Carteret County Schools

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Newport Middle School

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Signs Of Suicide Prevention

A Program of Screening for Mental Health, Inc.

Rationale for the Program:

Student safety and well-being is a top priority

Suicide is the second leading cause of death for ages 15 - 24

The rate of suicide in Carteret County is much higher than other counties

Mental health is one of the top three concerns in Carteret County

There are almost always warning signs of suicide and it is preventable

S.O.S. is evidence based and provides a comprehensive approach for students and families

Myth or Fact?

Myth: Talking about suicide, may give someone the idea.

Fact: You do not give a suicidal person morbid ideas by talking about suicide. The opposite is true. Discussing it openly is one of the most helpful things you can do.

Objectives of the Signs of Suicide Program:

- encourage open communication about mental health and its importance
- learn about depression, suicide, self-harm, and associated risks of alcohol and drug use
- explain suicide is a preventable tragedy that often occurs as a result of an untreated mental illness
- provide training to teachers, parents, and students on how to identify serious depression and potential suicidality in themselves or a friend
- identify at -risk students
- increase awareness of mental health resources in the community

A Systems Approach to the SOS Program

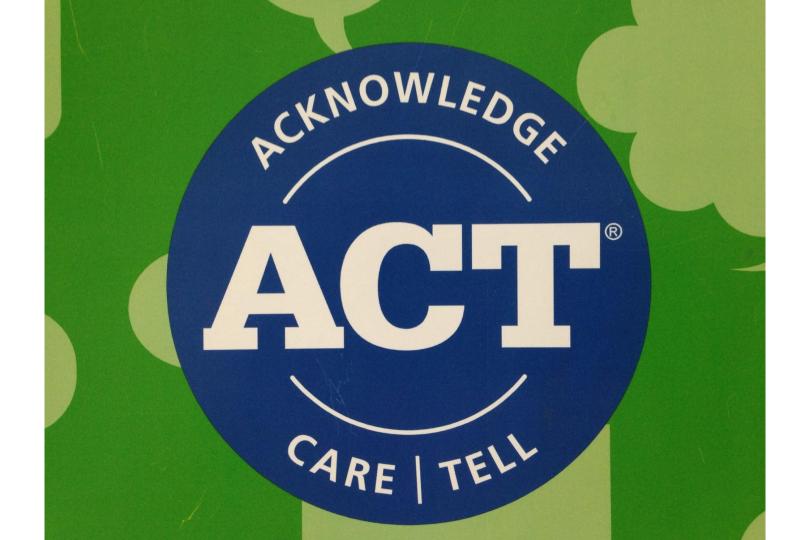
Include all stakeholders:

School Staff

Parent Training

Students

Community Health Resources, including Mobile Crisis



Signs of Suicide Survey Results

Average percent of Carteret County Public School students who requested to speak to an adult, or were identified as high risk on survey:

17.5% of High School Freshman

12% of High School Seniors

12.5% of Middle School Students

Student Perspectives

Ally Dew

Amber Lugo

Robbie Coleman



We are all available for questions.