## JOINT APPROPRIATIONS COMMITTEE ON HEALTH AND HUMAN SERVICES



# NC Medicaid Managed Care Update

Secretary Mandy Cohen, M.D. Department of Health and Human Services

Feb. 28, 2019

### **Vision for NC Medicaid Managed Care**

Improving the health and well-being of North Carolinians through an innovative, whole-person centered and well-coordinated system of care that addresses both medical and non-medical drivers of health.

### **Prepaid Health Plans**

## Create single point of accountability for care and outcomes for Medicaid beneficiaries through two types of Plans

#### **Standard Plans**

- Beneficiaries benefit from integrated physical & behavioral health services
- "Primary care" behavioral health spend included in PHP capitation rate
- Phased implementation –Nov. 2019 & Feb. 2020

#### **Tailored Plans**

- Specialized managed care plans targeted toward populations with significant BH and I/DD needs
- Access to expanded service array
- Behavioral Health Homes
- Projected for July 2021

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### **PHPs for NC Medicaid Managed Care**

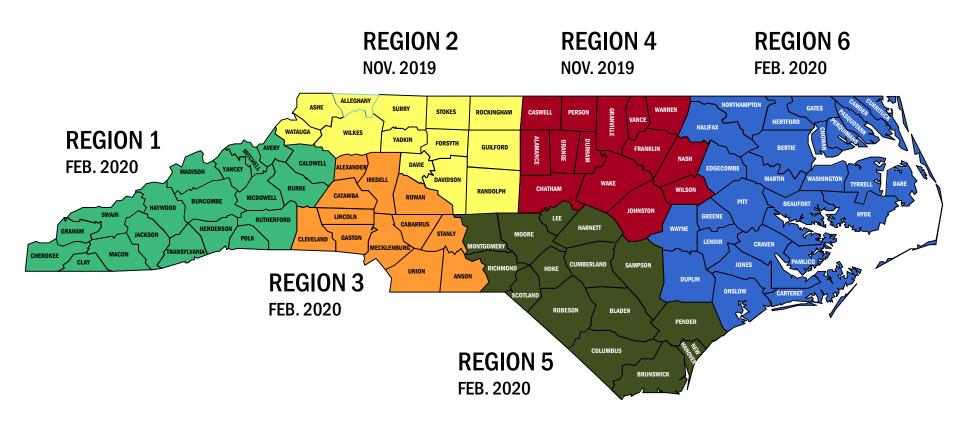
#### Statewide contracts

- AmeriHealth Caritas North Carolina, Inc.
- Blue Cross and Blue Shield of North Carolina, Inc.
- UnitedHealthcare of North Carolina, Inc.
- WellCare of North Carolina, Inc.

#### Regional contract - Regions 3 & 5

Carolina Complete Health, Inc.

### **Managed Care Regions and Rollout Dates**

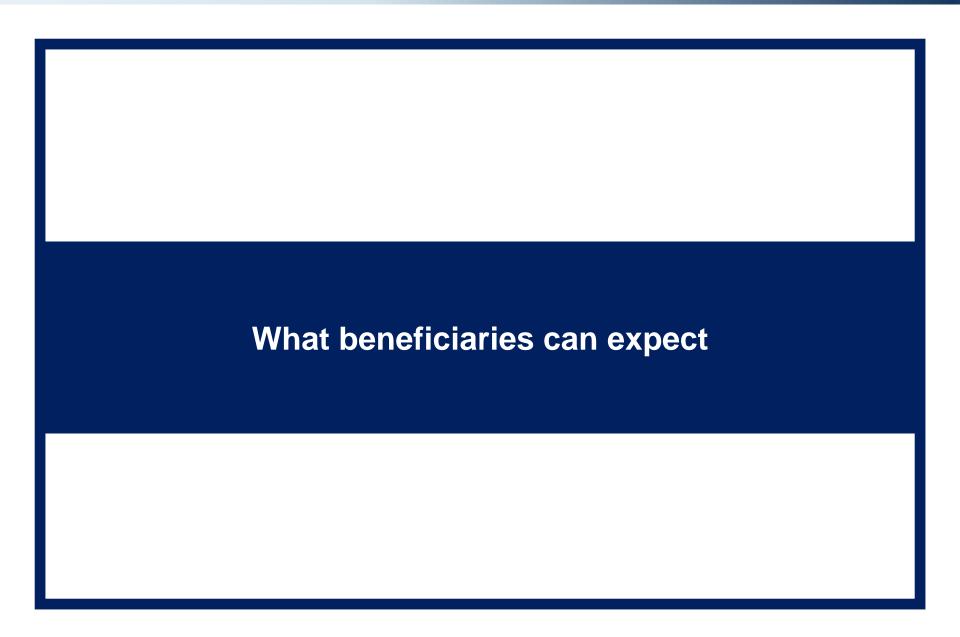


Rollout Phase 1: Nov. 2019 - Regions 2 and 4

Rollout Phase 2: Feb. 2020 - Regions 1, 3, 5 and 6

#### With the transition to managed care, DHHS will ensure

- A person with a scheduled appointment will be seen by their provider
- A person's prescription will be filled by the pharmacist
- Calls made to call centers are answered promptly
- Individuals know their chosen or assigned PHP
- Individuals have timely access to information and are directed to the right resource
- A provider enrolled in Medicaid prior to Nov 1, will still be enrolled
- A provider is paid for care delivered to members
- PHPs have sufficient networks to ensure member choice



### **Understanding MC Impacts to Beneficiaries**



#### What's New

- Beneficiaries will be able to choose their own health care plan
- 2. Most, but not all, people will be in Medicaid Managed Care
- 3. An enrollment broker will assist with choice

#### What's Staying the Same

- 1. Eligibility rules will stay the same
- 2. Same health services/treatments/supplies will be covered



- 3. The beneficiary Medicaid Co-Pays, if any, will stay the same
- 4. Beneficiaries report changes to local DSS

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### **Beneficiary Experience – Auto Assignment**

Beneficiaries who don't choose a health plan will be assigned one automatically, consistent with the following components in this order:

- 1. Where the beneficiary lives.
- 2. Whether the beneficiary is a member of a special population (e.g. member of federally recognized tribes or BH I/DD Tailored Plan eligible).
- 3. If the beneficiary has a historic relationship with a particular PCP/AMH.
- 4. Plan assignments of other family members.
- 5. If the beneficiary has a historic relationship with a particular PHP in the previous twelve (12) months (e.g., "churned" off/into Medicaid Managed Care).

### **Member Timeline-Phase 1**

2019

Feb —



- Initial letter sent to beneficiaries in 2 counties
- Address verification letter sent to remaining counties

March——



- Flyers posted at DSS
- Address corrections to DSS

April——•



- 2<sup>nd</sup> letter to members
- Member Outreach activities

May ——•



- Public Service Announcements
- PHP marketing materials

June 3<sup>RD</sup>



- EB Call Center Open
- Welcome Packets mailed

July



Sept

•Open Enrollment Begins - July 15th

• Open Enrollment Ends - Sept 13th

Members auto assigned to PHPs based on algorithm

Oct



- Member ID cards
- Member Handbooks

Nov 1<sup>ST</sup>

Managed Care Launch-Phase 1

Dec —



- Member feedback
- Evaluation of materials, process



### **Member Timeline-Phase 2**

2019

SOFT

LAUNCI

June 3<sup>RD</sup>



- EB Call Center Open
- Outreach Activities

July



- Flyers posted at DSS
- Address corrections to DSS

Aug



- Letters to members
- Member Outreach activities

**Sept 2<sup>nd</sup>** Enrollment Welcome Packets



Oct



Open Enrollment Begins- Oct 14th

Dec

Open Enrollment Ends- Dec 13th

2020

Day 1 -Regions 1 3.5 & 6

Jan



- Member ID cards
- Member Handbooks

Feb 1st Managed Care Launch- Phase 2

March



- Member feedback
- Evaluation of materials, process



### **Managed Care and DSS Workers**



#### **County DSS will CONTINUE:**

- Processing Medicaid applications, changes of circumstance, and redeterminations.
- NEMT for FFS Beneficiaries
- Updating PCP for FFS Beneficiaries



#### County DSS will not be responsible for:

- Choice Counseling
- Enrolling Members in Plans
- NEMT for Managed Care Members (unless contracted with PHP)
- Updating PHP/PCP for Managed Care Beneficiaries



#### **County DSS will START:**

- Referring beneficiaries to the enrollment broker for PHP counseling & assignments.
- Referring beneficiaries to their Plan for PCP selection or changes

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### **Managed Care Impacts on DSS**

#### **Staff Time**

- Increased in-person/walk-in contacts
- Increased telephone calls
- Training time for all staff
- Maintenance of scripts, information, updates
- Participation in outreach events

#### **Operational**

- Non-Emergency Medical Transportation (NEMT) changes
- Potential changes in agency layout/traffic flow
- Potential fiscal impacts re: staff, NEMT vehicles, contracts
- Potential additional phones/interview areas to connect beneficiaries to the EB

### **County Managers and County Commissioners**



#### **County Leadership:**

- DHHS and Associations are engaged in joint planning
- Joint messaging, ongoing meetings
- Specific Training for Commissioners, Finance Officers, Managers



#### **DHHS** assist with evaluating financial impacts on:

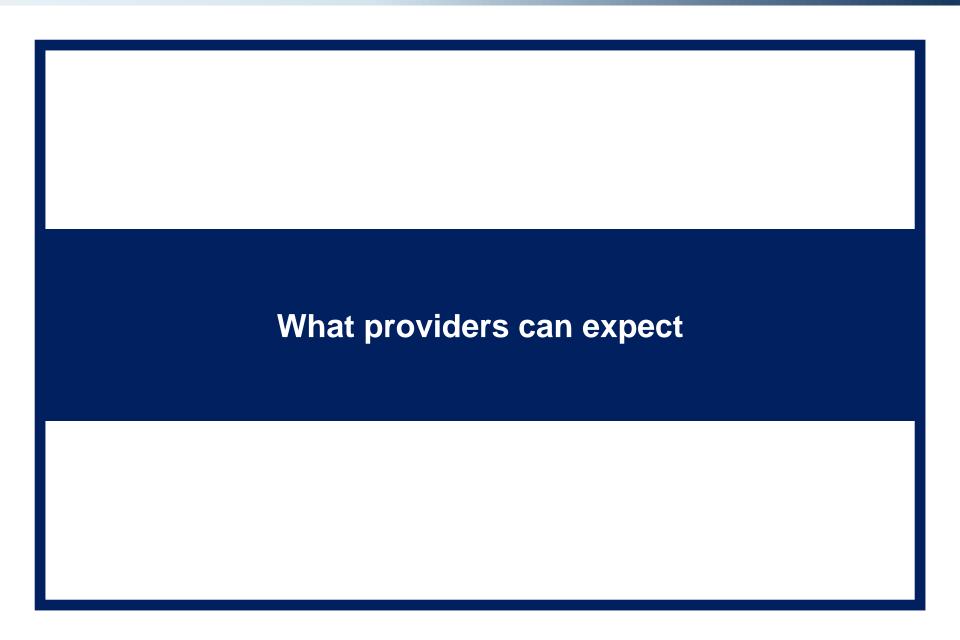
- NEMT for Managed Care and FFS Members
- County Transportation system impacts
- Staff Time
- Additional Utilization Based Payments



#### **County Involvement in policy recommendations:**

- Tailored Plans Design (regions, governance)
- DSS Eligibility Processing
- Public Health Case Management programs

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### **Provider Experience in Managed Care**

#### **Addressing Administrative Burden:**

- a centralized and streamlined provider enrollment and credentialing process;
- transparent, timely and fair payments for providers;
- a single statewide drug formulary that all PHPs will be required to utilize;
- same services covered in Medicaid managed care and fee-for-service (with exception of services carved out of Medicaid Managed Care)
- Department's definition of "medical necessity" used by PHPs when making coverage decisions; and
- providers offered some contracting "guardrails", standard PHP contract language

### **Managed Care Impacts on Providers**

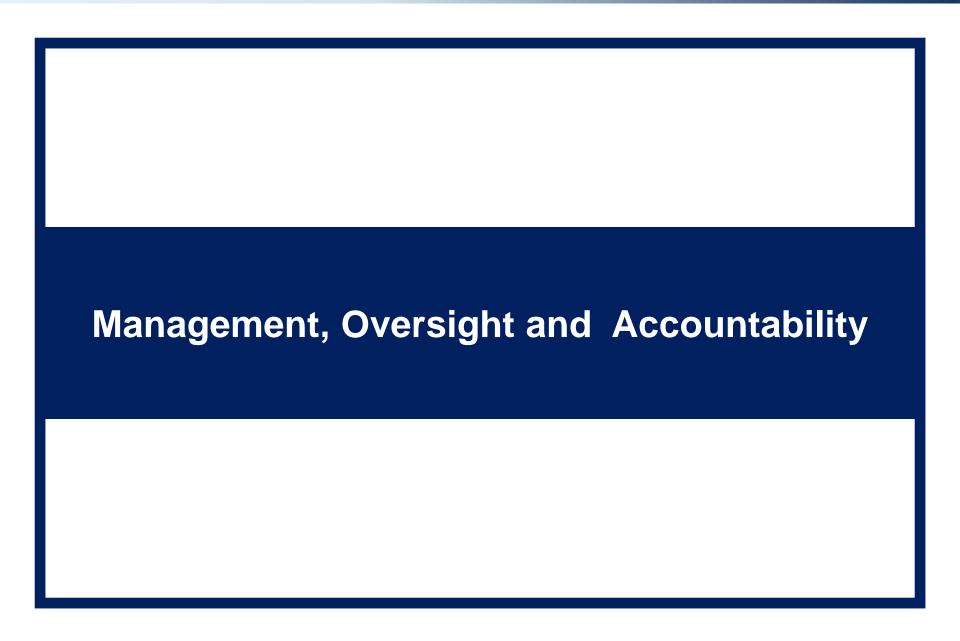
#### **Contract/Payment**

- Potential contract with multiple PHPs, CINs
- Opportunity to negotiate rates\*
- Understanding contract terms, conditions, payment and reimbursement methodologies
- Network adequacy and out of networks standards
- AMH program/tiered payments

#### **Information/Problem Solving**

- Build relationships with health plans
- PHP provider assistance line
- Provider appeals procedures specified in PHP provider manual
- DHHS provider ombudsman to assist with problem solving
- Opportunities to provide feedback
  i.e. AMH TAG

<sup>\*</sup> rate floors apply



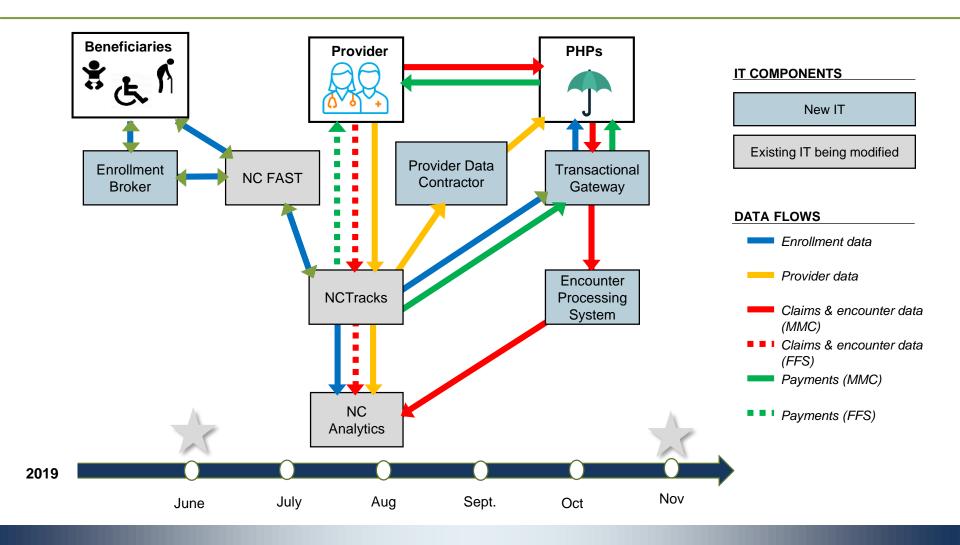
#### **Transition to Managed Care is Complex**

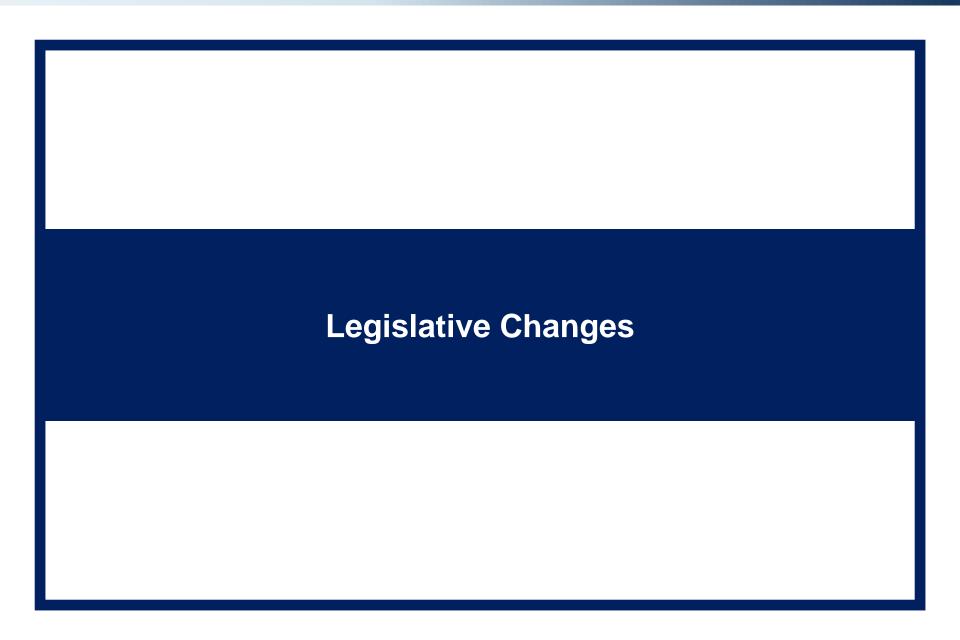
 There are 6 major technology/operational functions necessary in managed care.

Major Functions
1 Enrollment of beneficiaries into PHPs
2 Provider contracting support
3 Financial oversight and operations
4 Data management
5 Operational integration
6 PHP procurement and oversight

- DHHS has a robust strategy, oversight mechanisms and mitigation strategies to support transition from FFS to managed care
- Due to magnitude of effort and level of complexity issues will occur during the transition to managed care

### **Major Managed Care Systems**





### **Suggested Legislative Changes**

- Appeals and Technical Changes
- Clarifying Language on Populations and Services
- Assessments and Supplemental Payments
- Premium Taxes paid by Prepaid Health Plans
- GS 122(c) Changes
- Tribal Option

#### **Questions**

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