

UNC Horizons Program

Where women and their children find

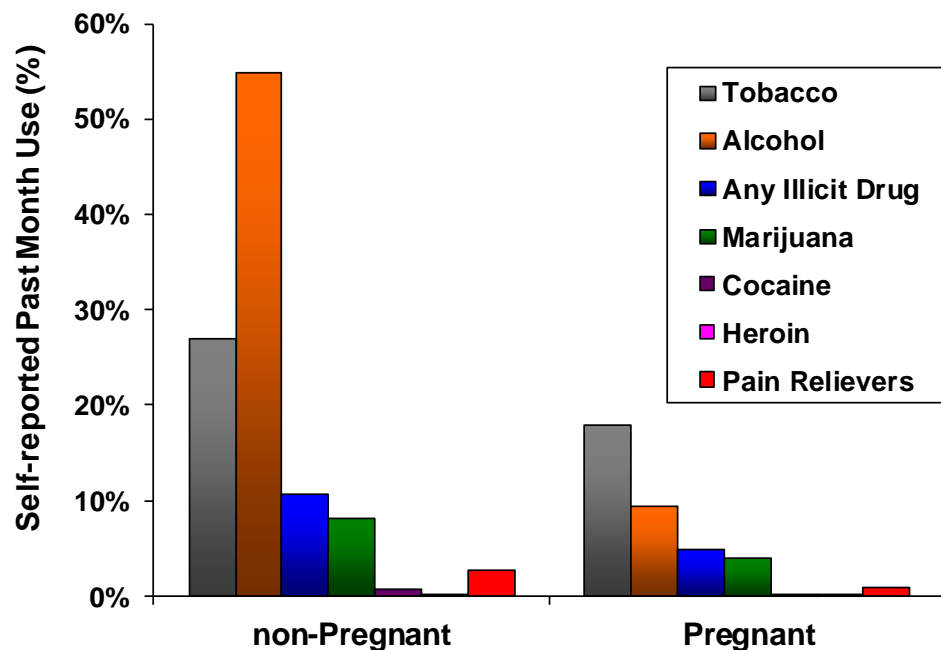


***....Help
...Hope
...Healing***

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State of the Problem

**National Survey on Drug Use
and Health 2011/12**
Past Month Use

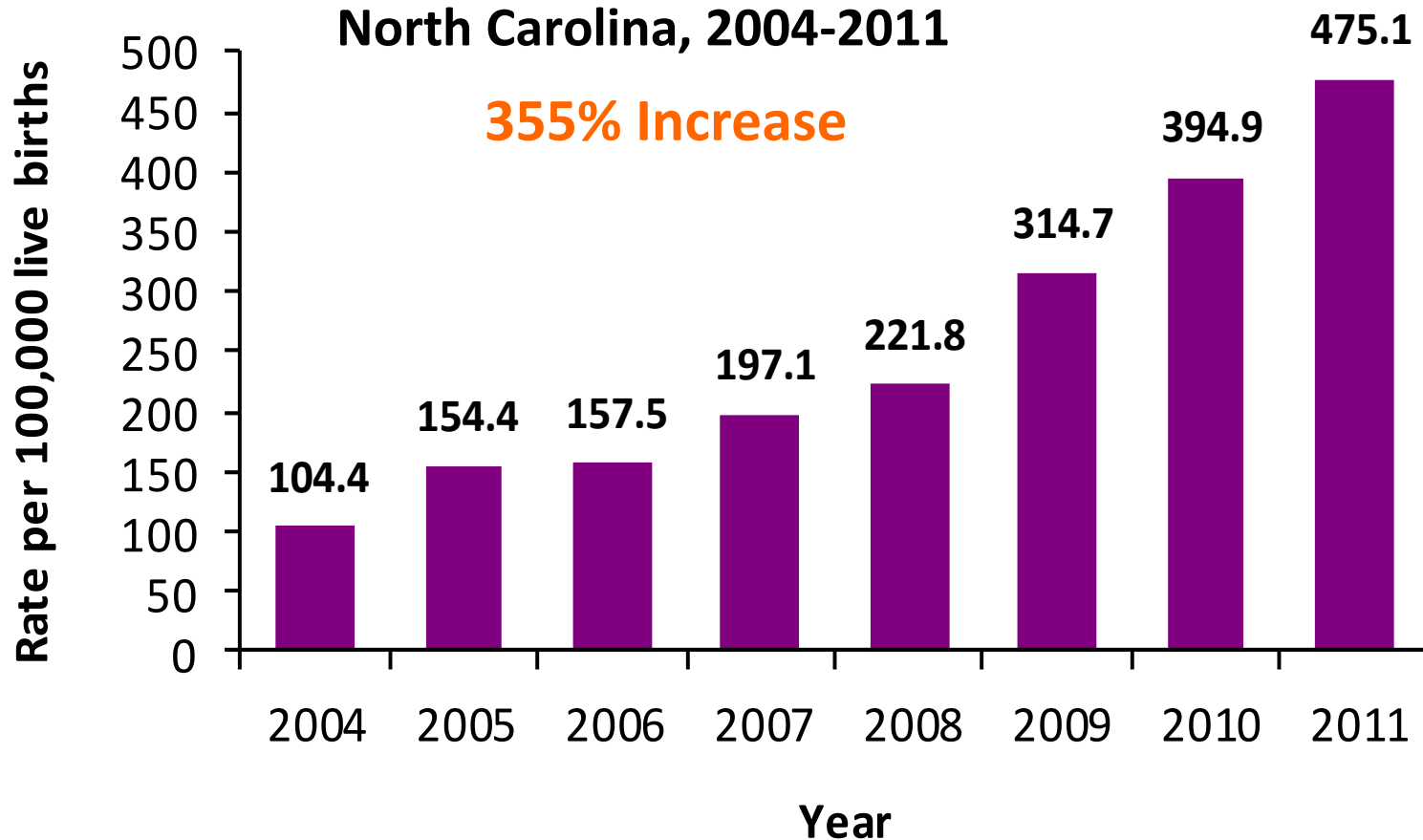


- ◆ The two most commonly used drugs by non-pregnant women have been alcohol and tobacco
 - ◆ This same statement is true for pregnant women
 - ◆ Among pregnant women in the United States, approximately 18% smoked cigarettes, 9.4% drank alcohol, and 5% used illicit drugs in the past month
- *Among pregnant women, approximately .2% used heroin, and .9% used pain relievers non-medically in the past month*

State of the Problem

Rates of Hospitalizations Associated with Drug Withdrawal Syndrome in Newborns per 100,000 Live Births,

North Carolina, 2004-2011



Substance Use Disorders are Treatable

Horizons is a program in the Department of Obstetrics and Gynecology.

One of the original perinatal substance abuse projects funded by the State in 1993 in response to concerns about North Carolina's high infant mortality/morbidity rates.

Prenatal care is one of the best places to identify and engage women in both prenatal care and treatment of substance use disorders.

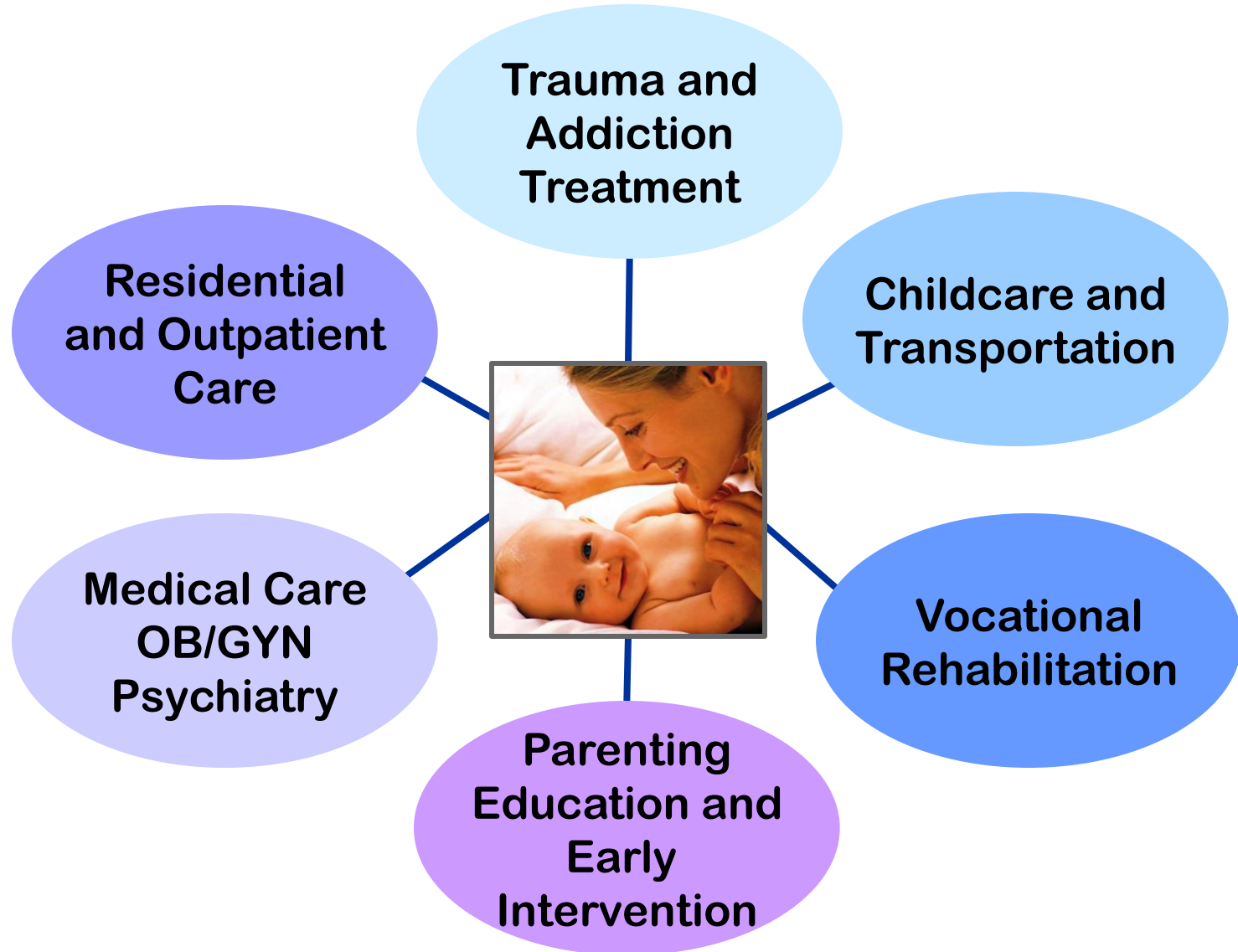
Horizons' Mission

**UNC Horizons' mission is
to provide world-class empowering and
transformative interdisciplinary care
to women and their children affected by
substance use disorders**

Who We Serve - Meet Terri



Horizons Model of Care

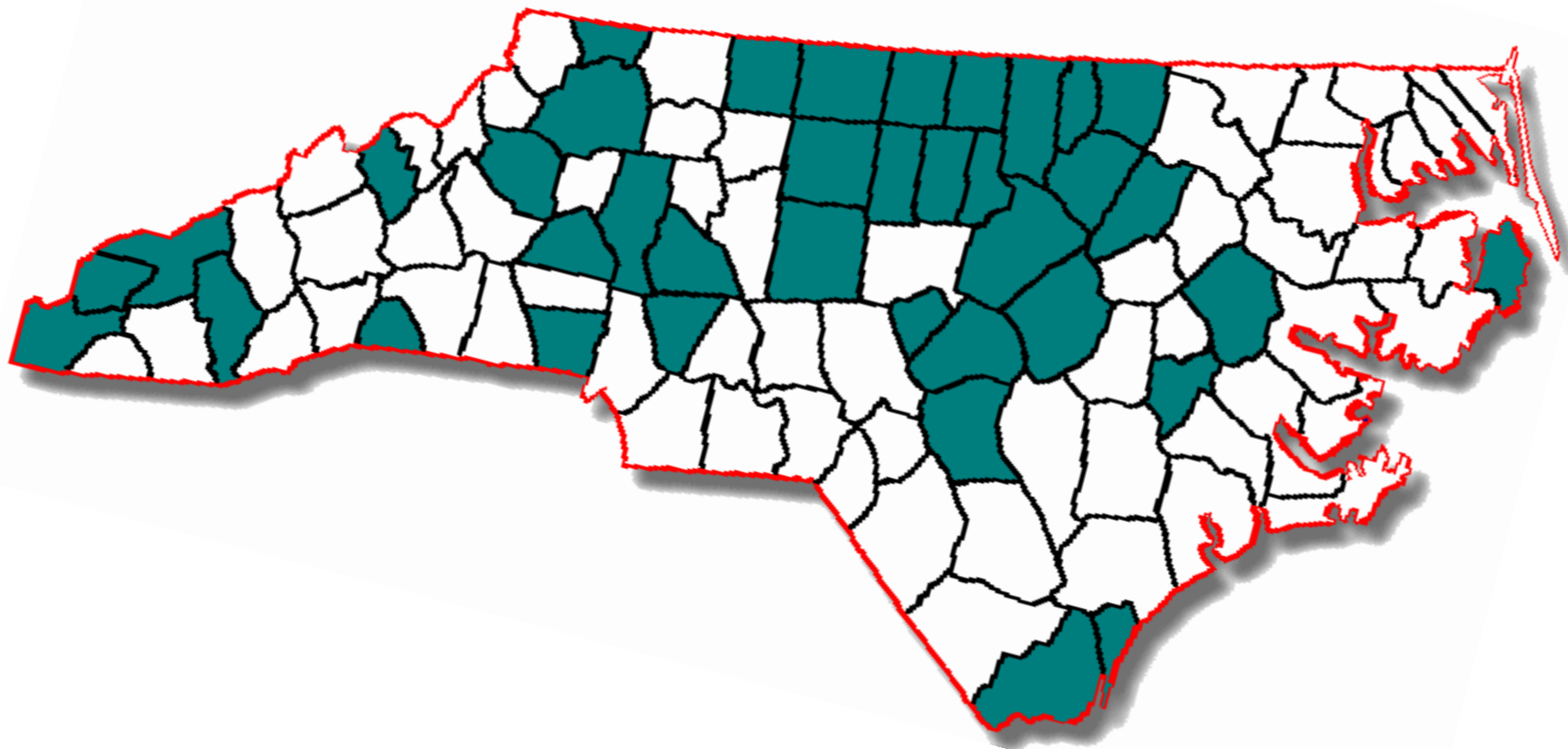


Locations and Services

- ❖ **UNC Women's Hospital: OB/GYN care, individual outpatient treatment, case management**
- ❖ **Burlington: SAIOP, outpatient individual and group treatment, peer support services**
- ❖ **Raleigh: Outpatient individual and group treatment**
- ❖ **Chapel Hill: Outpatient and residential services, SACOT and SAIOP, individual and group treatment, peer support services**

Locations and Services

- Since 1993, Horizons has helped over 4,700 women and their children
- In the past 5 years families receiving treatment have come from 37 of the 100 counties in North Carolina



Measuring Success: Women

- **Volume and range of new admissions from North Carolina's 100 counties**
- **Number of women treated, number of treatment sessions, and hours provided in:**
 - **outpatient services**
 - **residential services**
 - **psychiatric services**
 - **OB/GYN services**
- **Number of women:**
 - **receiving GEDs / achieving employment**
 - **testing drug-abstinent during treatment**
 - **closing Child Protective Services / child custody cases**
 - **improving parenting scale scores**
 - **securing post-treatment housing**
 - **graduating from our programs**

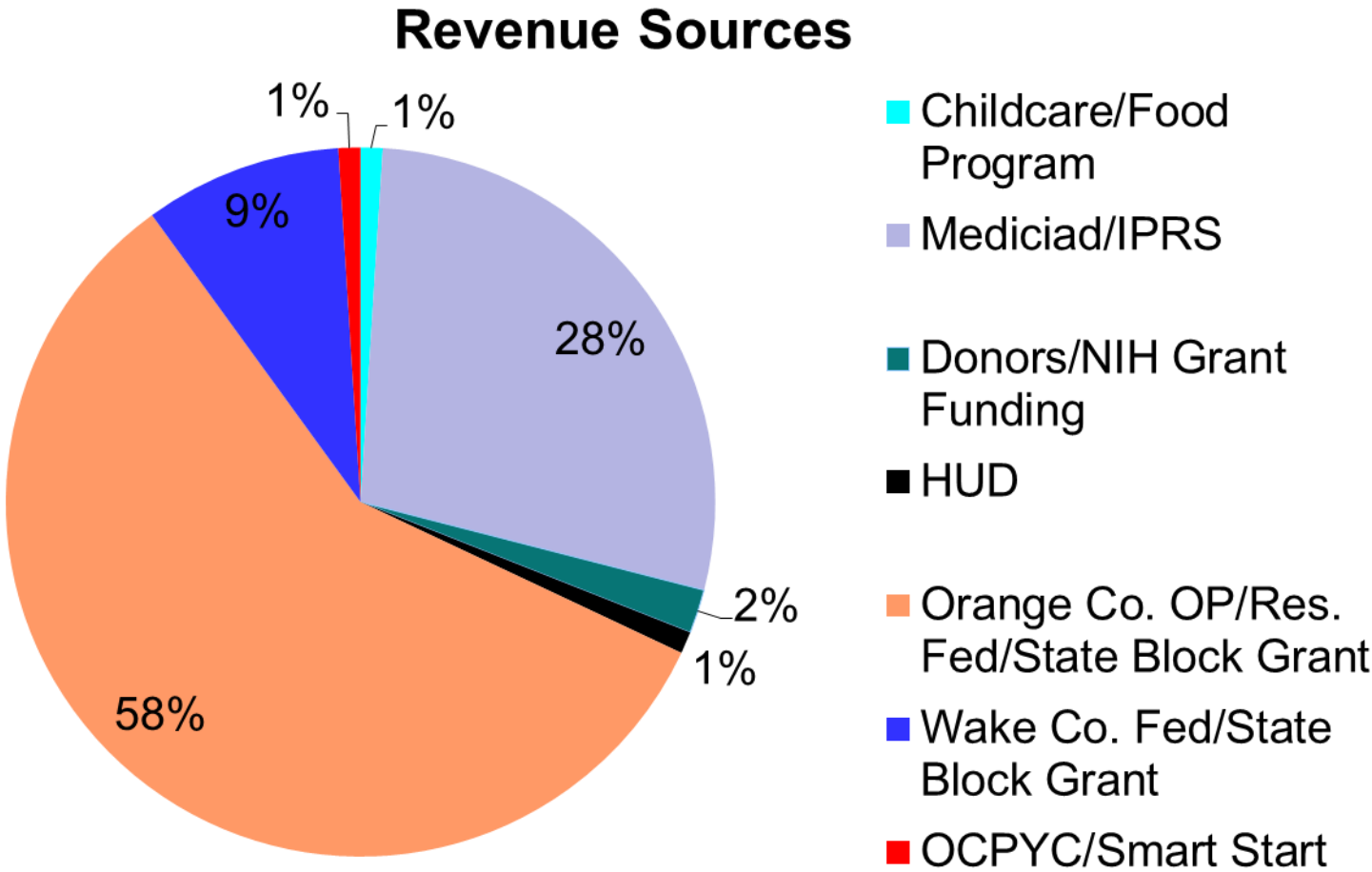
Measuring Success: Infants

Infant Outcomes: Horizons Compared to North Carolina				
	Premature		Low Birthweight	
	Horizons	NC	Horizons	NC
2011-12	0%	6%	8%	7%
2010-11	3%	9%	3%	8%
1999-00	15%	11%	22%	11%
1998-99	13%	11%	10%	12%
1997-98	16%	11%	17%	10%
Data for 2012 are not yet available for North Carolina.				

Measuring Success: Children

<u>Types of Services</u>	<u>Number of Children Served Birth to 12 Years Old</u>
• Child Individual Therapy or Community psych supportive tx	106
• Family therapy with child present	15
• Family therapy without child present	31
• Child Care Center Carrboro site	22
• Child Care Alamance site	21
❖ Full developmental assessments: Speech/Language, Physical and Occupational therapy, and Cognitive for children in childcare.	
❖ All children receive a social-emotional assessment, including trauma and observational parent-child assessment.	
❖ Evidence based social-emotional treatment for any child in need by full time licensed therapist.	
❖ <i>Measured improvements seen in parent-child relationship, social-emotional development, and trauma symptoms.</i>	

Funding



Space for Horizons

- **December 15, 2013 given 60 days to vacate space we had occupied since 2001**
- **Moved early February 2014 into temporary space**
- **For Horizons to continue services, need to purchase a 12,000 SF office condominium for program operations, treatment services, and child care facilities**
- **Shelton Station, an approved mixed-use project in downtown Carrboro scheduled for completion in Summer / Fall 2015**
- **Purchase price of \$3 million for 12,000 SF**
- **Horizons will pay all property operating expenses**

Space for Horizons

- ↳ **\$240,000 in donations to be applied to the purchase**
- ↳ **UNC is highly supportive**
- ↳ **1 Million dollar challenge grant**



Shelton Station

This is a satellite map of a suburban area. A green star is located in the upper left quadrant, and a white circle is located in the center-left. The map shows a mix of residential houses, commercial buildings, and green spaces. A large stadium is visible in the lower right quadrant. The text 'Shelton Station' is written in red on a green background, and 'Vacated Location' is written in black on a white background.

Vacated Location





Horizons' Strategy and Future Plans

**Provide Clinical Excellence
for Women and Children**



**Teach and
Disseminate
Knowledge**

**Generate New
Knowledge**