



Report to the North Carolina General Assembly

Feminine Hygiene Products Grant Program

§ 115C-377. (a) Program; Purpose. – The Department of Public Instruction shall establish the Feminine Hygiene Products Grant Program (Program) to assist public school units participating in the Program in providing students with feminine hygiene products at no charge to the student.

(b) Grants. – To the extent funds are made available for the Program, the Department of Public Instruction shall award public school units grants of up to five thousand dollars (\$5,000) on a first-come, first-served basis, and the Department shall prioritize awarding grants to public school units that did not receive an award pursuant to the Program in the previous fiscal year. No public school unit shall receive more than one grant per fiscal year.

(c) Reporting. – No later than March 15, 2023, and every year thereafter that funds are made available for the Program, the Department shall report to the Joint Legislative Education Oversight Committee on the public school units receiving grants under the Program, the specific feminine hygiene products purchased with the grant funds, and the impact of the Program on student health and well-being. (2022-74, s. 7.10(a).)

STATE BOARD OF EDUCATION

STATE BOARD OF EDUCATION VISION

Every public school student in North Carolina will be empowered to accept academic challenges, prepared to pursue their chosen path after graduating high school, and encouraged to become lifelong learners with the capacity to engage in a globally-collaborative society.

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NC DEPARTMENT OF PUBLIC INSTRUCTION

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Thomas Tomberlin, Senior Director, Educator Preparation, Licensure, and Performance, NCDPI
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Feminine Hygiene Products Grant Program Summary



Period Poverty Quick Facts



1 in 4

female students in the US struggles to afford period products.



\$20/cycle

is the average cost a woman will spend on menstrual products, adding up to an estimated \$18,000 over the course of her lifetime.



67%

of NC female students in grades 7-12 attend a Title I eligible school.



4 out of 5

students have reported missing school or know someone who has missed school because of their period.

FY 25 Grant Program Highlights

Number of PSUs funded

In the 2024-2025 school year, NCDPI awarded 139 PSUs with a Feminine Hygiene Products Grant. More than double the awards made in the previous year.

Funding and Award Amounts

Funding limit increased to \$500,00 and grant awards to PSUs ranged from \$100-\$5,000/PSU.

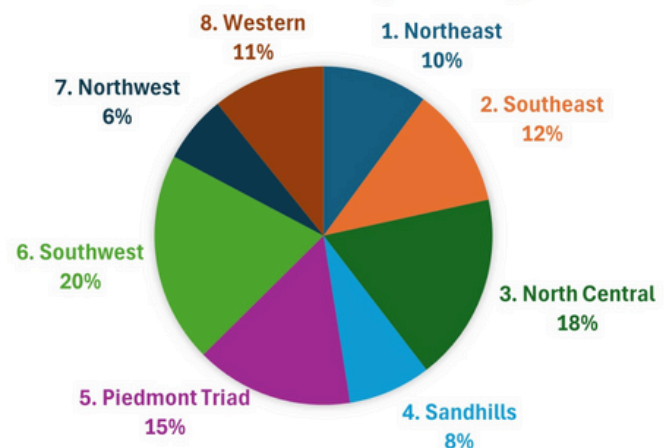
Products Purchased

Most applicants indicated that they planned to purchase at least tampons and pads, and many indicated that they would also purchase other reusable products, such as period underwear, menstrual cups, reusable pads, and extra clothes and underwear.

Student Health and Well-Being

“Access to feminine hygiene products in public schools reduces anxiety and stress, allowing students to focus on their studies instead of worrying about menstrual issues. This access can improve attendance and foster a supportive environment, enhancing self-esteem and a sense of belonging. Additionally, it encourages open dialogue about menstrual health, reducing stigma and empowering students.” - Pitt County Schools

Regional Distribution by SBE Region



INTRODUCTION

An estimated 16.9 million menstruating women in the United States are living in poverty. Of these women two-thirds struggle to afford basic necessities, including food, clothing, and period products.¹ In North Carolina, 1 in 6 women and girls between 12 and 44 live below the federal poverty line, and 67% of female students in grades 7 to 12 attend Title I eligible schools.² With menstrual products costing about 20 dollars per cycle, North Carolina students experiencing poverty are not always guaranteed access to products at home. Students who do not have access to products are more likely to miss school, in fact, 4 out of 5 students have reported missing school or know someone who has because of their period. Providing access to menstrual products in schools limits disruptions to instructional time, increases attendance and ensures students are able stay in school during their cycle, and takes financial burden off teachers and educators to provide supplies.

The codification of the Feminine Hygiene Products Grant Program was a huge step toward making an impact on period poverty in North Carolina by increasing access to supplies for students. The Department of Public Instruction's (DPI) NC Healthy Schools Section of the Office of Academic Standards provided an application to all public school units (PSUs) to apply on a first-come, first-served basis for the Feminine Hygiene Products Grant Program for funding of up to \$5,000 to purchase feminine hygiene products. A total of 235 applications were received, with requests for funding amounts ranging from \$100 to \$5,000. With a funding limit of \$500,000, NCDPI was able to award a total of 139 PSUs with a Feminine Hygiene Products Grant. The additional funding allowed NCDPI to more than double the awards made for the FY 2025 grant cycle.

The grant awardees indicated that they would use the funding to purchase products ranging from tampons and pads to underwear and educational materials on puberty. The PSUs also noted that the grants would provide much needed support for students to stay in school during the time of their menstrual cycle; ensure students can maintain good hygiene and reduce unnecessary infections; make products more accessible to students with transportation constraints or to those experiencing homelessness due to natural disasters; provide feminine hygiene supplies for those who cannot afford the expensive products, especially those in rural and low-income areas; reduce embarrassment associated with menstruation and not having necessary supplies; and offset teacher and support staff expenses for such products. Many awardees indicated that some students rely on their school to provide the feminine hygiene products they need, as their families may not have the financial means to purchase the products. Awardees also noted the toll on student mental health and self-esteem that not having access to feminine hygiene products can have, and how that correlates to increased time out of school.

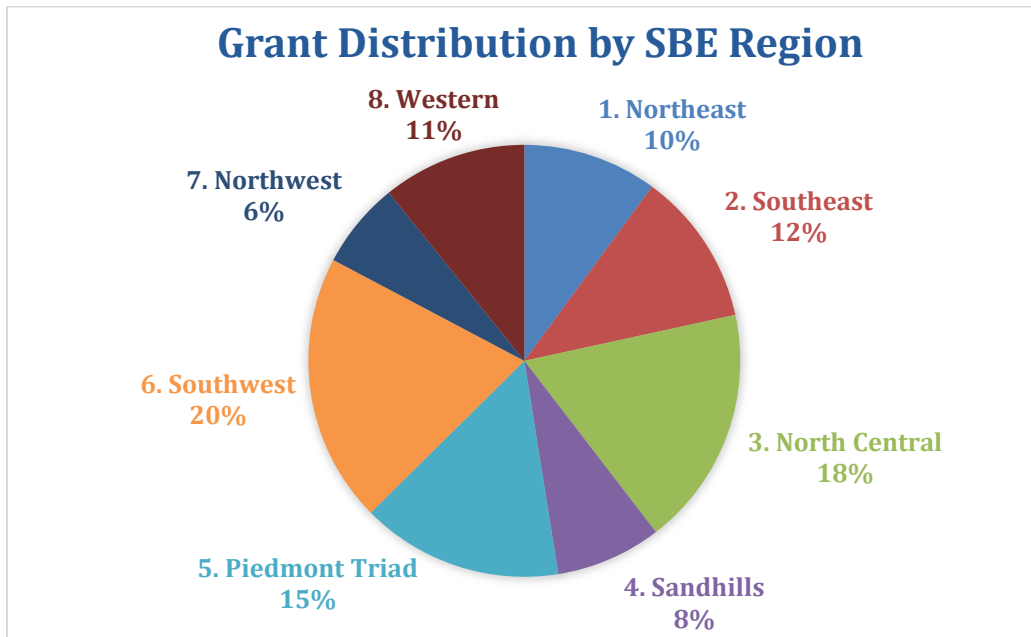
The following sections outline in greater detail the PSUs that received a grant and the amount they received; the types of products that PSUs indicated they would use the funding to purchase; and how the grant would impact student health and well-being. Appendices are also included to provide additional information on each awarded PSU's application responses and feedback on grant impact.

¹ Sacca L, Markham CM, Gupta J, Peskin M. Editorial: Period poverty. *Front Reprod Health*. 2023 Feb 7;5:1140981. doi: 10.3389/frph.2023.1140981. Erratum in: *Front Reprod Health*. 2023 Nov 20;5:1308137. doi: 10.3389/frph.2023.1308137. PMID: 36825206; PMCID: PMC9941660.

² Supplies, P. (2020). *North Carolina: State Fact Sheet on Period Poverty*. Alliance for Period Supplies. https://cdn.b12.io/client_media/HJ1wIVtI/f6ac686e-95f9-11ea-b2ee-0242ac110003-North_Carolina_APS_Period_Poverty_Fact_Sheet_052020.pdf

PSU GRANT RECIPIENTS

Within one week, DPI received 235 applications for the Feminine Hygiene Products Grant Program. Of the 235 applications received, DPI was able to award 139 grants to PSUs from each of the eight State Board of Education (SBE) Regions. Grant awards were distributed to 67 LEAs, 70 Charter schools, and 2 Lab schools. The following chart outlines the grant distribution by region (please refer to Appendix A for a detailed map of SBE regions):



The table below provides a detailed list of the awarded PSUs, their region, and the amount of funding they each received:

Feminine Hygiene Products Grant Awardees				
	Public School Unit (PSU)	PSU Type	BOE Region	Grant Amount
1	ACE Academy - 13C	Charter	Southwest - 6	\$ 2,000.00
2	Aggie Academy - 41Z	Lab School	Piedmont Triad - 5	\$ 3,000.00
3	ALA Charlotte - 60N	Charter	Southwest - 6	\$ 1,500.00
4	ALA Johnston - 51C	Charter	Southeast - 2	\$ 2,500.00
5	ALA Monroe - 90G	Charter	Southwest - 6	\$ 2,500.00
6	Alamance-Burlington Schools - 010	LEA	Piedmont Triad - 5	\$ 5,000.00
7	Alexander County Schools - 020	LEA	Northwest - 7	\$ 5,000.00
8	Alleghany County Schools - 030	LEA	Northwest - 7	\$ 1,500.00
9	Alpha Academy - 26B	Charter	Sandhills - 4	\$ 5,000.00
10	American Leadership Academy-Coastal - 65F	Charter	Southeast - 2	\$ 2,500.00
11	American Renaissance School - 49B	Charter	Southwest - 6	\$ 2,500.00
12	Asheville City Schools - 111	LEA	Western - 8	\$ 5,000.00
13	Bear Grass Charter School - 58B	Charter	Northeast - 1	\$ 2,500.00
14	Bertie County Schools - 080	LEA	Northeast - 1	\$ 2,500.00
15	Bethany Community School - 79A	Charter	Piedmont Triad - 5	\$ 5,000.00
16	Bonnie Cone Classical Academy - 61V	Charter	Southwest - 6	\$ 2,500.00

17	Bonnie Cone Leadership Academy - 62M	Charter	Southwest - 6	\$ 5,000.00
18	Brevard Academy - 88A	Charter	Western - 8	\$ 500.00
19	Buncombe County Schools - 110	LEA	Western - 8	\$ 5,000.00
20	Burke County Schools - 120	LEA	Northwest - 7	\$ 5,000.00
21	Caldwell County Schools - 140	LEA	Northwest - 7	\$ 5,000.00
22	Cape Fear Center for Inquiry - 65A	Charter	Southeast - 2	\$ 5,000.00
23	Cardinal Charter - 92W	Charter	North Central - 3	\$ 5,000.00
24	Carter G Woodson School - 34D	Charter	Piedmont Triad - 5	\$ 2,500.00
25	Carteret County Public Schools - 160	LEA	Southeast - 2	\$ 5,000.00
26	Caswell County Schools - 170	LEA	Piedmont Triad - 5	\$ 5,000.00
27	Catawba County Schools - 180	LEA	Northwest - 7	\$ 5,000.00
28	Central Carolina Academy - 53D	Charter	North Central - 3	\$ 300.00
29	Central Park School For Children - 32K	Charter	North Central - 3	\$ 1,000.00
30	Central Wake Charter High School - 93L	Charter	North Central - 3	\$ 5,000.00
31	Charlotte Lab School - 61M	Lab School	Southwest - 6	\$ 5,000.00
32	Charlotte Secondary School - 60K	Charter	Southwest - 6	\$ 500.00
33	Charlotte-Mecklenburg Schools - 600	LEA	Southwest - 6	\$ 5,000.00
34	Chatham Charter - 19A	Charter	Northeast - 1	\$ 500.00
35	Cherokee County Schools - 200	LEA	Western - 8	\$ 5,000.00
36	Classical Charter Schools of Leland - 10A	Charter	Southeast - 2	\$ 3,500.00
37	Classical Charter Schools of Southport - 10B	Charter	Southeast - 2	\$ 1,200.00
38	Classical Charter Schools of Whiteville - 24N	Charter	Sandhills - 4	\$ 2,000.00
39	Classical Charter Schools of Wilmington - 65C	Charter	Southeast - 2	\$ 1,000.00
40	Clay County Schools - 220	LEA	Western - 8	\$ 5,000.00
41	Cleveland County Schools - 230	LEA	Southwest - 6	\$ 3,500.00
42	Columbus County Schools - 240	LEA	Sandhills - 4	\$ 1,800.00
43	Commonwealth High School - 60U	Charter	Southwest - 6	\$ 5,000.00
44	Community Public Charter - 36G	Charter	Southwest - 6	\$ 3,000.00
45	Community School of Davidson - 60I	Charter	Southwest - 6	\$ 3,500.00
46	Corvian Community School - 60M	Charter	Southwest - 6	\$ 2,500.00
47	Craven County Board of Education - 250	LEA	Southeast - 2	\$ 5,000.00
48	Cumberland County Schools - 260	LEA	Sandhills - 4	\$ 5,000.00
49	Currituck County Schools - 270	LEA	Northeast - 1	\$ 5,000.00
50	Davidson County Schools - 290	LEA	Piedmont Triad - 5	\$ 5,000.00
51	Davie County Schools - 300	LEA	Piedmont Triad - 5	\$ 5,000.00
52	Discovery Charter School - 32T	Charter	North Central - 3	\$ 5,000.00
53	Duplin County Schools - 310	LEA	Southeast - 2	\$ 5,000.00
54	Durham Charter School - 32B	Charter	North Central - 3	\$ 5,000.00
55	Durham Public Schools - 320	LEA	North Central - 3	\$ 5,000.00
56	East Voyager Academy - 61W	Charter	Southwest - 6	\$ 2,500.00
57	Edgecombe County Public Schools - 330	LEA	North Central - 3	\$ 5,000.00
58	Elizabeth City-Pasquotank Public Schools - 700	LEA	Northeast - 1	\$ 5,000.00
59	Emereau: Bladen - 09B	Charter	Sandhills - 4	\$ 450.00
60	Endeavor Charter - 92S	Charter	North Central - 3	\$ 3,500.00
61	Falls Lake Academy - 39A	Charter	North Central - 3	\$ 5,000.00

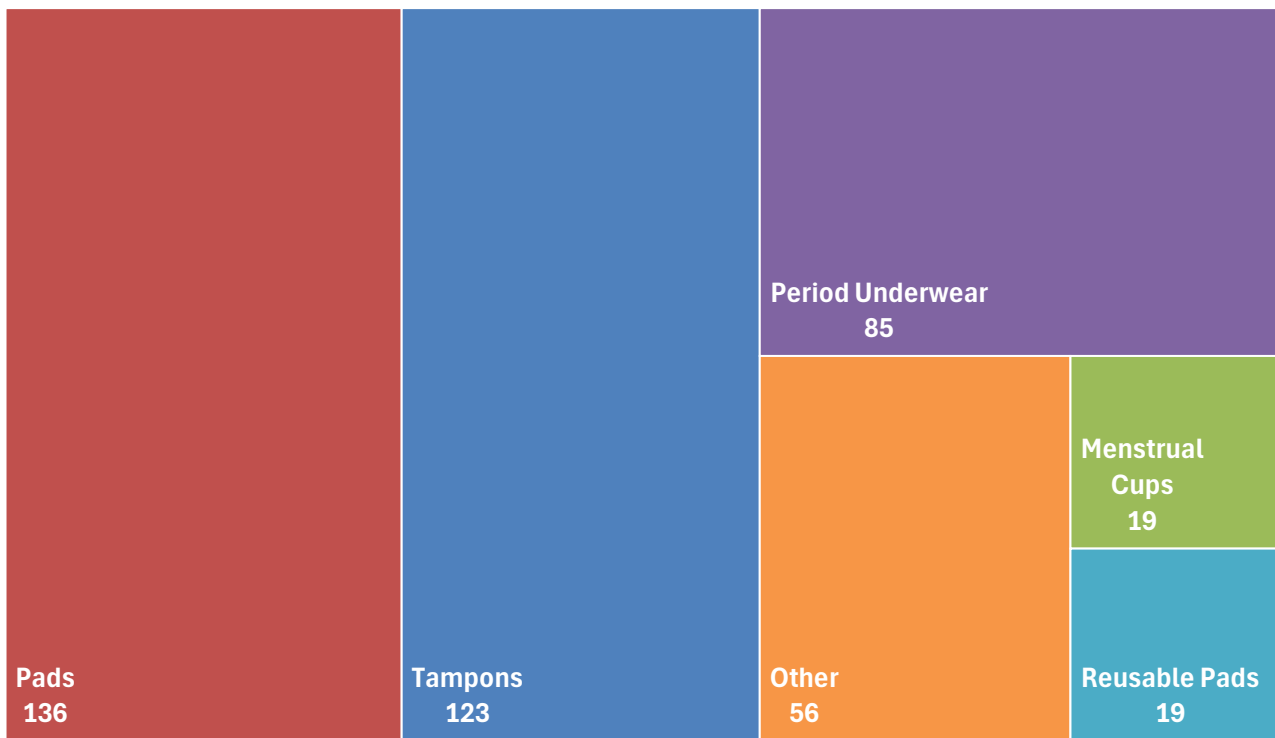
62	FernLeaf Community Charter School - 45B	Charter	Western - 8	\$ 2,000.00
63	Gaston County Schools - 360	LEA	Southwest - 6	\$ 5,000.00
64	Global Scholars Academy - 32M	Charter	North Central - 3	\$ 2,500.00
65	Graham County Schools - 380	LEA	Western - 8	\$ 5,000.00
66	Guilford County Schools - 410	LEA	Piedmont Triad - 5	\$ 5,000.00
67	Henderson County Schools - 450	LEA	Western - 8	\$ 5,000.00
68	Hertford County Schools - 460	LEA	Northeast - 1	\$ 5,000.00
69	Hickory City Schools - 181	LEA	Northwest - 7	\$ 2,000.00
70	Jackson County Public Schools - 500	LEA	Western - 8	\$ 5,000.00
71	Jones County Schools - 520	LEA	Southeast - 2	\$ 5,000.00
72	Kannapolis City Schools - 132	LEA	Southwest - 6	\$ 5,000.00
73	KIPP Gaston College Preparatory - 66A	Charter	Northeast - 1	\$ 2,500.00
74	Langtree Charter Academy - 49F	Charter	Southwest - 6	\$ 1,000.00
75	Lenoir County Public Schools - 540	LEA	Southeast - 2	\$ 5,000.00
76	Lexington City Schools - 291	LEA	Piedmont Triad - 5	\$ 4,000.00
77	Lincoln Charter School - 55A	Charter	Southwest - 6	\$ 5,000.00
78	Lincoln County Schools - 550	LEA	Southwest - 6	\$ 3,000.00
79	Macon County Schools - 560	LEA	Western - 8	\$ 3,000.00
80	Maureen Joy Charter - 32A	Charter	North Central - 3	\$ 5,000.00
81	McDowell County Schools - 590	LEA	Northwest - 7	\$ 2,500.00
82	Montgomery County Schools - 620	LEA	Sandhills - 4	\$ 1,500.00
83	Moore County Schools - 630	LEA	Sandhills - 4	\$ 5,000.00
84	Mountain Island Charter - 36C	Charter	Southwest - 6	\$ 2,500.00
85	Next Generation Academy - 41M	Charter	Piedmont Triad - 5	\$ 2,500.00
86	North Carolina Cyber Academy - 00A	Charter	North Central - 3	\$ 3,000.00
87	Northampton County Schools - 660	LEA	Northeast - 1	\$ 5,000.00
88	Onslow County Schools - 670	LEA	Southeast - 2	\$ 5,000.00
89	Orange County Schools - 680	LEA	North Central - 3	\$ 5,000.00
90	Pamlico County Schools - 690	LEA	Southeast - 2	\$ 5,000.00
91	Perquimans County Schools - 720	LEA	Northeast - 1	\$ 5,000.00
92	Person County Schools - 730	LEA	North Central - 3	\$ 4,600.00
93	Pine Lake Preparatory - 49E	Charter	Southwest - 6	\$ 5,000.00
94	Pioneer Springs Community School - 60Y	Charter	Southwest - 6	\$ 1,500.00
95	Pitt County Schools - 740	LEA	Northeast - 1	\$ 3,000.00
96	Pocosin Innovative Charter - 94A	Charter	Northeast - 1	\$ 500.00
97	Polk County Schools - 750	LEA	Western - 8	\$ 2,500.00
98	Quality Education Academy - 34B	Charter	Piedmont Triad - 5	\$ 3,500.00
99	Research Triangle High School - 32N	Charter	North Central - 3	\$ 500.00
100	Revolution Academy - 41Q	Charter	Piedmont Triad - 5	\$ 1,000.00
101	Richmond County Schools - 770	LEA	Sandhills - 4	\$ 2,000.00
102	Rising Leaders Academy - 53C	Charter	North Central - 3	\$ 5,000.00
103	River Mill Academy - 01B	Charter	Piedmont Triad - 5	\$ 100.00
104	Riverside Leadership Academy - 25A	Charter	Southeast - 2	\$ 5,000.00
105	Rowan-Salisbury Schools - 800	LEA	Southwest - 6	\$ 4,500.00
106	Rutherford County Schools - 810	LEA	Western - 8	\$ 5,000.00

107	Sampson County Schools - 820	LEA	Sandhills - 4	\$ 5,000.00
108	Socrates Academy - 60J	Charter	Southwest - 6	\$ 500.00
109	Steele Creek Preparatory Academy - 61Y	Charter	Southwest - 6	\$ 5,000.00
110	Stewart Creek High School - 61L	Charter	Southwest - 6	\$ 5,000.00
111	Stokes County Schools - 850	LEA	Piedmont Triad - 5	\$ 5,000.00
112	Surry County Schools - 860	LEA	Piedmont Triad - 5	\$ 5,000.00
113	Swain County Schools - 870	LEA	Western - 8	\$ 1,500.00
114	The Capitol Encore Academy - 26C	Charter	Sandhills - 4	\$ 5,000.00
115	The Expedition School - 68C	Charter	North Central - 3	\$ 1,500.00
116	The Hawbridge School - 01D	Charter	Piedmont Triad - 5	\$ 3,000.00
117	The New Dimensions School - 12A	Charter	Northwest - 7	\$ 2,000.00
118	Thomas Jefferson Classical Academy - 81A	Charter	Western - 8	\$ 5,000.00
119	Thomasville City Schools - 292	LEA	Piedmont Triad - 5	\$ 5,000.00
120	Tiller School - 16B	Charter	Southeast - 2	\$ 1,100.00
121	Transylvania County Schools - 880	LEA	Western - 8	\$ 5,000.00
122	Triad Math and Science Academy - 41F	Charter	Piedmont Triad - 5	\$ 3,000.00
123	Triangle Math and Science Academy - 92T	Charter	North Central - 3	\$ 4,000.00
124	Union Academy Charter School - 90A	Charter	Southwest - 6	\$ 5,000.00
125	Uwharrie Charter Academy - 76A	Charter	Piedmont Triad - 5	\$ 4,800.00
126	Voyager Academy - 32L	Charter	North Central - 3	\$ 1,000.00
127	Wake County Schools - 920	LEA	North Central - 3	\$ 5,000.00
128	Wake Preparatory Academy - 35C	Charter	North Central - 3	\$ 2,500.00
129	Warren County Schools - 930	LEA	North Central - 3	\$ 3,600.00
130	Washington County Schools - 940	LEA	Northeast - 1	\$ 5,000.00
131	Washington Montessori - 07A	Charter	Northeast - 1	\$ 1,000.00
132	Wayne Preparatory - 96F	Charter	Southeast - 2	\$ 550.00
133	Weldon City Schools - 422	LEA	Northeast - 1	\$ 5,000.00
134	Whiteville City Schools - 241	LEA	Sandhills - 4	\$ 5,000.00
135	Wilkes County Schools - 970	LEA	Northwest - 7	\$ 5,000.00
136	Wilson County Schools - 980	LEA	North Central - 3	\$ 2,500.00
137	Winston Salem / Forsyth County Schools - 340	LEA	Piedmont Triad - 5	\$ 5,000.00
138	Woods Charter School - 19B	Charter	North Central - 3	\$ 2,500.00
139	Yadkin County Schools - 990	LEA	Piedmont Triad - 5	\$ 5,000.00

PRODUCTS PURCHASED

The PSU grantees indicated that they would use the funding to purchase basic feminine hygiene products, including tampons, pads, menstrual cups, reusable pads, and period underwear. Many grantees indicated that in addition to purchasing these menstrual collection products they would purchase other much needed hygiene products including panty liners, feminine hygiene wipes, period hygiene kits containing products, extra underwear and clothes/leggings for accidents, deodorants and soaps, puberty and menstruation education materials, product dispensers and receptacles, and reusable heating patches for menstrual pain. The following chart outlines which products PSUs said that they would purchase:

Number of PSUs Purchasing Each Product Type



IMPACT ON STUDENT HEALTH AND WELL-BEING

Responses to the grant application demonstrated a great need for feminine hygiene products to be available in school, as school may be the only place some students have access to these products. Most grantees noted that access to supplies greatly improves attendance and academic outcomes. Grant recipients noted that the funding would help cover costs the district and/or staff and teachers incur to purchase feminine hygiene products; to alleviate reliance on and to supplement community-based donations; to expand or implement PSU budget for supplies to better meet student needs; and to ensure that all students feel safe, comfortable, and able to learn at school.

Grantees in Western North Carolina noted that many students lost consistent or reliable access to hygiene supplies due to the impact of Hurricane Helene. Many grantees noted that a lack of access to feminine hygiene products resulted in embarrassment, anxiety, and negative mental and/or emotional health outcomes for students. The majority of grantees indicated that the funding would support students and families in their school community living below the poverty line or in rural or low-income areas. For these students and families, feminine hygiene products are an expense they cannot afford and therefore must rely on their school to provide these products.

“JPCS serves approximately 3,600 students in our rural district. Many of our students were impacted by Hurricane Helene and accessing basic needs has been challenging. Having consistent access to feminine hygiene products will allow many students to remain in class and in school more consistently without disruption and will eliminate one more stressor from their lives.

-Jackson County Public Schools

Several grantees also noted the stigma, shame, anxiety, and embarrassment students experience surrounding menstruation because they do not have access to supplies and therefore are absent from

“This grant will provide necessary items to students and reduce the stigma and embarrassment often associated with menstruation and puberty. Allowing students to have access to hygiene products will increase their attendance as they will not have to stay home with menstruation-related issues. Access to proper feminine hygiene products can help prevent health issues related to poor menstrual hygiene. This grant will also help alleviate the financial burden on families by providing the resources needed to manage their menstrual health effectively.”

-Tiller School

school during their cycles. Most grantees also noted that the reliability of access to hygiene products in school would help students stay in school when they are menstruating and would alleviate negative mental health outcomes. Other grantees highlighted that having products on hand at school will better support younger students who start their period at school or may not have regular cycles yet. Grantees also noted that the funding will help support menstrual health education and hygiene. In addition, grantees commented on the impact the grant would have on students to maintain good hygiene and reduce the number of unnecessary infections from lack of access

to feminine hygiene products. The following summary points outline in greater specificity awardee comments on how the grant would impact student health and well-being:

- Alleviate financial hardship for both schools, educators, and students.
- Give districts, schools, and teachers the ability to genuinely meet the needs of students when it comes to availability of hygiene products in school.
- Provide much needed support for families and communities that already rely on schools to provide feminine hygiene products to students.
- Support the most vulnerable students, including those experiencing homelessness and poverty and those living in low-resource areas.
- Decrease instances of multiple absences and continue to support students and families who continue to be impacted by the pandemic.
- Increase educational opportunities and academic growth because students can stay in school when they are menstruating.
- Remove stigma, anxiety, and embarrassment related to menstruation and period poverty.
- Improve student mental health, including reducing anxiety and stress when students do not have needed supplies.
- Increase awareness and education on the importance of maintaining good feminine hygiene practices, and reduce instances of poor feminine hygiene and health risks, such as infections.

“We have over 900 students experiencing homelessness, most of whom are females Some are in hotels, motels, cars, and doubled up. In addition, we have one of the highest numbers of foster care students in NC as well as students in poverty. These products will help reduce absenteeism brought about by not having period products, will enhance confidence and self-esteem of our girls as early as 5th grade who are menstruating and will reduce the financial cost to schools and the district.”

- Cumberland County Schools

- Address needs of younger elementary students who are starting their periods and may not yet understand the changes occurring in their bodies or have hygiene products with them at school.

A complete list of grantee application responses on the impacts of student health and well-being by PSU, as well as additional information on their funding resources for hygiene products prior to receipt of the grant can be found in Appendix B.

“Access to feminine hygiene products in public schools reduces anxiety and stress, allowing students to focus on their studies instead of worrying about menstrual issues. This access can improve attendance and foster a supportive environment, enhancing self-esteem and a sense of belonging. Additionally, it encourages open dialogue about menstrual health, reducing stigma and empowering students.”

-Pitt County Schools

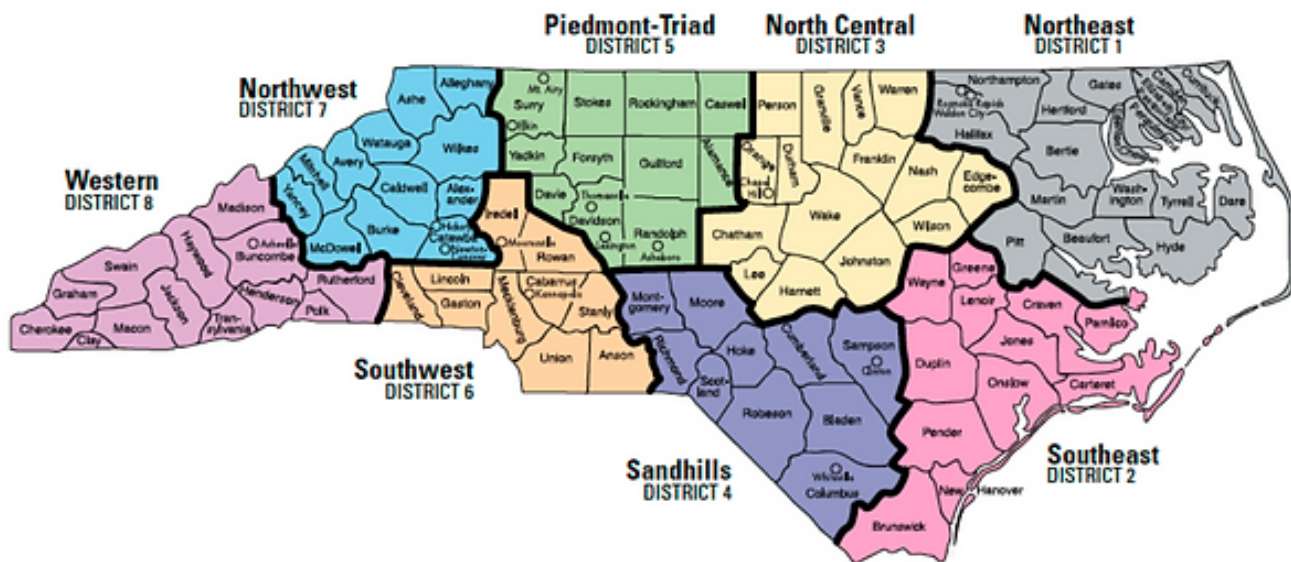
CONCLUSION AND RECCOMENDATIONS

Based on the application responses and needs of the districts, the Feminine Hygiene Products Grant Program provided much needed support for PSUs, staff and teachers, students, families, and communities. As many grantees indicated, there is a direct link between student academic success, attendance, and the provision of hygiene products in school. When students know that they can access hygiene products at school and do not experience anxiety and fear of not knowing when or where they will have the products they need, they are able to learn better and are more likely to stay in and come to school during their periods. The grant program has not only helped students stay in school during their menstrual cycles but also has helped provide educational opportunities for maintaining good hygiene to increase knowledge and understating of menstruation and reduce instances of infections. The grant program has helped to support PSUs and students by removing financial barriers to products; decreasing stigma, anxiety, and embarrassment due to lack of access to products, and ensuring health and well-being is maintained so that students can continue their academic growth.

The DPI receives inquiries about the Feminine Hygiene Products Grant Program throughout the year, including inquiries on applying for funding and when or if funding might be available at multiple points during the school year. Since the program’s inception, applicants and awardees continue to note the great need for the availability of menstrual supplies in schools, the positive impact on attendance and student well-being access to supplies can have, and the alleviation of financial burden on teachers and educators. The additional funding in FY 2025 has allowed us to fund more PSUs than ever before. Even with the increase in funding, NCDPI is still only able to cover a portion of the funding requests received for the grant. Continued expansion of the program would allow DPI to provide more PSUs across the state with grants for feminine hygiene products. It is rare that there is a solution so tangible with widespread impacts on student attendance and health and well-being as the Feminine Hygiene Products Grant Program. An increase in the program funding could have the potential to make statewide impacts on chronic absenteeism, academic success and outcomes, and the overall mental and physical health of students across North Carolina.

APPENDIX A

North Carolina State Board of Education Districts



Appendix B

Educational Region	PSU Name	PSU Type	Funding Amount	Products to be purchased with funding, including tampons, pads, menstrual cups, period underwear, and reusable pads	Other products to be purchased with funding	Brief description (1-3 sentences) of how this grant will impact the health and well-being of students in your district.	How much do you spend annually on feminine hygiene products for your school district?
Southwest - 6	ACE Academy - 13C	Charter	2000	Tampons,Pads,Menstrual Cups,Period Underwear		This grant would help and ensure our scholars have the supplies they need during their menstrual cycle. Additionally, as a title 1 school many families do not have the financial means to be able to supply consistent feminine products.	\$2,000
Piedmont Triad - 5	Aggie Academy - 41Z	Lab School	3000	Pads,Period Underwear,Other (Please describe.)	Wipes, and Leggings (incase of accident)	This grant will help with improving hygiene and health by having access to menstrul supplies, such as pads and wipes to help students maintain proper hygiene during their menstrual cycles. This reduces the risk of infections and other health-related issues associated with inadequate menstrual care. Also this will increase school attendance because students who lack access to menstrual supplies may miss school due to their periods due to discomfort or embarrassment. By providing these supplies, schools can help ensure that students stay in class, leading to better academic performance and continuity in learning.	2500
Southwest - 6	ALA Charlotte - 60N	Charter	1500	Tampons,Pads,Menstrual Cups,Reusable Pads,Other (Please describe.)	underwear, flushable hygiene wipes, deodorant, body wash	This Feminine Hygiene Grant will provide students in our district with reliable access to essential hygiene and menstrual products, enhancing their health, confidence, and ability to fully engage in school activities. By reducing the challenges and stigma of inadequate hygiene resources, this grant will contribute to improved attendance, concentration, and overall student well-being. It will support our overall mission to foster a more inclusive and supportive educational environment for all students.	0
Southeast - 2	ALA Johnston - 51C	Charter	2500	Tampons,Menstrual Cups,Period Underwear		Students must be healthy to be educated and educated to be healthy. Our goal is to keep our students in school to give them the best education.	Unknown
Southwest - 6	ALA Monroe - 90G	Charter	2500	Tampons,Pads,Menstrual Cups,Reusable Pads,Other (Please describe.)	underwear, flushable hygiene wipes, deodorant, body wash	This Feminine Hygiene Grant will provide students in our district with reliable access to essential hygiene and menstrual products, enhancing their health, confidence, and ability to fully engage in school activities. By reducing the challenges and stigma of inadequate hygiene resources, this grant will contribute to improved attendance, concentration, and overall student well-being. It will support our overall mission to foster a more inclusive and supportive educational environment for all students.	0
Piedmont Triad - 5	Alamance-Burlington Schools - 010	LEA	5000	Tampons,Pads,Period Underwear		Alamance Co is considered a Tier 2 County by the Commerce Division. Our social economic status continues to trend downward through this tier, with a significant increase in number of schools being considered Title I in our district. This funding will help our upper elementary students, middle school students as well as high school student know they have the supplies needed as they mature at various ages, but they are attempting to stay in school to learn.	Counting on county resources, we spend in excess of \$5,000 yearly. However, as with most schools, many teachers and staff are paying for supplies out of their pocket as well, which cannot document.
Northwest - 7	Alexander County Schools - 020	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Adult diapers and wipes for females students with Severe/profound disabilities	In addition to the traditional students this grant benefits, we realized a portion of our student population was also in need - exceptional children students with severe disabilities. Female students who may or may not be able to use a toilet, also need supplies during menses. By expanding our purchases to include adult diapers and/or other adaptive feminine supply materials.	\$5,000+
Northwest - 7	Alleghany County Schools - 030	LEA	1500	Tampons,Pads		A feminine health grant will improve student well-being by providing access to menstrual products, reducing absenteeism, and supporting equitable learning environments. It will also promote health education, reduce stigma, and alleviate stress, leading to better academic and emotional outcomes for students.	1500
Sandhills - 4	Alpha Academy - 26B	Charter	5000	Pads,Period Underwear,Other (Please describe.)	Disposable Mesh panties, Feminine wipes-Individual packs	We have students that are economically disadvantaged, and at times, their families cannot afford feminine hygiene products. Those students also miss school due to this. Being able to provide products to the students will not only help them financially, it will also reduce absenteeism, and promote self confidence and well being.	\$2,500.00

Southeast - 2	American Leadership Academy-Coastal - 65F	Charter	2500	Tampons,Pads,Menstrual Cups,Reusable Pads,Other (Please describe.)	underwear, flushable hygiene wipes, deodorant, body wash	This Feminine Hygiene Grant will provide students in our district with reliable access to essential hygiene and menstrual products, enhancing their health, confidence, and ability to fully engage in school activities. By reducing the challenges and stigma of inadequate hygiene resources, this grant will contribute to improved attendance, concentration, and overall student well-being. It will support our overall mission to foster a more inclusive and supportive educational environment for all students.	0
Southwest - 6	American Renaissance School - 49B	Charter	2500	Tampons,Pads,Period Underwear		Feminine hygiene products are essential items for female health and well-being. By offering these products, the school is allowing students to stay safe and comfortable allowing them to focus on their education without unnecessary distraction. Additionally, providing feminine hygiene products promotes inclusivity and shows that the school values the needs of all students, regardless of gender.	5000
Western - 8	Asheville City Schools - 111	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Cleaning kits(washcloth,soap,drying towels.) leggings	Our goal is to keep our students in school in a safe and worry free environment. Young students may not know when they are going to start their period and are unprepared. We would like to assist these students with ability to not be embarrassed and stay in school. Our goal is to have kits made up of soap, washcloths, drying towel,underwear, pads,or tampons and a pair of leggings if needed.	550.00 app
Northeast - 1	Bear Grass Charter School - 58B	Charter	2500	Tampons,Pads,Other (Please describe.)	Hygiene wipes	We are located in a poverty area and many students do not have the daily supplies needed from home. Our school on a daily basis passes out tampons and pads which over the year become costly to our small school and that is without hygiene wipes which we would like to purchase for the kids as well.	2000
Northeast - 1	Bertie County Schools - 080	LEA	2500	Pads		This feminine hygiene grant will significantly improve the health and well-being of students in Bertie County by providing essential hygiene products to those in need, ensuring they can attend school with confidence and without interruption. By addressing this critical need, the grant will help reduce absenteeism, promote self-esteem, and support overall student success.	\$2,000
Piedmont Triad - 5	Bethany Community School - 79A	Charter	5000	Tampons,Pads		Bethany Community School is located in a rural area in Rockingham County our students come from varying backgrounds some of which are of the middle to lower income. Having these products is extremely beneficial for our female population. According to our staff, we have several students coming in daily to request these items due to "not having" them at home.	3500
Southwest - 6	Bonnie Cone Classical Academy - 61V	Charter	2500	Pads,Period Underwear,Other (Please describe.)	feminine hygiene wipes, underwear, period packs	This campus is K-6 many young girls are not prepared to the first day they start. This will allow us to provide a small hygiene packet for the start of their cycle. As well as provide supplies as needed.	\$1000 there is not a huge supply as this may not be considered an important line item due to the K-6 population
Southwest - 6	Bonnie Cone Leadership Academy - 62M	Charter	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	feminine cleansing wipes, underwear	We have a students from different economic statuses as well as cultures. Students do not always bring products to school to change throughout the day. This will allow the health office to support students in need more effectively	\$1000- \$1500 across 2 campuses used sparingly
Western - 8	Brevard Academy - 88A	Charter	500	Tampons,Pads		Many student families do not have sufficient income to provide these products to their students adequately. Many students rely on having products at school. Situations have become even more challenging in the aftermath of Hurricane Helene in our area. This grant will relieve some of the financial burden of having to provide these essential items.	250
Western - 8	Buncombe County Schools - 110	LEA	5000	Tampons,Pads,Period Underwear		This will allow us to have feminine products at each of the 45 schools with our district. Now, especially after we were hit so hard from the hurricane, being able to provide these supplies is so important.	0
Northwest - 7	Burke County Schools - 120	LEA	5000	Tampons,Pads		Our female students will have access to feminine hygiene products in the restroom and in the guidance office. This will alleviate our students from the embarrassment of having to ask for supplies providing peace of mind for our students. The availability of products will also lower anxiety and stress levels.	Last year our district spent \$4,706.43

Northwest - 7	Caldwell County Schools - 140	LEA	5000	Tampons,Pads		This grant will support the North Carolina Department of Health and Human Services' priority goals of promoting whole-person health and advancing health equity. By providing access to pads and tampons, the program will help reduce absenteeism and barriers to education for students, fostering a healthier, more equitable learning environment. This initiative aligns with efforts to improve the well-being of students, ensuring their basic needs are met so they can thrive academically and socially.	\$7,500
Southeast - 2	Cape Fear Center for Inquiry - 65A	Charter	5000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads,Other (Please describe.)	Supplemental feminine hygiene products for educational purposes	This grant will give students access to essential hygiene products, reducing absenteeism due to lack of supplies. It will promote health and well-being, creating a more supportive and inclusive learning environment. Additionally, it empowers students by addressing a basic need, allowing them to focus on their education without unnecessary distractions.	\$2,500
North Central - 3	Cardinal Charter - 92W	Charter	5000	Other (Please describe.)	feminine wipes	This grant has the ability to provide feminine hygiene products for all our females during their periods. This is a huge relief to our students. They know that they will not have to choose between a meal and feminine products at the store.	200
Piedmont Triad - 5	Carter G Woodson School - 34D	Charter	2500	Tampons,Pads,Other (Please describe.)	By providing free feminine hygiene products such as pads, tampons, liners, and potentially other items like deodorant or sanitary wipes, the school can ensure that students have reliable access to these essentials.	<p>The Feminine Hygiene Products Grant will benefit the students at Carter G. Woodson School by addressing an essential health and wellness need that directly impacts students' ability to focus on learning and remain engaged in school activities. Many students, especially those from low-income households, may face barriers to accessing necessary hygiene products, which can lead to increased absenteeism, lower self-esteem, and discomfort during the school day. This support will help eliminate any feelings of embarrassment or stigma, enabling students to focus more on their education and participate fully in school activities. Additionally, it fosters a supportive and inclusive environment by addressing the personal needs of students, which can contribute to improved attendance, academic performance, and overall well-being. The Feminine Hygiene Products Grant will have a positive impact on the students at Carter G. Woodson School in several key ways:</p> <p>Promoting Health and Hygiene: The grant will ensure that students have access to essential feminine hygiene products, such as pads, tampons, and liners, which are necessary for maintaining personal hygiene. This will help reduce the risk of infections and other health issues that can arise from using improper substitutes or not changing products regularly.</p> <p>Improving Attendance and Participation: Many students may avoid attending school or participating in extracurricular activities due to lack of access to these products. By providing them for free, the grant will help reduce absenteeism and increase student participation, allowing them to focus on their education without feeling self-conscious or uncomfortable.</p>	<p>The average annual cost of feminine hygiene products for the school varies between \$1,500 and \$2,000. The reason for requesting additional funds is to expand the support beyond basic sanitary items like pads and tampons. With additional funding, we aim to provide other essential feminine products such as: Panty liners: To cater to various needs and preferences for everyday protection. Feminine wipes: For maintaining cleanliness and comfort throughout the day. Menstrual cups: As a sustainable option for students interested in long-term usage. Heating pads: To help alleviate menstrual cramps and discomfort. Personal care items: Such as deodorants and soaps to promote overall hygiene. This holistic approach would enhance our ability to support students' well-being and ensure they have access to a variety of products that suit their individual needs, promoting both health and confidence.</p>
Southeast - 2	Carerter County Public Schools - 160	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	black leggings, regular underwear	This will help the school nursing staff to provide for the MS and HS girls feminine health needs. Our district has many families that are impoverished and in need of help. No student should have to go without the appropriate care for menstrual cycle.	We rely heavily on donations from the public.
Piedmont Triad - 5	Caswell County Schools - 170	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Period Bags- Hygiene wipes	Some students in our county (Caswell) do not have the means/access to obtain the needed personal hygiene items on a monthly basis, therefore they rely on coming to the school nurse for these. I have also witnessed students trying to borrow needed supplies from friends at the school setting. At the elementary level, it is nice to be able to give a first timer a period bag for them to keep in their bookbag and come to nurse for resupply as needed without feeling any shame or embarrassment. This then turns into a teachable moment to explain menstruation and body hygiene.	The only time we have ever been able to supply students with needed hygiene items for menstruation is when we were obtained your grant funds years ago. Typically we spend zero (0 \$) dollars out of our budget to purchase needed items.

Northwest - 7	Catawba County Schools - 180	LEA	5000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads,Other (Please describe.)	Regular new underwear of various sizes due to soiling or accidents. Wipes or Baby Wipes for cleansing when needed. Period kits for students to keep in lockers or backpack in case of emergencies. Warm/Hot disposable packs for abdominal cramps related to menses. Dispenser's for rest rooms.	St. Stephen's High School has the biggest & most diverse population in our county. The entire school receives free breakfast & lunch. Better hygiene leads to better health, leading to better learning, better confidence & a brighter future.	The school does not have a budget or funding for this. SSHS relies on donations or staff to provide feminine hygiene products.
North Central - 3	Central Carolina Academy - 53D	Charter	300	Tampons,Pads		The grant will take the burden off the staff and parents from purchasing and donating hygiene products. That money could be used elsewhere to provide for the students.	600
North Central - 3	Central Park School For Children - 32K	Charter	1000	Tampons,Pads,Period Underwear,Other (Please describe.)	underwear	This grant money will allow us to stock our bathrooms and the health office with free menstrual products, like tampons and pads, removing the financial burden from the students and their families. Having a supply of clean underwear will be helpful if students bleed through theirs, preventing them from having to leave school to change and reducing time out of school. The period underwear will be a blessing for some girls who live on a fixed budget and cannot afford menstrual products.	\$500 plus donations from families
North Central - 3	Central Wake Charter High School - 93L	Charter	5000	Tampons,Pads		As an at-risk, low-income high school campus, many of our students do not have adequate access to necessary feminine hygiene products outside of the school building. These students heavily rely on the products available at school, but funding is limited and often times the campus runs out of products leaving students in need. This grant will ensure the campus is able to provide our female students with hygienic supplies to reduce unnecessary stress and worry impacting the learning environment.	1000
Southwest - 6	Charlotte Lab School - 61M	Lab School	5000	Pads,Period Underwear,Reusable Pads,Other (Please describe.)	feminine wipes, underwear	The students at the Title 1 Charlotte Lab School would be honored to accept the grant for feminine hygiene products. Many of our families have a lot of needs that precedent these types of things and they go over looked and are put on us for support. These are essential to the students growth in becoming young adults and it would be very helpful to have them on hand for student to have one less thing to stress over knowing we can support them in those needs as they come.	500
Southwest - 6	Charlotte Secondary School - 60K	Charter	500	Tampons,Pads,Period Underwear,Other (Please describe.)	New Packaged underwear; Body wash; washcloths	This grant will help our school provide for female students who have accidents at school and need to change. Some run out of items at school, forget them, or sometimes just can't afford them.	500
Southwest - 6	Charlotte-Mecklenburg Schools - 600	LEA	5000	Pads,Period Underwear,Other (Please describe.)	Period Kits	The implementation of this feminine hygiene grant is poised to greatly enhance the health and well-being of students within our district by ensuring that menstrual products are easily accessible to those who may face financial barriers. This initiative will enable students to attend school consistently during their menstrual cycles, thereby minimizing disruptions to their education. Furthermore, it will foster improved hygiene practices and help to mitigate the stress and stigma often linked to menstruation.	\$5000.00-\$7000.00
Northeast - 1	Chatham Charter - 19A	Charter	500	Tampons,Pads,Period Underwear		The Feminine Hygiene Products grant will give students access to products they need during their menstruation cycle. It would allow students to be clean and hygienic that may not have the resources they need at home. Which would improve the overall well being of the student.	\$250
Western - 8	Cherokee County Schools - 200	LEA	5000	Tampons,Pads		This grant will promote the health and well-being of our female students. We live in a poor socio-economic environment which makes purchase of feminine hygiene products difficult for many of our families. The grant will help alleviate some of the financial strain for our students and their families.	500
Southeast - 2	Classical Charter Schools of Leland - 10A	Charter	3500	Tampons,Pads,Period Underwear,Reusable Pads		Students at CCS-Leland do not have access to materials during menstruation on a regular basis. As students develop in their day to day life, unexpected events at school could lead to embarrassment that impacts their well being. Our goal would be to educate students on the accessibility at school.	\$2,000

Southeast - 2	Classical Charter Schools of Southport - 10B	Charter	1200	Tampons,Pads,Period Underwear		With the devastation from the recent storms here in SENC, our students' lives have been upturned in the past month. This grant will help provide at least a small peace of mind to the families and students who were affected the most when it comes to ensuring they have some of life's necessities available to them without the burden of cost.	Generally donated, but not on a regular basis.
Sandhills - 4	Classical Charter Schools of Whiteville - 24N	Charter	2000	Tampons,Pads		This grant will positively impact our students' health and well-being by ensuring that they have the proper products to maintain comfort during their menstrual cycles. By providing these products to our students we can minimize embarrassment and give a sense of security to our female students.	\$1,500.00
Southeast - 2	Classical Charter Schools of Wilmington - 65C	Charter	1000	Pads,Period Underwear		As a school with upper elementary, often time our female students are not prepared with items they may need during their cycle.	This is my first year as Principal of this campus. I do not have records of previous amount spent on these items.
Western - 8	Clay County Schools - 220	LEA	5000	Tampons,Pads,Period Underwear		We received this grant two years ago and it made a huge difference with our students. We have heard from so many of our female students how thankful they are for the period stations and some have volunteered to help keep them supplied. Students felt comfortable using the supplies provided in the restrooms. Students no longer have to ask their teachers, friends or office staff for period supplies and this gives them more privacy. We would love to have this grant again to replenish our supply of products in our high school and middle school.	0
Southwest - 6	Cleveland County Schools - 230	LEA	3500	Tampons,Pads		The feminine hygiene grant will impact female students in our district who are unable to purchase products regularly. Many times, students come to the counselor, nurse, or social worker embarrassed because they do not have essential items for good hygiene during their menstrual cycle. This can have a negative impact on the student's self-concept and emotional well-being. There are also negative consequences related to school attendance, attention, and focus in the classroom.	3,000-5,000 dollars per year
Sandhills - 4	Columbus County Schools - 240	LEA	1800	Tampons,Pads		By receiving this grant it would allow us to support our female students throughout the entire district. Columbus County is low income, socially economically deprived area impacted by multiple storms and natural disasters. It would also allow students to remain in school without affecting attendance.	\$1,800
Southwest - 6	Commonwealth High School - 60U	Charter	5000	Tampons,Pads		As an at-risk, low-income high school campus, many of our students do not have adequate access to necessary feminine hygiene products outside of the school building. These students heavily rely on the products available at school, but funding is limited and often times the campus runs out of products leaving students in need. This grant will ensure the campus is able to provide our female students with hygienic supplies to reduce unnecessary stress and worry impacting the learning environment.	1000
Southwest - 6	Community Public Charter - 36G	Charter	3000	Tampons,Pads,Menstrual Cups,Other (Please describe.)	girls underwear, menstrual heat patches	Having supplies available at school for our students because of this grant will give them confidence socially and comfort physically. This confidence and comfort will allow our students to participate in class and not miss out on education by having to stay home or be sent home. Carrying supplies at school by way of this grant will also open doors for communication on the importance of reproductive health which is critical for our young people.	Although pads have been donated to our young school in the past, we have not been able to budget supplies for our students.
Southwest - 6	Community School of Davidson - 60I	Charter	3500	Tampons,Pads,Period Underwear		Receiving this grant will enable our school to provide free feminine hygiene products to students in need, ensuring access to essential health items. This will promote students' physical health, reduce absenteeism, and contribute to a supportive and equitable learning environment by addressing a critical need with dignity and care.	Approximately \$1000 but we typically run out before the year ends.
Southwest - 6	Corvian Community School - 60M	Charter	2500	Tampons,Pads		We like to provide pads and tampons for our students by leaving them available in all of the bathrooms for students to grab as needed. We have always mostly relied on donations for these items, but it would be great to have funding specifically for this purpose so that we can keep our bathrooms stocked regularly whether donations are coming in or not.	1000

Southeast - 2	Craven County Board of Education - 250	LEA	5000	Tampons,Pads		We have rural areas in our district where feminine hygiene poverty is a serious issue and students come to the school nurse needing these products on a daily basis.	\$2,500
Sandhills - 4	Cumberland County Schools - 260	LEA	5000	Pads,Period Underwear,Other (Please describe.)	Wipes, Underwear	We have over 900 students experiencing homelessness, most of whom are females Some are in hotels, motels, cars, and doubled up. In addition, we have one of the highest numbers of foster care students in NC as well as students in poverty. These products will help reduce absenteeism brought about by not having period products, will enhance confidence and self esteem of our girls as early as 5th grade who are menstruating and will reduce the financial cost to schools and the district.	12,000
Northeast - 1	Currituck County Schools - 270	LEA	5000	Tampons,Pads		This would allow us to provide tampons and pads for the nurses' offices at all schools. It would also allow up to provide a "sample pack" to all 5th grade girls when they have the puberty lesson. The amount below is not accurate to what we would spend except for donations we receive from a community resource. In add	\$1,000
Piedmont Triad - 5	Davidson County Schools - 290	LEA	5000	Tampons,Pads,Period Underwear		With 18,000 students in our district, this grant would provide us with funding to ensure that all of our schools are fully stocked with available feminine products. We receive many donations from community partners for school supplies and clothing, but we do not receive hygiene products. Having these available for our students will help to keep our school climate positive and open so that our students feel safe and comfortable getting what they need from us when not available at home.	Each school currently provides their own funding for these products. With this grant, we would be able to save that cost for them.
Piedmont Triad - 5	Davie County Schools - 300	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	underwear, wipes	We will be able to provide students with supplies during an "emergency" situation at school. We will also be able to provide some hygiene supplies to students that may have difficulty affording these supplies.	\$2,000.00
North Central - 3	Discovery Charter School - 32T	Charter	5000	Tampons,Pads,Menstrual Cups,Other (Please describe.)	We could add dispensers in restrooms, create hygiene kits for students, and providing educational materials on menstrual health.	The Feminine Hygiene Products Grant will provide Discovery Charter School with essential funding to supply free feminine hygiene products, promoting student well-being and improving access to necessary resources for female students. This initiative will help reduce absenteeism, support health equity, and create a more inclusive and supportive learning environment.	8500
Southeast - 2	Duplin County Schools - 310	LEA	5000	Tampons,Pads		Duplin County Schools is committed to providing equitable access to supports and resources necessary for students to achieve at their highest level. This grant will allow us to have products on hand to promote feminine hygiene. Having the ability to provide these basic necessities for students will enable them to focus on their personal learning and growth without worrying from where throughout the school day, these products can be retrieved. Duplin County Schools is eligible for Low-Weath Funding, in fact, 100% of all students are eligible to receive free breakfast and lunch and have done so since 2016.	\$3,000
North Central - 3	Durham Charter School - 32B	Charter	5000	Tampons,Pads		This grant will significantly enhance the health and well-being of students in our district by ensuring access to essential menstrual products. By providing free and discreet supplies, we aim to reduce stigma and absenteeism related to menstruation, allowing students to attend school regularly without the stress of inadequate resources. Ultimately, it encourages better educational outcomes by ensuring that all students can focus on their studies without interruption.	500
North Central - 3	Durham Public Schools - 320	LEA	5000	Tampons,Pads		This grant will ensure that all students in Durham Public Schools have access to essential feminine hygiene products, reducing barriers to attendance and participation in school activities. By addressing these critical health needs, we support DPS's core belief in creating a safe and equitable learning environment where every student is empowered to reach their full potential. This initiative promotes both physical well-being and confidence, enabling students to focus more on their education and development.	7709

Southwest - 6	East Voyager Academy - 61W	Charter	2500	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads,Other (Please describe.)	feminine wipes, heating pads	This would benefit our students who do not have the means to bring these essential items to school. This would also help the school to be a safe place where they could receive these items that are a basic need. We do not currently have funding for these things in our school.	around 1,500 in previous years, but this number continues to rise as we grow.
North Central - 3	Edgecombe County Public Schools - 330	LEA	5000	Tampons,Pads,Period Underwear		Edgecombe is a low income district and our scholars rely heavily on school feminine products as they are very limited at home.	3000
Northeast - 1	Elizabeth City-Pasquotank Public Schools - 700	LEA	5000	Tampons,Pads		We have a population of students in our district that are low socioeconomic backgrounds. We have students that are working to help support the family and use that income primarily for necessities. We try to always have supplies on hand for students in need.	5000
Sandhills - 4	Emereau: Bladen - 09B	Charter	450	Tampons,Pads,Other (Please describe.)	feminine hygiene wipes, period pouches	Receiving this grant allows our charter school to provide additional products to students who are at a financial disadvantage. It will allow us to provide feminine hygiene products to menstruating students that are essential for health and hygiene.	\$800
North Central - 3	Endeavor Charter - 92S	Charter	3500	Tampons,Pads,Other (Please describe.)	Touchless disposal receptacles & bags, spare underwear	This will help us provide needed supplies to keep our menstruating students in school and learning. Often times students leave school due to lack of supplies and accidents, and are missing out on valuable instructional time.	\$1,700
North Central - 3	Falls Lake Academy - 39A	Charter	5000	Tampons,Pads		Receiving the grant would ensure that all students have access to feminine hygiene items regardless of their financial situation. Likewise, this will positively impact attendance, in-class time, and allow students to focus on their studies and alleviate the stress of not having adequate menstrual supplies when needed	\$7,000
Western - 8	FernLeaf Community Charter School - 45B	Charter	2000	Tampons,Pads,Menstrual Cups,Period Underwear,Other (Please describe.)	Yoga pants for accidents, carts to store items in our female restrooms	FernLeaf just built a new 5th-11th grade campus and we would love to have the opportunity to provide the supplies to our female students; especially those in our lower socioeconomic status. Our students have shown responsibility and take care of their spaces. It would be extremely helpful to have these available to students so that they do not have to come ask and be embarrassed.	Typically we spend around \$1,500 for both campuses.
Southwest - 6	Gaston County Schools - 360	LEA	5000	Pads,Period Underwear		A number of the students in our 56 schools K-12 are under Medicaid and Medicaid does not pay for the feminine supplies. Students are starting mensuration earlier each year (10-16 yrs.) and are asking for products just to get by then fill up their book bag just to have more product available to them. It is a shame that a student feels like they need to take more just to have "in case" there is an accident. My School Nurses are so upset each year that a student needs to take more product just to get by.	\$5000.00 and utilize Church donations if needed.
North Central - 3	Global Scholars Academy - 32M	Charter	2500	Tampons,Pads,Period Underwear,Reusable Pads,Other (Please describe.)	Wipes, toiletry kits/bags, feminine wash, and regular underwear	Global Scholars Academy has a 100% minority population, with 87% qualifying for free and reduced meals. We also have a transient population who experiences economic instability. As a result, this grant will help us to provide a more stable health and hygiene program for our female students, who make up approximately 53% of our student population. We will use this funding to help buy feminine supplies, hygiene products, and other items such as underwear or additional clothing pieces for students to change into in case of an accident.	Typically, we spend about \$3000 on feminine hygiene products and supplies as many families cannot afford these outside. We provide supplies for inside and outside of school in addition to other products to assist with this.
Western - 8	Graham County Schools - 380	LEA	5000	Tampons,Pads,Period Underwear		Graham County is located in the western-most portion of NC, in a very rural area. There are only 2 roads into the county, both 2-lane, and it is approximately a 45-minute drive to the next town with a shopping center. In Robbinsville, there is one grocery store, one dollar store, and one pharmacy, so access to purchase feminine hygiene supplies is limited at best. Access to healthcare is even more limited, with one physicians office and a county health department as the only resources available. The nearest hospital is a 45-minute drive away. The nearest OB-GYN services are over an hour away. The number of females living at or below the poverty level is approximately 11.3%, with the average median income for females being ~\$27K. Having access to free feminine hygiene products in school will greatly increase the quality of living for our students, who often have to "stretch" supplies, due to financial reasons.	1500

Piedmont Triad - 5	Guilford County Schools - 410	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Leggings	Guilford County Schools is committed to providing equitable access to supports and resources necessary for students to achieve at their highest level. This grant will allow GCS to have products on hand to promote feminine hygiene. Having the ability to provide these basic necessities for students so they will be able to focus on their personal learning and growth without worrying from where throughout the school day, these products can be retrieved.	5,000
Western - 8	Henderson County Schools - 450	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	I would love to be able to get some heat packs that can be reused. I have ran into several of my students who have heavy cramps and this has helped to keep these students in school.	This would allow my to fully stock my restrooms for the students during these times of difficulty and allow for better health and well bring of these students. By providing this it would allow me to ensure that students can remain in school and have a positive learning environment. As well many of my students are now homeless due to Hurricane Helene, this would also allow me to purchase products to give to them to keep at their current location.	2,500-3,500
Northeast - 1	Hertford County Schools - 460	LEA	5000	Tampons,Pads,Period Underwear		In our low-wealth rural district, the grant to provide feminine hygiene products is crucial to addressing both immediate student needs and developmentally appropriate support. At our secondary schools, access to these products ensures that students who arrive unprepared can remain in class, reducing the disruption caused by unforeseen "accidents." This not only keeps students in school but also minimizes the shame and embarrassment they may feel, especially when first experiencing menstruation. For our 4th and 5th graders, providing these products when they begin menstruating for the first time can help normalize the experience, offering a sense of dignity and care. By having these essentials readily available, we can support students' developmental needs, creating an environment where they feel prepared, supported, and able to focus on learning. This grant helps close the gap between our students' needs and the resources typically available to them, ensuring equity in both their education and well-being.	\$500
Northwest - 7	Hickory City Schools - 181	LEA	2000	Tampons,Pads,Period Underwear		The grant will be used to assist our female students with needed supplies that some cannot afford. It will also assist students that did not come to school prepared. Students will be able to remain in school or attend school without having to worry about accidents at school. These supplies will be more sanitary than other options.	2000
Western - 8	Jackson County Public Schools - 500	LEA	5000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads		JCPS serves approximately 3600 students in our rural district. Many of our students were impacted by Hurricane Helene and accessing basic needs has been challenging. Having consistent access to feminine hygiene products will allow many students to remain in class and in school more consistently without disruption, and will eliminate one more stressor from their lives.	5000
Southeast - 2	Jones County Schools - 520	LEA	5000	Tampons,Pads		Jones county is a Title 1 school and a rural school district. Many of our student live near they poverty income and by receiving this grant will help us supply our students with personal needs. Any and all assistance is helpful to our students in Jones County.	\$4,000.00
Southwest - 6	Kannapolis City Schools - 132	LEA	5000	Tampons,Pads,Period Underwear		Grant funds will create greater accessibility to feminine hygiene products from students in elementary, middle, and high schools. Since Kannapolis City Schools is considered a low wealth district such grant support will help to ensure families can prioritize feminine hygiene without negatively impacting families in lower socio-economic status. Parents and families can be engaged to receive items in similar fashions to those circumstances in which food assistance is offered.	1
Northeast - 1	KIPP Gaston College Preparatory - 66A	Charter	2500	Tampons,Pads,Period Underwear		This grant will ensure that students in our district have access to essential feminine hygiene products, helping to promote their health, comfort, and confidence. By providing these necessary resources, we aim to reduce barriers to learning, improve attendance, and support the overall well-being of our students, allowing them to focus on their education without concern for basic hygiene needs.	\$2,500
Southwest - 6	Langtree Charter Academy - 49F	Charter	1000	Tampons,Pads,Period Underwear		This will help out all the young girls in our school with feminine hygiene care and products.	unable to answer

Southeast - 2	Lenoir County Public Schools - 540	LEA	5000	Tampons,Pads,Period Underwear		The grant for Feminine Hygiene Products will significantly enhance the health and well-being of students by ensuring access to essential menstrual products, reducing absenteeism, and promoting a positive learning environment. It will alleviate the financial burden on students in need, support their dignity, and contribute to better overall health outcomes by addressing menstrual hygiene, which is vital for physical and emotional well-being.	0
Piedmont Triad - 5	Lexington City Schools - 291	LEA	4000	Tampons,Pads,Period Underwear,Other (Please describe.)	Regular underwear	This grant will significantly enhance the health and well-being of students in our district by providing access to essential feminine hygiene products. It will ensure that all students have the ability to manage their menstrual health with dignity and confidence. By reducing stigma and promoting hygiene products and support, we aim to create an environment that fosters our students' academic success and overall wellness.	There has not been a request for additional funds this academic year thus far. But I would venture to say approximately \$700.
Southwest - 6	Lincoln Charter School - 55A	Charter	5000	Tampons,Pads		Feminine products help ensure that students can manage their menstrual hygiene effectively, promoting their physical comfort and well-being. By providing access to feminine products, schools support students' health and dignity, enabling them to focus on their studies without unnecessary distractions. Access to feminine products also helps to reduce stress and anxiety related to menstruation, contributing to students' overall well-being.	2500
Southwest - 6	Lincoln County Schools - 550	LEA	3000	Pads		This grant will ensure students in our district have consistent access to essential feminine hygiene products, which helps reduce barriers to school attendance and participation. When our supplies run out, teachers and staff often purchase these items out of their own pockets, so this funding will alleviate that burden while supporting students' comfort, confidence, and overall well-being.	Unknown
Western - 8	Macon County Schools - 560	LEA	3000	Tampons,Pads,Period Underwear		Our schools are in an area with a rural designation- there are a great deal of students living in low socioeconomic situations. The schools supply feminine hygiene products at the middle and high school grades for students in need. Having this grant would allow us to provide the students with the items they need and allow them not to feel embarrassed to have to ask for these items or have accidents at school which cause a great deal of embarrassment. Teen years are fraught with emotional and hormonal stress and this would allow the girls to have some access to items that could both decrease mental health stress and supply them with needed health items.	\$2,500
North Central - 3	Maureen Joy Charter - 32A	Charter	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	We would also love to purchase underwear for students in case they need a change, sanitary wipes, and extra disposal bags for period products.	In the community where Maureen Joy is located, East Durham, it is characterized by above-average rates of crime, poverty, and economic distress, access to educational resources is not just a convenience but a necessity. Our current enrollment is 609 students, where over 70% of students come from low-income households. This will help us fill gaps and provide support to our menstruating students where needed.	1500
Northwest - 7	McDowell County Schools - 590	LEA	2500	Tampons,Pads		MCS is a Tier 2 county for low wealth. Many students live in poverty and lack the resources to provide these supplies. Students will be able to address personal hygiene needs without the worry of cost.	\$500
Sandhills - 4	Montgomery County Schools - 620	LEA	1500	Tampons,Pads,Period Underwear,Other (Please describe.)	Underwear	The feminine hygiene grant can help our students by providing access to essential menstrual products, reducing absenteeism, and promoting health and hygiene. It can also alleviate financial burdens, boost confidence, and ensure all students, regardless of their economic background, can focus on their education without the stress of lacking basic necessities. This fosters a more inclusive and supportive school environment.	1,500
Sandhills - 4	Moore County Schools - 630	LEA	5000	Tampons,Pads,Period Underwear,Reusable Pads		This grant will support students' health and well-being by ensuring they have access to essential menstrual hygiene needs, which allows them to attend school regularly, focus on their studies without discomfort, and reduces the stigma associated with menstruation, ultimately promoting better overall health and academic performance.	\$5,000

Southwest - 6	Mountain Island Charter - 36C	Charter	2500	Tampons,Pads,Period Underwear,Other (Please describe.)	First period kits for 5th grade girls	Thank you for your consideration of our school for the grant. These funds will help supply our school with feminine hygiene product stations for our bathrooms and "first period" kits for our 5th grade girls when they receive their puberty education.	For the health office alone, our school spends 1000 on hygiene supplies annually however with this grant, we will have more flexibility with spending and investing in more products to have available for students needs.
Piedmont Triad - 5	Next Generation Academy - 41M	Charter	2500	Tampons,Pads		This grant will significantly improve the health and well-being of Next Generation Academy's students by ensuring consistent access to essential feminine hygiene products. By removing barriers to these necessities, we'll reduce absenteeism related to menstruation and alleviate the stress and anxiety many of our low-income students face when struggling to afford these products, ultimately fostering a more equitable and supportive learning environment.	\$250
North Central - 3	North Carolina Cyber Academy - 00A	Charter	3000	Tampons,Pads		The approval of this grant will improve students' health and well-being by providing access to necessary hygiene products. This will reduce stress, improve attendance, and help students feel more comfortable and confident while attending school, allowing them to focus on learning at North Carolina Cyber Academy.	0
Northeast - 1	Northampton County Schools - 660	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Feminine wipes	Being a high poverty district this grant will assist our schools with providing these much needed hygiene items for our students. We will also be able to teach our students about good hygiene and use of these products.	\$500-\$750 which is not enough
Southeast - 2	Onslow County Schools - 670	LEA	5000	Tampons,Pads,Menstrual Cups,Period Underwear		A grant for feminine products will provide essential support to students from low-income backgrounds, ensuring they have access to necessary hygiene supplies without financial strain. This access reduces stress and absenteeism among students who otherwise might miss school due to lack of resources. By addressing a basic need, the grant fosters an inclusive environment where all students can focus on their education, removing a critical barrier to their academic success.	
North Central - 3	Orange County Schools - 680	LEA	5000	Period Underwear,Other (Please describe.)	Leggings, Underwear, Heating Pads, wipes	This will allow for students to remain in school.	5000
Southeast - 2	Pamlico County Schools - 690	LEA	5000	Tampons,Pads		Though Pamlico is a rural community, we pride ourselves on helping those in need. There is a substantial need for items such as feminine hygiene products for our students, primarily due to the low socioeconomic status of many of our students' families. Though we help where we can, funding is limited and this grant would help us greatly, thus helping our students!	1000
Northeast - 1	Perquimans County Schools - 720	LEA	5000	Tampons,Pads,Other (Please describe.)	Disposable underwear & wipes	We live in rural North Carolina and our population is not always able to provide the feminine supplies for their children. This grant allows us to provide the needed female supplies to have on hand at our schools for student use so they can remain in their classes and receive educational time. It also allows us to have items on hand so they do not have to call home and leave when items are readily available for their use.	\$5,000.00
North Central - 3	Person County Schools - 730	LEA	4600	Tampons,Pads,Period Underwear		This is a rural county and often families find it difficult to purchase these products for our female students. It is a huge help to them to know we have what they need and it lessens the shame and embarrassment often associated around public situations in the school environment. Just this week we had several students to bleed through.	3000-4000
Southwest - 6	Pine Lake Preparatory - 49E	Charter	5000	Tampons,Pads		This grant will enhance the health and well-being of our 1,886 K-12 students by addressing period poverty, which affects 1 in 5 students nationwide and leads to missed school days and academic challenges. At Pine Lake, where we serve families identified as living in poverty, including in Iredell County, where 15.5% of children face economic hardship, the financial burden of purchasing feminine hygiene products can force students to forgo these essentials. By providing free access to these products, the grant will reduce absenteeism, increase student confidence, and promote a sense of dignity and inclusion, fostering a more equitable learning environment where all students can thrive academically and personally.	Our school district spends approximately \$4,500 annually on feminine hygiene products to ensure that all students in need have access to these essential supplies. This includes stocking restrooms across all K-12 grade levels to accommodate the needs of our 1,886 students.

Southwest - 6	Pioneer Springs Community School - 60Y	Charter	1500	Tampons,Pads,Period Underwear		Pioneer Springs serves K-12 students and, as a recipient of this grant, will be able to ensure that menstruating students can access needed resources and avoid any necessary discomfort or embarrassment while at school.	\$1,000
Northeast - 1	Pitt County Schools - 740	LEA	3000	Tampons,Pads		Access to feminine hygiene products in public schools reduces anxiety and stress, allowing students to focus on their studies instead of worrying about menstrual issues. This access can improve attendance and foster a supportive environment, enhancing self-esteem and a sense of belonging. Additionally, it encourages open dialogue about menstrual health, reducing stigma and empowering students.	3500
Northeast - 1	Pocosin Innovative Charter - 94A	Charter	500	Tampons,Pads,Period Underwear,Other (Please describe.)	wash cloths, feminine wash/wipes, jogging pants for emergencies	This hygiene grant will allow us to purchase supplies for students that need resources while at school. We can keep students in classes with these supplies instead of having to wait for parents to bring supplies or students go home to take care of the situation. Pocosin has students from 5 different counties in Eastern, NC. It takes time and is often a hardship for parent/families to get to school during the workday. This funding will also provide supplies for students to help alleviate some of the financial burden that many of our families face.	We have no funding in place for purchasing feminine hygiene products. When a student is in need, a staff member or administration will get the students supplies or the students will call a parent/guardian. Therefore, the school spends nothing at this time on feminine hygiene products.
Western - 8	Polk County Schools - 750	LEA	2500	Tampons,Pads,Period Underwear,Other (Please describe.)	panties	Especially due to the devastation in our area from Hurricane Helene, we will see an increase in the need of our students. Our school nurses try to have bags of hygiene products and provide education for our students.	Honestly, these products come from donations or out of pocket from our staff.
Piedmont Triad - 5	Quality Education Academy - 34B	Charter	3500	Tampons,Pads,Period Underwear,Other (Please describe.)	Panties	We have students that are financially unable to afford these supplies.	Not sure
North Central - 3	Research Triangle High School - 32N	Charter	500	Tampons,Pads		Keeping feminine hygiene products on hand has greatly benefited our students, especially our significant population of under-resourced students from low-income households.	\$400
Piedmont Triad - 5	Revolution Academy - 41Q	Charter	1000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads,Other (Please describe.)	Wipes	The students at our school often ask for help and resources when it comes to feminine products. Our school leadership and staff find it very important that no child goes without meeting their physical needs. We recognize our grateful our students are that they have one less thing to worry about purchasing or having available. We believe our students would be able to carry on uninterrupted in their educational time if we were able to take care of these products for them.	We are a brand new start up high school. We have been able to operate on some donated items but they are running out quickly.
Sandhills - 4	Richmond County Schools - 770	LEA	2000	Tampons,Pads		So many of our girls regularly request these products from nurses that we deplete our supplies quickly.	\$750
North Central - 3	Rising Leaders Academy - 53C	Charter	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Feminine wipes	We have noticed an increase in young girls starting their menstrual cycles earlier and earlier. Therefore, they lack the knowledge, awareness, and resources to properly care for themselves. These funds would allow our school to provide a period bag for each girl. And have a supply closet with all of the necessary items.	\$500
Piedmont Triad - 5	River Mill Academy - 01B	Charter	100	Tampons,Pads		The supplies will provide security to our female students to know their needs are met while in school. Having supplies also helps to maintain school attendance by preventing accidents due to unpreparedness or embarrassment. I would like to possibly provide starter kits when the reproductive system is presented at school.	\$60
Southeast - 2	Riverside Leadership Academy - 25A	Charter	5000	Tampons,Pads,Menstrual Cups,Period Underwear		Receiving the grant would ensure that all students have access to feminine hygiene items regardless of their financial situation. This will positively impact attendance, in-class time, and allow students to focus on their studies and alleviate the stress of not having adequate menstrual supplies when needed.	As a brand new charter school, this would be our first year purchasing these items; we budgeted around \$7000 for free feminine supplies.
Southwest - 6	Rowan-Salisbury Schools - 800	LEA	4500	Pads,Period Underwear		This feminine hygiene grant will improve the health and well-being of students in our district by ensuring access to essential menstrual products, reducing absenteeism, and promoting dignity and confidence. By addressing this basic need, the grant will help create a more equitable and supportive learning environment, allowing students to focus on their education without the worry of not having the products that they need.	\$3,000

Western - 8	Rutherford County Schools - 810	LEA	5000	Tampons,Pads,Period Underwear		We could use this money for setting up a special room for supplies for our students. A designated area for privacy and access to these supplies	We have relied heavily on donations from churches. We are a low income community and have no surplus of money to purchase.
Sandhills - 4	Sampson County Schools - 820	LEA	5000	Tampons,Pads,Other (Please describe.)	Feminine Hygiene Wipes	We are a rural Tier I county where many of our students are economically distressed and live in impoverished homes. Our female students often rely on the school nurse to provide period products they cannot afford to purchase on their own. Additionally, our school nurses buy these products out of their own pockets.	Our schools spend @6,500 annually on products. We are requesting \$5,000 to purchase feminine hygiene products.
Southwest - 6	Socrates Academy - 60J	Charter	500	Tampons,Pads,Period Underwear		Receiving a grant for feminine products will significantly enhance the health and well-being of students by ensuring access to essential hygiene items, reducing anxiety, and minimizing absenteeism related to menstruation. This support promotes equity, allowing students to focus on their education without the distraction of unmet basic needs.	500
Southwest - 6	Steele Creek Preparatory Academy - 61Y	Charter	5000	Tampons,Pads,Period Underwear,Reusable Pads		This grant will provide feminine hygiene products at Steele Creek Preparatory Academy, addressing a critical need for feminine hygiene health support. Access to this product will ensure that students can manage their feminine hygiene with dignity, reducing absenteeism and promoting overall physical and mental well-being. By removing financial and accessibility barriers, this initiative will empower students to focus on their education without stress or stigma related to feminine hygiene. It will also foster a healthier school environment where all students can thrive, ultimately enhancing their academic performance and self-confidence.	3,000
Southwest - 6	Stewart Creek High School - 61L	Charter	5000	Tampons,Pads		As an at-risk, low-income middle and high school campus, many of our students do not have adequate access to necessary feminine hygiene products outside of the school building. These students heavily rely on the products available at school, but funding is limited and often times the campus runs out of products leaving students in need. This grant will ensure the campus is able to provide our female students with hygienic supplies to reduce unnecessary stress and worry impacting the learning environment.	1000
Piedmont Triad - 5	Stokes County Schools - 850	LEA	5000	Tampons,Pads		We will be able to supply our schools with feminine hygiene products for students. This will provide females with access to essential products, fostering empowerment while allowing girls to fully participate in school and extracurricular activities without interruption.	
Piedmont Triad - 5	Surry County Schools - 860	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	underwear, deodorant, wipes	This grant would help us with obtaining more essentials to help the students. The companies that once sent samples have discontinued this.	8000
Western - 8	Swain County Schools - 870	LEA	1500	Tampons,Pads,Period Underwear,Other (Please describe.)	deodorant, soap, shampoo	THANK YOU for offering this! This grant helps to supply much needed items to our girls enrolled at Swain County Schools. It impacts and improves their dignity and confidence. It helps to alleviate the stress of having to worry about hygiene supplies!	Each school nurse at Swain County Schools received \$300 annually for ALL school nurse office supplies. Last year we received \$1500 from this grant. Before that, we spent a lot of our own money to help with feminine hygiene supplies
Sandhills - 4	The Capitol Encore Academy - 26C	Charter	5000	Tampons,Pads,Period Underwear,Reusable Pads,Other (Please describe.)	panty liners	This grant will have a profound impact on the health and well-being of our students at The Capitol Encore Academy, many of whom come from underserved areas with limited access to crucial hygiene items. By providing free feminine hygiene products, we can help reduce barriers to education caused by period poverty, ensuring students can attend school confidently and without interruption. This support not only promotes dignity and self-esteem but also contributes to their academic success and long-term well-being.	Our estimated annual cost for providing feminine hygiene products to approximately 200 girls at The Capitol Encore Academy in grades 8-12 is around \$5,000. To manage costs, we purchase products in bulk from Walmart or Sam's Club and take advantage of deals whenever possible. This allows us to reduce expenses and ensure that all students have access to necessary hygiene products throughout the 9-month school year, with an average monthly cost of about \$2.78 per student.

North Central - 3	The Expedition School - 68C	Charter	1500	Tampons,Pads		With this grant, we will be able to maintain a consistent supply of period products in all staff and student bathrooms throughout the school. This will ensure that all students have access to the necessary hygiene products, reducing the stress and disruption caused by lack of supplies. By promoting dignity and equality, this initiative will contribute to the overall health, well-being, and success of our students.	\$500
Piedmont Triad - 5	The Hawbridge School - 01D	Charter	3000	Tampons,Pads,Other (Please describe.)	Panty Liners, feminine wipes, heating patch	Providing grants for feminine products to K-12 students at The Hawbridge School will significantly enhance the health and well-being of young individuals by ensuring they have access to essential hygiene items. This initiative will help eliminate barriers to attendance and participation during critical times, fostering a supportive school environment. By promoting dignity and self-esteem, we empower students to focus on their education and personal growth.	\$1,000
Northwest - 7	The New Dimensions School - 12A	Charter	2000	Tampons,Pads		In the aftermath of Hurricane Helene and in response to our area's already under-privileged population, New Dimensions would like to support our female students and their families by providing safe feminine hygiene products. These products are often expensive and used at a rapid pace for girls entering the menses phase of puberty. Many times, students will not have supplies in their lockers and would benefit from a well-stocked, at-school supply. Those students whose families are unable to provide these products at home would benefit from a request-based system to assist in the hurricane recovery and restock.	300
Western - 8	Thomas Jefferson Classical Academy - 81A	Charter	5000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads,Other (Please describe.)	Heating patches for menstrual cramps, Feminine hygiene wipes, Feminine Wash, Sanitary napkin storage bags, Feminine disposal bags, Leggings, and Feminine hygiene deodorant.	This grant will help reduce period poverty, increase attendance and reduce classroom disruptions by placing menstruation stations through the grammar, middle, and high school where all TJ girls can discreetly access feminine hygiene products. .	5000
Piedmont Triad - 5	Thomasville City Schools - 292	LEA	5000	Tampons,Pads,Other (Please describe.)	Menstrual Heating Pad for Cramps	70.7% of our students are from low income housing and are eligible for free or reduced lunch. Many of our families look to the school district as a means of support for their children. This grant will allow us to support our families with the health of our female students who do not have the means to purchase these supplies and depend on the school family to help meet this need.	\$2,500
Southeast - 2	Tiller School - 16B	Charter	1100	Pads,Period Underwear,Other (Please describe.)	Wipes, Deodorant, hair ties, comb/brush, pouch to hold items	This grant will provide necessary items to students and reduce the stigma and embarrassment often associated with menstruation and puberty. Allowing students to have access to hygiene products will increase their attendance as they will not have to stay home with menstruation-related issues. Access to proper feminine hygiene products can help prevent health issues related to poor menstrual hygiene. This grant will also help alleviate the financial burden on families by providing the resources needed to manage their menstrual health effectively.	Estimated \$700
Western - 8	Transylvania County Schools - 880	LEA	5000	Tampons,Pads,Period Underwear		We have approximately 2,000 female students in our district that could benefit from the funds utilized from this grant to supply female hygiene programs. Currently all of our high schools and middle schools provide female hygiene products in all bathrooms. Often we see that students will take products to support their entire cycle as they report they can not always access products at home. These funds will be used to supply our bathrooms, clothing closets, and offices with hygiene products for all students to use.	\$500
Piedmont Triad - 5	Triad Math and Science Academy - 41F	Charter	3000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads		The Feminine Hygiene Grant Program will positively impact the health and well-being of students by ensuring access to necessary hygiene products, helping reduce absenteeism, and improving focus and comfort in school. By addressing an essential health need, the program promotes dignity and equal participation, particularly benefiting students from low-income households who may face challenges in obtaining these products.	3000

North Central - 3	Triangle Math and Science Academy - 92T	Charter	4000	Tampons,Pads,Menstrual Cups,Period Underwear,Reusable Pads		The Feminine Hygiene Grant Program (PRC 088) will positively impact the health and well-being of students by ensuring access to necessary hygiene products, helping reduce absenteeism, and improving focus and comfort in school. By addressing an essential health need, the program promotes dignity and equal participation, particularly benefiting students from low-income households who may face challenges in obtaining these products.	4000
Southwest - 6	Union Academy Charter School - 90A	Charter	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Feminine Hygiene wipes, Heating patches for cramps, Product dispensers in bathrooms, educational material	This grant will impact the over 700 female students in grades five through twelve in our K-12 Charter School. By providing access to free menstrual products while at school, barriers to regular attendance as well as promoting health habits will be addressed to increase our students health and well-being.	0
Piedmont Triad - 5	Uwharrie Charter Academy - 76A	Charter	4800	Tampons,Pads,Period Underwear		We are a title I school with a high need to support all of our students. We have also found that a lot of our students with special needs are in need for additional supplies. Many of our students will wait and see staff for their needs because they do not have enough at home. Having supplies at school will help with any embarrassment that our girls may have.	We rely on donations and schools will use their local funds of about \$2000 and our PTOs and churches also assist.
North Central - 3	Voyager Academy - 32L	Charter	1000	Tampons,Pads,Period Underwear,Other (Please describe.)	cleansing wet wipes, deodorant, soap, toilet paper, mini hand sanitizers	We would love to provide a variety of items to our female students other than pads/tampons.	\$500 on just pads/tampons
North Central - 3	Wake County Schools - 920	LEA	5000	Pads		Ensure equitable ease of access to products for all student at all grade levels. Assist in meeting a basic necessity.	
North Central - 3	Wake Preparatory Academy - 35C	Charter	2500	Tampons,Pads,Menstrual Cups,Period Underwear,Other (Please describe.)	underwear, flushable hygiene wipes, deodorant, body wash	This Feminine Hygiene Grant will provide students in our district with reliable access to essential hygiene and menstrual products, enhancing their health, confidence, and ability to fully engage in school activities. By reducing the challenges and stigma of inadequate hygiene resources, this grant will contribute to improved attendance, concentration, and overall student well-being. It will support our overall mission to foster a more inclusive and supportive educational environment for all students.	0
North Central - 3	Warren County Schools - 930	LEA	3600	Tampons,Pads,Period Underwear,Other (Please describe.)	Hygiene kits (deodorant, soap, lotion, washcloth)	The feminine product grant will significantly enhance the health and well-being of students in Warren County Schools by ensuring that all menstruating students have access to essential hygiene products. This access can reduce stigma and anxiety related to menstruation, allowing students to focus on their education rather than their needs. Ultimately, this initiative promotes a supportive environment that fosters both physical health and academic success.	5000
Northeast - 1	Washington County Schools - 940	LEA	5000	Tampons,Pads,Period Underwear,Reusable Pads,Other (Please describe.)	wipes ,deodorant, bags for soap, shampoo, combs	This opportunity will tremendously help due to racial disparity's such as income, health, and education. This grant will impact the Mental Health of the children and will also educate them as well. This will also help assist families who have to choose food over having to purchase hygiene products.	3500
Northeast - 1	Washington Montessori - 07A	Charter	1000	Tampons,Pads		This grant will be utilized to purchase pads and tampons to provide to students at school free of charge. Currently, our school receives these products on a donation basis but receiving a grant would allow us to be able to more consistently provide these resources to students in need.	\$500/month (these are provided on a donation basis by staff and community members)
Southeast - 2	Wayne Preparatory - 96F	Charter	550	Tampons,Pads,Period Underwear,Other (Please describe.)	sanitary napkins	By having these items in all three schools, we will be able to assist scholars in meeting their physical health needs, increasing the likelihood of them attending or remaining in school. Students having access to these items during the school day will also be beneficial for our low income families.	\$50.00
Northeast - 1	Weldon City Schools - 422	LEA	5000	Pads,Period Underwear		The grant will remove the attendance barrier for students who do not have personal hygiene items. Students will be more confident knowing they have adequate supplies during their cycles.	\$5,000
Sandhills - 4	Whiteville City Schools - 241	LEA	5000	Tampons,Pads,Period Underwear		I have to supply many low income students with hygiene products every day. I send extra home with them because I know they go without. Donations have been given to me this year, but I am running low. It is a real possibility that I may have to come out of pocket to continue aiding in this cause.	approximately \$1,000

Northwest - 7	Wilkes County Schools - 970	LEA	5000	Pads,Period Underwear,Reusable Pads		We have implemented a Menstrual Equity program across our district and provide menstrual hygiene items in all restrooms in our middle and high schools. Our school nurses have supplies for our K-5 schools also. We have partnered with the NC Diaper Bank to help support this program, but find that it's tough for them to provide all of the items we need. This grant allows us to provide these items so that other district resources can be used to meet other basic needs of our students.	\$2,500
North Central - 3	Wilson County Schools - 980	LEA	2500	Tampons,Pads,Period Underwear,Other (Please describe.)	feminine wipes	We have students who's family are unable to afford female products so they visit the nurse often for assistance with pads and/or feminine wipes. By doing this, it allows the student to remain in school since they are able to care for themselves with the school provided products.	1500
Piedmont Triad - 5	Winston Salem / Forsyth County Schools - 340	LEA	5000	Tampons,Pads,Period Underwear		Many students in our district do not have the resources to obtain feminine hygiene products and schools are having to use their funds to purchase products for students to use at school and at home. Having these products for students in bathrooms for free would decrease anxiety and would give students the necessary products they need.	5,000
North Central - 3	Woods Charter School - 19B	Charter	2500	Tampons,Pads		We are continually asking parents to send in tampons and pads to keep our middle school and high school bathrooms stocked, but seem to never have enough! We would be grateful to have funding to stock our bathrooms with pads and tampons, which would lessen embarrassing accidents and stress for our students.	\$0. We rely on donations of pads and tampons.
Piedmont Triad - 5	Yadkin County Schools - 990	LEA	5000	Tampons,Pads,Period Underwear,Other (Please describe.)	Feminine Wipes/Deoderant	Yadkin County Schools will use this funding to place feminine hygiene products in student bathrooms and the front office for all students. Providing this option allows students to access resources with dignity and minimize missed instructional time.	\$2,800