

Division of Mental Health, Developmental Disabilities, and Substance Use Services (DMH/DD/SUS) Division of State Operated Healthcare Facilities (DSOHF) Overview & Budget

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Joint Senate and House Appropriations Committees on Health and Human Services March 4, 2025

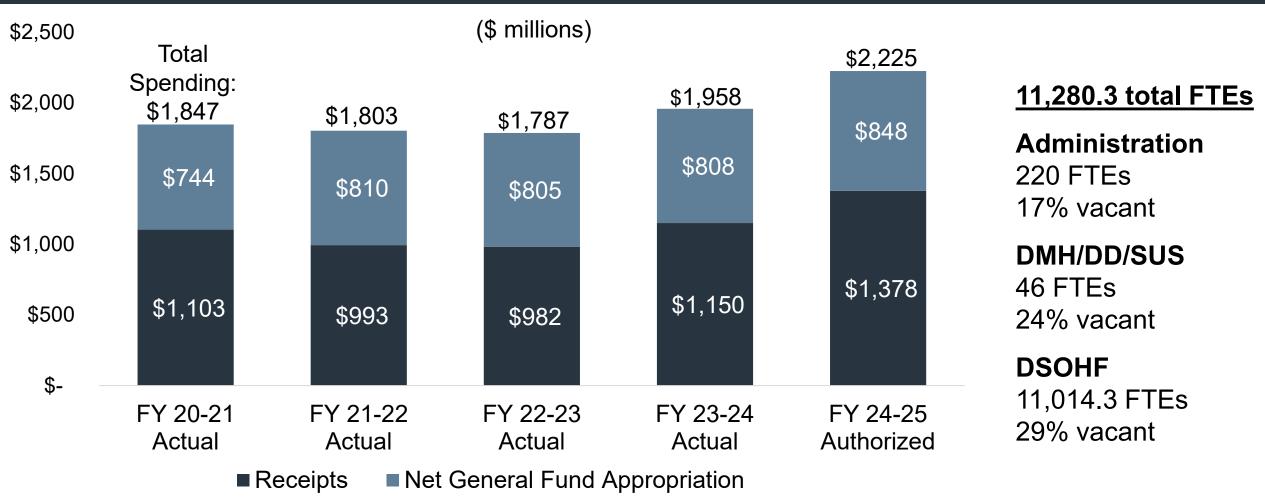
DMH/DD/SUS & DSOHF Overview & Budget

- Authorized Budget FY 2024-25 and past spending
- DMH/DD/SUS Overview
 - Community Services (LME/MCOs)
- DSOHF Overview
 - 13 facilities
 - Over 11,000 FTEs
- Opioid Settlement Funds
- Significant budget actions from the 2023-2025 Fiscal Biennium
- Potential budget considerations in the 2025-2027 Fiscal Biennium

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FY25 Authorized Budget vs Recent Spending



Note: Totals may not sum due to rounding.

Sources: DCDEE Budget Reports: June BD701 (FY21-FY24), December 2024 BD701 (FY25), BD307 (FY 2024-25)

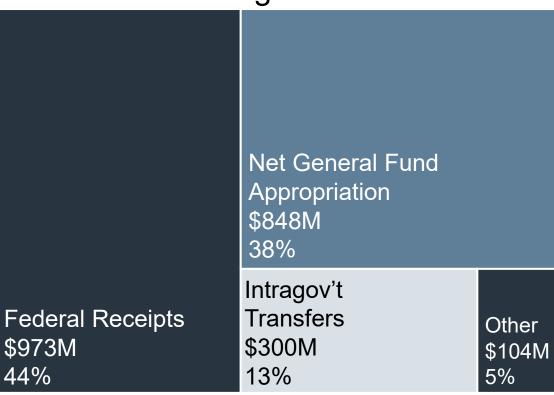
FY25 Authorized Budget, Expenditures & Sources

Total Requirements: \$2.2 Billion

Planned Spending

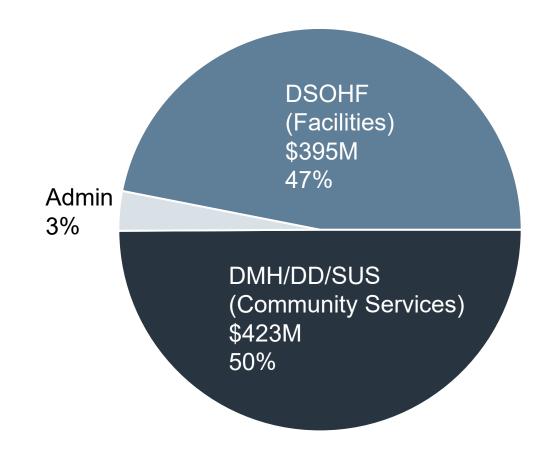


Funding Sources



FY25 Authorized Budget, Net GF Appropriations

Budgeted spending of \$848 million (General Fund dollars only)



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DMH/DD/SUS Overview

Provides support and services for individuals with:

- Mental illness
- Intellectual and developmental disabilities (I/DD)
- Alcohol and substance use disorders
- Traumatic brain injuries (TBI)

Excluding DSOHF and Admin, the DMH/DD/SUS budget is concentrated in Community Services

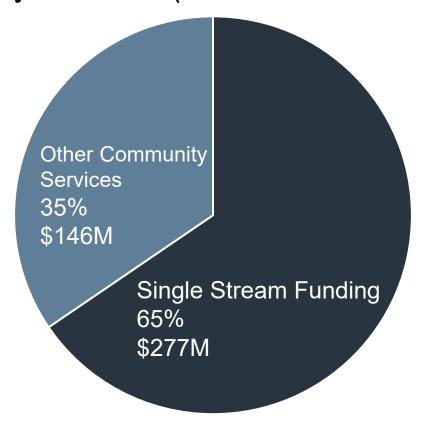
 Supports and services are often provided through Local Management Entities/Managed Care Organizations' (LME/MCOs) networks of local providers

DMH/DD/SUS Community Services

- Prevention
- Workforce Development
- Community and Crisis Services
- TBI Services and Supports
- Single Stream Funding
 - Mental health, I/DD, and substance use disorder services for uninsured and underinsured individuals
 - LME/MCOs

FY25 Authorized Budget: Community Services, Net General Fund Appropriations

Budgeted spending of \$423 million for DMH/DD/SUS Community Services (General Fund dollars only)

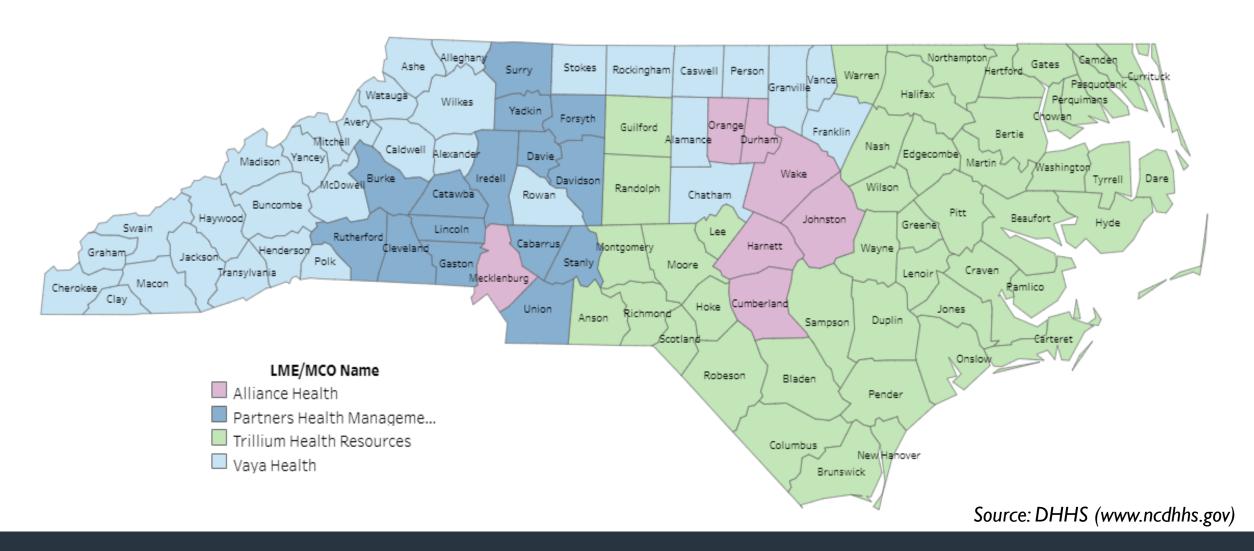


Local Management Entities / Managed Care Organizations

4 LME/MCOs (Alliance Health, Partners Behavioral Health Management, Trillium Health Resources, and Vaya Health) manage health services for:

- Some Medicaid enrollees through:
 - Tailored Plans: the State's Medicaid population with serious mental illness, severe substance use disorders, I/DD, or TBIs (both behavioral and physical health)
 - NC Medicaid Direct (fee-for-service): Medicaid beneficiaries who are not enrolled in Managed Care (just behavioral health, I/DD, and TBI services)
- Behavioral health, I/DD, TBI services for the uninsured population

Local Management Entities / Managed Care Organizations



Transitions to Community Living Initiative (TCLI)

- Olmstead Act (federal): people with disabilities should receive communitybased services when appropriate
- 2012: settlement with U.S. Department of Justice (US DoJ) after an assertion that the State was violating the Olmstead Act
 - Notable milestones: Supported Housing, Supported Employment, Community-Based Mental Health Services
 - Latest modification: State must comply with all outstanding provisions by July 1, 2027
- TCLI is how the State is complying with the US DoJ settlement agreement
- TCLI FY 2024-25: \$83 million across multiple DHHS divisions
 - \$23 million through DMH/DD/SUS budget
 - As of June 30, 2024: 3,654 people in Supported Housing

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DSOHF Overview

 System of State facilities that treat adults and children with mental illness, developmental disabilities, and substance use disorder

- 13 facilities across the State
- 11,014 FTEs (FY 2024-25 Certified Budget)

DSOHF Psychiatric Hospitals: Overview

Psychiatric Hospitals

- Broughton Hospital (Morganton, Burke County)
 - Statewide specialty unit: Deaf individuals
- Cherry Hospital (Goldsboro, Wayne County)
- Central Regional Hospital (Butner, Granville County)
 - Statewide specialty units: Children, Forensic patients

Provide inpatient mental health services:

- Medication
- Psychosocial rehabilitation
- Counseling
- Educational sessions

- Group therapy
- Recreation therapy
- Work therapy
- Diet and occupational therapy

DSOHF Psychiatric Hospitals: Overview

Psychiatric Hospitals FY 2023-24 Key Statistics

| Facility | Avg. Daily Census | Admissions | Number Served | Capacity* | Median Length of Stay (days) | % Readmitted Within 30 days | Incapable to Proceed days |
|------------------|----------------------|------------|------------------|-----------|---------------------------------|--------------------------------|---------------------------|
| Broughton | 168 | 187 | 321 | 265 | 86 | 10.5% | 22,640 |
| Cherry | 155 | 420 | 502 | 259 | 29 | 15.0% | 31,845 |
| Central Regional | 274 | 528 | 624 | 378 | 41 | 22.5% | 17,616 |

Source: Division of State Operated Healthcare Facilities



DSOHF ADATCs: Overview

Alcohol and Drug Abuse Treatment Centers (ADATCs)

- Julian F. Keith ADATC (Black Mountain, Buncombe County)
- Walter B. Jones ADATC (Greenville, Pitt County)

Provide substance use disorder treatment to individuals who:

- Have a substance use disorder
- Experience toxic effects or dangerous withdrawal symptoms
- Need supervised medication management
- Have difficulty making clinical gains at a given level of care
- Have chronic medical problems that pose risk during detox/treatment or need consultation/monitoring
- Require daily monitoring and support, can't be served at lower levels of care
- Are on an Involuntary Substance Abuse and/or Involuntary Mental Health Commitment

DSOHF ADATCs: Overview

ADATCs FY 2023-24 Key Statistics

| Facility | Avg. Daily Census | Admissions | Number Served | Capacity* | Median Length of Stay (days) | % Readmitted Within 30 days |
|-----------------|----------------------|------------|------------------|-----------|---------------------------------|--------------------------------|
| Walter B. Jones | 24 | 861 | 744 | 32 | 8 | 5.5% |
| Julian F. Keith | 43 | 1,468 | 1,269 | 60 | 10 | 4.5% |

Source: Division of State Operated Healthcare Facilities



DSOHF Developmental Centers: Overview

Developmental Centers

- Caswell Developmental Center (Kinston, Lenoir County)
- J. Iverson Riddle Developmental Center (Morganton, Burke County)
- Murdoch Developmental Center (Butner, Granville County)
 - Offers some specialized programs for children

Developmental centers provide residential, medical, habitational, and other support services to individuals, with the goal of reintegrating into the community individuals:

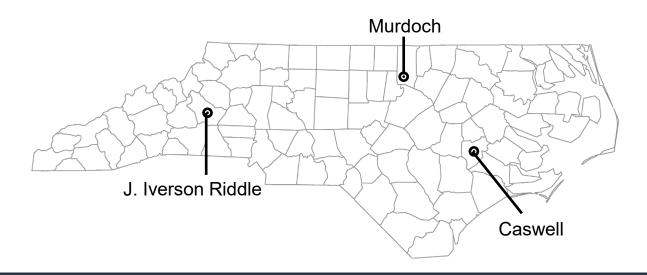
- With I/DD, at least 18 years old (with exception of some programs at Murdoch)
 AND
- Meet Intermediate Care Facilities Individuals with Intellectual Disabilities (ICF-IID) level of care AND
- Have complex behavioral challenges and/or medical conditions with clinical treatment needs AND
- For whom appropriate community-based services are not available

DSOHF Developmental Centers: Overview

Developmental Centers FY 2023-24 Key Statistics

| Facility | Avg. Daily Census | Admissions | Number Served | Capacity* |
|-------------------|----------------------|------------|------------------|-----------|
| Caswell | 221 | 74 | 235 | 358 |
| J. Iverson Riddle | 215 | 57 | 224 | 285 |
| Murdoch | 286 | 97 | 306 | 377 |

Source: Division of State Operated Healthcare Facilities



*Capacity if fully staffed

DSOHF Neuro-Medical Treatment Centers: Overview

Neuro-Medical Treatment Centers

- Black Mountain Neuro-Medical Treatment Center (Black Mountain, Buncombe County)
- O'Berry Neuro-Medical Treatment Center (Goldsboro, Wayne County)
- Longleaf Neuro-Medical Treatment Center (Wilson, Wilson County)
- Specialized skilled nursing facilities
- Serve adults with chronic and complex medical conditions that co-exist with neuro-cognitive disorders
- Residents require 24-hour supervision, daily nursing care, and assistance with activities of daily living

DSOHF Neuro-Medical Treatment Centers: Overview

Neuro-Medical Treatment Centers FY 2023-24 Key Statistics

| Facility | Avg. Daily Census | Admissions | Number Served | Capacity* |
|----------------|----------------------|------------|------------------|-----------|
| Black Mountain | 86 | 23 | 101 | 163 |
| Longleaf | 89 | 4 | 101 | 97 |
| O'Berry | 128 | 73 | 136 | 144 |

Source: Division of State Operated Healthcare Facilities



*Capacity if fully staffed

DSOHF Residential Programs for Children: Overview

Residential Programs for Children

- Whitaker Psychiatric Residential Treatment Facility (Butner, Granville County)
 - Adolescents 13-17 years old
- Wright School (Durham, Durham County)
 - Children 6-12 years old

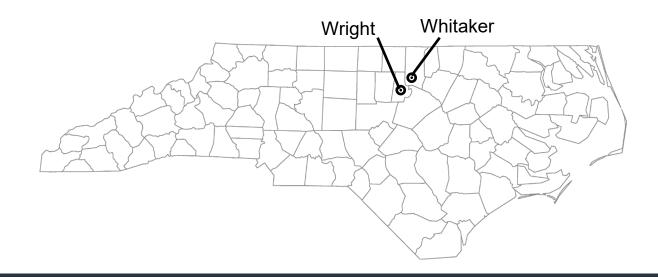
- Residential schools for children and adolescents who have severe emotional and behavioral needs
- Both schools serve the entire State
- Both schools employ a re-education model, preparing the child or adolescent to return to his/her community

DSOHF Residential Programs for Children: Overview

Residential Programs for Children FY 2023-24 Key Statistics

| Facility | Avg. Daily Census | Admissions | Number Served | Capacity* |
|----------|----------------------|------------|------------------|-----------|
| Whitaker | 9 | 16 | 24 | 12 |
| Wright | 6 | 24 | 38 | 16 |

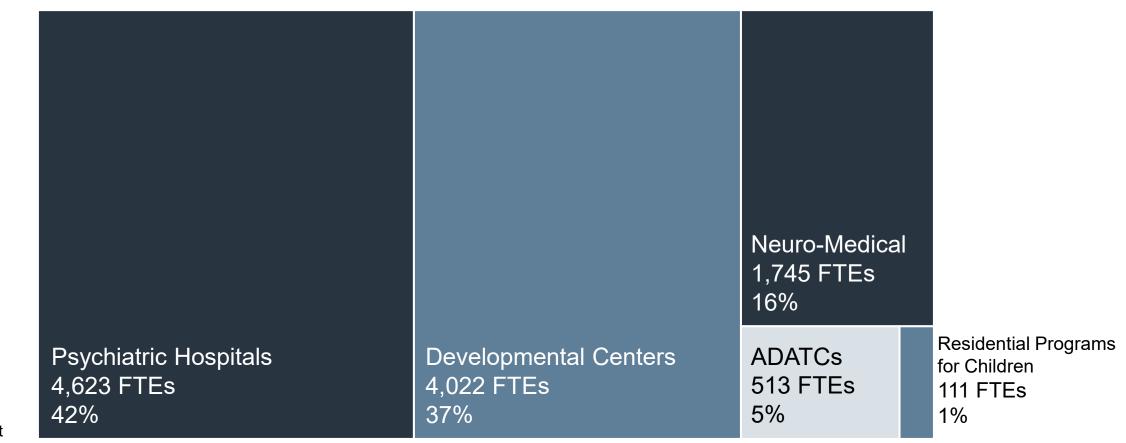
Source: Division of State Operated Healthcare Facilities



*Capacity if fully staffed

DSOHF Positions

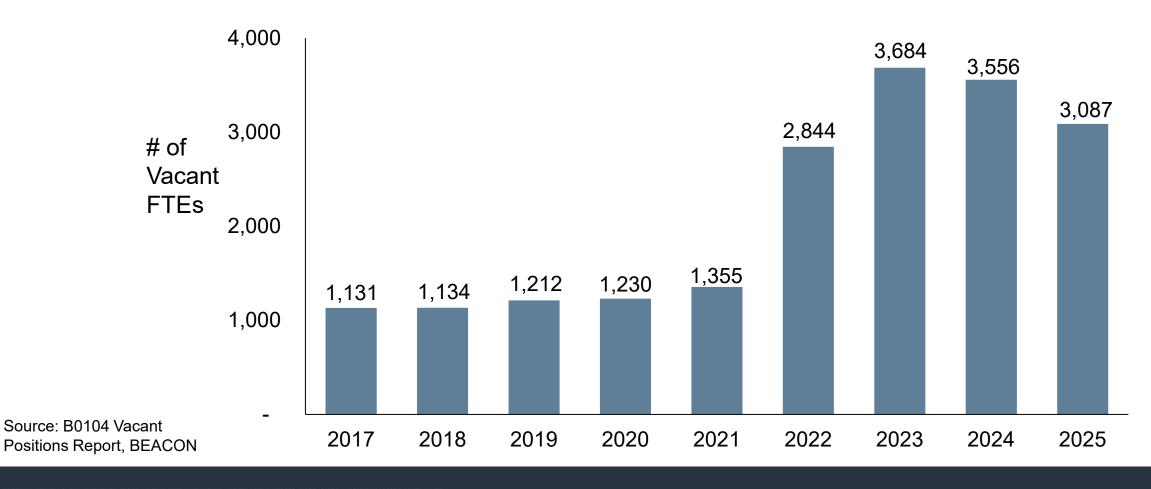
11,014 DSOHF FTEs by Facility Type



Note: Totals may not sum due to rounding.

DSOHF Positions (continued)

DSOHF Vacant Positions, 2017 to 2025



DSOHF Positions (continued)

- Over 3,000 unfilled positions, vacancy rate of ~29%
 - Vacancy rate slowly decreasing compared to 2 years ago
 - Vacancy rate still well above typical levels from before FY 2021-22 (10-12%)
- Primary consequence of vacancies: fewer people served
- Challenges of filling vacant positions at DSOHF:
 - Salaries vs competitors
 - Flexibility vs competitors (hiring timeline, incentives)
 - High acuity, behaviorally challenging patients
 - Workforce shortage
- One strategy: eliminate some vacant FTEs, reallocate funds to increase salaries for remaining FTEs to try to address recruiting/retention

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Opioid Settlement Funds: Overview

Between 2021 and 2039, North Carolina expects to receive \$244 million from various opioid settlements (State share only)

- Does not include over \$1 billion that goes directly to counties and municipalities
- Settlement funds are deposited into the Opioid Abatement Reserve and may not be spent without an act by the General Assembly
 - SL 2021-180, 2021 Appropriations Act, Section 9F.1
- Funds may be used for "opioid remediation activities"
- Most settlements are generally front loaded: by the end of the upcoming 2025-2027 Fiscal Biennium, the State will have received \$124.9 million, over half of the total expected State share

Opioid Settlement Funds: Overview (continued)

\$50.5 million appropriated so far

- \$16.6 million to the North Carolina Collaboratory
 - R&D grants
 - Research partnership
 - Recovery courts study
 - CORE-NC data dashboard (ncopioidsettlement.org)
- \$16.5 million to DHHS to award to community providers/nonprofits
- \$9.2 million directly to various counties and nonprofit organizations
- \$6.0 million to LME/MCOs for opioid remediation programs
- \$1.8 million to DHHS for a Prescription Digital Therapeutics pilot program
- \$0.4 million for county strategic planning and technical assistance

Opioid Settlement Funds: Future Years

Unappropriated amount expected to be available in the Opioid Abatement Reserve on June 30, 2025:

\$43,784,373

Future Amounts Due

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FY 2025-26 $17,073,676
FY 2026-27 $13,511,210
FY 2027-28 $10,378,273
FY 2028-29 $14,367,444
FY 2029-30 $14,901,508
FY 2030-31 $13,284,435
FY 2031-32 $12,329,400
FY 2032-33 $11,335,964
FY 2033-34 $ 8,970,083
FY 2034-35 $ 8,424,030
FY 2035-36 $ 8,424,030
FY 2036-37 $ 6,962,737
FY 2037-38 $ 5,025,436
FY 2038-39 $ 5,025,436
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Source: North Carolina Department of Justice

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2023-2025 Fiscal Biennium Significant Budget Actions

SL 2023-134, 2023 Appropriations Act

- \$294.5M nonrecurring from the ARPA Temporary Savings Fund
 - \$99M for re-entry and diversion programs, capacity restoration programs
 - \$80M for crisis system improvements (mobile crisis teams, crisis facilities)
 - \$40M for DSOHF workforce stabilization efforts, plus multiple other items
- \$15.6M recurring in each year of the biennium for TCLI (\$ to other divisions)
- \$5M recurring in each year for Competitive Integrated Employment
- \$9.2M in FY 2023-24 and \$10M in FY 2024-25 nonrecurring from the Opioid Abatement Reserve (opioid settlement funds)
 - \$5.5M in each year to North Carolina Collaboratory for opioid abatement R&D grants
 - \$3.7M in FY 2023-24 and \$4.5M in FY 2024-25 to various nonprofits and counties

2024-53, Disaster Recovery Act of 2024 - Part II

\$25M nonrecurring for mental health crisis supports and support for individuals with I/DD

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2025-2027 Fiscal Biennium Potential Budget Considerations

Decision points for the General Assembly on:

- TCLI (US DoJ Settlement)
 - Outstanding provisions: State must comply by July 1, 2027
 - Request for additional funds anticipated
- Opioid Settlement Funds
 - Over \$70 million available to appropriate
- Continue monitoring ARPA Temporary Savings Fund spending on Behavioral Health
 - Potential for expansion/continuation?

Questions?

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