



STATE OF NORTH CAROLINA  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

ROY COOPER  
GOVERNOR

KODY H. KINSLEY  
SECRETARY

October 1, 2024

**SENT VIA ELECTRONIC MAIL**

The Honorable Donny Lambeth, Chair  
Joint Legislative Oversight Committee on  
Health and Human Services  
North Carolina General Assembly  
Room 620, Legislative Office Building  
Raleigh, NC 27603

The Honorable Joyce Krawiec, Chair  
Joint Legislative Oversight Committee on  
Health and Human Services  
North Carolina General Assembly  
Room 308, Legislative Office Building  
Raleigh, NC 27603

The Honorable Larry Potts, Chair  
Joint Legislative Oversight Committee on  
Health and Human Services  
North Carolina General Assembly  
Room 307B1, Legislative Office Building  
Raleigh, NC 27603

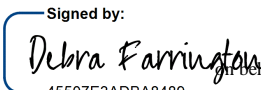
The Honorable Carla Cunningham, Chair  
Joint Legislative Oversight Committee on  
Health and Human Services  
North Carolina General Assembly  
Room 403, Legislative Office Building  
Raleigh, NC 27603

Dear Chairmen:

North Carolina General Statute 122C-20.15 requires the Department of Health and Human Services to report annually to the Joint Legislative Oversight Committee on Health and Human Services on the number of individuals within each LME/MCO catchment area who transitioned into housing slots available through the North Carolina Supportive Housing Program during the preceding calendar year. Pursuant to the provisions of law, the Department is pleased to submit the attached report.

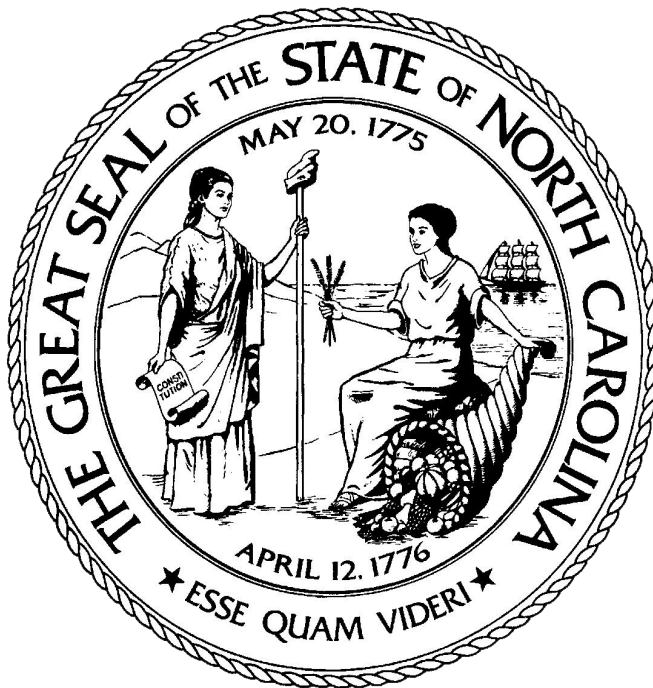
Should you have any questions regarding this report, please contact Karen Wade, Director of Policy, at [Karen.Wade@dhhs.nc.gov](mailto:Karen.Wade@dhhs.nc.gov).

Sincerely,

Signed by:  
  
on behalf of Kody H. Kinsley  
45507E3ADBA8489...  
Kody H. Kinsley  
Secretary

# **North Carolina Transition to Community Living Initiative 2024 Annual Report**

**NC General Statute 122C-20.15**



**Report to the  
Joint Legislative Oversight Committee  
on Health and Human Services**

**By**

**The North Carolina Department of  
Health and Human Services**

**October 1, 2024**

## Background

The State of North Carolina entered into a settlement agreement with the United States Department of Justice (DOJ) in 2012. The settlement agreement, known as Transitions to Community Living (TCL), supports people with serious mental illness or severe and persistent mental illness who are residing in Adult Care Homes (ACHs) or at risk for placement in an ACH –the opportunity to return/remain in their communities.<sup>1</sup>

The TCL Settlement Agreement derived from a US Supreme Court Case: *Olmstead v. L.C.*<sup>2</sup> Since the Settlement Agreement, North Carolina has worked to support people with disabilities to live, work, and play in the community.

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<sup>1</sup> Transitions to Community Living | NCDHHS

<sup>2</sup> *Olmstead v. L.C.*, 527 U.S. 581 (1999), is a United States Supreme Court case regarding discrimination against people with mental disabilities. The Supreme Court held that under the Americans with Disabilities Act, individuals with disabilities have the right to live in the community rather than in institutions if, in the words of the opinion of the Court, "the State's treatment professionals have determined that community placement is appropriate, the transfer from institutional care to a less restrictive setting is not opposed by the affected individual, and the placement can be reasonably accommodated, taking into account the resources available to the State and the needs of others with mental disabilities.

## Cost of Care

Between January 1 and December 31, 2023, **925** new TCL individuals transitioned into housing, bringing the total number of individuals actively supported in housing to **3,530**. Table 1 shows the cost of these new transitions by LME/MCO. Cost of Care is determined by taking the average amount for housing (subsidies per Housing Finance Agency report) and services (per TCL budget report) for the total population of TCL for CY23 and multiplying that by the number of new individuals. Services include TYSR, CLA, In-Reach, Emergency Housing, Transition Coordination, Bridge Housing, Mental Health Services-TMS, ACT, CST, Supported Employment, Subsidy Administration, Diversion and Screening, Assertive Engagement, and Incentives for program improvements). Core TCL and Support Service Categories can be found in Appendix B.

**Table 1: Breakdown of funds expended by LME/MCO (CY2023)**

<b>LME/MCO</b>	<b>Total of TCL New to Housing (Housed and Re- housed)</b>	<b>Average cost per person</b>	<b>Total Costs for # Housed (Avg Cost pp * Total Housed)</b>
Alliance	261	\$13,744	\$3,587,289
Eastpointe	88	\$12,380	\$1,089,397
Partners	161	\$13,321	\$2,144,673
Sandhills	98	\$13,195	\$1,293,114
Trillium	140	\$16,140	\$2,259,603
Vaya	177	\$13,421	\$2,375,584
<b>Total Statewide</b>	<b>925</b>	<b>\$82,201</b>	<b>\$12,749,660</b>

## **Appendix A:**

### **North Carolina General Statute §122C-20.15:**

Annual reporting on NC Supportive Housing Program. Annually on October 1, the Department shall report to the Joint Legislative Oversight Committee on Health and Human Services of the General Assembly on the number of individuals within each LME/MCO catchment area who transitioned into housing slots available through the North Carolina Supportive Housing Program during the preceding calendar year. The report shall include a breakdown of all funds expended by each LME/MCO for transitioning these individuals into the housing slots. (2013-397, s. 6(a).)

## Appendix B:

### Core TCL and Support Service Categories

<b>Service Category</b>	<b>Services Included</b>
<b>ACT</b>	Assertive Community Treatment Team
<b>CST</b>	Community Support Team
<b>Crisis Services</b>	Behavioral Health Urgent Care (BHUC) Mobile Crisis Management (MCM) Facility-Based Crisis (FBC)
<b>Evaluation &amp; Management Office and Outpatient Visits</b>	New and Established Patient Office/Outpatient Visits Office Consultations Behavioral Health Counseling Outpatient Psychiatric Services Mental Health Partial Hospitalization
<b>IPS-SE</b>	Individual Placement and Support - Supported Employment (IPS-SE) (b)(3) and 1915 (i) IPS-SE
<b>Peer Support Services</b>	Self-Help/Peer Support
<b>Psychological Diagnostic, Evaluation, and Testing</b>	Neuropsychological Testing and Evaluation Psychological Testing and Evaluation Psychiatric Diagnostic Evaluation
<b>PSR</b>	Psychosocial Rehabilitation Services
<b>Psychotherapy</b>	Individual Psychotherapy Group Psychotherapy Family Psychotherapy Outpatient Dialectical Behavior Therapy (Group and Individual) Psychosocial Rehabilitation Services
<b>Substance Use Services and Treatment</b>	Alcohol/Drug Group Counseling, Halfway House, and Residential Ambulatory, Inpatient, and Social Setting Detox Counseling for smoking and tobacco use Medication Assisted Treatment (MAT) Substance Abuse Comprehensive Outpatient Treatment (SACOT) Substance Abuse Intensive Outpatient Treatment (SAIOP)
<b>Transition Management and Tenancy Support Services</b>	Transition Management Services (TMS) Critical Time Intervention (CTI) (b)(3) and 1915(i) Individual Supports