

# North Carolina School Counselor Association

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- Vanessa Goodman Barnes, NCSCA Board Member
- Nartarshia Sharpe, NCSCA President
- Meredith Draughn, 2023 ASCA National School Counselor of the Year



# NCSCA

Founded in 1960, NCSCA has representation in all eight regions of the state and a membership of more than 2,000 school counseling professionals.

NCSCA promotes excellence in the profession of school counseling and the development of all students.



# A Day in the Life:

## School Counselor Edition

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### **School Counselors**

Utilize a specialized broad focus impacting all students schoolwide. Provide classroom lessons and small group and individual counseling and planning to develop student skills and behaviors needed for social-emotional, academic and career growth.

### **School Social Workers**

Provide specialized small group and individual social-emotional, mental health and behavioral interventions. Maximize school-based and community resources to meet student and family needs.

### **School Nurses**

Screen for potential health concerns and support students in positive behaviors and skills that promote wellness. Provide daily medical care through doctors orders and act as liaison between school, home and healthcare community.

### **School Psychologists**

Assess, identify, and provide targeted academic and behavioral health services to individuals/groups of identified students. Evaluation/identification of intensive learning and behavioral needs of students with disabilities.

# The Day to Day

Daily, school counselors are:

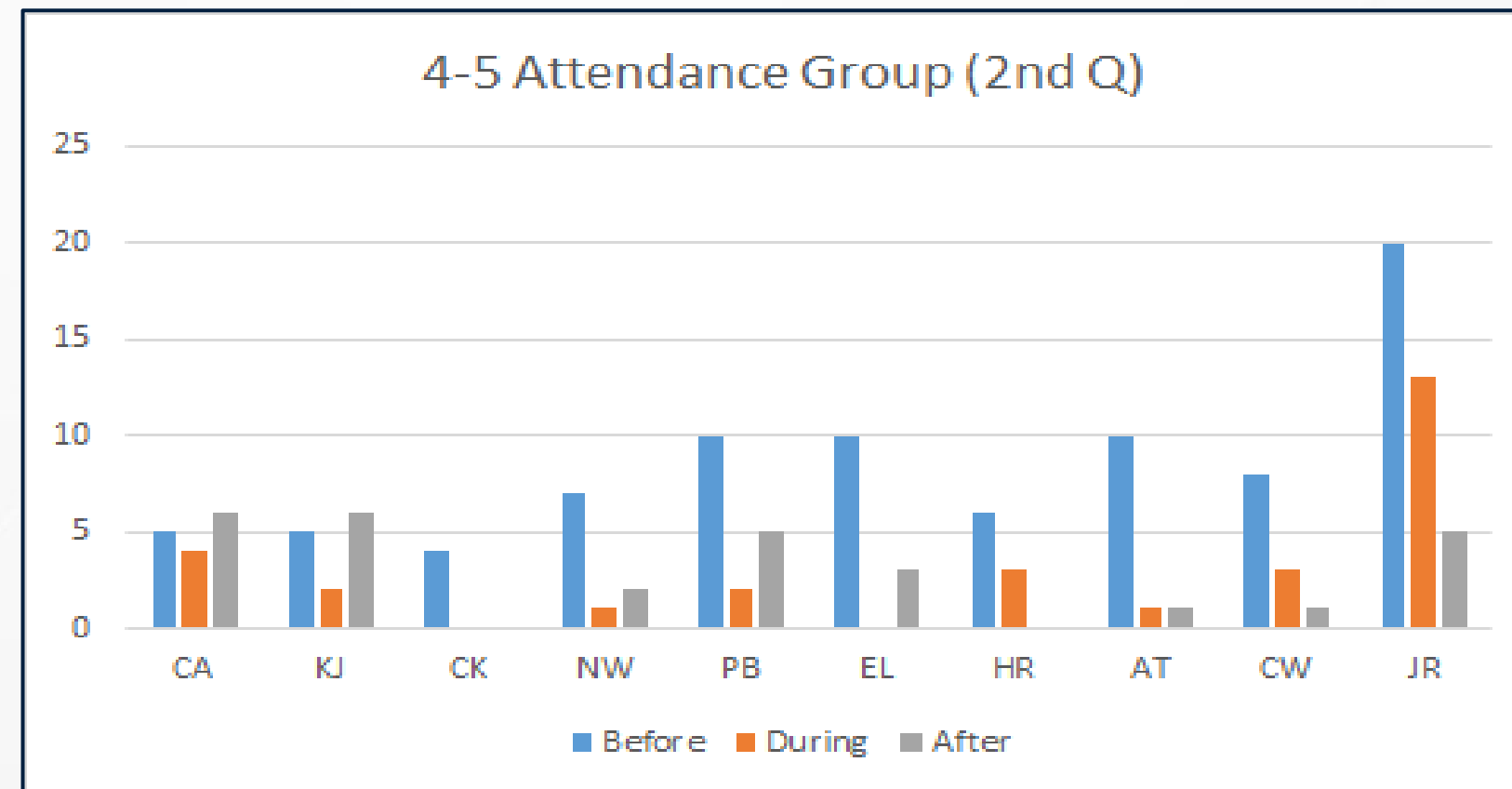
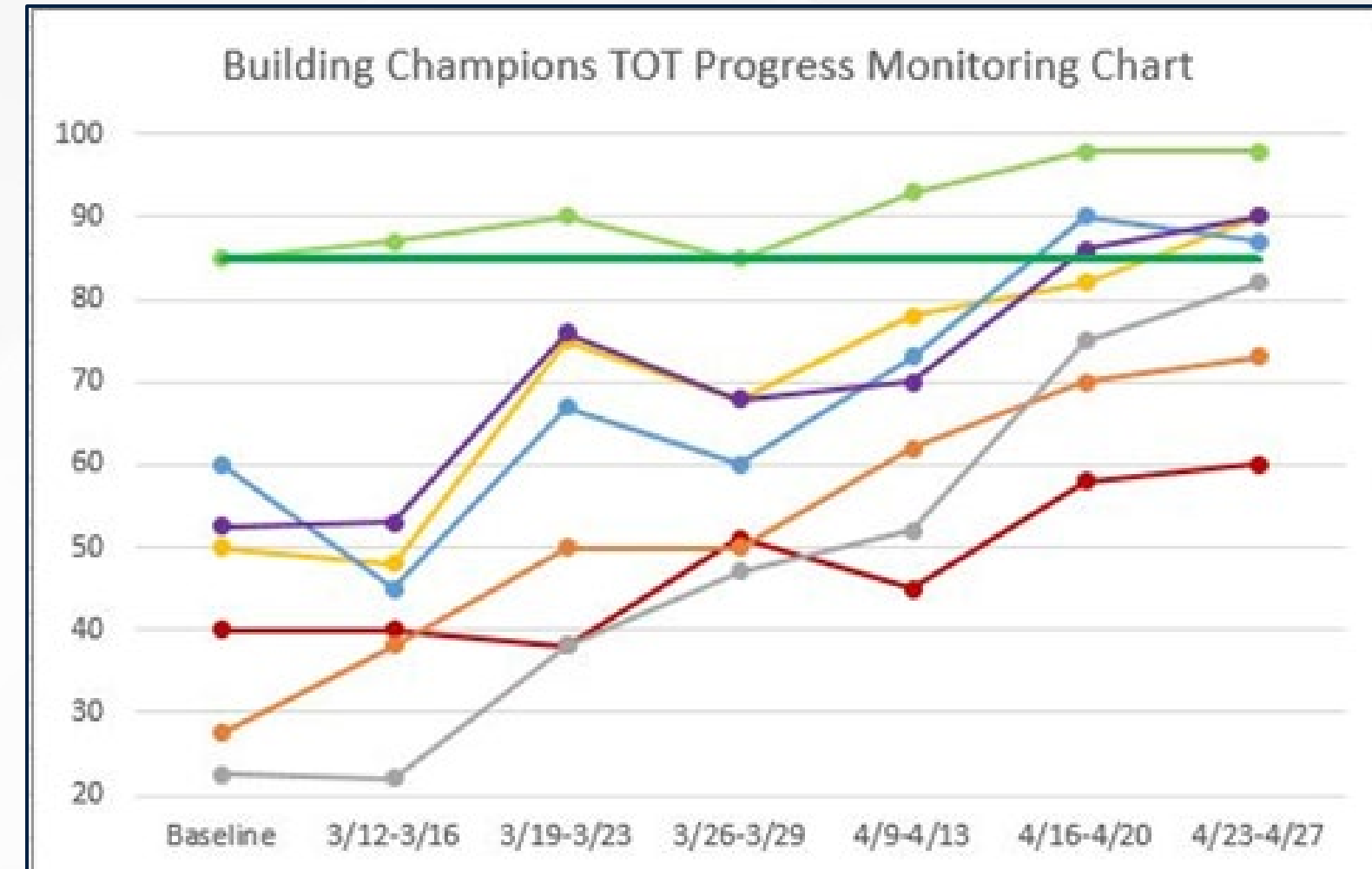
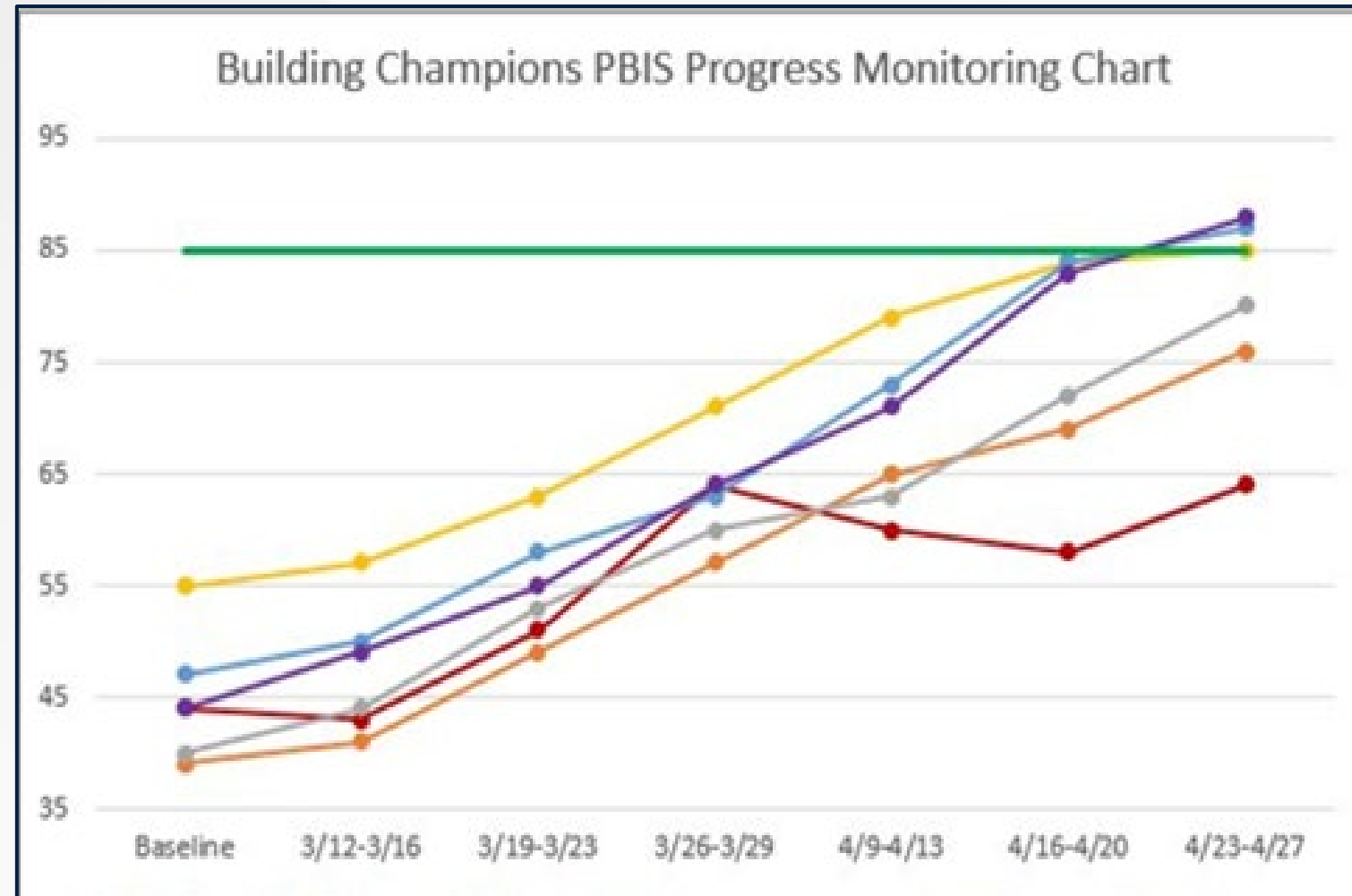
- Leading classroom lessons to teach academic, social-emotional and career development skills
- Leading small group sessions
- Meeting 1:1 with students to help them process the challenges impeding their day
- Creating post-secondary plans for them to be successful and prepared for the future.

School counselors:

- **use data to inform our daily work.**
- work with the whole child.
- address the non-academic barriers of the child so that they can acquire the academics needed to succeed



# SC Led Student Growth Data Examples





## WHO ARE SCHOOL COUNSELORS?

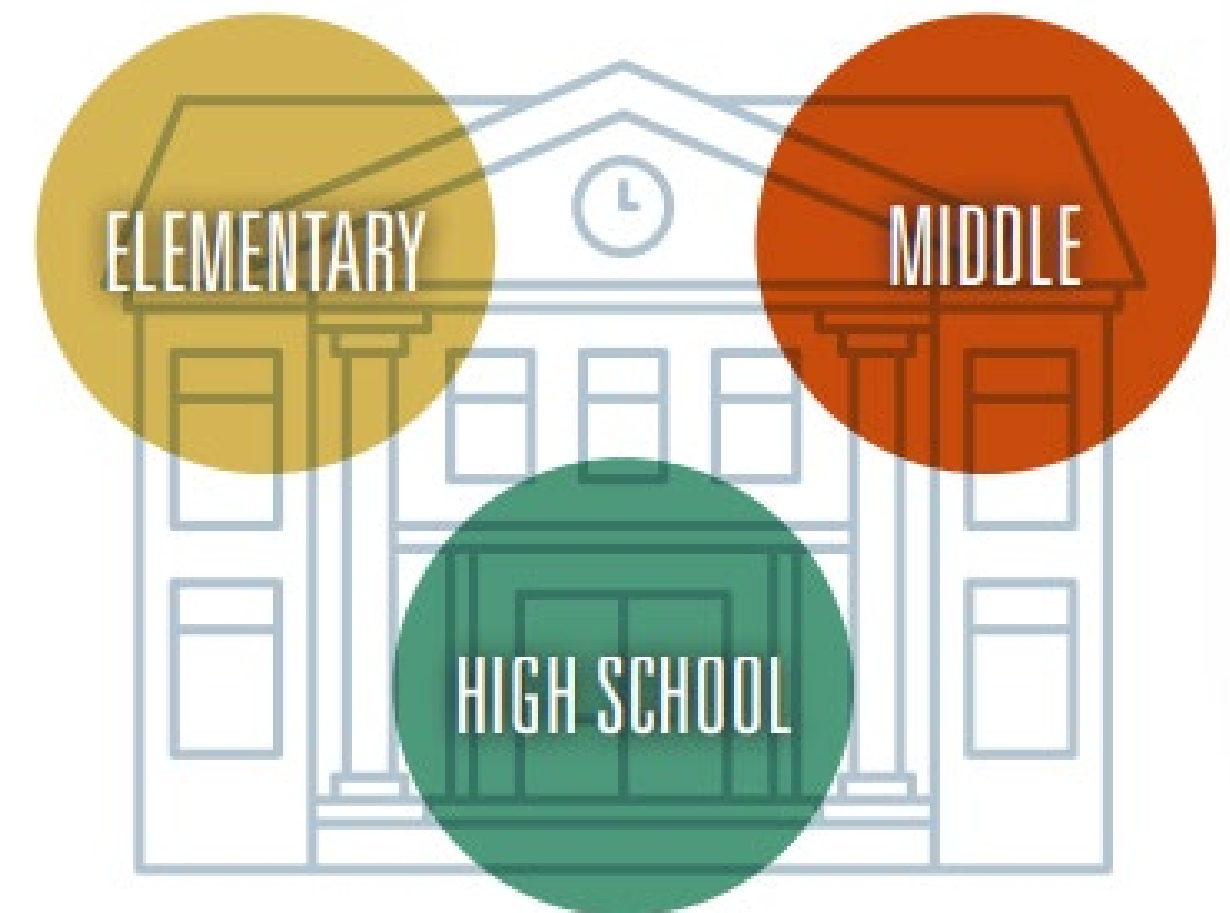
School counselors are certified/licensed educators who improve student success for all students by implementing a data-informed school counseling program.



### SCHOOL COUNSELOR QUALIFICATIONS

- ▶ **Hold, at minimum, a master's degree in school counseling**
- ▶ **Meet the state certification/licensure standards**
- ▶ **Fulfill continuing education requirements**

## EMPLOYED AT ALL LEVELS



Also employed in district supervisory positions; and school counselor education positions

# Why School Counselors

Serve all students by engaging proactive work such as;

- ❖ Classroom guidance lessons on topics such as learning strategies
- ❖ Self-management skills
- ❖ Social skills
  - to help students meet and exceed achievement outcomes as well as improve discipline and attendance
- ❖ Interventions when students experience deficits
- ❖ *Because of the comprehensive nature of our work our title has shifted to “School Counselor”*



# The School Counselor's Role

**S**chool counselors design and deliver school counseling programs that improve student outcomes. They lead, advocate and collaborate to promote equity and access for all students by connecting their school counseling program to the school's academic mission and school improvement plan.

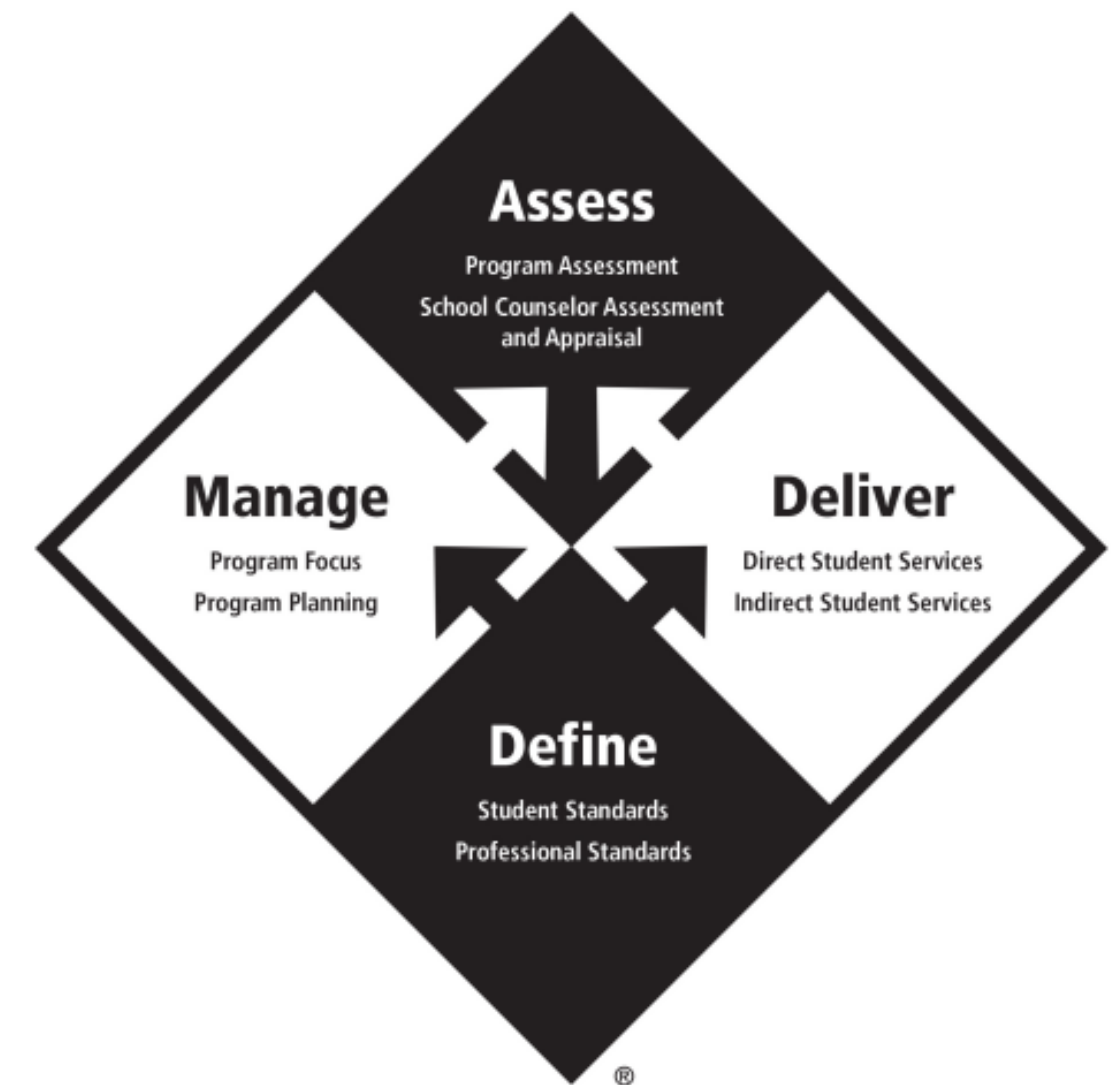


## SCHOOL COUNSELOR'S ROLE

School counselors play an essential role in creating an equitable, inclusive school culture promoting success for all.

► **Help all students:**

- apply academic achievement strategies
- manage emotions and apply interpersonal skills
- plan for postsecondary options (higher education, military, work force)



The ASCA National Model diamond is a registered trademark of the American School Counselor Association.

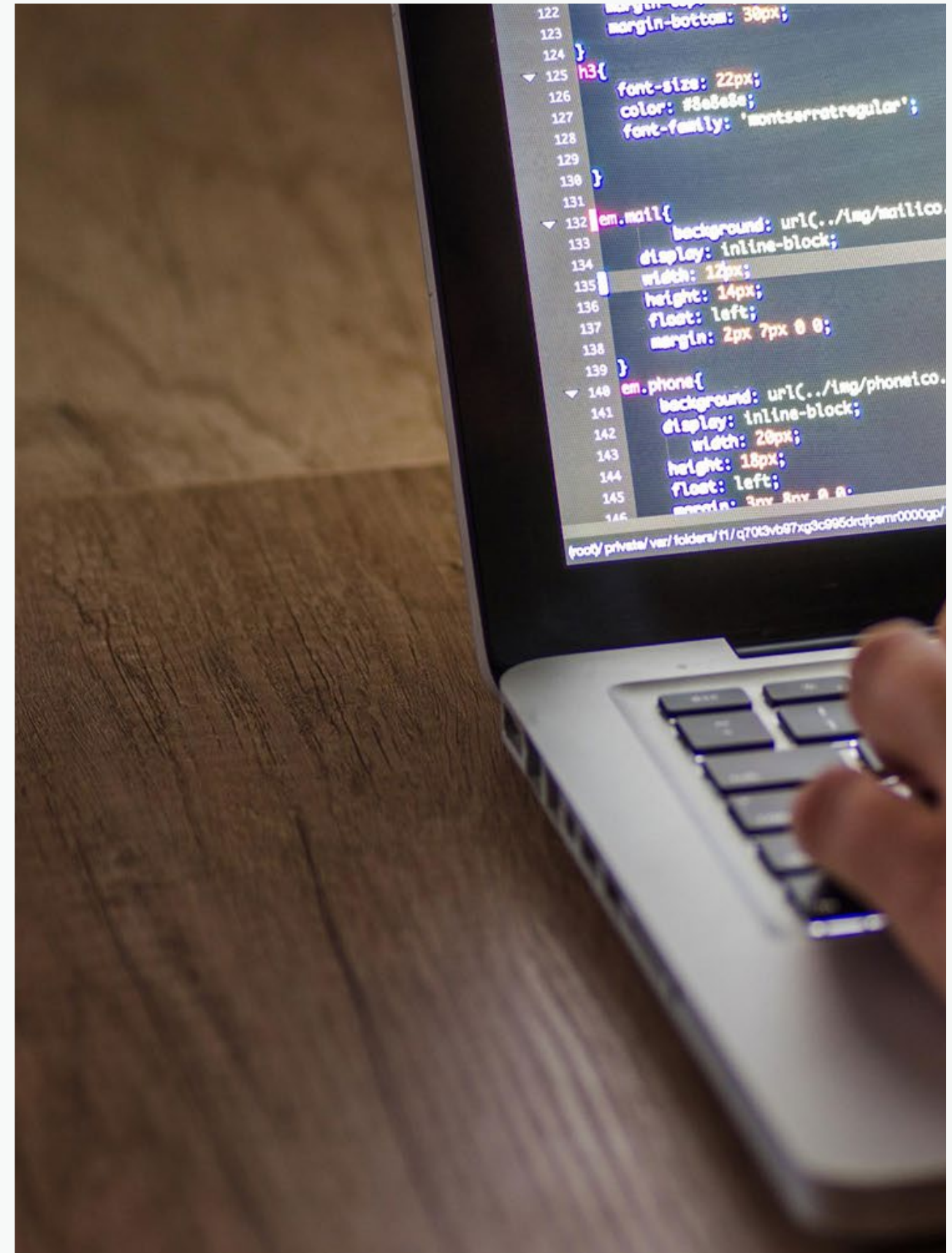
Academic, Career, Social- Emotional



# State Standards for School Counselor

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The State Board of Education approved for the adoption of new standards in December 2023. The new standards will be the ASCA Student Standards: Mindsets and Behaviors. They will be named the North Carolina Student Success Standards.





**KEEP CALM  
YOUR SCHOOL  
COUNSELORS  
CAN HELP  
YOU!**

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# THANK YOU

## ANY QUESTIONS?



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