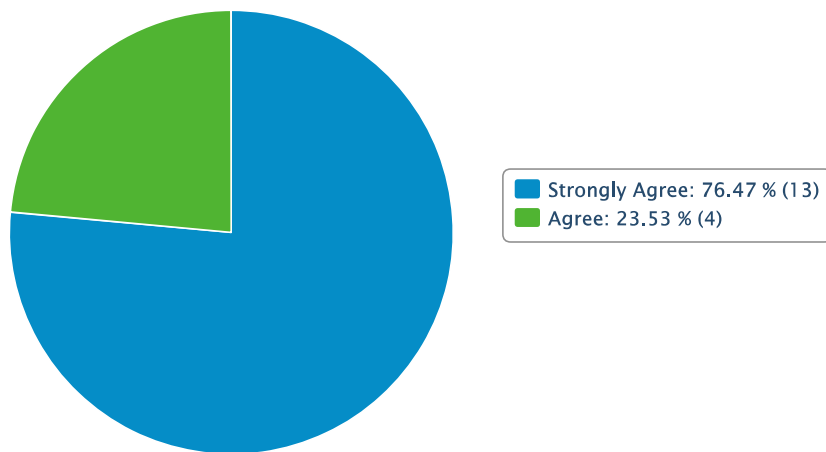
Did you receive adequate information on progress towards your degree from your academic advisor(s)



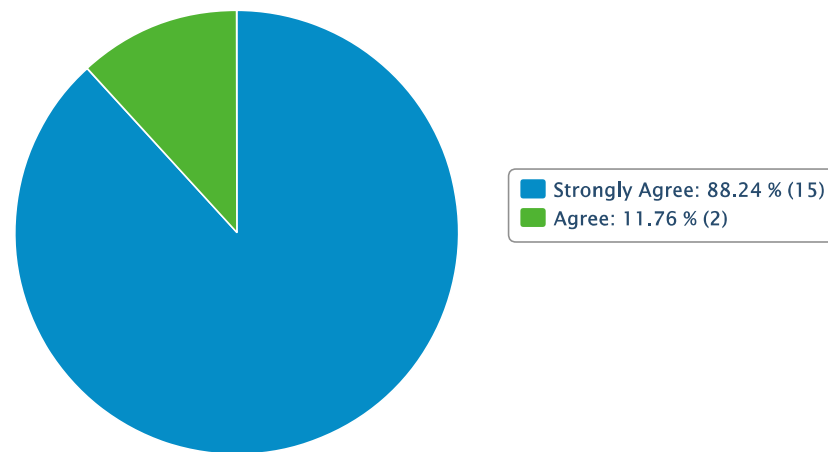
The weight room facilities and equipment are adequate for my needs.



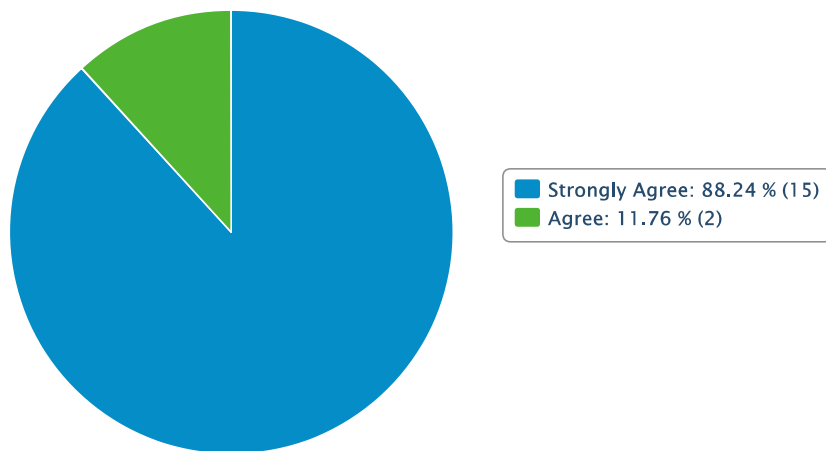
The weight room facilities and equipment are safe and well maintained.



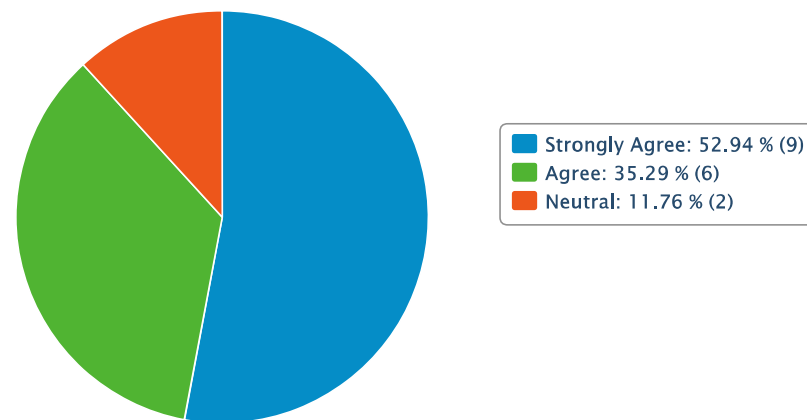
The Athletic Performance staff provided good instruction and supervision during training.



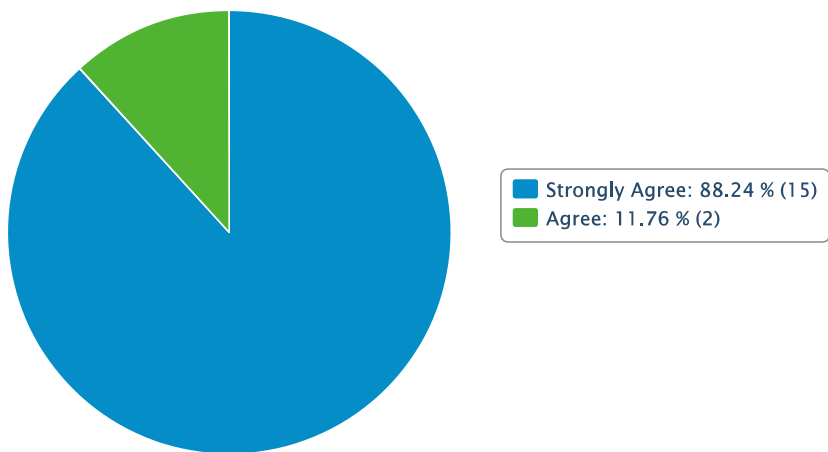
The Athletic Performance staff utilized safe and effective training techniques.



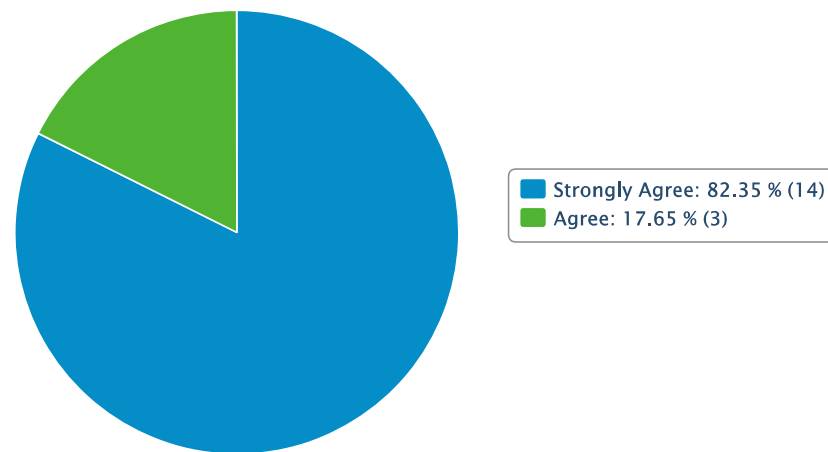
I feel more prepared for my sport due to the Athletic Performance staff programs (ex. stronger, faster, flexible).



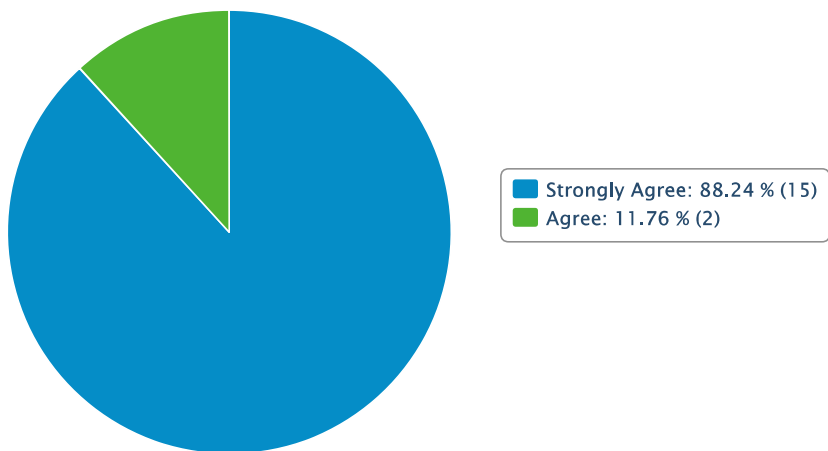
I look forward to training sessions with the Athletic Performance staff.



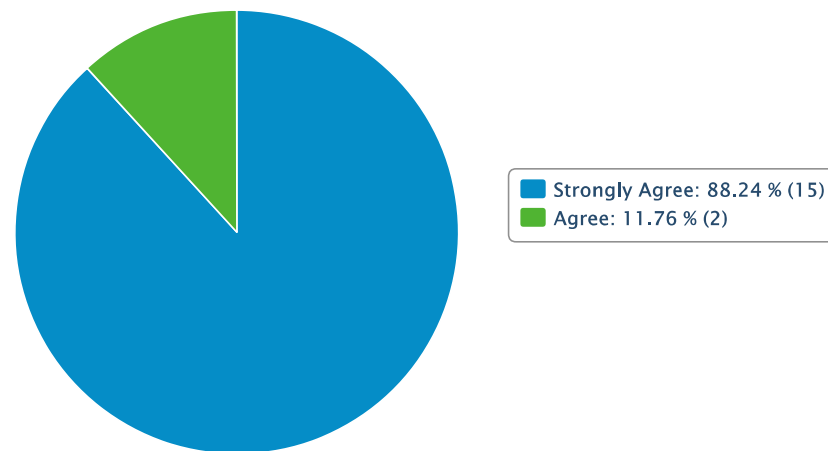
The Athletic Performance staff pushes me to achieve my goals as a student-athlete.



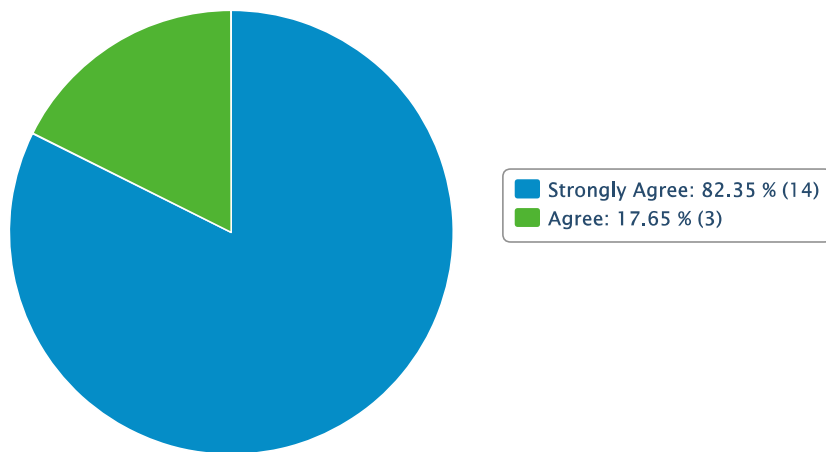
My athletically-related health and injury issues received appropriate care from Sports Medicine staff.



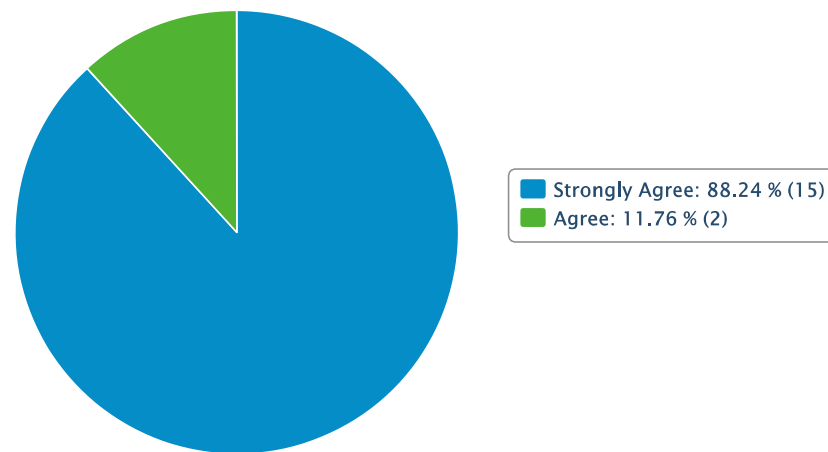
I feel welcome in the training room and my health and injury concerns are adequately addressed.



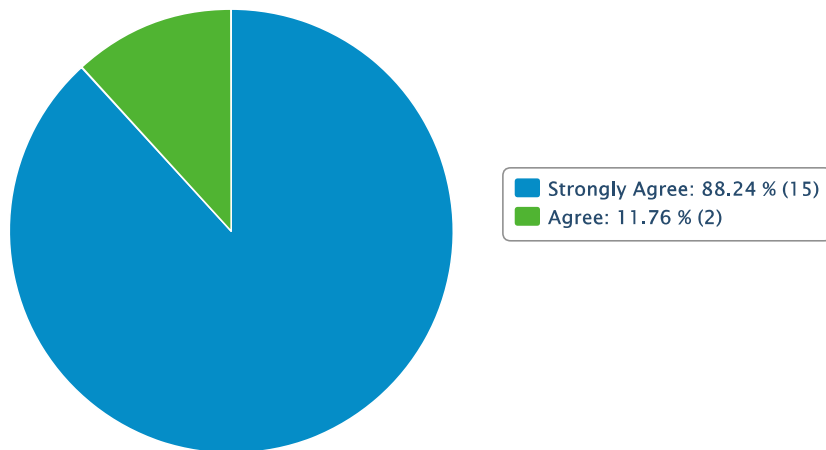
Training room hours are adequate to meet my schedule



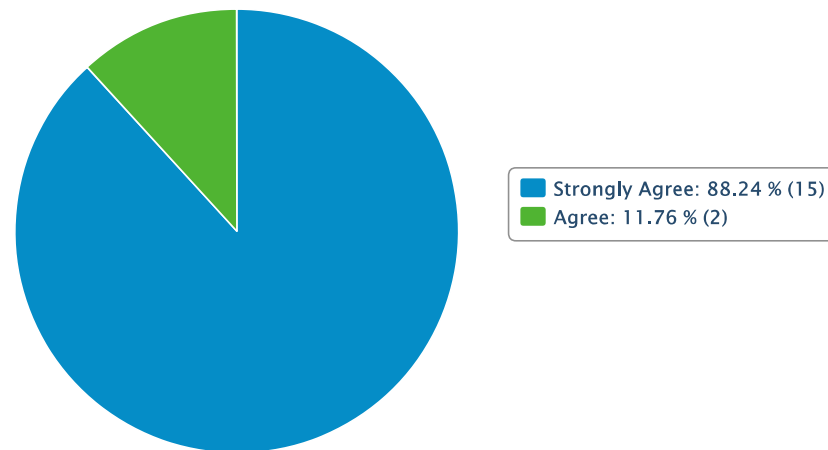
The trainer(s) who works most closely with my team provide effective care and injury management.



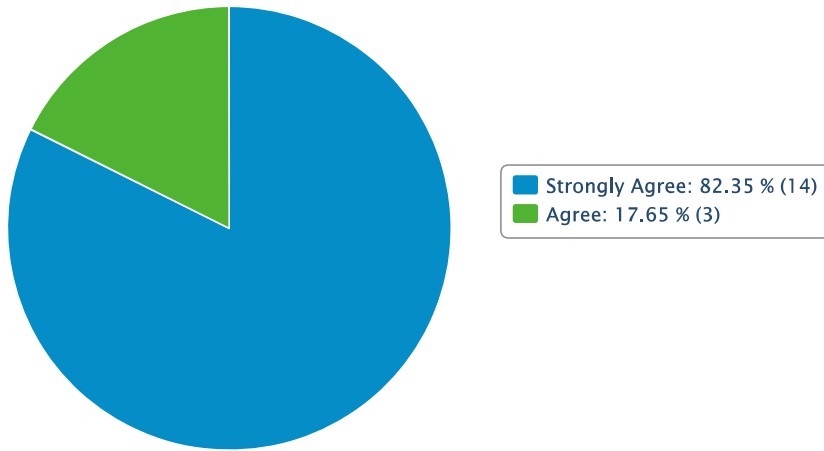
The Athletic Training Staff is knowledgeable about injury prevention techniques



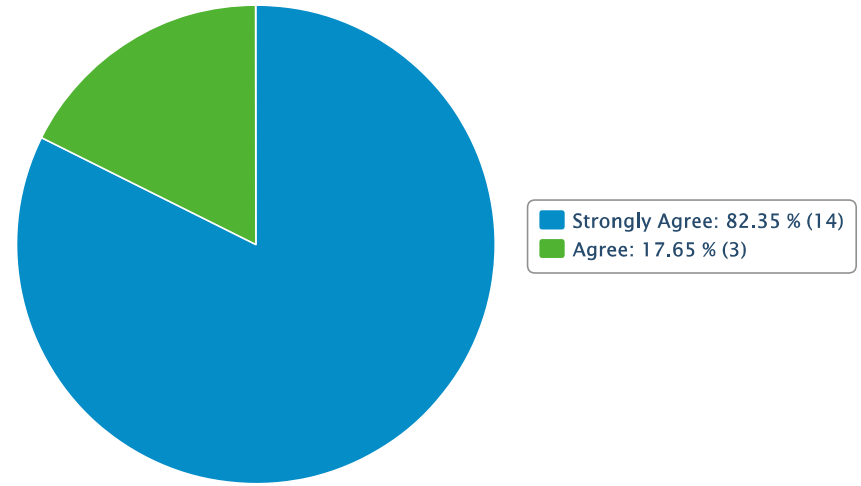
The Athletic Training Staff is knowledgeable about injury rehabilitation techniques



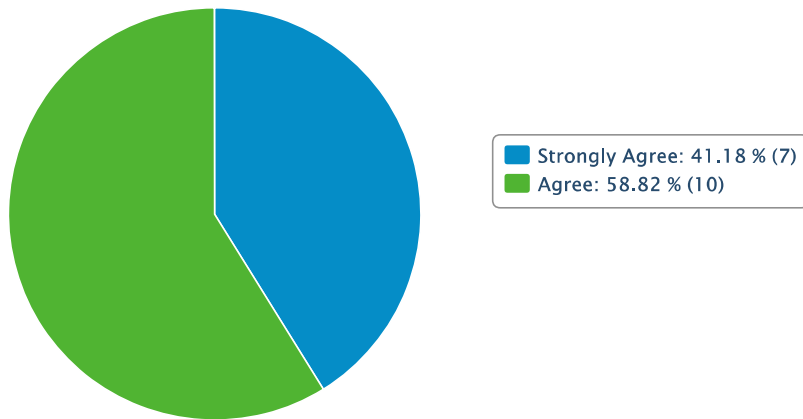
My trainer(s) provided consistent and adequate coverage at in-season practices and competitions.



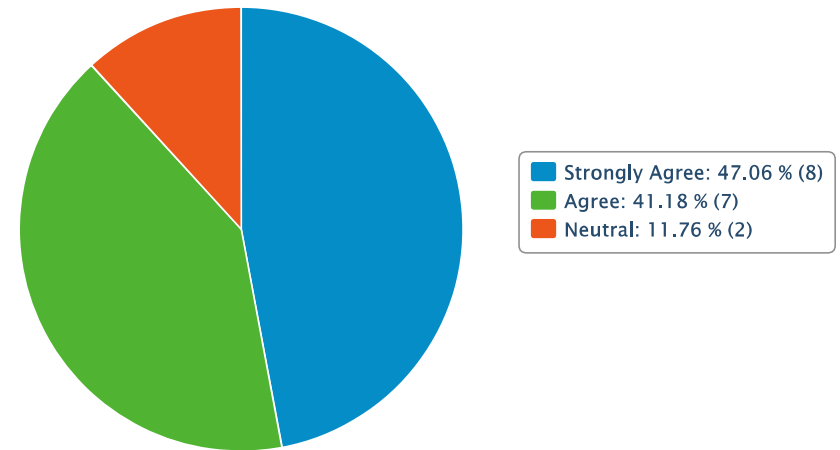
I received appropriate care from physicians.



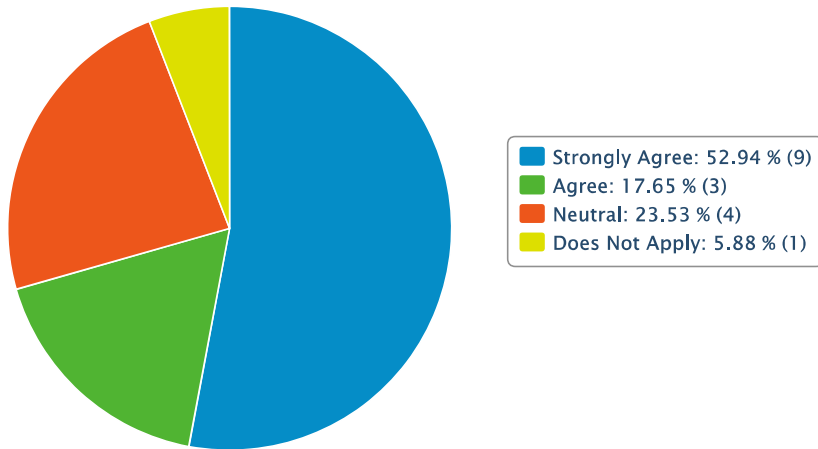
Stories, rosters, statistics and other information on the athletic website are accurate, up-to-date, and informative.



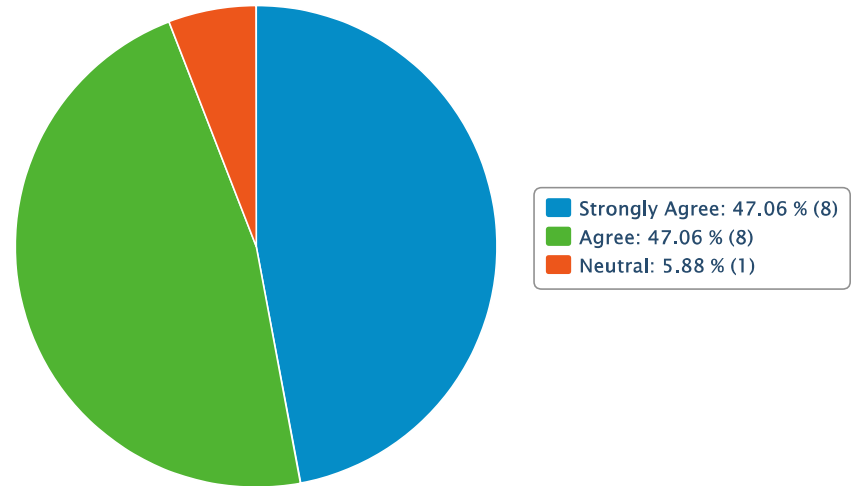
My events were adequately promoted & supported by Athletic Marketing and Communications staff.



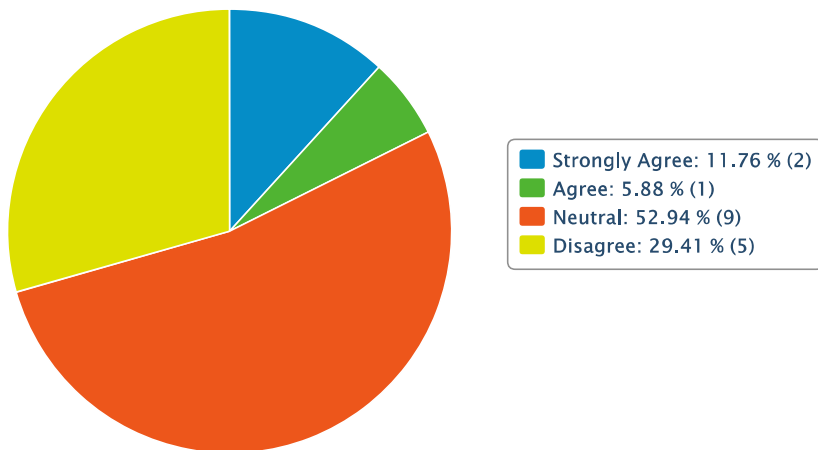
Athletic Communications staff members were helpful to me when I interacted with members of the media.



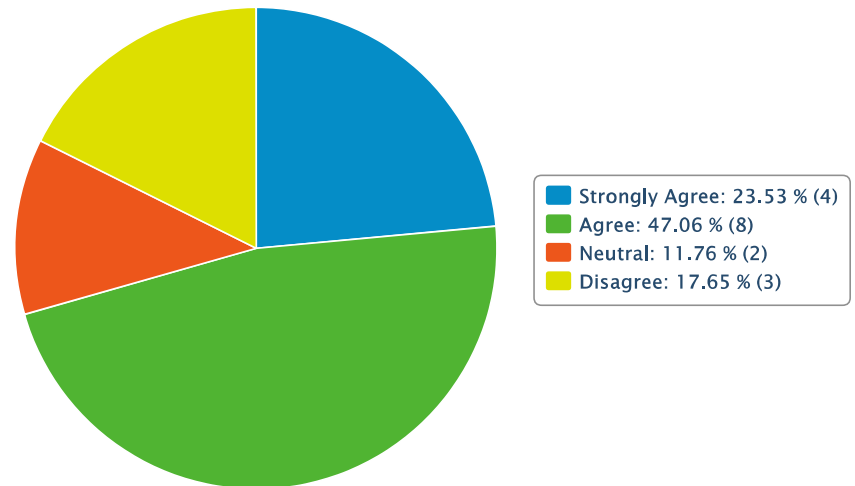
Quality of broadcasts and multi-media context



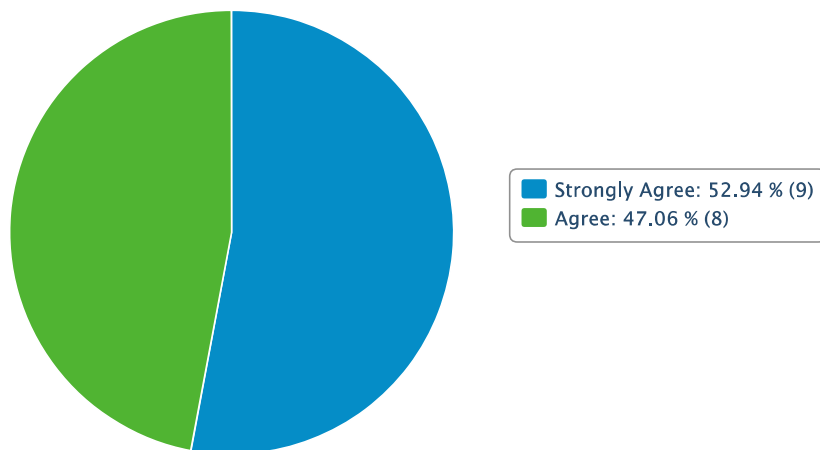
Student attendance was good and an integral part of home events.



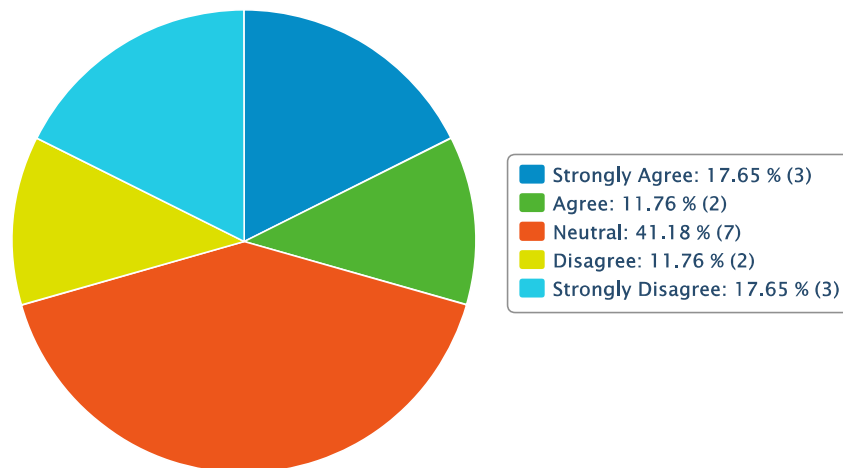
My team's competition facility meets our team's needs.



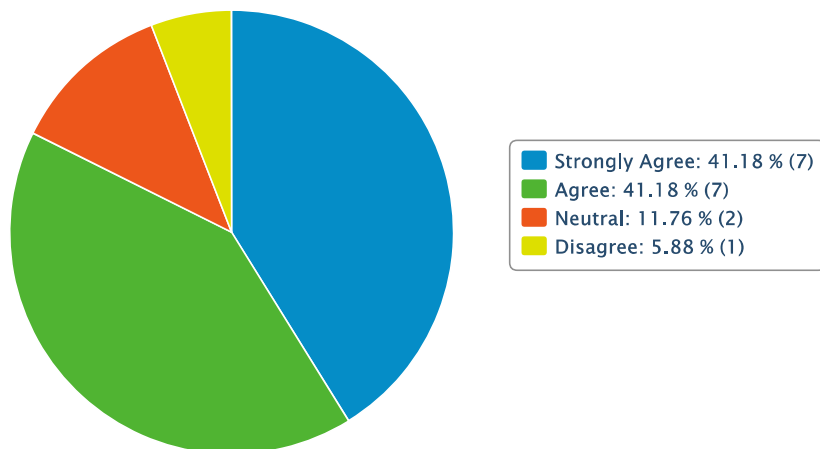
My team's competition facility is safe and well-maintained.



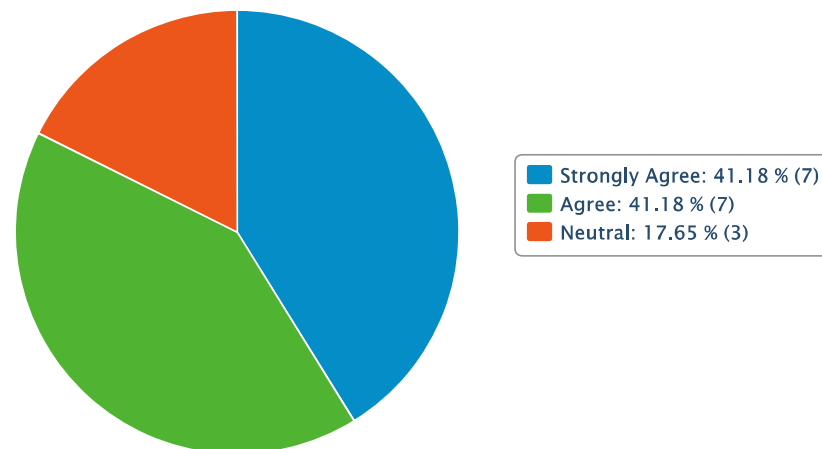
My team's locker room meets our team's needs.



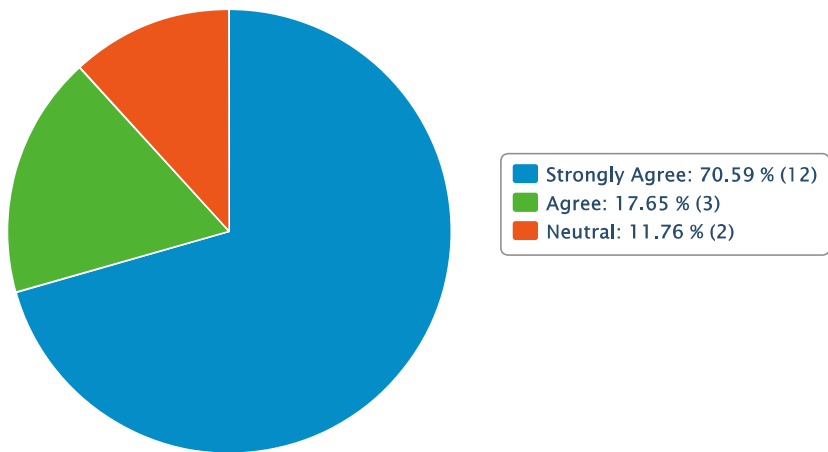
The athletic equipment/apparel issued to me met my needs for practice and competition.



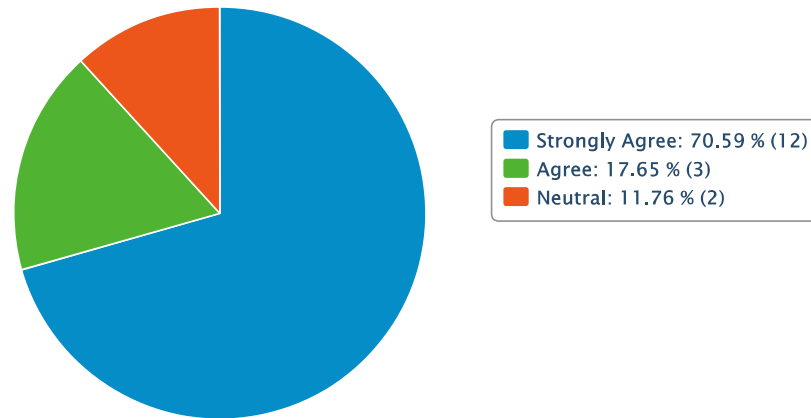
I am highly satisfied with the quality of the athletic equipment/apparel issued to me and our team.



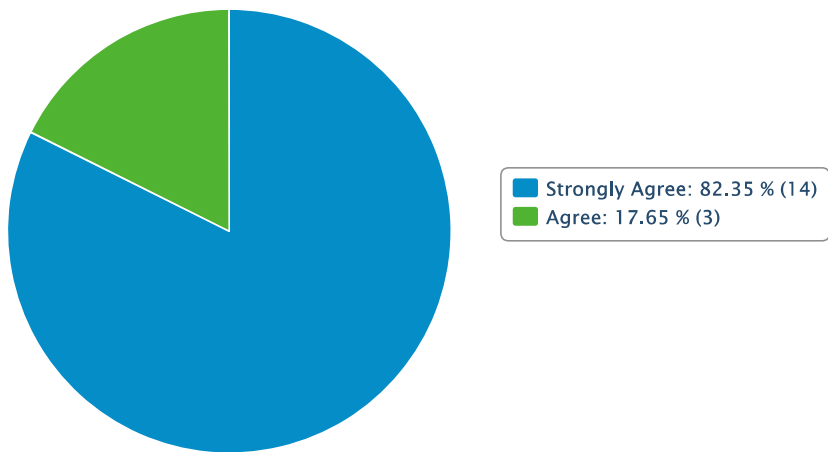
Compliance staff members were accessible if I had eligibility questions



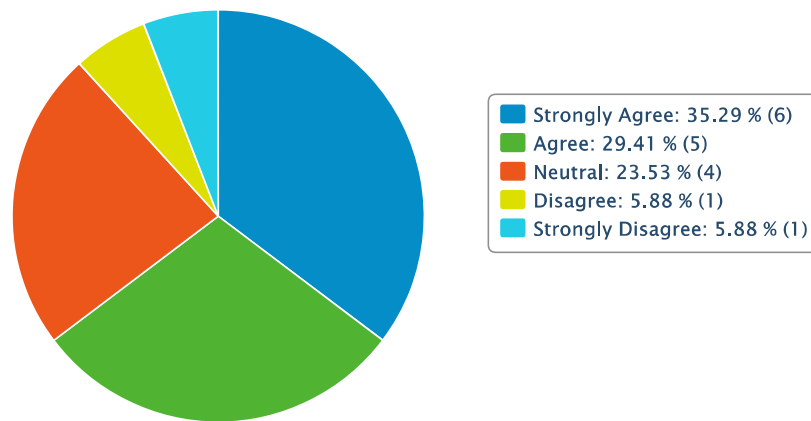
The Director of Athletics was accessible and receptive to answer questions and discuss concerns, when requested.



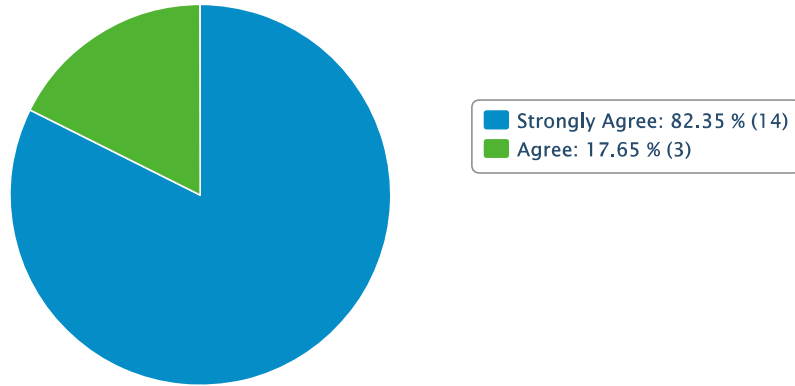
Athletic Department Compliance Staff understand and communicate NCAA rules and regulations effectively.



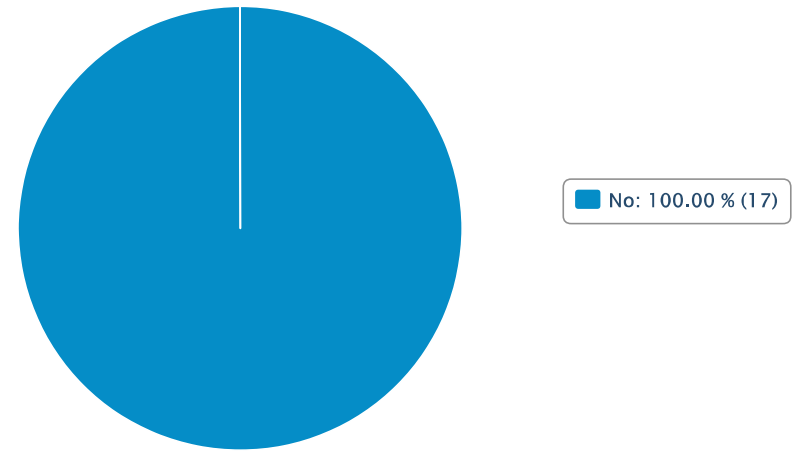
Our team representatives to the Student-Athlete Advisory Council (SAAC) shared useful information with our team after their monthly meetings.



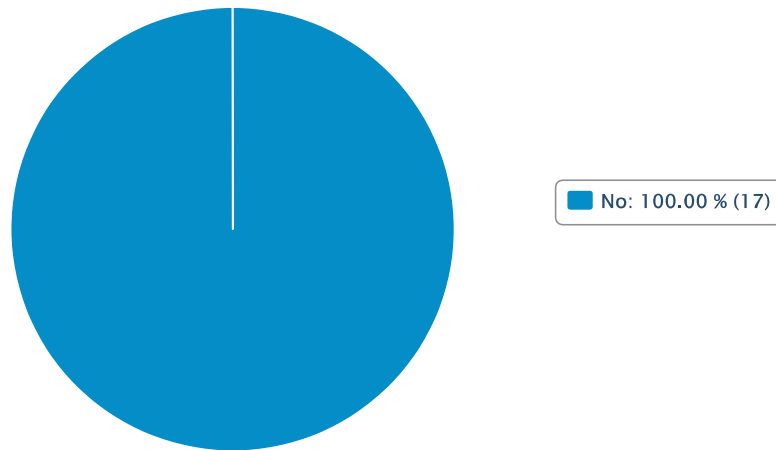
No university staff member (coaches or administrators) ever engaged in inappropriate physical or emotional activities with me. (e.g. pushing, shoving, bullying, or inappropriate touching).



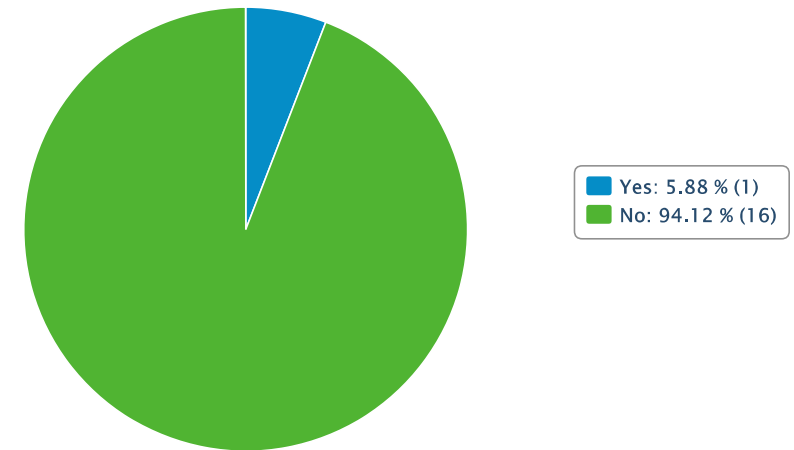
As a student athlete, do you feel you were treated differently, basis on race?



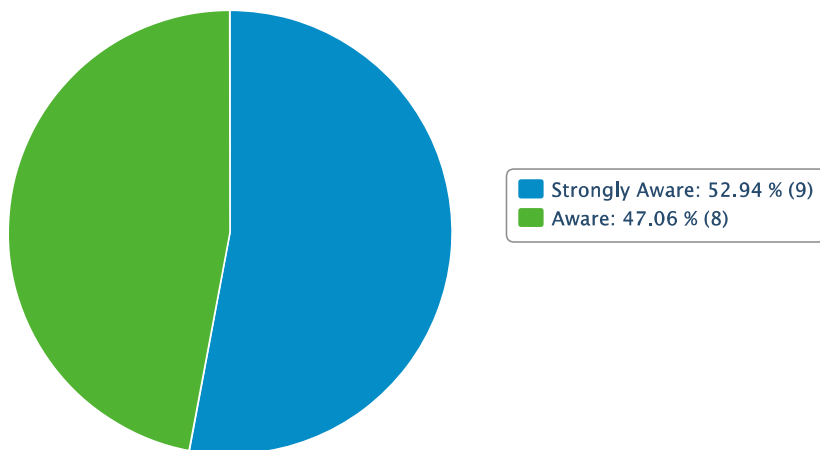
As a student athlete, do you feel you were treated differently, basis on gender?



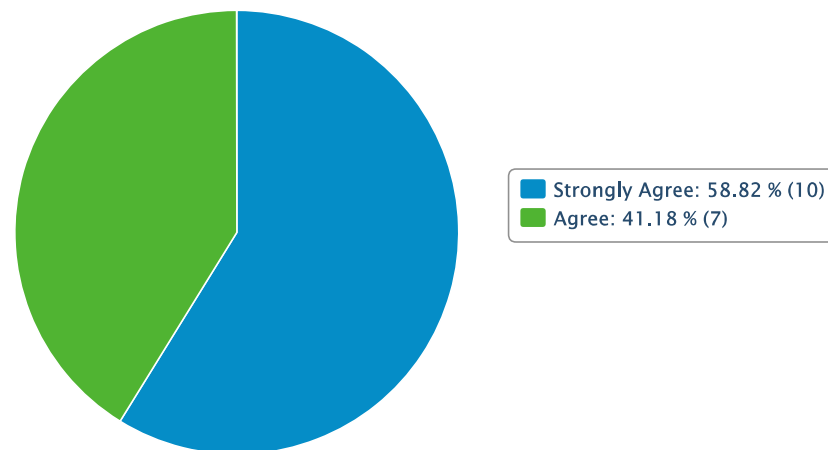
As a student athlete, do you feel you were treated differently, based on sexual orientation?



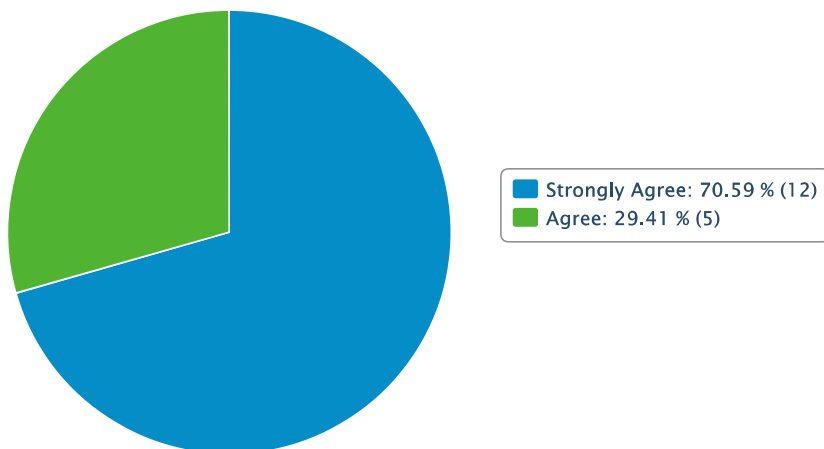
I am _____ of NCAA violations by myself, my coach and boosters.



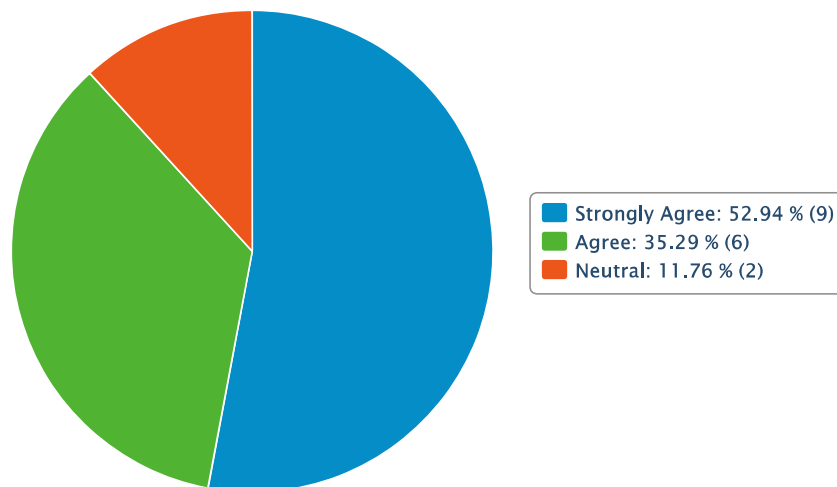
I attend and supported other varsity sporting events this year.



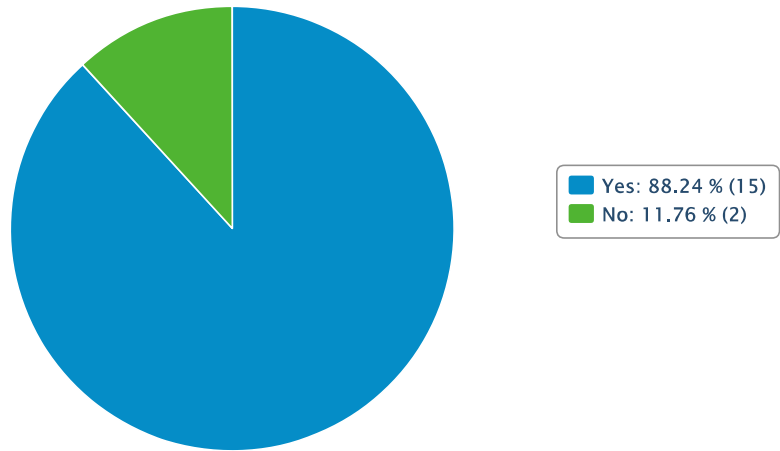
The atmosphere at the University of North Carolina at Pembroke is positive and supports diversity.



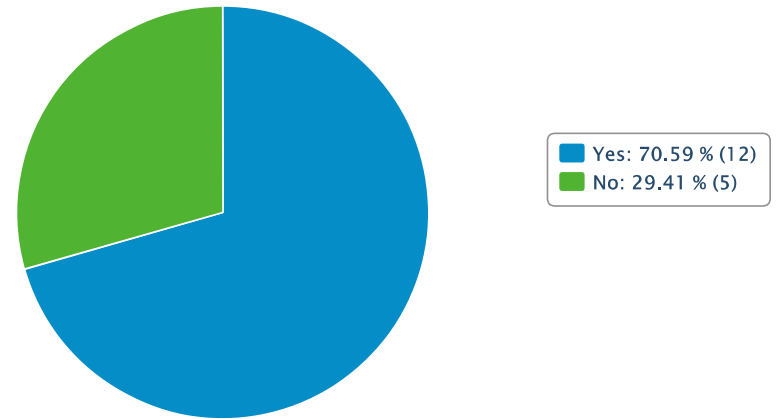
Overall, my athletic experience this year was positive.



If you were being recruited again, would you choose the University of North Carolina at Pembroke?



Are you aware the BRAVES CLUB is a supporter of UNCP athletic scholarship and would you consider joining upon graduation.



If you have renamed or deleted any of the options in your dropdown lists or radio buttons fields, click on Update Report to update your charts.

[Update Report](#) ?

WCU 5% Survey Results 17-18

Section 1: Head Coach

1	My head coach shows concern for and takes interest in my academic progress	4	5	5	5	5	5	5	4	3	5	4	4	5	5	4
2	My head coach conducts our program in an atmosphere supportive of my academic goals	4	5	5	5	5	5	4	4	2	5	4	5	5	5	4
3	My head coach helps the team develop, pursue, and evaluate academic goals for the season	3	5	5	5	5	5	5	4	3	4	4	5	4	5	4
4	My head coach understands when I have to miss practice due to a regularly scheduled academic commitment	3	5	5	5	5	5	5	4		5	4	5	5	4	4
5	My head coach is sensitive to the time demands of student-athletes.	3	5	5	5	5	5	4	5	3	4	4	5	5	4	4
6	My head coach displays a clear understanding of the sport (e.g. skills, strategies, rules).	3	5	5	3	5	5	3	5	2	5	5	3	4	3	4
7	My head coach seems well prepared for practices and competition.	2	5	5	3	5	5	3	5	1	5	5	4	5	3	4
8	My head coach recognizes and responds to individual needs of my teammates.	3	5	5	2	5	5	3	4	1	5	5	4	5	5	3
9	My head coach helps the team develop, pursue, and evaluate athletic goals for the season	2	5	5	4	5	5	4	5	2	5	5	5	4	5	5
10	My role on the team has been clearly communicated to me by my head coach	5	5	5	1	4	4	4	3	4	5	5	2	5	5	4
11	My head coach offers constructive criticism to assist in developing athletic skills.	2	3	5	2	5	5	3	5	3	5	5	4	5	2	4
12	My head coach counsels me on my strengths and weaknesses as a student-athlete	2	5	5	2	4	4	3	4	2	4	5	4	5	4	4
13	My head coach helps motivate me to do my best and instills self-confidence.	3	5	5	1	5	5	4	4	3	5	5	4	5	3	4
14	My physical well-being is a priority to my head coach.	3	5	5	4	5	5	5	4	1	5	5	5	5	5	4
15	My head coach encourages me to seek medical attention from the training room staff and doctors	5	4	5	3	5	5	4	4	2	5	5	5	5	5	5
16	My head coach understands when I have to miss practice due to injury	5	4	5	3	5	5	5	4		5	5	5	5	5	5
17	My head coach serves as a positive role model.	3	5	5	2	5	5	3	4	3	5	5	5	5	5	4
18	My overall well-being is a priority to my head coach.	4	5	5	3	5	5	4	4	1	5	5	5	5	5	4
19	My head coach treats student-athletes with dignity and respect.	3	5	5	3	5	5	4	4	4	5	5	5	5	5	4
20	My head coach creates an atmosphere in which I feel free to express and explain my views.	3	5	5	2	5	5	3	4	3	4	5	5	5	5	4
21	My head coach has communicated the behaviors and conduct expected of me and my teammates	3	5	5	2	5	5	5	4	3	5	5	5	5	5	4
22	My scholarship aid is what was communicated to me by my head coach during the recruiting process	5	5	5	3			3		4	5	5	5	5	5	4
23	My head coach helps me develop qualities which will be useful in my life after graduation.	3	5	5	3	4	4	3	5	1	5	5	5	5	5	3
24	My head coach is available and actively helpful when my teammates or I have problems, if needed.	3	5	5	4	5	5	4	4	1	5	5	5	5	5	3
25	My head coach displays a positive commitment to NCAA, WCU Athletics, and University rules.	4	5	5	3	5	5	4	4	4	5	4	5	5	5	5

Section 2: Primary Position/Asst. Coach

2	My primary position/asst. coach conducts our program in an atmosphere supportive of my academic goals	5	5		4	5	5	5	5	5	5	5	4	5		
3	My primary position/asst. coach helps the team develop, pursue, and evaluate academic goals for the season	5	5		3	5	5	5	5	5	5	5	4	4	5	
4	My primary position/asst. coach understands when I must miss practice due to a regularly scheduled commitment	4	5		3	5	5	5	5	5	5	5	4	3	4	
5	My primary position/asst. coach is sensitive to the time demands of student-athletes.	4	5		3	5	5	5	5	5	5	5	5	4	3	
6	My primary position/asst. coach displays a clear understanding of the sport (e.g. skills, strategies, rules).	5	5		4	5	5	4	5	4	5	5	5	5	5	
7	My primary position/asst. coach seems well prepared for practices and competition.	5	5		4	5	5	4	5	3	5	5	5	5	5	
8	My primary position/asst. coach recognizes and responds to individual needs of my teammates.	4	5		3	5	5	5	5	5	5	5	4	5	5	
9	My primary position/asst. coach helps the team develop, pursue, and evaluate athletic goals for the season	3	5		3	5	5	5	5	5	5	5	5	5	5	
10	My role on the team has been clearly communicated to me by my primary position/asst. coach.	5	5		3	4	4	4	5	5	5	5	3	5	5	
11	My primary position/asst. coach offers constructive criticism to assist in developing athletic skills.	5	4		3	5	5	4	5	5	5	5	5	4	5	
12	My primary position/asst. coach counsels me on my strengths and weaknesses as a student-athlete	4	5		3	3	3	4	5	5	5	5	5	5	5	
13	My primary position/asst. coach helps motivate me to do my best and instills self-confidence.	5	5		4	5	5	4	5	5	5	5	5	4	5	
14	My physical well-being is a priority to my primary position/asst. coach.	3	4		3	5	5	4	5	5	5	5	4	5	5	
15	My primary position/asst. coach encourages me to seek medical attention from the training room staff and doctors	3	4		3	5	5	4	5	5	5	5	5	5	5	
16	My primary position/asst. coach understands when I must miss practice due to injury.	4	3		3	5	5	4	5	5	4	5	5	5	3	
17	My primary position/asst. coach serves as a positive role model.	4	4		3	5	5	5	5	5	5	5	5	5	5	
18	My overall well-being is a priority to my primary position/asst. coach	4	4		4	5	5	5	5	5	5	5	5	5	5	
19	My primary position/asst. coach treats student-athletes with dignity and respect.	5	5		3	5	5	5	5	4	5	5	4	5	5	
20	My primary position/asst. coach creates an atmosphere in which I feel free to express and explain my views.	5	5		3	5	5	4	5	4	4	5	4	4	5	
21	My primary position/asst. coach has communicated the behaviors and conduct expected of me and my teammates	3	5		3	5	5	5	5	4	5	5	5	5	5	
22	My primary position/asst. coach helps me develop qualities which will be useful in my life after graduation.	3	4		3	5	5	4	5	4	5	5	5	5	5	
23	My primary position/asst. coach is available and actively helpful when my teammates or I have problems, if needed.	3	5		3	5	5	5	5	5	5	5	4	5	5	
24	My primary position/asst. coach displays a positive commitment to NCAA, WCU Athletics, and University rules.	5	5		4	5	5	5	5	5	5	5	5	5	5	

Section 3: General Coaching

1	The coaching staff is up to date with developments in my sport.	3	5	5	3	5	5	4	4	4	5	5	5	5	5	5
2	The head and assistant coaches work well together.	3	3		5	5	5	4	4	3	4	3	3	4	5	5
3	Information from coaches is clear and understandable.	3	4	5	4	5	5	3	4	5	4	4	4	4	3	4
4	The coaching staff prepares my team for competition and provides us with the information necessary to compete	3	5	5	3	5	5	4	5	3	5	4	5	5	5	4

Section 4: Individual and Team Athletic Performance

1	I received the amount of playing time I expected this year.	5	5	5		5	5	5	1	5	5		1	5	5	3
2	I am satisfied with my individual athletic performance this season.	3	2	3		2	2	5	1	5	2		5	4	5	2
3	I am satisfied with the athletic success my team achieved this season.	3	5	1		4	4	5	1	1	1	1	2	2	1	4

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Section 5: Practice, Scheduling, & Travel

1	The length of practice is effective for training and conditioning.	4	4	4	2	5	5	4	5	4	4	3	4	5	5	5
2	The practice times are compatible with my academic needs.	5	4	5	2	5	5	4	5	1	5	4	5	5	4	5
3	The practices are well organized and challenging.	2	3	5	4	5	5	3	4	2	4	4	4	5	3	5
4	We receive at least one day off per week from practice (except during vacation periods).	5	5	5	4	5	5	5	4	2	5	3	5	5	5	5
5	The level of competition scheduled is appropriate.	5	5	5	2	5	5	3	5	3	5	4	5	4	5	4
6	Travel arrangements allow adequate time for academic work.	5	5	5		5	5	3	5	3	5		5	5	2	5
7	My travel experience has been positive.	4	5	5		5	5	4	5	4	4		4	5	3	5
8	The travel accommodations met the needs of the team on away-from-home travel.	5	5	5		5	5	4	5	4	4		5	5	5	5

Section 6: Academic Enhancement Program (AEP) For Student-Athletes

1	I am aware of the academic support services available to me.	5	5	5	5	5	5	4	5	5	5	5	5	5	5	5
2	I know who my academic counselor is and how to contact that individual.		5	5	5	5	5	4	5	5	5	5	5	5	5	5
3	My academic counselor was accessible.		5	5	5	5	5	3	5	5	5	5	5	5	5	5
4	My academic counselor was supportive.		5	5	5	5	5	3	5	5	5	5	5	5	5	5
5	My academic counselor provided me with accurate information.		5	5	5	5	5	3	5	5	5	5	4	5	5	5
6	My academic counselor provided me with timely information.		5	5	5	5	5	4	5	5	5	5	5	5	5	5
7	The tutorial support I received met my academic needs.		5	5	5			4	5	5	4	5		5	5	5
8	The Academic Center provides me with a place to study that meets my needs.	5	5	5	5	5	5	4	5	5	3	5	5	5	5	5
9	The hours of the Academic Center are adequate.	5	5	5	5	5	5	4	5	4	4	5	5	5	5	5
10	When I requested class supplies (books, calculators, etc.), those requests were provided within two weeks' time.	5	5	5	5			5		5	3	5		5	5	

Section 7: Student-Athlete Academic Support Services and SAAC

1	I have received information on employment opportunities, career fairs, and/or other career development workshops throughout the academic year.	5	5	5	2	5	5	4	4	2	4	3		5	2	5
2	I am aware of the community service opportunities at local schools or other community organizations during the academic year.	3	5	5	2	5	5	4	4	2	5	3		5	2	4
3	I know who works in Student-Athlete Academic Support Services, and how to contact that individual.	1	5	5	3	5	5	4	4	2	4	5		5	1	5
4	The staff in Student-Athlete Academic Support Services is supportive of my career, personal, and leadership development needs through programs and events throughout the academic year.	1	5	5	3	5	5	4	5	2	5	4		5	3	5
5	I am aware of the role of the Student-Athlete Advisory Committee (SAAC) and know who my team representatives are.	4	5	5	3	5	5	4	5	3	4	3		5	1	5
6	The SAAC Reps for my team share information with the team in a timely manner.	1	5	5	3	5	5	4	4	3	5	3		5	1	5
7	The Student-Athlete Planner (Calendar) is a useful tool and good source of information.	5	5	5	3	5	5	4	4	4	5	4		4		

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Section 8: Athletic Performance

1	The weight room facilities and equipment are adequate for my needs.	5	4	5	5	5	5	5	5	5	4	5	5	5
2	The weight room facilities and equipment are safe and well maintained.	5	5	5	5	5	4	5	5	5	4	5	5	5
3	The Athletic Performance staff provided good instruction and supervision during training.	5	3	5	5	5	4	5	5	5	4	5	5	5
4	The Athletic Performance staff utilized safe and effective training techniques.	5	4	5	5	5	4	5	5	5	4	5	5	5
5	The Athletic Performance staff utilized current, sport-specific training techniques that helped my athletic development.	5	4	5	5	5	3	5	4	4	4	5	5	5
6	The Athletic Performance staff developed challenging off-season programs with clear individual goals.	5		5	5	5	5	5	5	4	4	5	5	5
7	The weight room has sufficient space for my team to safely and effectively train through a session.	5	1	5	5	5	5	4	5	5	4	5	5	5
8	The Athletic Performance staff provided sound instruction and supervision during training.	5		5	5	5	5	5	5	5	4	5	5	5
10	If rehab was needed, the strength & conditioning staff tailored or modified workouts to work around the injury restraints so I did not fall behind in my athletic development.	5		5	5	5	5	5	5	5	5	5	5	
11	If the injury was more extensive (i.e. ACL, Tommy Johns, spinal, etc.) the strength & conditioning staff worked alongside athletic training to provide quality extended rehab workouts to enhance recovery and help me return to play as soon as possible	5		5	5	5	5	5	5		4		5	
12	The strength & conditioning staff provides adequate hydration, pre- and post-workout fuel (i.e. Gatorade, protein, vitamins, healthy snacks).	3	2	5	5	5	4	3	5	4	1	4	5	4

Section 9: Sports Medicine

1	My athletically-related health and injury issues received appropriate care from the Sports Medicine staff.	5	5	3	4	5	5	5	5	5	1	5	5	
2	I feel welcome in the athletic training rooms and my health and injury concerns are adequately addressed.	5	5	3	2	5	5	4	5	4	5	5	5	5
3	Athletic training room hours are adequate to meet my needs.	5	5	5	1	5	5	5	5	5	4	5	5	5
4	The athletic trainer(s) who works most closely with my team provided effective care and management of injuries.	5	5	5	2	5	5	5	5	5	1	5	5	
5	My athletic trainer(s) provided consistent and adequate coverage at in-season practices and competitions	5	5	5	3	5	5	4	5	5	4	5	5	5
6	I received appropriate care from WCU doctors.	5	5	5	1	5	5	4	4	5	1	5	5	
7	WCU doctors' hours are adequate to meet my needs.	5	5	5	3	5	5	4	5	5	4	5	5	5
8	I am aware that Counseling and Psychological Services are available to me independently, as well as through my trainer.	5	5	5	5	5	5	3	5	5	4	5	5	5
9	I am satisfied with the overall helpfulness and experience of Counseling and Psychological Services.	5	5	5	5	5	5		5	5	4		5	5

Section 10: Media Relations and Marketing

1	I know who my primary Media Relations contact is for my sport and how to reach that individual	1	5	3	1	5	5	5	1	5	2	3	5	5	
2	WCU consistently distributed information about my sport through social media and the web.	1	5		2	4	4	2	5	5	5	4	5	5	5
3	Stories, rosters, statistics, and other team information was timely and accurate on www.catamountsports.com	3	5	5	2	4	4	4	5	5	5	4	3	3	5
4	I am aware of the official Twitter handle for the department and my sport.	5	5	5	3	5	5	5		5	5	4	5	5	5
5	Media Relations staff members were helpful to me when I interacted with members of the media.	3	5		2	5	5	2		5		4	4	5	
6	I am satisfied with the marketing materials (e.g. schedule card, poster, etc.) that were produced for my sport	1	5	3	1	5	5	2	4	5	4	4	5	4	5

Section 11: Facilities and Operations

1	My team's practice facilities meet our team needs.	5	5	1	5	5	5	4	5	4	4	1		5	5	5
2	My team's practice facilities are safe and well-maintained.	5	5	1	5	5	5	4	4	5	5	1		5	5	5
3	My team's competition facility meets our team needs.	5	5	5	5	5	5	5	5	3	5	1		5	5	5
4	My team's competition facility is safe and well-maintained.	5	5	5	5	5	5	5	5	5	5	1		5	5	5
5	My team's locker room meets our team needs.	5	5		4	5	5	2	5	4	4	1		5	5	4
6	If the athletic department obtained capital funding for facilities, please rank the priority of each of the following															
	Facility A - Indoor Practice Facility	2	3	1	5	1	1	1	3	1	1	1	1	1	1	1
	Facility B - New Press Box / Club Suite Area at Football	4	5	5	3	4	4	5	3	5	4	5	4	5	5	4
	Facility C - New Sports Medicine Center	1	1	2	4	3	3	2	2	1	2	3	3	4	1	3
	Facility D - New Strength and Conditioning Center	5	4	3	1	5	5	4	4	2	3	2	2	3	4	2
	Facility E - New Academic Support Center	3	2	4	3	2	2	2	4	4	5	4	5	2	3	5

Section 12: Equipment

1	The athletic equipment/apparel issued to me met my needs for practice and competition.	5	5	5	1	5	5	3	5	3	4	3	2	5	3	5
2	The athletic equipment/apparel distribution and collection was well organized.	5	5	5	2	5	5	4	5	4	5	4	3	5	4	5
3	My team's equipment manager was accessible, helpful, and provided an effective level of service.	5			1	5	5	4	4	4	4	4		5	2	5
4	My equipment needs were met in a timely fashion.	5	5	5	1	5	5	4	5	4	5	4		5	5	5
5	I am highly satisfied with the quality of the athletic equipment/apparel issued to me and our team.	5	5	5	1	5	5	2	5	4	5	3	2	5	3	5
6	I knew who to turn to for assistance with my athletic equipment/apparel needs.	5	5	5	1	5	5	3	5	4	5	4	5	5	5	5

Section 13: Campus Dining Facilities and Nutrition

1	I understand how my campus meal plan works.	5	5	5	5	5	5		5	5	5	5	5	5		5
2	Campus Dining meets my athletic nutritional needs.	5	5	5	3	5	5	3	3	1	1	2	3	5	3	5
3	Campus Dining hours accommodate my schedule with enough time to eat a balanced meal.	3	5	5	2	5	5	2	4	1	1	4	4	5	2	5
4	Campus Dining menu demonstrates a commitment to my overall health and well-being.	4	3	5	2	5	5	2	3	1	2	2	4	3	3	4

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5	Campus Dining menu provides enough options to meet my dietary allergy need.	5	5	5	2	5	5	3	3	1		4			2	
6	I have been educated on how good and poor nutrition can impact my athletic performance and overall health	4	4	5	2	5	5	5	3	5	5	4	2	5	2	5
7	My athletic performance has been enhanced by improving my nutrition.	5	4	5	2	5	5		3	4	2	2		5	5	3
8	My knowledge of nutrition and performance has increased since I arrived at WCU.	4	3	5	2	5	5		3	5	1	3	4	5	5	2

Section 14: General

1	I know who the Director of Compliance is.	5	5	5	1	5	5	5	1	2	5	3	5	5	3	3
2	The Director of Compliance was available and helpful to answer specific questions, when needed.	5		5	1			5			4	3		5	3	
3	I am unaware of any NCAA violations by myself, my coaches, members of my team, and boosters or supporters of my team	1	5	1	2	5	5	3	1		5	3	5	5	5	5
4	My Sport Supervisor (the administrator for my team) was accessible and receptive to answer questions and discuss concerns when requested.	3	5	5	1			4			4	4	5	5	3	5
5	No athletic staff member (coaches or administrators) ever engaged in inappropriate physical contact with me (e.g. pushing, shoving, or inappropriate touching).	5	5	5	5	5	5	5	1		5	5	5	5	3	5
6	The atmosphere in the Athletics Department is positive and supports diversity with respect t gender, ethnicity, and sexual orientation.	5	5	5	3	5	5	4	4		5	5	5	5	5	5
7	Independent of my team's performance this year, my overall experience this year was positive.	5	5	5	2	5	5	4	4		4	5	4	4	5	5

2018 Student-Athlete Exit Interview

Email address: _____

First name _____

Last name: _____

Each year the Athletic Department conducts exit surveys of student-athletes who have completed their athletic eligibility at Winston-Salem State University. The NCAA requires these surveys and we conduct them with great interest. Through them, we gain valuable feedback about our intercollegiate programs and your athletic experience. Specifically we are interested in evaluating the following: the value of your athletic experiences; the extent of athletes' time demands on you; any proposed changes you have for intercollegiate athletics, and your concerns related to the administration of your sport.

Each student-athlete will be kept anonymous in this process. Responses are collected by the WSSU Department of Institutional Assessment and Research and the data will be shared with The Department of Athletics.

This survey will be confidential. Your name and responses will not be shared with any coaches.

Sport:: Volleyball

Will you graduate this year?: No

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: 4-7

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: 4-7

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Neutral

I am satisfied with the academic support services provided through the athletic department.: Agree

Study hall improved my academic performance.: Neutral

I was informed about academic requirements and expectations.: Agree

My coach(es) expressed an interest in my academic success.: Strongly Agree

The academic advisor provided adequate advising and assistance for my academic needs.: Agree

Section C. Coaching Staff

The training rules interfered with my college experience.: Agree

I have a good understanding of the NCAA and CIAA rules and regulations.: Strongly Agree

The training rules were helpful.: Agree

My coach(es) placed unreasonable demands on my time.: Neutral

The technical skills provided by my coach(es) increased my skill level.: Neutral

My coach(es) took an interest in my academic performance.: Agree

My coach(es) helped me achieve my athletic goals related to my sport.: Strongly Disagree

The coaching staff had good organizational and management skills.: Agree

The coaching staff had sufficient technical knowledge of my sport.: Agree

During your athletic participation at WSSU, indicate the extent to which you were subject to the following ...

Physical Abuse: Never

Verbal Abuse: More Than 3 Times

Mental Abuse: More Than 3 Times

My participation in athletics helped me in the following areas (select all that apply)::

Section D. Athletics

My athletic experience at WSSU met my expectations.: Strongly Disagree

Women's and men's sports are treated equitably at WSSU.: Strongly Disagree

Students of diverse backgrounds are treated with respect within the WSSU athletics program.: Strongly Disagree

All sports programs are treated equitably at WSSU.: Strongly Disagree

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.): Agree

The athletic training staff provided adequate service to my injuries or medical needs.: Neutral

The athletic training staff were professional at all times during times of treatment/care.: Neutral

The athletic training staff were knowledgeable about the medical field.: Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Fair

Overall quality of weight training facilities.: Fair

Quality of strength and conditioning program.: Excellent

Quality of athletic trainer.: Excellent

Quality of student trainers.: Good

Quality of physicians.: Good

Quality of coach(es): Fair

Quality of housing.: Poor

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Neutral

I have been satisfied with my academic experience at WSSU.: Agree

I would recommend WSSU to a high school prospect.: Strongly Disagree

I will continue to support WSSU Athletics in the future.: Neutral

2018 Student-Athlete Exit Interview

Email address:

First name:

Last name:

Each year the Athletic Department conducts exit surveys of student-athletes who have completed their athletic eligibility at Winston-Salem State University. The NCAA requires these surveys and we conduct them with great interest. Through them, we gain valuable feedback about our intercollegiate programs and your athletic experience. Specifically we are interested in evaluating the following: the value of your athletic experiences, the extent of athletes' time demands on you, any proposed changes you have for intercollegiate athletics, and your concerns related to the administration of your sport.

Each student-athlete will be kept anonymous in this process. Responses are collected by the WSSU Department of Institutional Assessment and Research and the data will be shared with The Department of Athletics.

This survey will be confidential. Your name and responses will not be shared with any coaches.

Sport:: Basketball

Will you graduate this year?: Yes

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: 1-3

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: 1-3

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Neutral

I am satisfied with the academic support services provided through the athletic department.: Agree

Study hall improved my academic performance.: Neutral

I was informed about academic requirements and expectations.: Neutral

My coach(es) expressed an interest in my academic success.: Agree

The academic advisor provided adequate advising and assistance for my academic needs.: Agree

Section C. Coaching Staff

The training rules interfered with my college experience.: Neutral

I have a good understanding of the NCAA and CIAA rules and regulations.: Agree

The training rules were helpful.: Neutral

My coach(es) placed unreasonable demands on my time.: Neutral

The technical skills provided by my coach(es) increased my skill level.: Neutral

My coach(es) took an interest in my academic performance.: Agree

My coach(es) helped me achieve my athletic goals related to my sport.: Disagree

The coaching staff had good organizational and management skills.: Disagree

The coaching staff had sufficient technical knowledge of my sport.: Disagree

During your athletic participation at WSSU, indicate the extent to which you were subject to the following ...

Physical Abuse: Never

Verbal Abuse:

Mental Abuse: Never

My participation in athletics helped me in the following areas (select all that apply):: Social, Physical

Section D. Athletics

My athletic experience at WSSU met my expectations.: Disagree

Women's and men's sports are treated equitably at WSSU.: Neutral

Students of diverse backgrounds are treated with respect within the WSSU athletics program.: Neutral

All sports programs are treated equitably at WSSU.: Neutral

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.).: Agree

The athletic training staff provided adequate service to my injuries or medical needs.: Agree

The athletic training staff were professional at all times during times of treatment/care.: Agree

The athletic training staff were knowledgeable about the medical field.: Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Fair

Overall quality of weight training facilities.: Good

Quality of strength and conditioning program.: Poor

Quality of athletic trainer.: Good

Quality of student trainers.: Good

Quality of physicians.: Good

Quality of coach(es).: Fair

Quality of housing.: Fair

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Agree

I have been satisfied with my academic experience at WSSU.: Neutral

I would recommend WSSU to a high school prospect.: Agree

I will continue to support WSSU Athletics in the future.: Strongly Agree

2017 Student-Athlete Exit Interview

Email address

First name:

Last name:

Each year the Athletic Department conducts exit surveys of student-athletes who have completed their athletic eligibility at Winston-Salem State University. The NCAA requires these surveys and we conduct them with great interest. Through them, we gain valuable feedback about our intercollegiate programs and your athletic experience. Specifically we are interested in evaluating the following: the value of your athletic experiences, the extent of athletes' time demands on you, any proposed changes you have for intercollegiate athletics, and your concerns related to the administration of your sport.

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This survey will be confidential. Your name and responses will not be shared with any coaches.

Sport:: Baseball

Will you graduate this year?: Yes

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: 1-3

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: More than 7

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Agree

I am satisfied with the academic support services provided through the athletic department.: Agree

Study hall improved my academic performance.: Agree

I was informed about academic requirements and expectations.: Neutral

My coach(es) expressed an interest in my academic success.: Strongly Agree

The academic advisor provided adequate advising and assistance for my academic needs.: Agree

Section C. Coaching Staff

The training rules interfered with my college experience.: Disagree

I have a good understanding of the NCAA and CIAA rules and regulations.: Agree

The training rules were helpful.: Neutral

My coach(es) placed unreasonable demands on my time.: Disagree

The technical skills provided by my coach(es) increased my skill level.: Agree

My coach(es) took an interest in my academic performance.: Agree

My coach(es) helped me achieve my athletic goals related to my sport.: Agree

The coaching staff had good organizational and management skills.: Agree

The coaching staff had sufficient technical knowledge of my sport.: Strongly Agree

During your athletic participation at WSSU, indicate the extent to which you were subject to the following ...

Physical Abuse: Never

Verbal Abuse: Never

Mental Abuse: Never

My participation in athletics helped me in the following areas (select all that apply): Academic, Social, Physical, Emotional

Section D. Athletics

My athletic experience at WSSU met my expectations.: Agree

Women's and men's sports are treated equitably at WSSU.: Agree

Students of diverse backgrounds are treated with respect within the WSSU athletics program.: Agree

All sports programs are treated equitably at WSSU.: Agree

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.): Strongly Agree

The athletic training staff provided adequate service to my injuries or medical needs.: Strongly Agree

The athletic training staff were professional at all times during times of treatment/care.: Strongly Agree

The athletic training staff were knowledgeable about the medical field.: Strongly Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Good

Overall quality of weight training facilities.: Good

Quality of strength and conditioning program.: Fair

Quality of athletic trainer.: Excellent

Quality of student trainers.: Excellent

Quality of physicians.: Excellent

Quality of coach(es): Good

Quality of housing.: Unable to Rate

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Strongly Agree

I have been satisfied with my academic experience at WSSU.: Agree

I would recommend WSSU to a high school prospect.: Neutral

I will continue to support WSSU Athletics in the future.: Agree

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Sport:: Softball

Will you graduate this year?: Yes

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: 1-3

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: 4-7

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Agree

I am satisfied with the academic support services provided through the athletic department.: Agree

Study hall improved my academic performance.: Agree

I was informed about academic requirements and expectations.: Strongly Agree

My coach(es) expressed an interest in my academic success.: Strongly Agree

The academic advisor provided adequate advising and assistance for my academic needs.: Strongly Agree

Section C. Coaching Staff

The training rules interfered with my college experience.: Disagree

I have a good understanding of the NCAA and CIAA rules and regulations.: Agree

The training rules were helpful.: Agree

My coach(es) placed unreasonable demands on my time.: Disagree

The technical skills provided by my coach(es) increased my skill level.: Strongly Agree

My coach(es) took an interest in my academic performance.: Strongly Agree

My coach(es) helped me achieve my athletic goals related to my sport.: Strongly Agree

The coaching staff had good organizational and management skills.: Agree

The coaching staff had sufficient technical knowledge of my sport.: Strongly Agree

During your athletic participation at WSSU, indicate the extent to which you were subject to the following ...

Physical Abuse: Never

Verbal Abuse: Never

Mental Abuse: Never

My participation in athletics helped me in the following areas (select all that apply):: Academic, Social, Physical, Emotional

Section D. Athletics

My athletic experience at WSSU met my expectations.: Agree

Women's and men's sports are treated equitably at WSSU.: Disagree

Students of diverse backgrounds are treated with respect within the WSSU athletics program.: Agree

All sports programs are treated equitably at WSSU.: Disagree

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.).: Neutral

The athletic training staff provided adequate service to my injuries or medical needs.: Strongly Agree

The athletic training staff were professional at all times during times of treatment/care.: Strongly Agree

The athletic training staff were knowledgeable about the medical field.: Strongly Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Good

Overall quality of weight training facilities.: Good

Quality of strength and conditioning program.: Excellent

Quality of athletic trainer.: Excellent

Quality of student trainers.: Excellent

Quality of physicians.: Good

Quality of coach(es).: Good

Quality of housing.: Good

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Strongly Agree

I have been satisfied with my academic experience at WSSU.: Agree

I would recommend WSSU to a high school prospect.: Agree

I will continue to support WSSU Athletics in the future.: Strongly Agree

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This survey will be confidential. Your name and responses will not be shared with any coaches.

Sport:: Women's Basketball

Will you graduate this year?: Yes

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: 4-7

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: 4-7

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Disagree

I am satisfied with the academic support services provided through the athletic department.: Disagree

Study hall improved my academic performance.: Neutral

I was informed about academic requirements and expectations.: Neutral

My coach(es) expressed an interest in my academic success.: Disagree

The academic advisor provided adequate advising and assistance for my academic needs.: Disagree

Section C. Coaching Staff

The training rules interfered with my college experience.: Strongly Agree

I have a good understanding of the NCAA and CIAA rules and regulations.: Neutral

The training rules were helpful.: Neutral

My coach(es) placed unreasonable demands on my time.: Strongly Agree

The technical skills provided by my coach(es) increased my skill level.: Disagree

My coach(es) took an interest in my academic performance.: Disagree

My coach(es) helped me achieve my athletic goals related to my sport.: Disagree

The coaching staff had good organizational and management skills.: Strongly Disagree

The coaching staff had sufficient technical knowledge of my sport.: Agree

During your athletic participation at WSSU, indicate the extent to which you were subject to the following ...

Physical Abuse: Never

Verbal Abuse: 1-3 Times

Mental Abuse: 1-3 Times

My participation in athletics helped me in the following areas (select all that apply):: Social, Physical

Section D. Athletics

My athletic experience at WSSU met my expectations.: Disagree

Women's and men's sports are treated equitably at WSSU.: Disagree

Students of diverse backgrounds are treated with respect within the WSSU athletics program.: Neutral

All sports programs are treated equitably at WSSU.: Strongly Disagree

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.): Disagree

The athletic training staff provided adequate service to my injuries or medical needs.: Agree

The athletic training staff were professional at all times during times of treatment/care.: Agree

The athletic training staff were knowledgeable about the medical field.: Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Good

Overall quality of weight training facilities.: Fair

Quality of strength and conditioning program.: Poor

Quality of athletic trainer.: Excellent

Quality of student trainers.: Excellent

Quality of physicians.: Excellent

Quality of coach(es): Fair

Quality of housing.: Good

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Agree

I have been satisfied with my academic experience at WSSU.: Disagree

I would recommend WSSU to a high school prospect.: Disagree

I will continue to support WSSU Athletics in the future.: Neutral

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First name

Last name:

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This survey will be confidential. Your name and responses will not be shared with any coaches.

Sport:: Baseball

Will you graduate this year?: Yes

How many additional hours, outside of required practice time, did you spend on your sport per week during the in season?: None

How many additional hours, outside of required practice time, did you spend on your sport per week during off season?: 1-3

Section B. Academics

Please indicate the extent to which you agree with the following statements:

I am satisfied with the academic advising I received.: Neutral

I am satisfied with the academic support services provided through the athletic department.: Neutral

Study hall improved my academic performance.: Neutral

I was informed about academic requirements and expectations.: Strongly Agree

My coach(es) expressed an interest in my academic success.: Agree

The academic advisor provided adequate advising and assistance for my academic needs.: Neutral

Section C. Coaching Staff

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The training rules were helpful.: Neutral

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My coach(es) took an interest in my academic performance.: Agree

My coach(es) helped me achieve my athletic goals related to my sport.: Neutral

The coaching staff had good organizational and management skills.: Neutral

The coaching staff had sufficient technical knowledge of my sport.: Agree

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All sports programs are treated equitably at WSSU.: Agree

I was satisfied with my representative for the Student-Athlete Advisory Committee (S.A.A.C.).: Neutral

The athletic training staff provided adequate service to my injuries or medical needs.: Strongly Agree

The athletic training staff were professional at all times during times of treatment/care.: Strongly Agree

The athletic training staff were knowledgeable about the medical field.: Agree

Please rate the following as they pertain to your sport.

Overall quality of athletic facilities.: Excellent

Overall quality of weight training facilities.: Excellent

Quality of strength and conditioning program.: Excellent

Quality of athletic trainer.: Good

Quality of student trainers.: Good

Quality of physicians.: Good

Quality of coach(es).: Good

Quality of housing.: Unable to Rate

Section E. General

I have been satisfied with the athletic training I received at WSSU.: Strongly Agree

I have been satisfied with my academic experience at WSSU.: Strongly Agree

I would recommend WSSU to a high school prospect.: Neutral

I will continue to support WSSU Athletics in the future.: Neutral



Copy of 2015 UNC Asheville Student-Athlete Senior Exit Survey [UNC Asheville]

QUESTIONS

RESPONSES 7

7 responses



SUMMARY

INDIVIDUAL

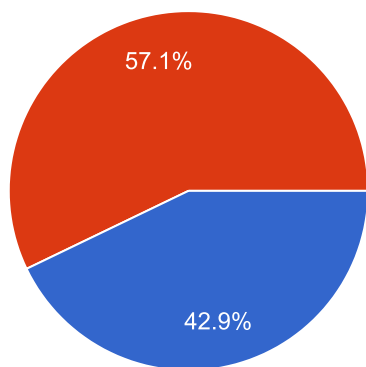
Accepting responses



Biographical Information



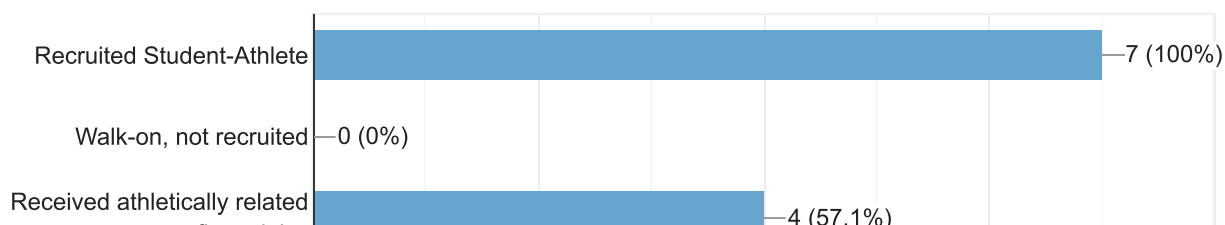
7 responses

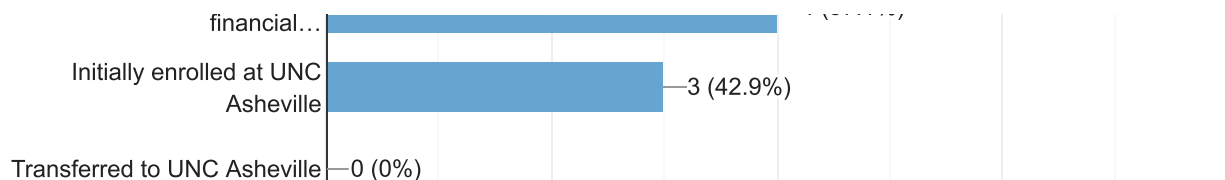


Male
Female

Personal History

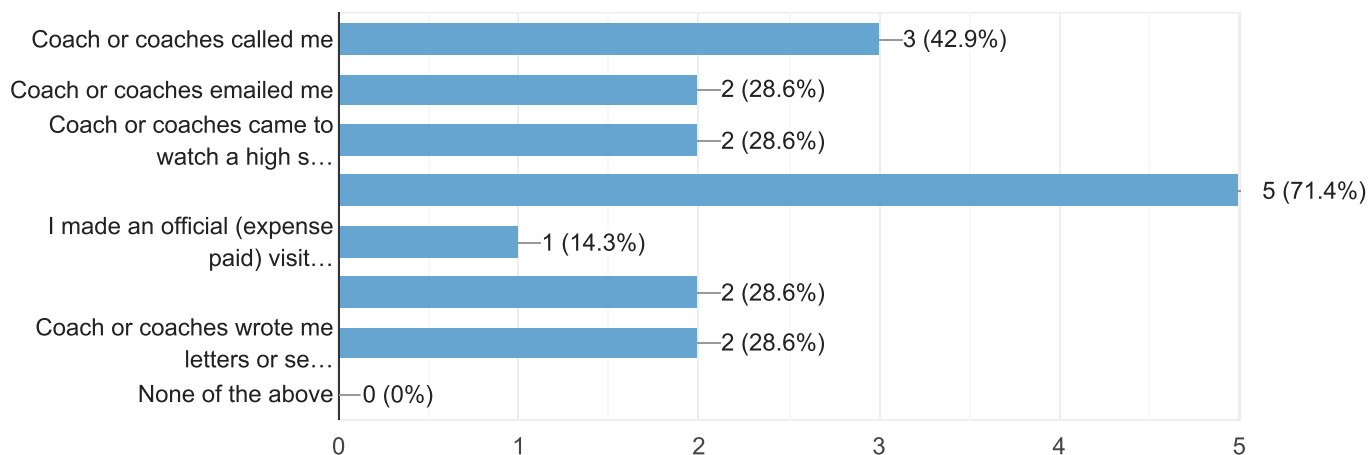
7 responses





In which ways were you recruited?

7 responses



What made you decide to attend UNC Asheville?

7 responses

Small classes, close to home, in the mountains, Division I.
It just felt "right"

The small community and beautiful place. I also believed I would be able to earn a starting spot as a Freshmen.

I was looking for a university that had my proposed major (business administration) and would not see me accumulate an excessive amount of student loan debt. Obviously I wanted to be able to run track, and receiving financial aid in the form of a scholarship was required for me to attend. Ultimately the deciding factor was the low in state tuition. I was being offered around the same amount of scholarship dollars to go to other universities but their tuition was higher.

the school, the tennis program, Coach Gregory, the area

The academics as well as the team.

Coach and team,
academics,
location

It was the only school I had the option to play at.

How did your experience at UNC Asheville compare to the way it was portrayed to you while you were being recruited?

7 responses

Very similar. I thought the sports experience wasn't quite as good as expected, but the off-field experience has far outweighed it

UNC Asheville seemed pretty cool, but a little run down.

I was expecting better facilities to put it simply. Division I may be the label, but facility-wise, we are division II. Not hosting home track meets was one of the single most disappointing aspect to my entire college career, even more than the injury list I piled up.

It was beyond what I expected. THe relationships I have built, the education I was given, and the experiences I had on and off the court with team were incredible. I loved everything about my experience here. I loved the athletic department. Rebecca, Janet, and everyone else involved have been so supportive and through out these past four years.

Similarly compared; the academics were comparable and the athletics were mostly comparable.

Equal

No. I expected my coach to be more personally involved, she made it seem like she was a people person. What she (Demko) failed to mention is that she only has interest in those who are like her.

Will you graduate?

7 responses



- Yes
- No
- Other



How often were academics emphasized by your coaches?

7 responses

Daily

Not a whole lot honestly, but our team was very diligent in the classroom setting.

This is one area that was emphasized heavily and I am thankful for.

Often, but because our team valued academics quite a bit there was a culture of working hard in the classroom. I needed this coming in school since I was still suffering from senioritis

Somewhat emphasized.

Weekly, highly concerned

Never

Were you instructed on how to study properly?

7 responses

No- all study habits were personal

No, but I had previous knowledge from high school.

I did not need advice on how to study, but we were basically just told to do so and where to get help.

I was supported and always has help when I needed it

Yes, required study hall for people below a certain GPA.

not really, required study hall as a freshman, could have reduced hours depending on GPA

No

Was priority registration advantageous to you?

7 responses

absolutely

Priority registration saved me many times! It was the best!

Yes, without it our coaches would probably have a heart attack.

no

Yes, extremely.

YES!!!!

Yes, very.

Was your faculty advisor helpful during your advising period?

7 responses

yes

She was alright. Was not the best.

Yes she was. I switched to a new adviser in my major sophomore year and she was great. She then left the university, and my new adviser was great for where I was in life as far as my career and so on.

I had multiple advisors and the most helpful people were Rebecca and Dr. Lyndi Hewitt. They were so personal and so invested in to my needs.

Yes, my advisor was very helpful during the advising period, and all other times during the year.

always

Extremely.

Were you a member of the 3.0 club? Was this beneficial to you?

7 responses

yes- had a cumulative GPA of 3.5. Definitely made me feel proud

I was a member all 4 years.

I was a member on and off. It was without a doubt beneficial to me.

yes

I was, and yes.

Yes and yes!

Yes, it is. It is a huge motivation.

**What was the most difficult barrier you faced while studying during your season?
(i.e. Travel restraints, practice, missed classes...etc)**

7 responses

overall exhaustion physically and mentally

Getting home late from a trip and having to go to class early in the morning.

Missed classes did not help, but ultimately (since there were NO home meets) the travel restraints were the worst. Every meet was truly a 4 day experience because the day before and the day after our traveling you are exhausted.

nothing in particular

The number of classes you miss makes it extremely difficult, especially in high level classes within your major.

none

Scheduling labs for science majors around travel schedules.

Were you ever discouraged by faculty or staff not to play a sport?

7 responses

never

No.

I was never discouraged.

It was very clear when a faculty member held a bias against you because you played a sport. The majority are good about this, but every once in awhile you would find one that did not support athletics.

no

Did you feel discriminated against for being a student-athlete? If so please explain.

7 responses

yes- students think you are dumb jocks in class and will slack off during group projects.

No, only by the regular students.

Yes. I am currently in a class where because we were athletes our grade was hurt. There is no way to prove this, but I know when a professor has a bias against me, and this was without a doubt the situation I faced every class period.

no

No. The majority of the professors here do all they can to help student-athletes, as long as you stay on top of your work and keep them informed they will help you get all of the material you need to stay caught up in the class.

By students, never staff/faculty. We are portrayed as students who get away with anything, extra help on assignments, and many advantages, and this just isn't true

With group members, because they knew our time was limited.

Did your team leaders provide mentorship for your academic experience?

7 responses

yes

No.

As a tam leader, I offered advice to the underclassmen but college is a learning experience and for the information and the flow of classes and other obligations to truly sink in, they must come to conclusions themselves.

zoe hamal encouraged just by her own actions

Sometimes.

Yes

No.

Are you satisfied with the academic experience provided by UNC Asheville?

7 responses

absolutely

Yes, but hate having to take the extra credits.

Yes, academically it has been great.

yes

Very satisfied.

Yes

Yes.

How did your participation in athletics affect your academic performance in the classroom?

7 responses

it made me do even better than expected due to the structure and discipline

It helped me not to procrastinate.

It left me exhausted during class, and prevented me from giving my all, something I am looking forward to in graduate school.

it helped me. I did better in class when I was busier with tennis. It helped me to be disciplined and invested.

I was able to be successful in both facets, but it took time management and studying late hours. If I had not been an athlete I would have had more time to devote to school.

Kept my grades up

It pushed me to break the stereotype of being a "dumb jock"

Did your coaches emphasize graduation as a top priority?

7 responses

yes

Yes

No, but I feel like it is implied.

no explicitly but yes it was assumed

Yes.

not really, but they want us to graduate in 4 years unless wanting us to stay a 5th year

No. She only wanted results on the field.

If you required their assistance, were tutors available and helpful?

7 responses

n/a

yes

Yes

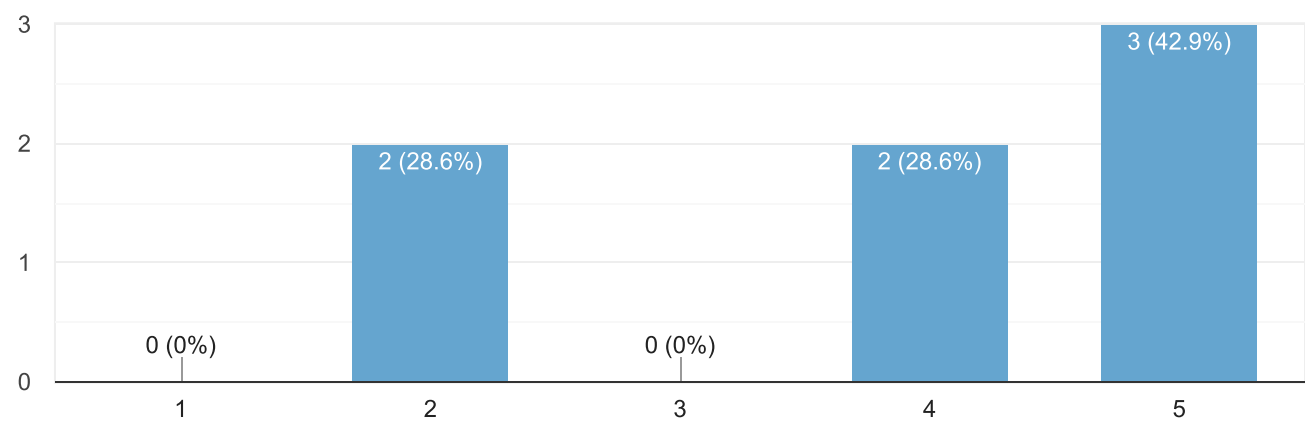
Yes.

I did not require/use tutors, but they were available.

yes!!

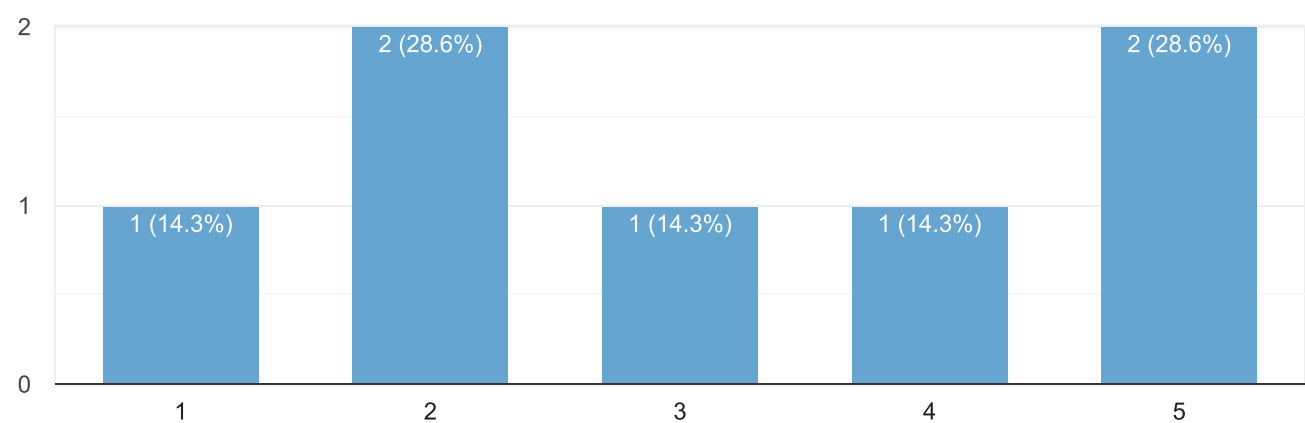
Enthusiasm and the ability to motivate you and your teammates

7 responses



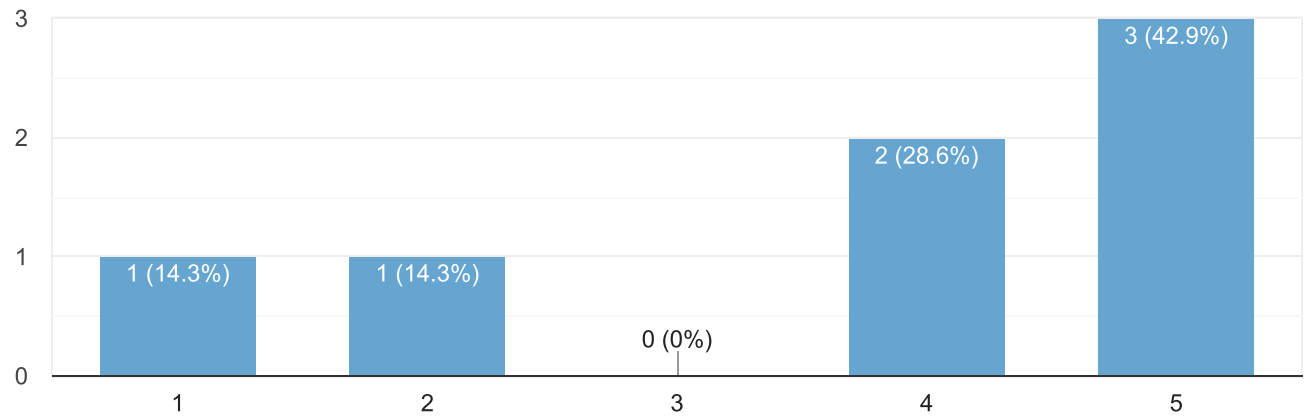
Willingness to assist with academic concerns (not specifically relating to eligibility)

7 responses



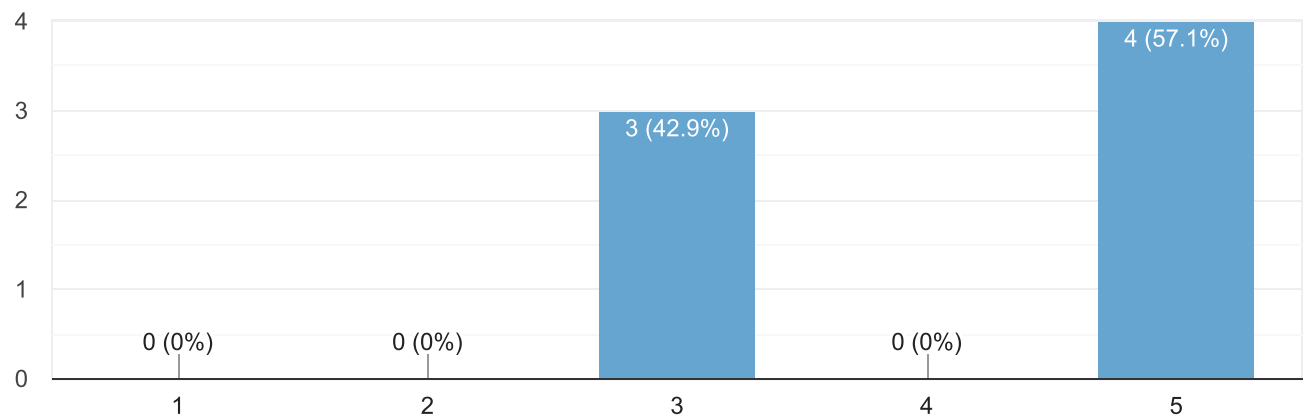
Ability to communicate with you and your teammates

7 responses



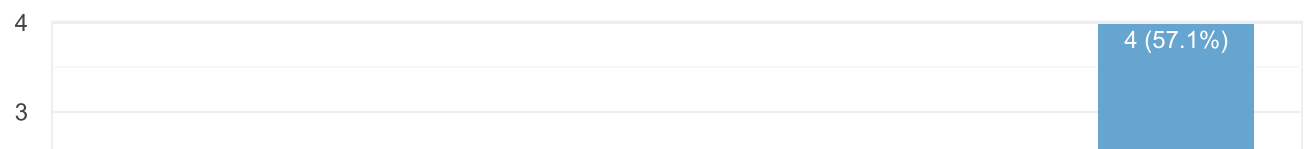
Ability to organize and prepare for practice

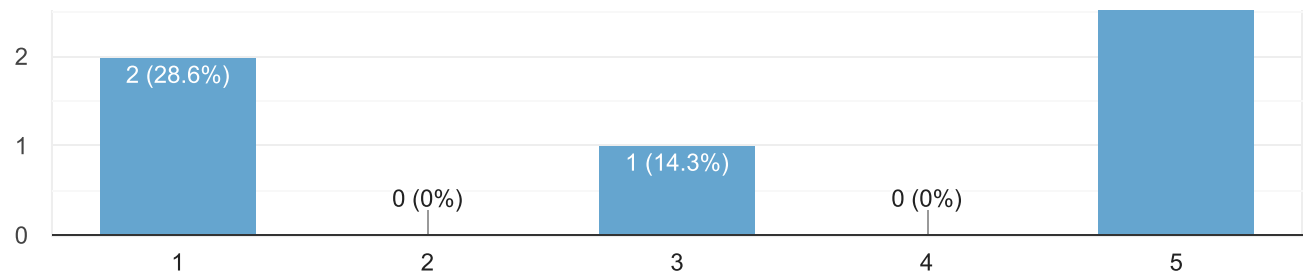
7 responses



Fairness in evaluating players and providing useful feedback regarding athletic performance

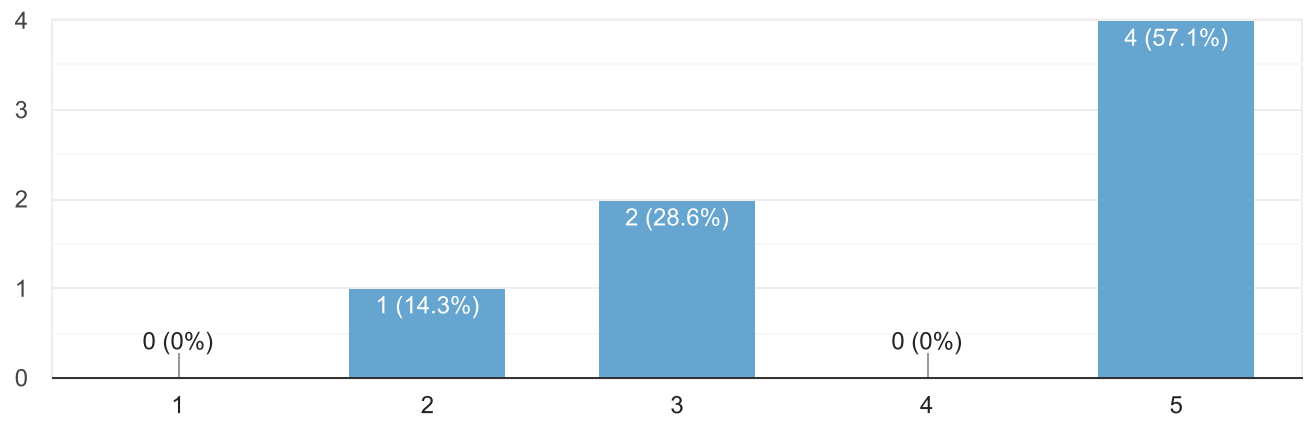
7 responses





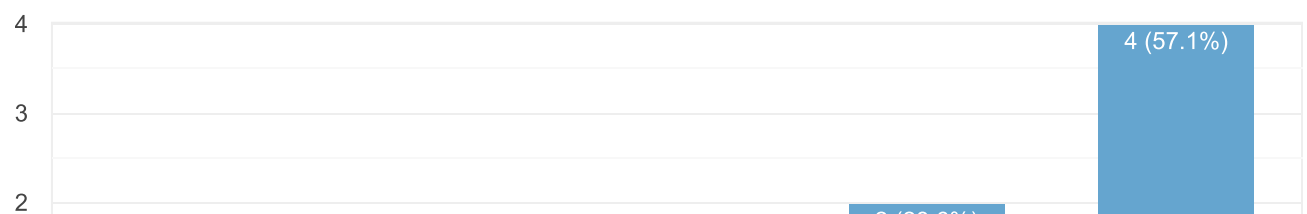
Ethical Conduct

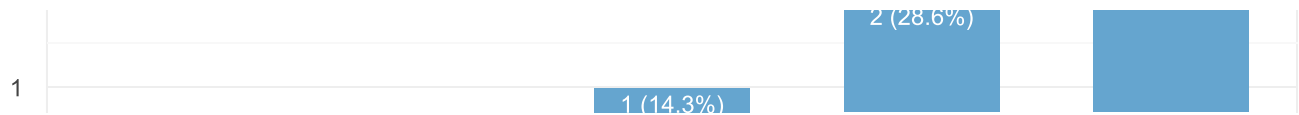
7 responses



Technical knowledge of the game

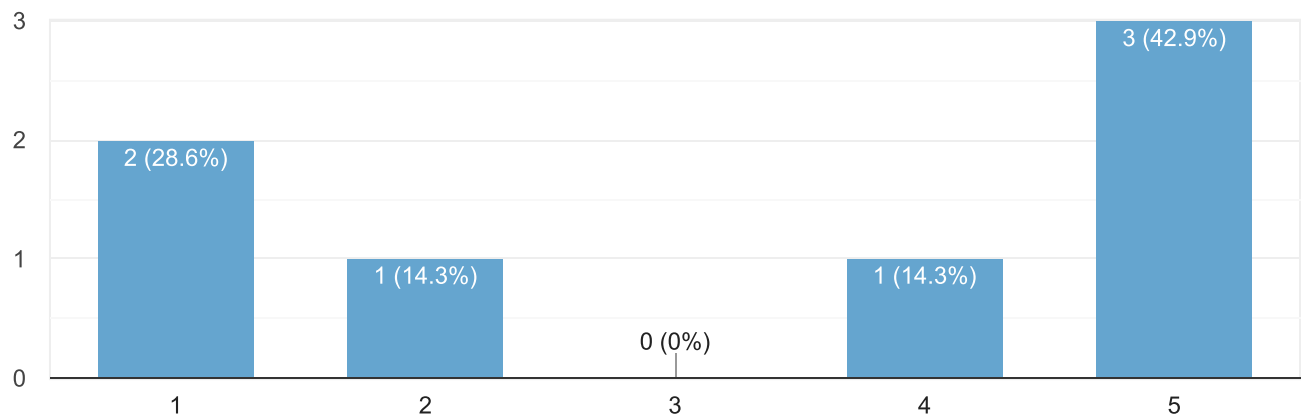
7 responses





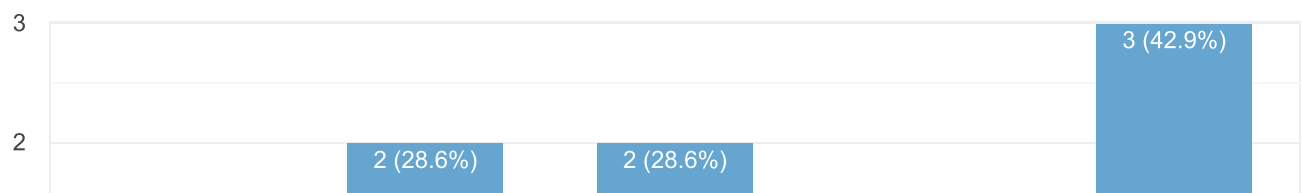
Ability to communicate and discuss your role on the team

7 responses



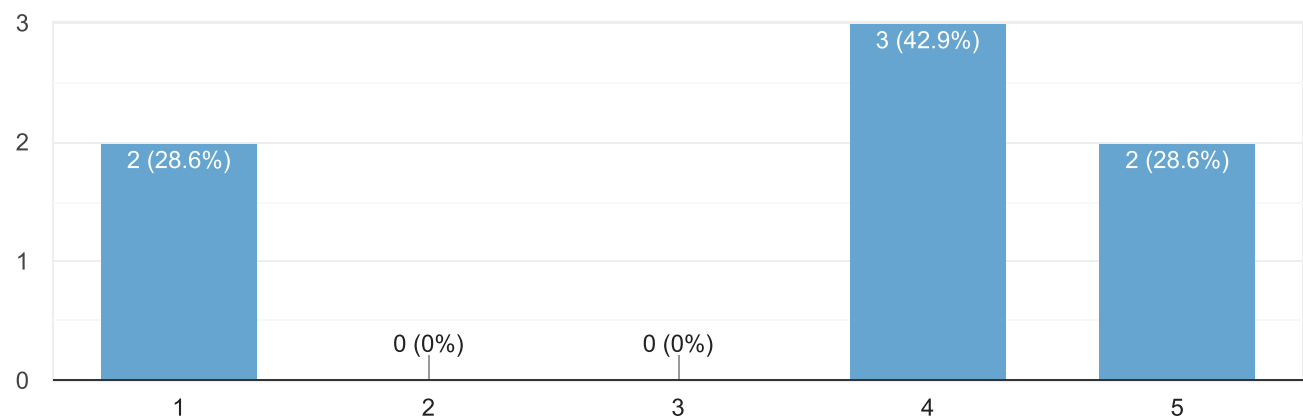
Conditioning components of practice comparable with the demands of your sport

7 responses



Ability to communicate effective strategies for mental preparation as it relates to athletic performance

7 responses



If applicable, was the training room staff helpful regarding prevention and rehabilitation of injuries?

7 responses

very

Yes

I live in the training room, and they are great people. Unfortunately I feel as if at times, my symptoms were not taken seriously and it resulted in greater issues down the road.

yes

Yes, the training room staff was extremely helpful regarding injuries, prevention, and rehabilitation.

most of the time

n/a

Was your performance positively affected by conditioning with the strength coach?

7 responses

yes

Yes

Omar is the strength coach I envisioned when I started college. I could not have asked for a better person.

n/a

Yes, my performance and development over my four years was very positively affected by conditioning and lifting with the strength coach.

ABSOLUTELY! Injury-free

yes. he was great, his training was great.

Do you believe your sport is receiving equitable treatment at UNC Asheville?

7 responses

yes

no

Compared to Men's Basketball, no.

No. It has gotten better, but track needs a trainer at every meet. Once you run an event your body is truly drained and the injuries we suffer occur at sudden points and can derail an entire season easily.

Yes.

No. But I understand because we are not a "money-maker" it is just frustrating to hear that next year bball players will be getting more money. It is difficult with a low budget, so I know improvements to the soccer field will come with time.

Please discuss any strengths and weaknesses in your specific sports program.

7 responses

facilities are terrible- literally laughed at from all Division I schools

Money to redo facilities.

Weaknesses- Facilities and equipment, and lack of event coaches.

strength- Gregory is over qualified. She is so supportive on and off the court. She knows us individually and supports individually. She values our overall experience of college and tennis

weakness- I wish there would have been a more supported conditioning/off court training plan; I would have loved to work with the strength and conditioning coach on campus; Coach trusts us to take care of conditioning on our own but I think there should be more structure there

The strengths of the program are that the coaching staff is dedicated and hard working. Some of the weaknesses are that the work put in does not always equate to the outcome, and sometimes is not the most efficient.

n/a

Weakness: COACH DEMKO- she brings people down, picks her favorites and drives people away from the program. This is why we were low on numbers. If I was not driven to complete my four years I would have quit long ago.

Were you encouraged by non student-athlete peers regarding your athletic performance?

7 responses

yes

Yes

Yes.

yes- close friends

Sometimes.

sometimes

no.

How did your participation in athletics affect your social life?

7 responses

absolutely- in every way

It hurt a little, but I was able to catch up with people on the days off after games.

Allowed me to grow into my surroundings and essentially gave me a close group of friends since day one.

positively

Being a student-athlete means that you have minimal time for a social life, that is just part of the job description.

positive and negative

Limited it outside of athletics, was pretty good within. I wish I had had more time to interact with others outside of athletics.

Do feel like you are a valued member of the Asheville Community?

7 responses

yes

without a doubt

Yes

No. Track is in large disrespected and ignored.

Yes, it is nice to be recognized and spoken too when in the community.

No.

Has your experience as a student-athlete at UNC Asheville positively affected your ability to relate to others in social settings?

7 responses

Yes

yes

absolutely

Yes, it has.

Yes, it certainly provides a talking point and I think that is a valuable thing in itself.

Do you feel you benefited from the Champs/Life Skills opportunities that were provided?

7 responses

for sure

Sort of

No.

yes

Sometimes.

no

Some of them.

Were you able to effectively balance athletics, academia and social activities?

7 responses

yes

yes-completely

Yes

Yes, but it was rough and not always evenly balanced.

Yes, I was, and it helped me develop time management skills.

Yes.

As a student-athlete, do you feel you received adequate knowledge of NCAA rules?

7 responses

yes

Yes.

sometimes

Sort of

I knew most of them, at least the ones that pertained to me specifically.

Did you receive beneficial information regarding the hazards of gambling, hazing, alcohol and drug use?

7 responses

yes

Yes

Yes.

Have your coaches and/or athletic administrators provided you with advice (or assistance) regarding your transition after graduation?

7 responses

Yes

absolutely

yes- quite often

Yes.

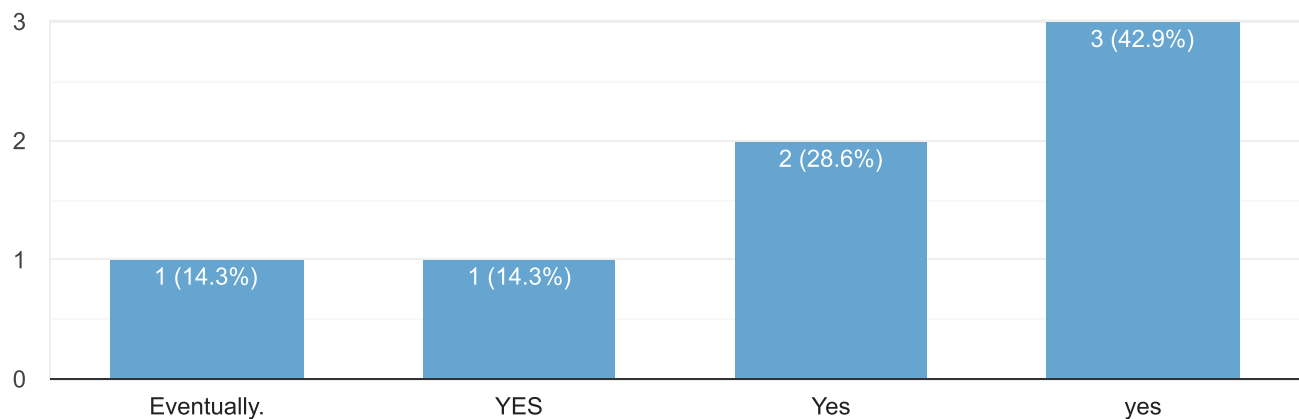
yes

Ms. Keil- YES! She is amazing.

Coaches- NO! My future does not involve soccer, so...

Do you plan on becoming an active alumnus for UNC Asheville?

7 responses



How would you increase participation at athletic events at UNC Asheville?

7 responses

much better marketing- complete revamp of marketing staff and initiatives

Advertisements

Get more involved in Asheville the city. Asheville is prime to be a college town, and I just feel as if no one cares that there is a Division I university up the street. Better facilities would encourage more people to come. "If you build it, they will come".

I would provide more food at events. This always brought more people out. Also usually if people knew we were doing well in our season they were more inclined to come out. Maybe let the main student body knew when were doing well on the main website- perhaps a small update on one of hte sports team on the home page-doesn't have to be big, just a small link or update on a sport that isn't normally noticed/as supported

Increase awareness.

n/a

I'm honestly not sure, Asheville is more of an arts community. Not sports. It is going to take a long shift to get there.

Please describe your most difficult experience as a student-athlete?

7 responses

dealing injuries and time restraints due to involvement

The 3 years of a coach who had no idea what he was doing.

Besides the lack of home meets, I would have to say the injuries I have sustained will linger for years to come. I was a national handball player before I came to college, and that career path is essentially dead due to the many setbacks I have had to fight through to compete.

Freshman year our team culture was very very difficult to be a part of but its changed tremendously over the years. I'm so glad I stuck through the harder times on our team

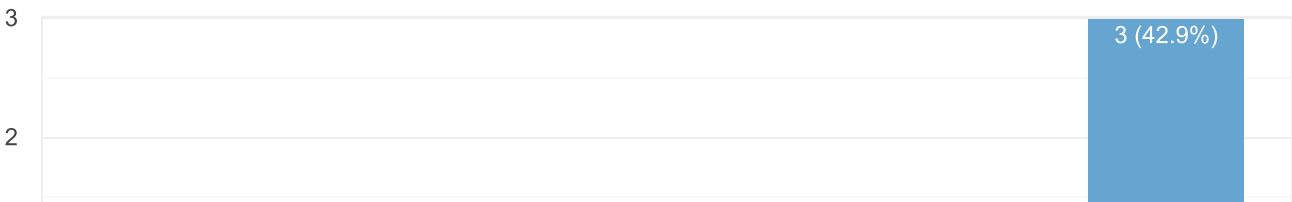
My most difficult experience was learning that you don't always get what you work for, sometimes you can do everything right and the outcome is still wrong.

Coming back from back surgery

Mentally trying to balance a coach who does not care about anything, but athletics, and trying to gain knowledge in the classroom because that is what is going help me long run.

If you were being recruited today, would you choose UNC Asheville?

7 responses



Please describe your best academic/athletic experience at UNC Asheville.

7 responses

SAAC- winning homecoming three years in a row
Having a 3.65 cumulative

Scoring a goal in my first appearance.

1. Conference championships and breaking school records.
2. Achieving a 3.499 GPA senior Fall semester.

Discovering my love for sociology and becoming a part of that department
Athletic- being a part of team that really loves and cares for one another and getting to end on such a great note senior year tennis wise and team wise

My best academic experiences were presenting at Synapse and other symposiums for my Undergraduate Research in the Neuroscience department (minor), as well as taking upper level Biology classes (major) and learning masses of information, which could be translated to a thesis, presentation, etc.
My best athletic experience was building relationships and friendships which I will carry with me for the rest of my life.

Placing 5th at Big South outdoor conference 10k

Being recognized by the BigSouth both academically and athletically. I'm proud to put these on my applications to grad schools.

Do you feel that things are better at UNC Asheville than when you first started?

7 responses

without a doubt

Yes

Yes. This is true, but there is still a long way to go, especially for the track program.

yes.

Yes, I think we worked to build a program, and some of that is reflected.

yes

Sure.

What is the one thing you know now that you wished you knew as a freshman?

7 responses

get involved as early as you can

AJ liames wishes he knew that fitness/strength training prior to coming to school was vital for success.

Eat and sleep. As you change your diet from your parent's cooking and realize you can stay out all night, your body is in shock. No one eats as healthy as they did at home just by default. Get your nutrients in and allow your body the time to recover from those workouts.

I wish I worked harder in school in the beginning. DO YOUR HOMEWORK and GO TO CLASS! ... is what I would tell myself

Don't let your emotions swing to either extreme, try and not let yourself get too high or too low, tomorrow is another day.

n/a

I wish I knew to focus on a life outside of athletics, your performance on the field improves when everything else improves.

If applicable, how much scholarship monies have you received during your time at UNC Asheville?

7 responses

1/2 of tuition

5,000 a year

Freshman and Sophomore - \$3000 Each year
Junior and Senior - \$6000 Each year

about 22,000

Full-scholarship

\$14,000

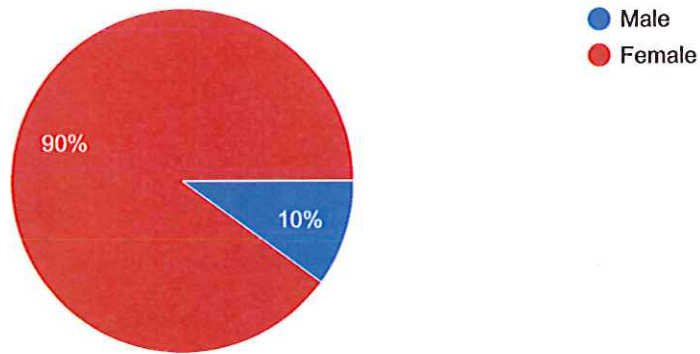
\$5000

2016



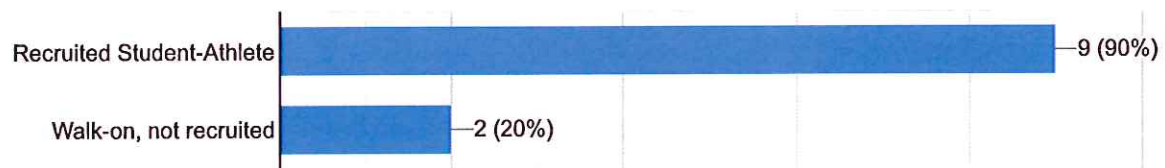
Biographical Information

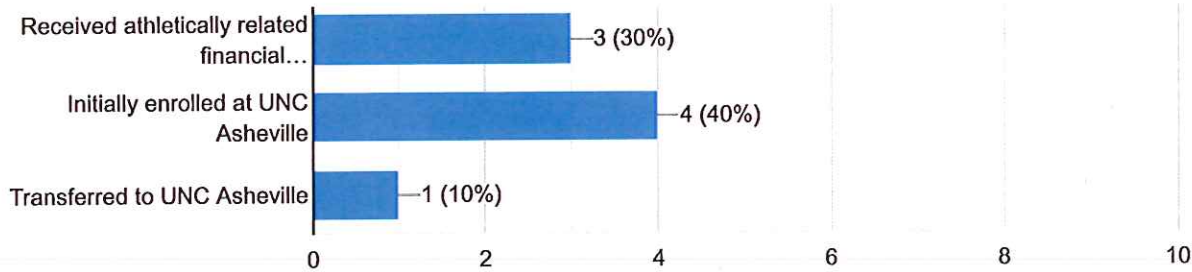
10 responses



Personal History

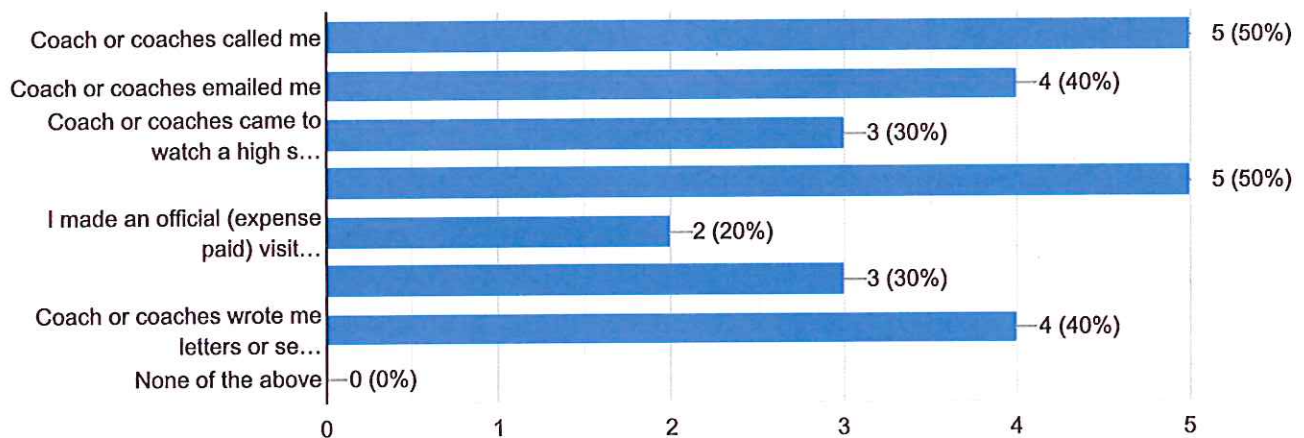
10 responses





In which ways were you recruited?

10 responses



What made you decide to attend UNC Asheville?

10 responses

The offer from coach

I really enjoyed the small campus size and intimate environments provided by small class sizes. I decided to take a leap of faith on the new swim program that was being built from the ground up and looking back, it may have been one of the riskiest and best decisions I made. I also visited on a fairly lovely weekend which was favorable.

The city and atmosphere at UNCA

I wanted the opportunity to compete at the DI level

Small D1 school with good academics

Health and Wellness Department, Kimmel Arena, the city of Asheville, and the family environment. I also felt like I could play and make a difference at UNCA

Fell in love with asheville, the team, and my coach

The team was very welcoming and the academics were rated very highly. Great area as well.


I wanted to continue my running career and I loved Asheville.

How did your experience at UNC Asheville compare to the way it was portrayed to you while you were being recruited?

10 responses

about what i expected

I really didn't have much to compare it to since there wasn't a team to visit on my unofficial recruiting trip- but it turned out to be a great place for me and I enjoyed the experience.


I thought I would have been coached much differently and in a more positive way, but like many experiences, the coaches coach differently than you initially thought.

We trained far more than I was told while being recruited. We didn't do any dryland, which I was told we were going to do. Other than that, everything was accurate.

Completely different

Pretty much the same. Still an adjustment to actually how much work and time goes into it

Exceeded my expectations

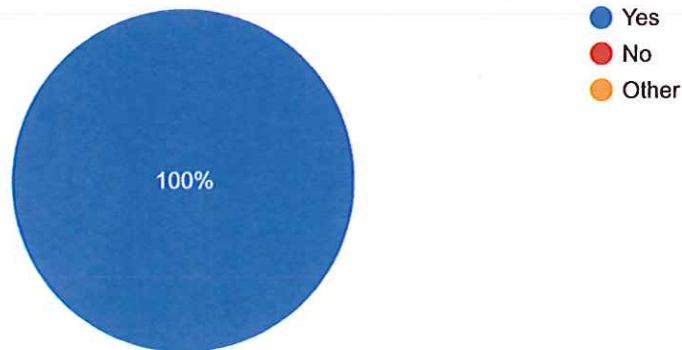
I did not spend much time with  while being recruited but was very happy with the team members that I met on my visit. Everything with the team was exactly what I had hoped for and the academics were as great as I was told. I feel that I received a really great education at UNCA and cannot complain about my teammates or academics. I was aware that track and field was not as popular as some other sports but I did not realize how badly we would be ignored by those in the athletic department. I have been very disappointed in the fact that a quality Division 1 athletic department would hire such a poor coach for our cross country and track teams.

It was very different. I was told we would host home meets by my junior year and that didn't happen. The team dynamic was also shown as being good during my visit.

It was much of what I was told that it was going to be other than I was promised that there would be a home track meet by my sophomore year. Years later, and it still doesn't seem to be any more possible yet.

Will you graduate?

10 responses



How often were academics emphasized by your coaches?

10 responses

not really

Academics were often emphasized by my coaches, and we had "check ins" or goal meetings at the beginning (sometimes middle) and end of each semester. It was difficult to balance practice times and class times, however, and I ended up practicing alone sometimes.

Academics were highly emphasized after a lot of push back my freshman year.

Academics were always emphasized. However, mostly all members of the team did not like the way the head coach put immense pressure on us to get a 4.0.

Always

Always. Academic meetings with coaches weekly.

always

Academics have always been important to our team because we have many high achievers that want to do well. If someone is slipping academically we are very good as a team in helping and encouraging one another, but Jesse will just simply suspend you or chastise you for not having your act together.

On a daily basis. Student comes before Athlete.

There is study hall for freshman, but [redacted] not have much interest in my academics past that.

Were you instructed on how to study properly?

10 responses

no

I was instructed on how to study properly and to enhance habits that I already established earlier.

Sure

I wasn't given study tips specifically, but I was required to go to study halls a freshman

We were given mandatory study time on trips

Yeah there was guidance

yes

My older teammates prepared me very well for my classes and were always there to help me study. I have had a lot of great professors and a wonderful adviser that helped whenever I needed it.

I read a lot.

No.

Was priority registration advantageous to you?

10 responses

Yes

yes until they took it away

It was advantageous when I had the necessary hours in accordance to my year- unfortunately I only was registered in 12 hours my very first semester so I had to "catch up" in a sense in order to register with my class.

Yes. Because we had a very busy practice schedule we needed the priority registration to assure that we got the classes needed to graduate on time.

Very much so

Sometimes

yes

Yes, it was very important to have classes at certain times to make practice and for the most part I was able to get classes around my running schedule.

Yes. I needed to fit classes around practice as much as I could.

Was your faculty advisor helpful during your advising period?

10 responses

Yes

yes

My faculty advisor was very helpful during my advising period.

Yes. My advisor was extremely knowledgeable and helpful.

[REDACTED] was amazing

[REDACTED] was my adviser and helped me with everything from academics to my plans after graduation. Could not have asked for a better adviser.

[REDACTED] was the most helpful person I was in contact with in my entire time at UNCA.

What was the most difficult barrier you faced while studying during your season? (i.e. Travel restraints, practice, missed classes...etc)

10 responses

missed classes from travel

The most difficult barrier I faced while studying during my season would have been missing classes due to any travel meets. Usually I could get the notes from online but I'm a visual and auditory learner and benefit more from being present in class when going over notes.

Having late night games against team that live far away and getting back late at night to only get up early in the morning for class. I didn't feel like I was as productive the day after an away game that was later in the evening.

My most difficulty barrier I faced while studying was that we had 2 practices a day, everyday. When I wasn't in practice I was in class. This gave me very little time to study. I don't think we needed to be training as much as we were.

Not being able to completely focus on one thing

Whenever we won the championships and going through that process I got really behind in school. Conference tournament and on to the NCAA. It was a lot to manage especially at that time when the assignments were rolling in.

Missed classes

Studying was made almost impossible while traveling because we travel on small vans with a very large team. It is already very uncomfortable with all of us packed together so most of the time studying was not an option.

Missing Classes

Track meets are multi-day events which take over most of the weekend. These along with long practices took up a lot of time.

Were you ever discouraged by faculty or staff not to play a sport?

10 responses

no

No.

Yes

No.

No not at all. Always supportive

I never had a problem with any of the faculty because I was a student-athlete.

No

Did you feel discriminated against for being a student-athlete? If so please explain.

10 responses

no

I felt discriminated against for being a student-athlete sometimes because non-athletes commonly assumed that we (athletes) were very privileged and treated better than them; I understand where they're coming from, but I also know that division 1 student-athletes are given the privilege of competing as a result of our dedication to the sport and deserve much of the treatment/attention that is given to us.

Yes, I had a teacher in the Language department that was not helpful and was very disapproving of me missing classes for games. She wasn't helpful when I got a concussion and had to miss my finals for my classes either. She was a horrible human being and made my life hell for that semester on top of having a concussion. I believe her name was [REDACTED] I would encourage other athletes to not take classes with her.

I think that there is slight hostility toward student-athletes by the regular student body. I think this is because of misinformation. I found that the regular students often think that the athletics department is taking money away from the academic areas of UNC Asheville. Obviously this is false.

There is a barrier at UNCA between student athletes and students for some reason

Sometimes, from other students but then if we told them everything we did and we didn't actually get priority or special benefits then it was an easier conversation

I never felt discriminated against. My teachers were always very helpful in working around my athletic schedule.

No

Not really. Other students sometimes didn't understand the commitment sports take.

Did your team leaders provide mentorship for your academic experience?

10 responses

yes

no

Yes my team leaders provided mentorship for my academic experience.

Yes, [REDACTED] were the two most influential players on our team for me.

Yes. I looked up to the juniors and seniors very much

Yes, Leah and Jeannie were really good in helping me with academics if I needed

Yes, I had many of the older girls on the team assist me in my first two years here academically

Not the team leaders, but those other athletes who are in my major.

Yes.

Are you satisfied with the academic experience provided by UNC Asheville?

10 responses

10 responses

yes

I am satisfied with the academic experience provided by UNC Asheville.

Yes

Yes. I enjoyed the liberal arts education I received.

Yes very much so. HWP department was amazing as well as other professors.

Very satisfied with my experience academically. I have had many great professors that were understanding of my busy schedule.

I believe UNCA provided an amazing education, and I'm very happy for it.

How did your participation in athletics affect your academic performance in the classroom?

10 responses

i would have done better in school if i did not play sports

Overall, my participation in athletics didn't hinder my academic performance too badly. It was difficult when I was concussed and couldn't attend (or if I did attend, focus in) class and unfortunately we had crucial review sessions or exams during those times. I wish I could have gotten more sleep sometimes so that I wouldn't have been sleepy in class and more cognitively present.

It made me more tired and I had a teacher pull me aside after class to have a talk with me about looking distracted

I think that I could have devoted more time to academics had I not been an athlete. However, because of my time constraints, I learned how to balance my time and work efficiently due to lack of time.

It didn't

Only affected me when we had super early workouts and I was tired. Or when we traveled...especially in the conference tournament and ncaa

Helped me with my time management.

I think being an athlete definitely affected my performance in the classroom, especially since I am in season year round. It is very difficult to always be in competition season and worry about racing, proper sleep, and training hours while also trying to get all of my school work done. Many other athletes could load up on work in the off season, but the cross country and track people never had an off season. But, we were all aware of this before coming in and many of us realized our grades would suffer without an off season.

It made me work harder in the classroom.

I know in some instances, the time issue affected the amount of time I could put toward assignments and studying, so my gpa suffered because of that

Did your coaches emphasize graduation as a top priority?

10 responses

yes

no

She definitely emphasized academics as a top priority.

I don't think that graduation was specifically emphasized. They emphasized the process of getting to graduation (studying, going to class, learning) rather than graduation itself.

Yes

Absolutely. As well as Janet Cone

My coach never talked about graduation. I don't think he even knows what my major is.

Graduation was never discussed between myself and [REDACTED]

If you required their assistance, were tutors available and helpful?

10 responses

yes

I never required a tutor, but peers were helpful when I asked them for a few pointers.

Yes. I used tutors fairly often.

N/A

Yes.. [REDACTED] was very helpful.

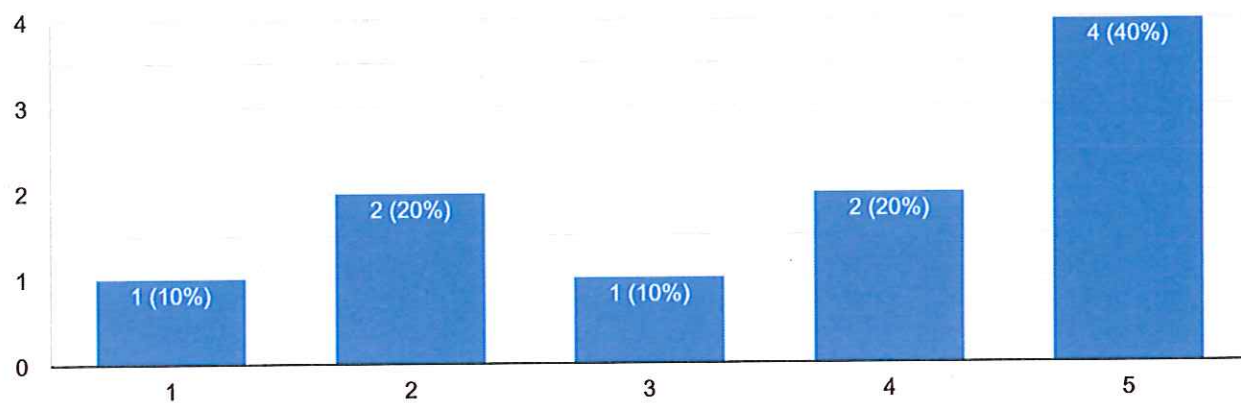
I never had a problem finding a tutor and my teachers were always available for help outside the classroom.

I did not use the tutors

Yes.

Enthusiasm and the ability to motivate you and your teammates

10 responses



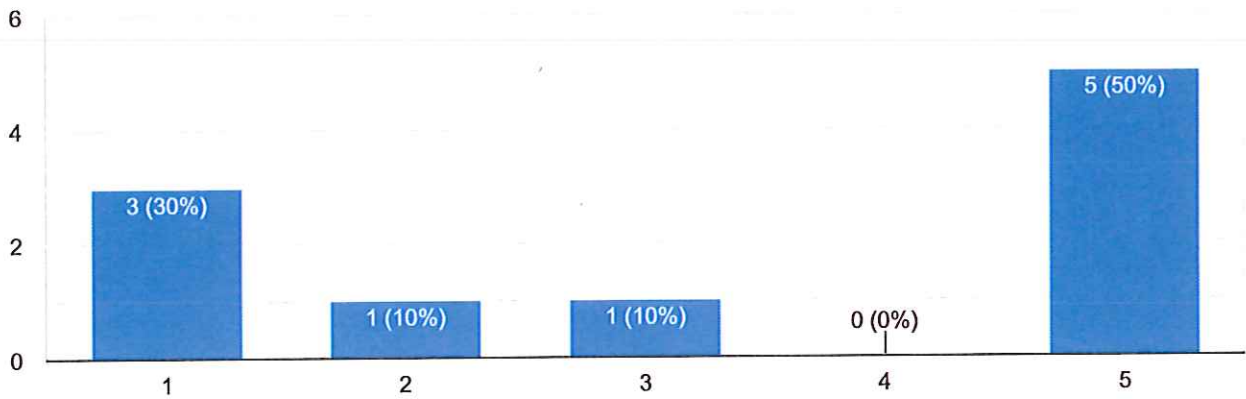
Willingness to assist with academic concerns (not specifically relating to eligibility)

10 responses



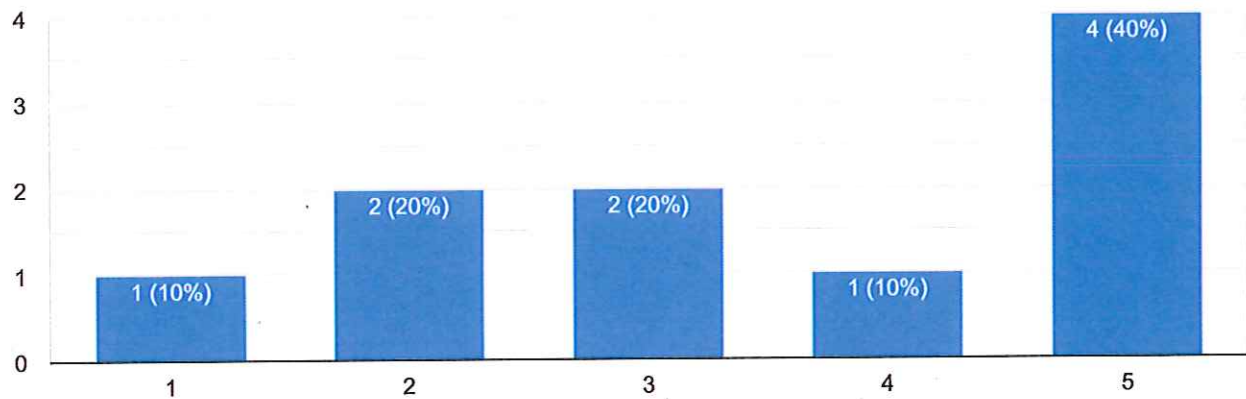
Ability to communicate with you and your teammates

10 responses



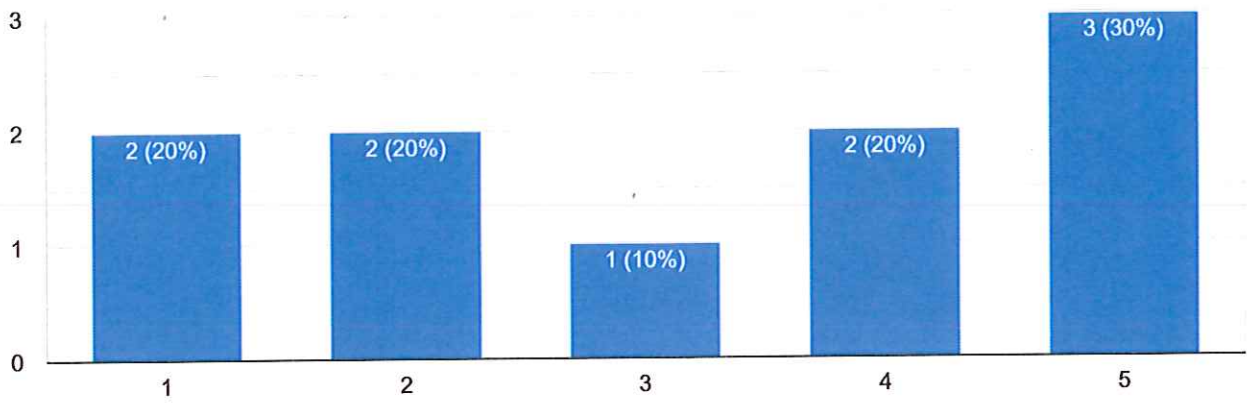
Ability to organize and prepare for practice

10 responses



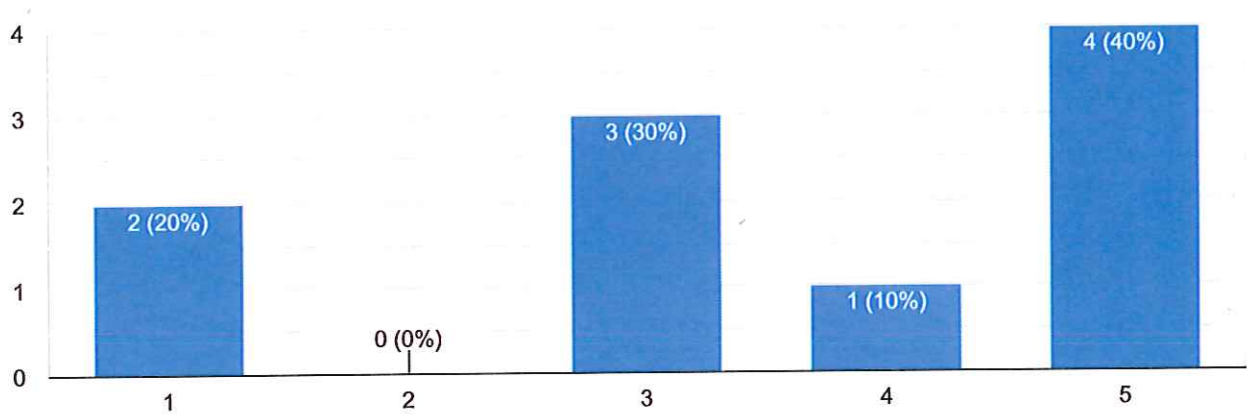
Fairness in evaluating players and providing useful feedback regarding athletic performance

10 responses



Ethical Conduct

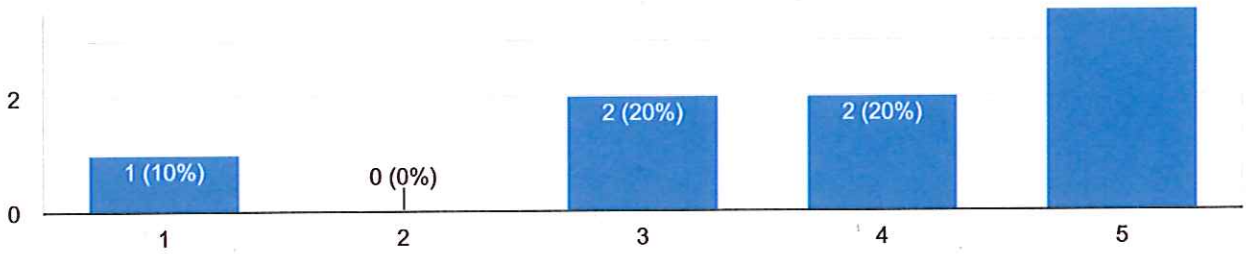
10 responses



Technical knowledge of the game

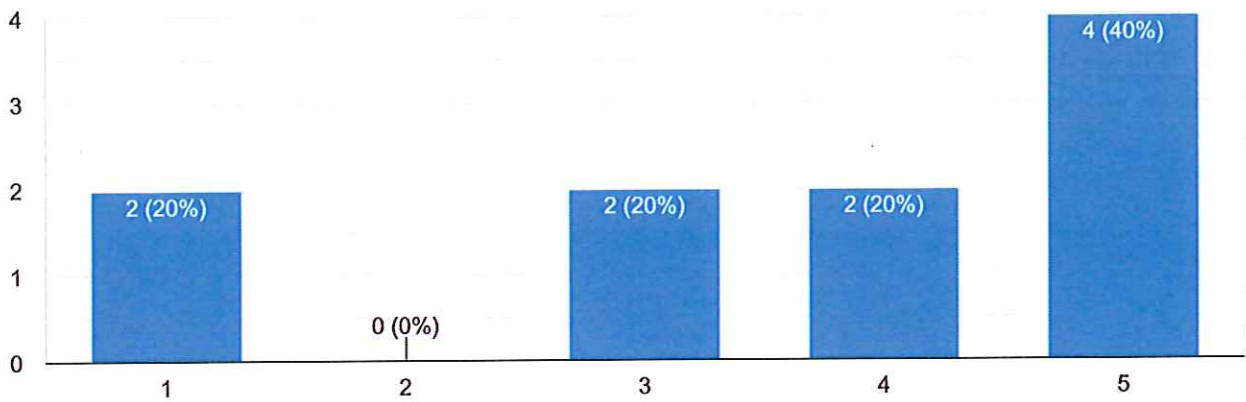
10 responses





Ability to communicate and discuss your role on the team

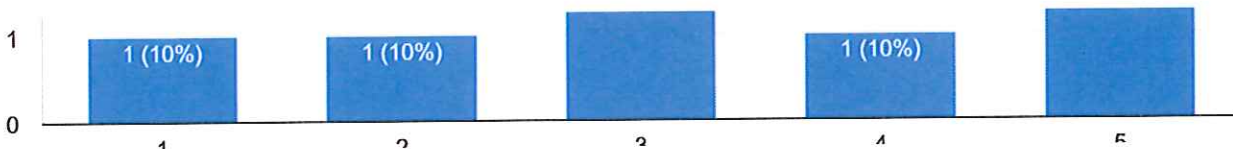
10 responses



Conditioning components of practice comparable with the demands of your sport

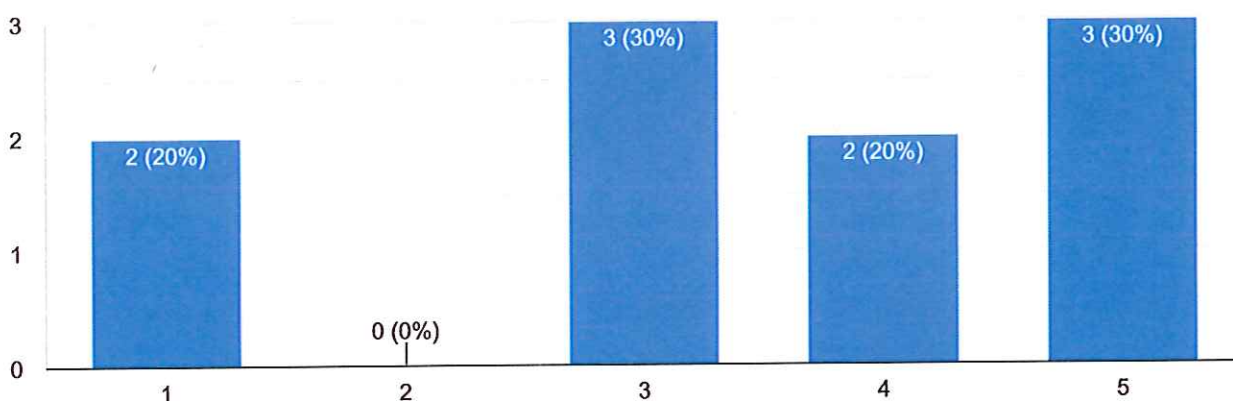
10 responses





Ability to communicate effective strategies for mental preparation as it relates to athletic performance

10 responses



If applicable, was the training room staff helpful regarding prevention and rehabilitation of injuries?

10 responses

yes

Yes, the training room and staff was helpful with rehabilitation of injuries.

Not really. For my first 3 years here my team didn't even have a specific trainer to our sport. The trainers were often not even at school at the time of our morning practices. I didn't feel as though our concerns or injuries were taken with much seriousness because we are not a main sport here. My last year here we finally got a trainer. While I really liked her she had only just graduated Mars Hill College. She had not finished her education to be an athletic trainer. This was concerning to me.

Yes

Yeah, [redacted] was great all four years [redacted] PT was amazing too

The training room staff has always been fine when someone is available. Until this year the track and cross country teams did not have a trainer that specifically assisted us or went to our meets and sometimes that was problematic because the trainers would be busy with their specific teams when we needed help. Bringing in [redacted] this year helped us out a lot and we are all very grateful to have our own trainer at meets now. Thank you so much for [redacted]

Yes, they were wonderful. I was sad to see [redacted] go.

The trainers helped me whenever I needed it.

Was your performance positively affected by conditioning with the strength coach?

10 responses

no, it produced more injuries

Yes.

[redacted] was one of the best additions to the program

I don't think [redacted] knew how to train our sport. We had many injuries.

Yes

Yeah [redacted] is awesome. He does a great job

did not see a strength coach

[redacted] has always been a huge help in the weight room and really understands what each athlete needs to get better. I think it would benefit our team greatly if [redacted] utilized [redacted] more. Many other teams do a lot of their conditioning with [redacted] and rave about how much it helps them. I think our circuit training and core could be much better under [redacted]

[redacted] IS A GOD

Love [redacted] He was always helping me to perfect my form and get stronger.

Do you believe your sport is receiving equitable treatment at UNC Asheville?

10 responses

no

I believe we could receive more equal treatment in comparison to other sports but I believe our program is also still growing and building upon itself and will gain more funding and support in years to come.

See the above answer.

Yes

Yes absolutely. UNCA does a good job of equally supporting both mens and womens sports

yes

I do not believe the cross country or track and field team receives equal treatment to any other team at UNCA. Many of my teammates, myself, and other athletes see us as the bottom of the totem pole. I do not know how much of that is because our coach doesn't care about us and it carries over to the athletic department, or if the running programs have always been treated like second class. There have been many complaints about our head coach for years now and nobody in the athletic department has done anything about it. We have the worst locker rooms on campus, terrible equipment, and we are seen as the joke of the athletic department. I strongly believe for our sport to be on an even playing field with everyone else at UNCA, we need a new head coach that actually cares about his athletes and members of the athletic department to listen that there is a huge problem with how he runs the program.

No I do not. We seem to be barely funded. We don't have home meets, we barely have enough funding to cover enough seats on a bus to travel. We only have 3 coaches for the largest team on campus.

XC and Track seem to get the short end of the stick for everything in the athletic department. We receive considerably less money in comparison to many of the other teams and the sizes of the teams.

Please discuss any strengths and weaknesses in your specific sports program.

10 responses

the coach does not communicate to anyone

I think our team needs to reevaluate the culture and tone they're setting for incoming freshmen. It seems as if after the official season ended, things fell apart when my senior companion and I stopped attending practices. I do think that there is potential for the team to become as close and family oriented as it once was.

Coaching staff

Our biggest weakness is our head coach. Change and progress will not be made with her in her current position. She does not take into consideration athlete ideas or suggestions.

Lack of a stadium environment. Almost feels like a high school field.

Weaknesses...the time demands are a lot. Sometimes we never got a break. We are just going all the time. I think we were subject to burn out. Off days need to be completely off..no community service, study hall, film, mtgs with coaches, anything. Need to be completely away from basketball

Strengths...investing, caring, family environment, focusing on being a good teammate, knowledge of the game, so many strengths.

Not enough budget money

Our biggest weakness is our head coach. Many of us know that if we had gone to other schools we would have been much better runners and would have been treated much better. I have watched so many athletes with a passion for track get run off the team by [redacted] and have their love of running taken from them. He has forced us into weekly individual meetings just so he can say that he tried to be more open and communicate with us. Really these meetings are awkward two minute conversations where he asks how I am feeling, barely listens, and then we repeat the whole thing the next week. It is a shame that my running career could have been drastically changed both in my performance and enjoyment if I had a different coach. I think out greatest strength is [redacted] and the sincerity and positive attitude that he brings to the team. I could not ask for a better person to look up to and nave assist me in my career than [redacted] !

Poor funding, a head coach who refuses to give any ounce of respect to his athletes, team dynamic is awful.

Strengths: [redacted] aking over for the distance boys really allowed those athletes to flourish

Weaknesses: [redacted] nability to realize that his athletes had other obligations other than track (ie. school, family, work, health issues...)

Were you encouraged by non student-athlete peers regarding your athletic performance?

10 responses

yes

no

I did gain a lot of support and encouragement from non student-athlete peers.

Sometimes.

Sometimes

Many non-student athletes I knew were not super interested in sports, but were always encouraging when they knew I had a meet coming up. It is hard for the runners to feel support when we do not have home meets.

Yes

No.

How did your participation in athletics affect your social life?

10 responses

only friends with athletes

I think that I definitely hung out with athletes 98% of the time, but I'm not complaining either because I made some great friends who I'll probably keep in contact with for a long time.

I didn't have much of one

I was very removed from the regular student body. But this was probably due to my own efforts to make friends with other athletes.

Helped it

You can't have it all. I focused mostly on academics and athletics. Social life had a presence in the summer and spring. Time and place for everything

No social life.. very hard to socialize because i was so tired at the end of the day

I think athletics affected my social life in a positive way because I was surrounded by people that understood my athletic schedule and the work that goes into being a student-athlete. I was not able to do many of the things that a normal college student would do in their free time, but I was given great friendships within the athletic department and a social life with like-minded people. All of us were aware that we would be making sacrifices socially to be D1 athletes, but I did not realize all of the positives that being an athlete would have for me socially like giving me lasting friendships and unique experiences.

It deters the late night social life but I feel I did fine.

My social life was reserved to the team because we are always in season, practice, or traveling.

Do feel like you are a valued member of the Asheville Community?

10 responses

yes

no

I feel as though I am a valued member of the Asheville Community, but I don't embrace it enough.

Yes.

Yes

Yeah absolutely. That is something I prided myself on

Asheville is very much a town into running and I feel a good amount of support from the running community and have gotten a lot of great volunteer experience in my time here.

Not really...

Has your experience as a student-athlete at UNC Asheville positively affected your ability to relate to others in social settings?

10 responses

yes

sure

I can definitely talk to people easier since I've grown to be more confident in myself. I've also learned how to solve conflicts peacefully and get along with others.

yes, absolutely

Yes.

Yes

Yeah it prepared me well

Yes, we are given many opportunities to socialize with people in the community and this has strengthened my ability to communicate with others.

Yes.

Do you feel you benefited from the Champs/Life Skills opportunities that were provided?

10 responses

no

I feel as though some were more beneficial than others, but the one that stood out to me was the budgeting Life Skills event.

maybe once

No.

Yes

Some of them were beneficial but it is yet again another thing added to our plate

yes

I really enjoyed the Life Skills event where we were taught about budgeting and how to handle ourselves financially after college. I think more events where we are actually taught "life skills" would be great.

Yes and No. Being required to so many really takes away from academics.

Yes.

Were you able to effectively balance athletics, academia and social activities?

10 responses

yes

Yes.

Yes

Yeah I think so. I learned the importance of balance after my first year

Yes, there are some things socially that you have to give up but for the most part having a busy schedule taught me proper time management that will greatly benefit me in the future.

It was very difficult, but yes.

As a student-athlete, do you feel you received adequate knowledge of NCAA rules?

10 responses

yes

Yes.

Yes

Yes

Yes, I think [redacted] and the training staff were always very informative.

Yes.

Did you receive beneficial information regarding the hazards of gambling, hazing, alcohol and drug use?

10 responses

yes

Yes.

Yes

Yes

Yes, I think these were always clearly stated to us at the beginning of each year.

Yes.

Have your coaches and/or athletic administrators provided you with advice (or assistance) regarding your transition after graduation?

10 responses

yes

no

Yes they have.

The career center was very helpful.

Yes

yes absolutely helped me prepare for life after graduation

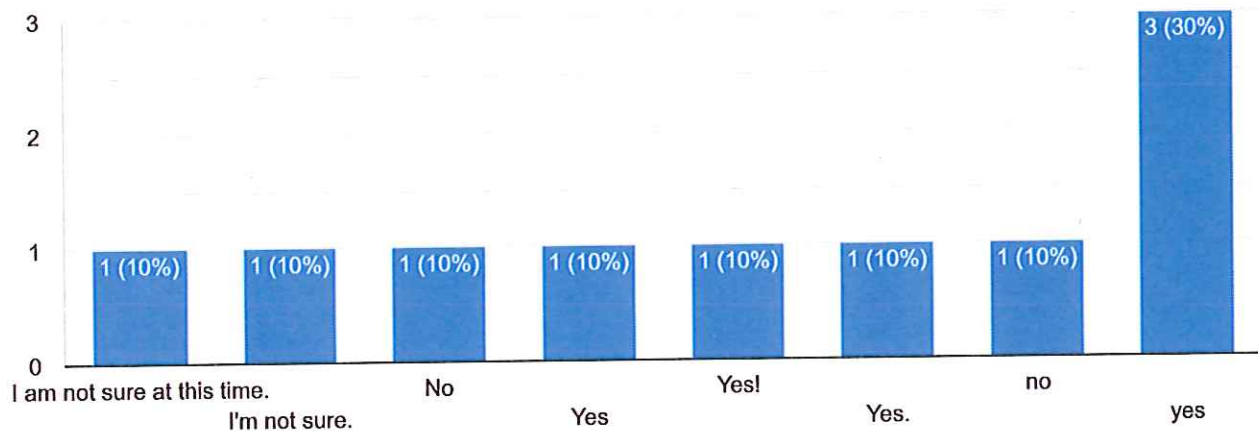
_____ has been a great help in talking me through my transition after graduation. He has given me tons of great advice on continuing my education, career, and how to adjust to not being a full time athlete anymore through his own experiences. _____ has been my greatest influence during my time at UNCA and has always been there to help not just myself, but my teammates whenever we need to talk. Whether that be about running, school, or life in general. I have always felt very comfortable around _____ and know that I could ask him anything and he would do whatever he could to help.

Yes. I have been supported by _____ every step of the way.

No.

Do you plan on becoming an active alumnus for UNC Asheville?

10 responses



How would you increase participation at athletic events at UNC Asheville?

10 responses

have better stadiums, gyms and facilities, also need better coaches

More variety of cheap, free stuff...food included

better marketing campaign

I would create incentive and allow for more tail-gating

Offer incentives or do more half time shows

not sure..it is hard at UNCA for the non-student athletes to come if they aren't passionate about it.

Free food at games

I think it is hard to increase participation at a school where many of the students are not interested in athletics. I think we do a good job with athletes supporting other athletes, but do not know how to make a population that has no interest in sports want to attend athletic events.

Incentives for attendance, working with other student orgs.

Advertise more.

Please describe your most difficult experience as a student-athlete?

10 responses

when you lose a lot

Figuring out how to balance practice hours, classes, eating, sleeping, and homework.

experiencing injury after injury after injury

My most difficult experience was dealing with the drama created by my coach. She uses the athlete on the team to gain more information (often false) about all athletes. After my season I stopped going to practice because I was unable to deal with the stress of the situation.

Balancing academics with sports

In short, when I got injured my Junior year. Broken nose and broken finger. And my dad was really sick in the hospital. Adversity hit hard and I did not respond well.

Being able to walk back out on the court to compete after my father died and also trying to maintain grades.

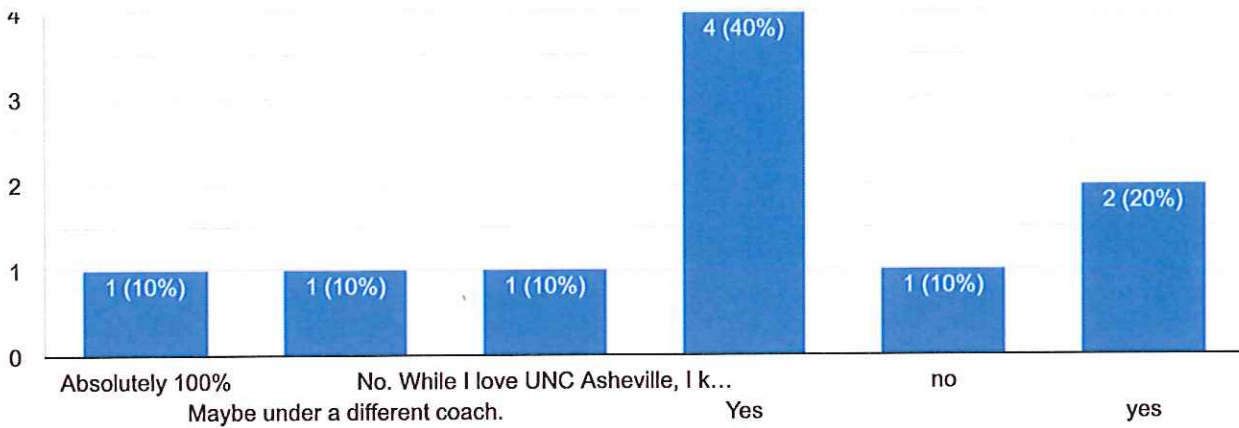
My most difficult experience has been dealing with [REDACTED] for four years. I have been immensely disrespected by him and have struggled watching how poorly he treats most of my teammates. I have watched him play favorites and tear a team apart that used to be very close. I am a very stand-up person and cannot sit back while he so terribly disrespects my team and for that I have been punished my whole career here. I have been publicly humiliated by him and given extremely harsh punishments for things I could not control. I assumed a leadership role on this team because my sport and my team mean a great deal to me, so [REDACTED] took it upon himself to try to break me down whenever he could. It is extremely difficult and heartbreaking to leave a team that I care so greatly about in the condition that it is in, and nobody in the athletic department is doing anything about it.

Handling a head coach who doesn't respect you.

◀ [REDACTED] was not understanding or flexible when it came to life outside of practice. He never seemed to care for his athletes other than his select few favorites.

If you were being recruited today, would you choose UNC Asheville?

10 responses



Please describe your best academic/athletic experience at UNC Asheville.

10 responses

im graduating

Being inducted into Psi Chi, serving as Secretary on the Senior Class Board, being on the Dean's List (all rewarding).

Making amazing friends on my team, qualifying for Nationals and continuing to compete in the sport that I've loved since I was 6.

being published in the school newspaper

My best athletic experience was conference championships my freshman season. I was extremely successful and saw the results of my hard work.

Beating Coastal Carolina twice who was nationally ranked.

Academic...presenting our undergraduate research at NCUR with _____, Athletic...winning regular season and conference tournament

My entire team being driven to Raleigh by my coach for my father's funeral. They surprised me. It was the most beautiful moment of my life.

My best athletic experiences all come from my 6 am Tuesday workouts with my teammates. Having the whole team accomplish a tough morning workout was always my favorite part of the week.

Being on the conference record breaking DMR team my freshman year.

I loved having a team that was this dedicated to running.

Do you feel that things are better at UNC Asheville than when you first started?

10 responses

Yes

no

in some ways

Yes. I think that student-athletes and the regular student body have a better relationship.

Yes absolutely! WBB is on top now from when we were at the bottom

yes

I think the athletic department and the success of other teams has progressed very well in my time here. I think the track and cross country teams get worse and worse the longer _____ is head coach, but the rest of the athletic department is stepping in the right direction. I think academically we get better every year and UNCA is becoming more and more popular to graduating high school students.

On my team, no. On campus, yes.

What is the one thing you know now that you wished you knew as a freshman?

10 responses

school is more important than sports

I can't say what I now know that I didn't then, but I've come to understand that life (and your experience at UNCA) really is what you make of it and you should take advantage of it.

your head coach will be different from when they recruited you

I wish I knew the study habits I know now.

N/a

Balance! Time management. Understand there is time and place for everything.

It goes by so fast!

I wish I knew all of the amazing opportunities that were coming my way. It is hard to take advantage of all of them when you don't realize how much you are actually going to get out of being a student-athlete. I never expected the social life I was going to receive and the unique experience of being a college athlete.

Get your classes done as soon as you can, it makes your senior year a breeze.

That I would be super stressed and I needed to time manage.

If applicable, how much scholarship monies have you received during your time at UNC Asheville?

10 responses

over 15000

Originally \$15,000, ended up on \$19,000

\$19,000ish

My scholarship money increased each year I was here. I am not sure of the exact amount. My freshman year I did not receive aid.

Roughly \$12,000

Full

1000\$

I received \$5,500 my first three years and \$11,500 my last year.

My senior year was covered by scholarships. I started with \$4000 in athletic and that was increased to \$6000. I then received the Barnhardt Scholarship and the Marketing and Sales Scholarship.

\$12000

What types of events/activities would encourage you to come back to campus as a student-athlete alum?

10 responses

alumni game

Homecoming, Alumni Games/Meets

basketball games

Homecoming, career panels, alumni meet

Alumni Games

team gatherings. alumni games. homecoming. being able to sit in on pregame talk. guest coach

alumni tennis tournament

I would come back for alumni gatherings at the home cross country meet. Since this is our only home activity it would be nice to show support for the athletes and also see old teammates.

Homecoming, Home Track Events.

A gala or alumni meet.

Please provide contact information so that we may update our student-athlete alumni database.

10 responses

0

[REDACTED]

[REDACTED]

[REDACTED]

Paige Love

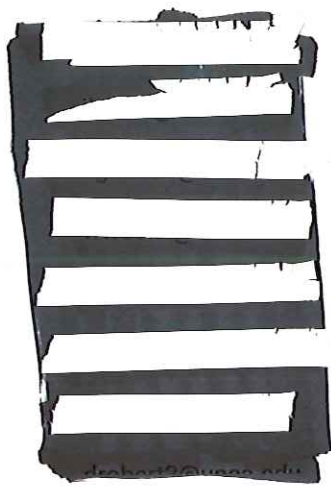
[REDACTED]

facebook:paigejove

[REDACTED]

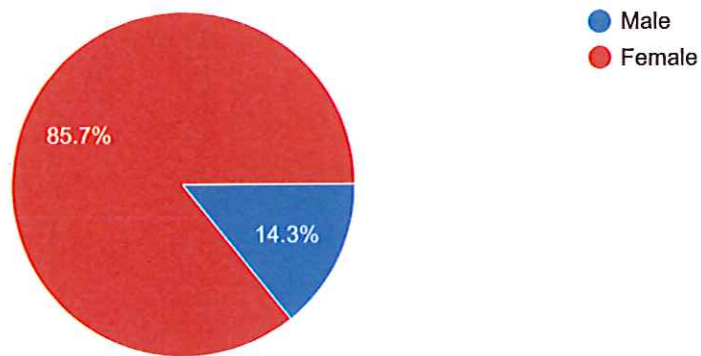
[REDACTED]

2017



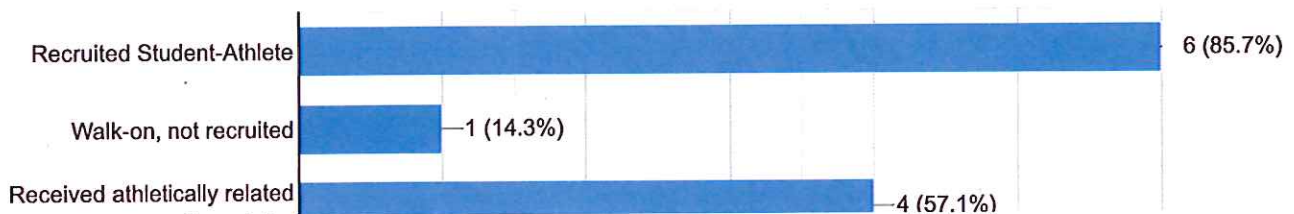
Biographical Information

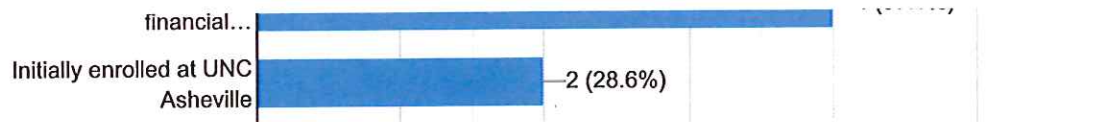
7 responses



Personal History

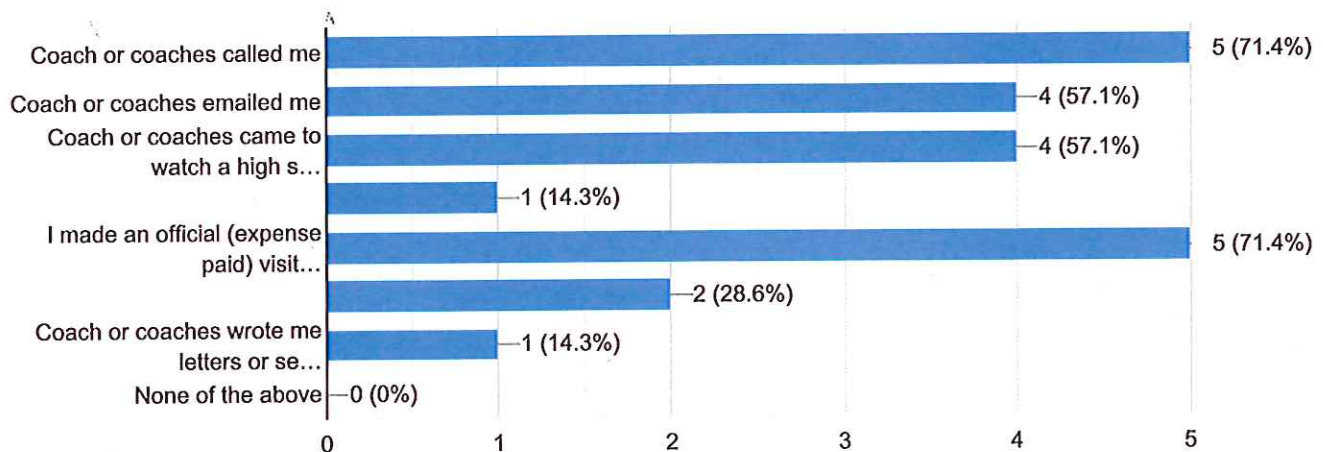
7 responses





In which ways were you recruited?

7 responses



What made you decide to attend UNC Asheville?

7 responses

The camaraderie

The team

The area, being in the mountains and the experience I had on my official visit was great. I really felt the coaches cared about the improvement of the athletes and that sold it to me.

Good location. People were nice on my visit

I really liked the class sizes and the education that I would receive. I also chose it, because I decided last minute that I wanted to compete in track and field in college.

soccer

Location, prestigious B.S. program in Chemistry, opportunity to compete at D1 level in Track and Field

How did your experience at UNC Asheville compare to the way it was portrayed to you while you were being recruited?

7 responses

It was worse

It was great

I had the impression that the coaching staff and athletes really cared about the program and improving as individuals and a team. I believe that held true for the coaches and the way I have an athlete coach relationship with all the coaches. On the flip side I believe on the athlete perspective not as much on the sprint side, but the distance girls tend to complain a lot and not willing to get out of their comfort zone to achieve what they want.

On my visit it made it seem like there were no problems what so ever and that everyone loved the coaches and each other, which wasn't the case.

It was fairly similar to what I had expected. I kind of expected more female jumpers, though.

the coaches acted completely differen when I was recruited by them.

It has lived up to expectations except for the promise from the head coach of being able to host a home track meet by graduation. The academic rigor as well as networking opportunities for graduate school/future employment have been phenomenal.

Will you graduate?

7 responses



● Yes
● No

How often were academics emphasized by your coaches?

7 responses

Hardly ever

Always

always

Not very often

Academics always came first.

often

During every team meeting the coaches would stress the importance of doing well academically.

Were you instructed on how to study properly?

7 responses

yes

We had study hall

Always

not really

No

As a freshman, having mandatory study hall enabled the development of proper study habits.

Was priority registration advantageous to you?

7 responses

Yes

Yes, it definitely helped me stay on top of my classes I needed to take to graduate and helped to work around practice times too

Yes, very much

For the most part

yes

It was vitally important especially during my first two years where numbers of students registering for classes was much higher than in the second half of my college career.

Was your faculty advisor helpful during your advising period?

7 responses

Yes

yes

Somewhat

My first faculty advisor was not very helpful, but my second advisor I chose after declaring my major was a prominent source of support for issues concerning the structure of my schedule as well as post-graduation planning.

What was the most difficult barrier you faced while studying during your season? (i.e. Travel restraints, practice, missed classes...etc)

7 responses

Missing class

Travel and missing class

There really weren't any barriers beyond actually once we were competing since track meets are all day events it at times was hard to make sure you got your homework done during the weekend, so we really just have to prioritize during the week to make sure we get the majority of our work done.

Practice and training usually overlapped with things like peer tutoring and professor office hours. Our coach wasn't flexible with practice times because of his own personal agenda. We missed class all the time but it was totally unacceptable to miss any practice time for academic reasons.

Some of my professors were not a fan of how many Friday classes I had to miss during spring semester.

nothing

Missed lectures for track meets were among the most trying issues surrounding competition season. Missing this material was difficult to catch up on especially due to the challenge and effort required to succeed in the course without missing.

Were you ever discouraged by faculty or staff not to play a sport?

7 responses

No

No

Yes, an athletic trainer who is no longer here did try to tell to stop running and competing.

no

I was never directly discouraged from playing a sport by any faculty or staff.

Did you feel discriminated against for being a student-athlete? If so please explain.

7 responses

No

No

No, not really

no

I did not feel considerably discriminated against except in instances where I would be enrolled in a select few courses that several athletes took and performed poorly in. I felt like the faculty teaching these courses had a predisposition for discrediting my enthusiasm and work ethic in these courses initially, but at the end of the course the faculty were surprised to see me succeed.

Did your team leaders provide mentorship for your academic experience?

7 responses

No

Yes

If this is talking about coaches then yes.

N/A

Not really, but I never really had an academic issue to be addressed.

yes

We did not have any established team leaders.

Are you satisfied with the academic experience provided by UNC Asheville?

7 responses

Yes

Yes

For the most part. One chemistry professor, _____, taught pathophysiology of rate first time in the health and wellness department and she was one of the worse professors I have ever had. She did not know how to teach or help students be successful, she seemed to be proud in the fact she knew she was not being clear and then giving us poor grades for it.

Absolutely

yes

I am incredibly satisfied with my academic experience and have been prepared well for a future involving graduate school in chemistry or toxicology.

How did your participation in athletics affect your academic performance in the classroom?

7 responses

Helped me manage time

Sometimes I felt too tired to participate

I think it helped. I like to stay busy and the times when I had the most free time is when I didn't do as well. I have structure and like to plan, so having to make sure I get everything done because of practices and competition helped me stay on top of my work.

Playing a sport made it more difficult to find as much time to study and focus on homework. But that's just part of it and I knew that going in to it.

I really had to focus on time management.

It allowed to plan accordingly and manage my time

My participation somewhat diminished the time available for studying for exams and at times resulted in poorer preparation for them.

Did your coaches emphasize graduation as a top priority?

7 responses

yes

No

Yes

No, we never talked about it

Yes

Yes they did.

If you required their assistance, were tutors available and helpful?

7 responses

Yes

I never used a tutor, but from what I heard yes they were available and helpful to my teammates.

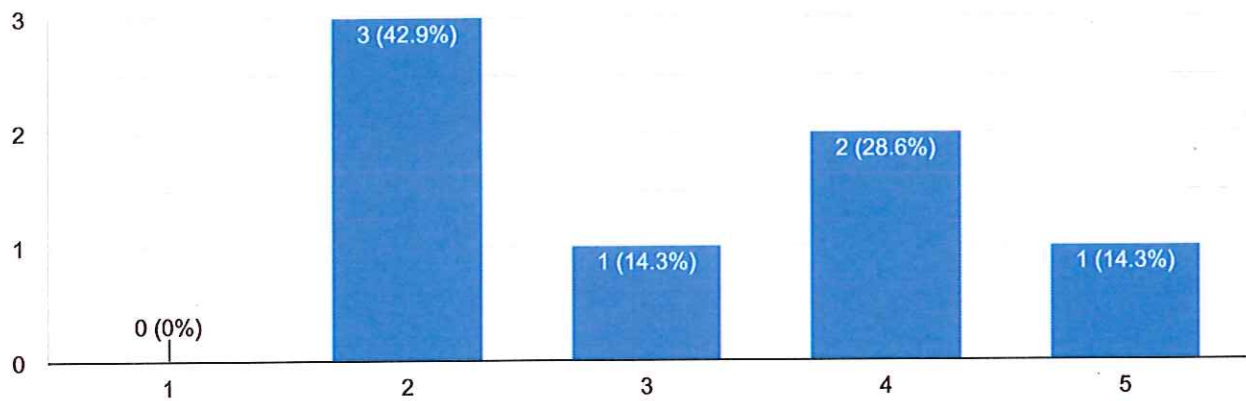
Yes, when peer tutoring time wasn't during practice or training.

yes

I did not require any assistance from tutors during my time at UNCA.

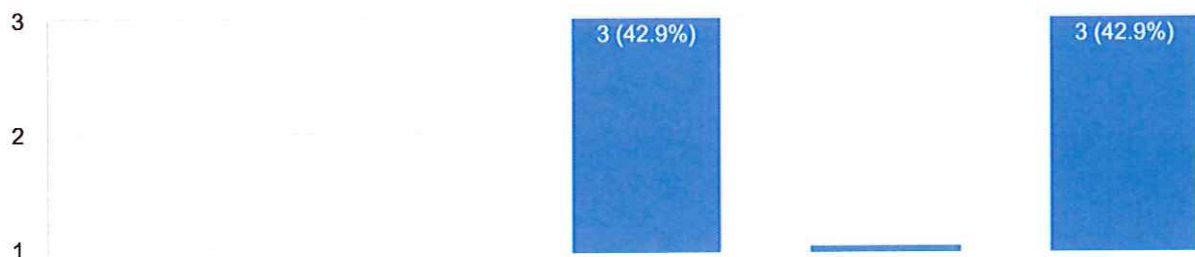
Enthusiasm and the ability to motivate you and your teammates

7 responses



Willingness to assist with academic concerns (not specifically relating to eligibility)

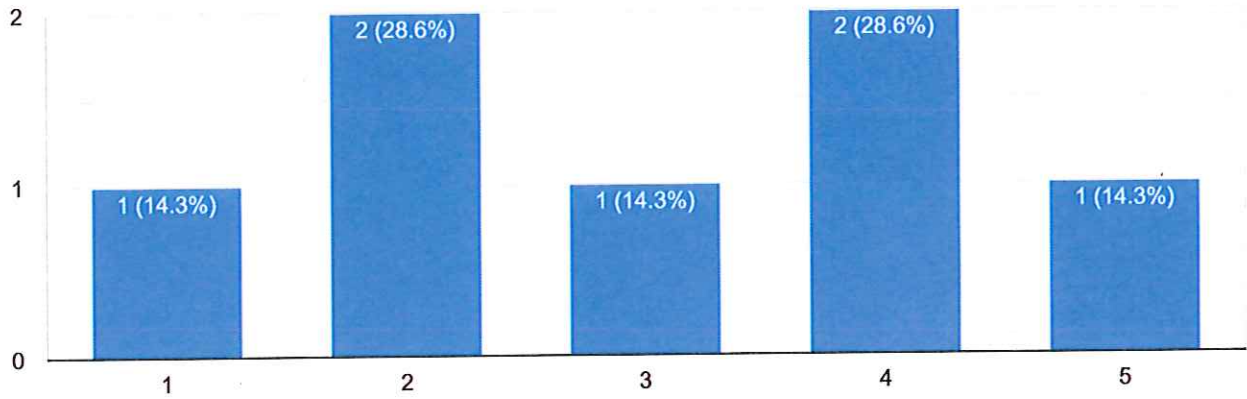
7 responses



1 (14.3%)

Ability to communicate with you and your teammates

7 responses

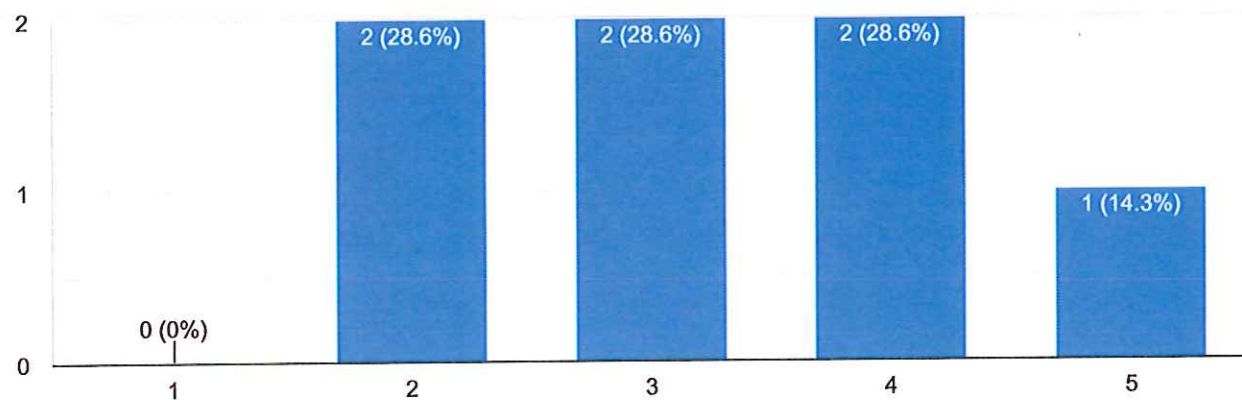


Ability to organize and prepare for practice

7 responses

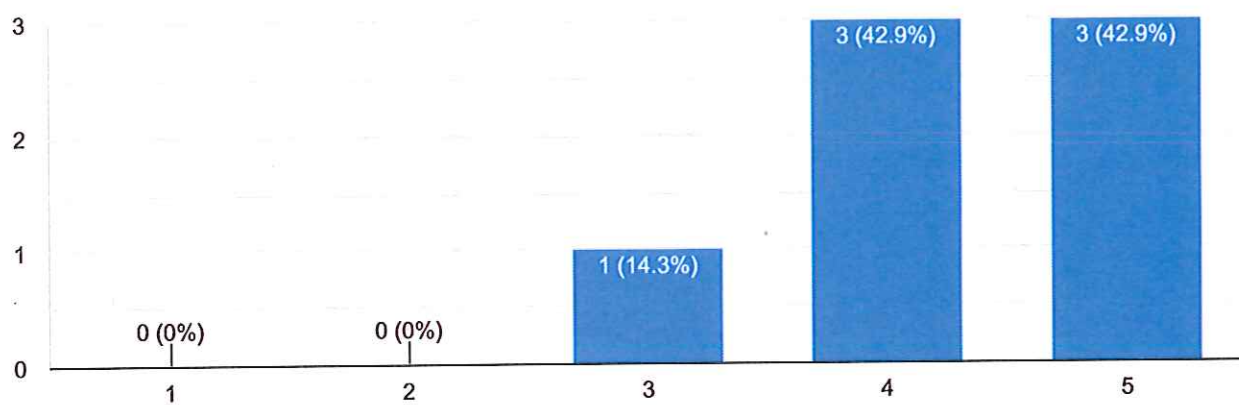
Fairness in evaluating players and providing useful feedback regarding athletic performance

7 responses



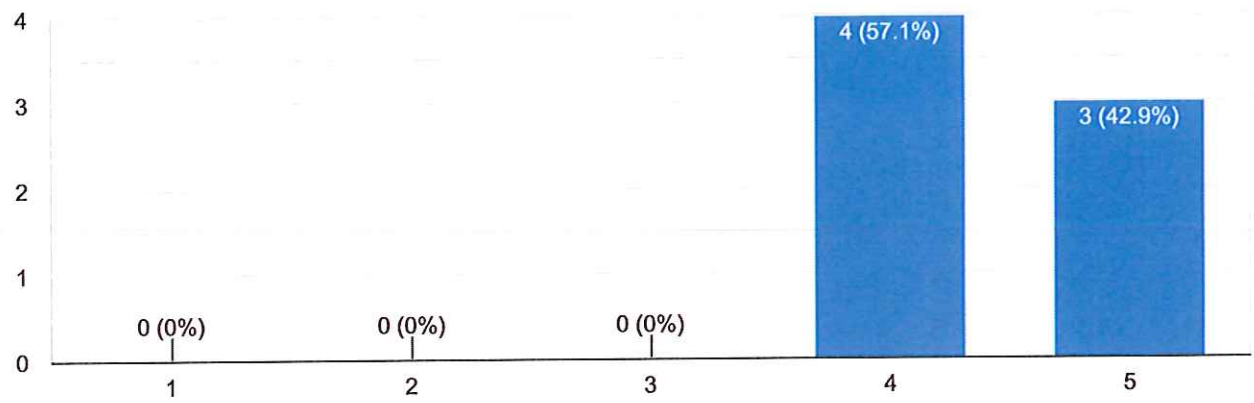
Ethical Conduct

7 responses



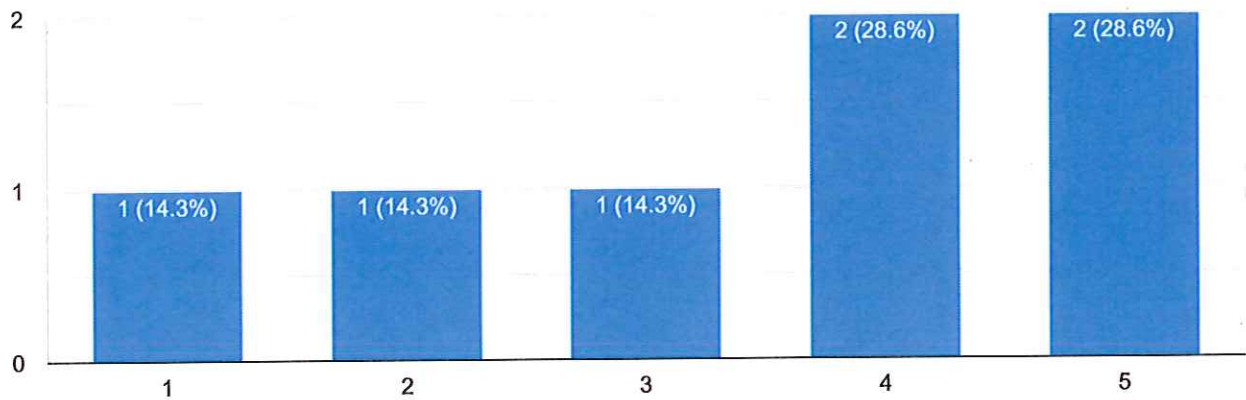
Technical knowledge of the game

7 responses



Ability to communicate and discuss your role on the team

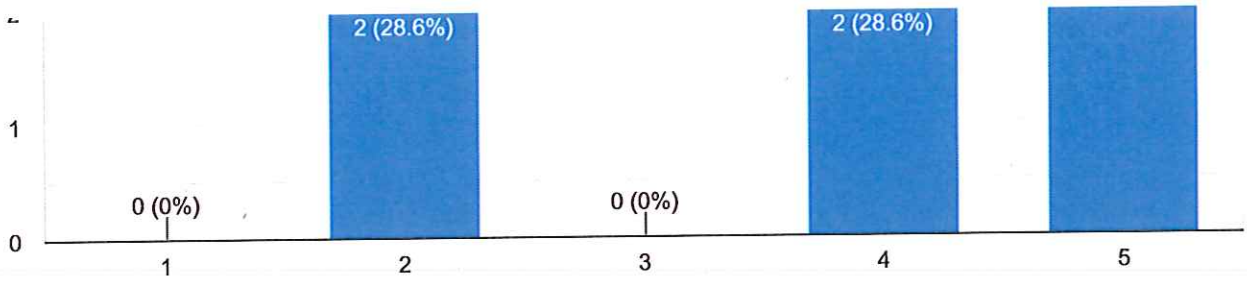
7 responses



Conditioning components of practice comparable with the demands of your sport

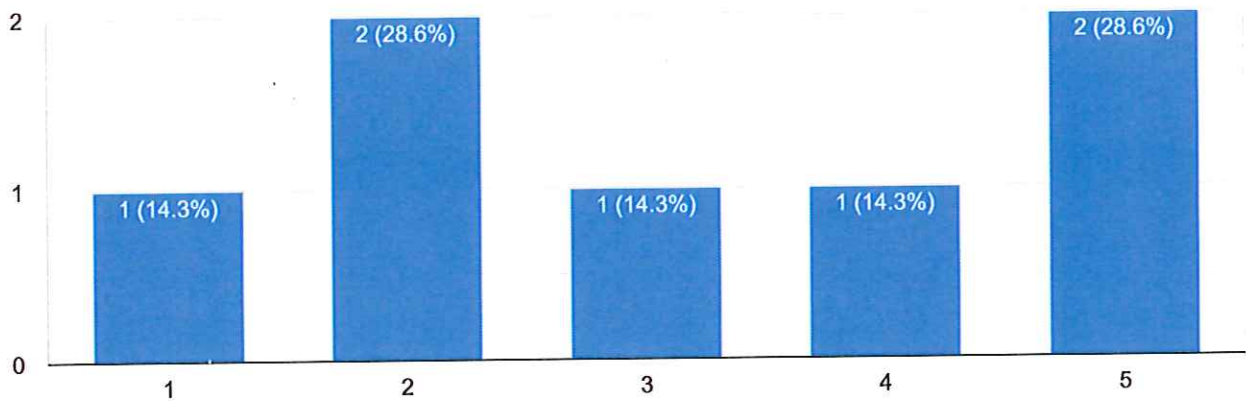
7 responses





Ability to communicate effective strategies for mental preparation as it relates to athletic performance

7 responses



If applicable, was the training room staff helpful regarding prevention and rehabilitation of injuries?

7 responses

Yes

Yes

Yes, our trainer Ashley was awesome!

Not really. They weren't all that accessible for track, and we had to argue for a lot of the help that we got.

yes

I did not utilize the training room often during my time at UNCA.

Was your performance positively affected by conditioning with the strength coach?

7 responses

Yes

No

Yes

We did not work with the strength coach at all this year

yes

My event coach structured all of my weight program and received no assistance from the strength coach.

Do you believe your sport is receiving equitable treatment at UNC Asheville?

7 responses

No

Yes

NO, the track team is always put on the back burner and I think we need to have more of a priority.

No. We don't have a sound system that people can actually hear in the Justice center or a decent net system which is absolutely unacceptable. We also didn't have good announcers during games, even if you could hear them.

Not entirely, but I never thought of it as a huge issue. Sometimes it just seemed slightly underrated

yes

I believe my sport is treated fairly for the most part as we have plenty of opportunities to compete and develop as athletes. The access to an athletic trainer during track meets however has been poor. In some instances, athletes on the team have actually had to seek out AT's from another school to receive treatment due to the absence of an AT at every track meet we attended.

Please discuss any strengths and weaknesses in your specific sports program.

7 responses

Our fans are a strength, people like to watch us play. Our coaches are a huge weakness.

None

It would be beneficial if we could have another assistant coach and especially it being a female position since all the coaches are male. I also think sometimes there is a divide between the sprint and distance coaches with knowing what is going on.

We had great fans, people want to come to our games.

We need more jumps training and partners. The field aspect of the track team is highly lacking.

A strength is the team chemistry and a weakness I think would be some of the decisions made regarding game strategies

Coach [REDACTED] is one of the most knowledgeable and savvy individuals in track I have ever met. He is one of the primary reasons I have been able to improve as an athlete and in my knowledge of preventative care and track insight. He is exceptionally organized and is direct in his training approach, which is a testament to his passion for the support of his athletes. He manages training incredibly well despite limited training equipment and is receptive in listening to athletes' concerns over training, which has made him a true expert in his career.

As far as weaknesses are concerned, the transparency and preparedness of [REDACTED] detract from the strengths of the assistant coaches. He is not the best communicator in terms of being prompt with correspondence. For example, the question this semester has been raised to his attention a couple times of what the graduating seniors need to do about missing graduation rehearsal during the conference championships. [REDACTED] has not mentioned what action we need to take to ensure this will be excused, and we will not be having adequate notice since the conference championships will be this week. This highlights a number of instances where his communication with athletes has been poor, which is a pitfall of the program.

Were you encouraged by non student-athlete peers regarding your athletic performance?

7 responses

Yes

Yes

I was never discouraged, but I don't think I was ever really encouraged though either.

No.

yes

My fiancée has been encouraging as well as non student-athletes I have correspondence with. However, non student-athletes I do not know have neither been discouraging or encouraging.

How did your participation in athletics affect your social life?

7 responses

It enhanced it. I made a lot of friends

Gained more friends

I just always made sure to be in bed at an early time so I would turn down hanging out later than like 10pm, but I also am not a huge fan of being out late anyway so it was a problem to me.

It enhanced it bc I made a lot of friends but only in the athletic department and on my team.

It made it slightly challenging, but it didn't hinder me making friends outside of my sport. It was similar to working a job.

I created several relationships with other members of the team

I was able to develop a community of friends much earlier than non student-athletes, and it alleviated some of the transition from high school to college.

Do feel like you are a valued member of the Asheville Community?

7 responses

Yes

yes

Yes

Somewhat

I feel like my role is respected and that I am valued by the majority of people I encounter on campus.

Has your experience as a student-athlete at UNC Asheville positively affected your ability to relate to others in social settings?

7 responses

Yes

yes

Being a student athlete has improved my confidence that I can achieve anything I set my mind to.

I have been able to relate to other athletes fairly well but these similarities have not been as prevalent with non student-athletes.

Do you feel you benefited from the Champs/Life Skills opportunities that were provided?

7 responses

No

Yes

some what

No.

I really liked the career panels, but the other ones were just okay. We had so many alcohol and sex talks.

yes

I did not learn anything from the Life Skills opportunities that I was not already aware of.

Were you able to effectively balance athletics, academia and social activities?

7 responses

Yes

yes

Yes

Yes.

I feel like I was effective in balancing these activities.

As a student-athlete, do you feel you received adequate knowledge of NCAA rules?

7 responses

Yes

yes

Yes

Yes.

In compliance meetings I was made well aware of NCAA rules.

Did you receive beneficial information regarding the hazards of gambling, hazing, alcohol and drug use?

7 responses

Yes

yes

Yes

Yes.

Yes I did.

Have your coaches and/or athletic administrators provided you with advice (or assistance) regarding your transition after graduation?

7 responses

No

Yes

yes

No, not really.

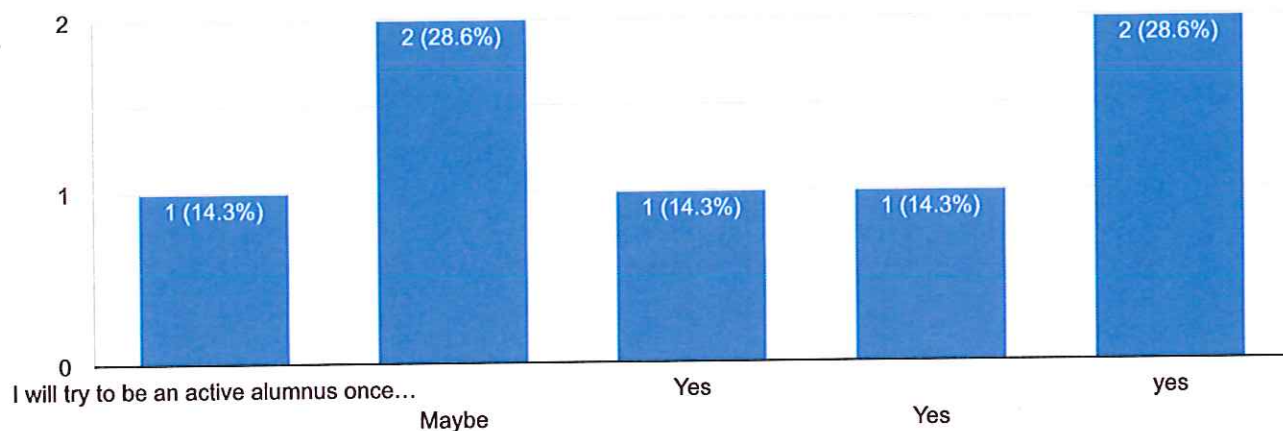
Yes, to an extent

no

My faculty have provided a substantial amount of advice regarding my transition, but my coaches have not done so most likely due to the difference in my career path compared to theirs.

Do you plan on becoming an active alumnus for UNC Asheville?

7 responses



How would you increase participation at athletic events at UNC Asheville?

7 responses

More giveaways. Cater it towards college students instead of older people

Handing out prizes

Being able to redo the track and be able to host track meets would be huge, as well as if we were able to turn the campus rec field inside the track into our soccer field and make the whole area a huge stadium for track and soccer.

Make it more about the college populations and not so much about the community. Maybe hire more young, enthusiastic people in the marketing department.

I think as student athletes we need to be better at building relationships with students outside of the athletic department. It seemed to me as if a lot of my teammates didn't really take the initiative to get to know people outside of athletics.

NA

Providing additional promotions for events (i.e. Moe's coupons, giveaways, etc.)

Please describe your most difficult experience as a student-athlete?

7 responses

The mental aspect of the game is sometimes tough to go through.

None

Dealing with injury was the hardest

It took a mental toll and we were not provided adequate resources

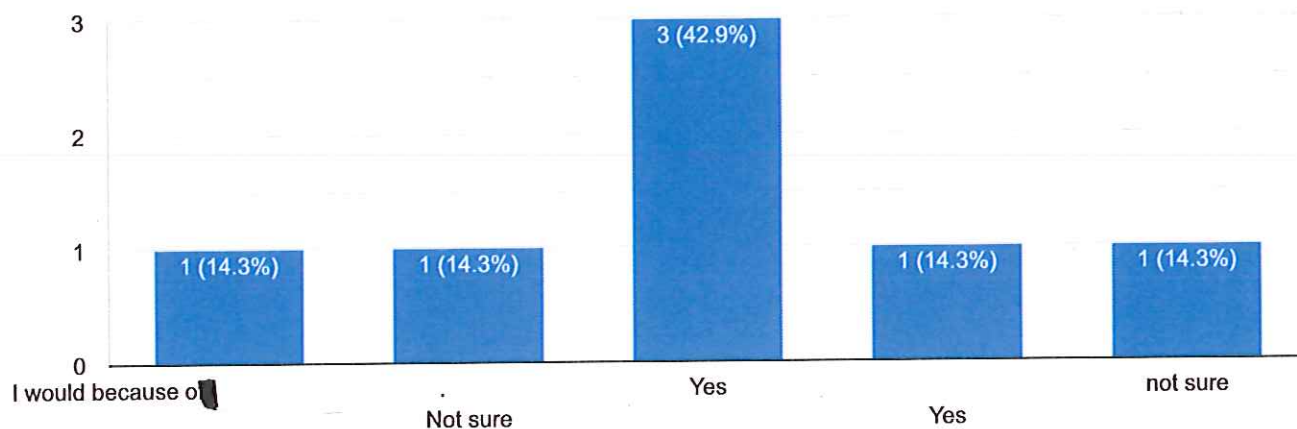
It just gets exhausting. I absolutely loved it, but it was a huge commitment in all aspects. Also, it was difficult trying to train under two of the coaches, because communication amongst them isn't always the greatest. They're all great, but they need to plan together more instead of expecting the athlete to do everything in the set up.

I think just trying to balance teaching experiences and my sport or tearing my ACL

Coping with the stress of being actively involved in undergraduate research in chemistry as well as the stress of competing in Track and Field created a major struggle especially during my last year at UNCA. I could not fully commit to either one of these activities during my last semester because of the sheer time commitment they entailed. This hindered my performance athletically as my success in research had to take priority.

If you were being recruited today, would you choose UNC Asheville?

7 responses



Please describe your best academic/athletic experience at UNC Asheville.

7 responses

Graduating

Getting straight As

My best experience was developing the connection I have with my head coach.

Earning conference honors

The math department at UNCA is absolutely unbeatable. My professors and fellow math majors made UNCA the most wonderful academic experience.

I was able to use my skills and knowledge to obtain a teaching position right after graduation

The most rewarding experience I had at UNCA academically was developing my own research project and piquing my interest in continued pursuit of a Ph.D in Toxicology. Athletically, all 4 years of my participation has been exhilarating. Every year I have improved my times across the board, and I have experienced improvement on a level I never thought imaginable for myself.

Do you feel that things are better at UNC Asheville than when you first started?

7 responses

Yes

Yes

yes and no

Pretty much stayed the same

I think certain aspects are

I think the direction of the school is slightly different than before. More effort has been directed towards the inclusion of student athletes and minority groups into the community, which has been pleasing to see.



What is the one thing you know now that you wished you knew as a freshman?

7 responses

To start focusing more on academics than your sport.

Be patient

I wish I knew to be more patient and not stress about the little things, as well as enjoy life and go out. It's okay to have fun and you can do it a smart way too.

How much of a serious commitment it is to be a D1 student athlete

How hard it is to make it four years as a student athlete. It's a big time and effort commitment. You have to come in 100% set on putting in work.

nothing really

I wish I knew the importance of developing a repertoire with faculty to capitalize on the opportunities for research and involvement in academic programs early on.

If applicable, how much scholarship monies have you received during your time at UNC Asheville?

7 responses

11000, 11000, 14500, 18000

Not sure

\$1500 a year

About \$35,000

I had 50% until my senior year when I had a full ride.

7,000 a year except my last year

~\$20,000

What types of events/activities would encourage you to come back to campus as a student-athlete alum?

7 responses

Alumni games

Team gatherings , homecoming , alumni games , to see my teammates play

Having track meets

Volleyball alumni game

A HOME TRACK MEET!

alumni games

Team gatherings and Alumni games

Please provide contact information so that we may update our student-athlete alumni database.

7 responses

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]